



MAKING LIFELONG FRIENDS



MARCH 2026

VOLUME 50

A non-profit organization for retired men

MEETS EVERY FIRST TUESDAY, 11:00 AM

ELKS LODGE NAPA

Website: <http://branch149.sirinc2.org>

Facebook: <https://www.facebook.com/SIR-Branch-149-1403748883208712/>



SIR bike riders enjoy a morning ride on Yount Mill Rd.



SIR bike riders riding along the Napa River past the pole barn on Yount Mill Rd.



SIR 149 & 65 bike riders taking a break at Yountville Park



Beer guys



GOLF AT RANCHO SOLANO GOLF COURSE



Tuesday Coffee at Brews



Poker with Branch 65. Third Monday of the Month

Penne Pasta with Chicken and Broccoli in Alfredo Sauce, served with Garlic Bread.

BIG SIRS MESSAGE FOR April

Hello Gentlemen,

I hope you are all enjoying the beautiful weather we've been experiencing. These pleasant days give us a wonderful opportunity to get back outside and enjoy our favorite activities. If you've been thinking about joining an activity group, now is the perfect time. Golf, bocce, fishing, and hiking are just a few great ways to enjoy the outdoors. If you prefer indoor activities, consider joining a group for coffee, poker, or other fun games and adventures.



If travel is on your mind, don't forget about **The Roving Roosters** for our RV enthusiasts. Please check in with each activity chair and let them know you're interested!

Unfortunately, I was unable to attend the March meeting due to ongoing treatment for my back. A big thank-you to our Little Sir, Craig, for stepping in and taking the helm.

Many members commented on how helpful Mary Luros was during her presentation on trusts and wills. Mary was very impressed with everyone, and I truly appreciate all of our members for making her feel so welcome.

Our guest speaker for the April Luncheon will be Kevin Miller, who will be sharing the latest innovations in recycling and solid waste reduction in Napa County. His programs are at the forefront of technology, and as a county, we continue to lead the state in managing waste and reducing our environmental impact.

The menu for our April meeting will be **Penne Pasta with Chicken and Broccoli in Alfredo Sauce, served with Garlic Bread.**

I look forward to seeing everyone in April!

Respectfully,

Daniel

Big Sir / President

Little SIR Message for April, 2026

We're moving into the second quarter of the year. We're trying some new things and some appear to be working. Others, not so much. We brought back our monthly Member Profile under the guise of Mike Murrell's Behind the SIR Face.

We started the Mingle Table, thanks to John Iding. It's a great dining option for those who want to get to know other members better. John Iding and Dave Loomis are responsible for beginning our co ed bocce program.

Don Krieger is making some changes to the newsletter. The idea came from Dave Loomis but Don is making a club calendar for everyone to know what's going on in SIR 149 on any given day. We now have specific Directors as the board's eyes and ears for Activities, Events and Membership.



SIR 149 Greeters have returned to the Elks Dining Hall.

What was the "Ladies Day Picnic" at the Elks Lodge is being renamed and moved to Chardonnay Golf Club in July.

The Board is going to discuss adding email addresses of significant others to our Luncheon Invitation Mailing List. This option would be exercised only for members wanting their spouses/girl friends access to announcements. They are not being invited to our luncheon meeting. It's thought that they may help getting us out the door on luncheon days.

Game Day is returning to SIR 149. On June 10 we attend a "Business Man's Special" at Oracle Park, Nationals vs the Giants, game time is 12:45. Tickets are \$42. They will be purchased and distributed after March 28.

We're working on a new membership process to assist member's throughout their SIR 149 experience; from prospect to elder statesman (and beyond), with dignity.

We're always looking for ways to make things better. I'm assuming you do as well. Please let us know if you see a way to make SIR 149 better. Thank You

CURRENT MEMBERSHIP	195
NUMBERS OF IRS AT MARCH MEETING	70
NUMBERS IF GUET AT MARCH MEETING	2
NUMBER OF NEW APPLICATION	1

Dues can be paid at the April luncheon. Remember that after the April luncheon dues will increase by \$15 to \$50. If you can't make a luncheon, you may send payment to:

Bill Clark 1635 San Vicente Avenue Napa, CA. 94558

Make check payable to SIR Branch 149.

OUR TRIP TO THE MARINE MUSEUM IN BODEGA BAY





19th hole at Rancho Solano Golf Course

Comfort Chair Report – April

April has arrived and so has some of our best weather for getting outside. It's a perfect time to dust off the clubs for a round of golf, enjoy a brisk walk with friends, or roll a few frames of bocce. Sunshine and fresh air are great on their own—but they're even better when shared.

Studies consistently show that staying socially connected can improve overall health, support mental sharpness, and lift our outlook. In SIR, the simple habit of showing up—at a luncheon, on the course, or at any activity—can make a real difference for each of us.

If you haven't been to a luncheon meeting lately, consider this your invitation. Better yet, bring a friend who might enjoy meeting a great group of men and learning what we do. Visitors are welcome at many of our activities, and it's an easy way to introduce someone to the fun and fellowship. Also, please stop by the SIR booth at the April 4 farmer's market. Spend a few minutes, say hello, and help us share the word about the club. A little time from many of us keeps our club strong.

Neill Barker

SIRS ACTIVITY SPOTLIGHTS

Connection • Conversation • Good Times

Cards with Bob Hairiston

New Day, Same Great Game!



The poker group has changed their meeting day. We now play **Mondays at 1 PM at the Elks** — no more Thursdays.

Bob's Email: forekeepers@yahoo.com



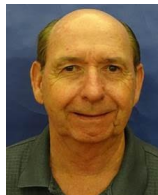
Golf

Tee It Up with SIRS!

Napa SIRS golf is coordinated by **Bob Jim Keller** and **Gary Garver**.

imkellerrealestate@icloud.com

gsirsgolf@yahoo.com



Contact them to get on the list for upcoming events. We offer **weekly golf outings** (both 9 and 18 holes) at a variety of courses, generally **within one hour of Napa**.

Fairways, friends, and fresh air — what's better?

Coffee with Mike (Minus Bob)

SIRS Coffee Chaos — Caffeine, Banter & Zero Productivity

Finally — a group activity that requires *no actual activity*.



We meet at **Brewed Coffee Shop in the Outlet Center**, grab the communal table at **8:30 AM**, and proceed to... well... basically do nothing except sip, chat, and solve the world's problems.

We usually drift out around **10 AM** — or whenever caffeine, conversation, or patience runs out.

Come for the coffee. Stay for the laughs.

Wine Tipplers with Chris Bailey

Sip, Swirl & Socialize

Join **Chris Bailey** and friends for relaxed wine outings around the valley. Great bottles, better company, and zero pressure — just good conversation and good pours. If you like wine and laughter, this group is for you.



Walkers with Dave Henry Monday Walkers

We meet in the **East parking lot at Nob Hill Market** at the corner of **Trancas and Old Sonoma Road. 8:00 AM Start**

We cross Trancas Ave and walk the **River Walk from Trancas to Lincoln and back**. The walk takes about **one hour** and features beautiful river views with occasional wildlife sightings.

The course is **level and paved** — no mud, no strenuous hills. Just good exercise and great company.

✉ dhenry91@comcast.net ☎ (707) 227-7413

Best,
Dave Henry



Web Page & Facebook

Stay Connected with SIR #149



We are proud of our SIR #149 website. Note the new button linked to a **PDF personal application**.

Please suggest any updates so we can keep it user-friendly. Stay informed between newsletters by joining us on **Facebook** and checking the **Upcoming Events** column.

Visit us at: www.branch149.sirinc2.org

✉ Send happenings, updates, and photos to **SIR Adrian** at:
napadentist@sbcglobal.net
☎ 479-4688

Bicycling with SIRs Bill Shields & Chuck Youngson



Get your heart pumping, enjoy the fresh air, and share the road with friends — the **SIR Bike Riders** hit the trails **every Thursday!** Whether you're a seasoned cyclist or just dusting off your wheels, all levels of riders are welcome. It's a great way to stay active, explore beautiful routes, and enjoy the camaraderie of fellow SIR members.

For more information, contact: **Bill Shields** – bshields6@comcast.net | 707-287-1246

Chris Youngson – chyoungson@yahoo.com | 707-225-2814

Book Exchange with SIR Rich Hanf:

We get new books donated each month so check out our library for a book that might interest you. If you got a new book as a Christmas present and have read it rather than let it set on a shelf gathering dust how about sharing it with your fellow SIRs.

We have a number of books that your wife or significant other might enjoy. Many are marked with a pink circle. Take 2 or 3 home to give her a choice. On these cold, wet winter days putting together a jigsaw puzzle is a fun way to pass the time. Bill Wheaton has a large selection available.

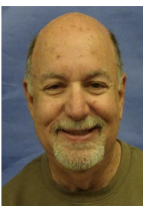


Cars with SIR Dan McCabe

The second Sunday of each month from 8 am to 10am is Cars & Coffee at Brewed in the Napa Factory Stores parking lot. This is a free event for all to enjoy whether you have a classic car or not.



Newsletter from Don Krieger



Please send any pictures, announcements, or items you'd like included in the upcoming newsletter to: dkwonderful@gmail.com **We are in need of some help with the newsletter. Just collecting info and cutting and pasting. So if you are able to help let Craig Ruess or myself know.**

Bocce with Jim Davis

Thursday is BOCCE Day!

Join your fellow SIRS every **Thursday** at the **Bocce Pavilion, Napa Senior Center** for some friendly competition, laughter, and plenty of camaraderie. Whether you're a seasoned player or brand new to the game, bocce is easy to learn and a whole lot of fun! So dust off your throwing arm, bring your best aim, and get ready for a great time with friends. For more information, contact: Chairman Jim Davis 707-2261119

jimmyWD@comcast.net

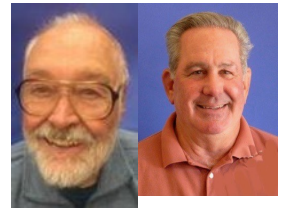


CRIBBAGE WITH BOB BENNING

. Mark your calendars for the April 20th cribbage game. Of course this is the third Monday of the month. John Lansing will be hosting the monthly event in his home at 1288 River Park Blvd. He will start at 2 p.m. and it normally lasts 2 hours, changing partners between each game.

All skill levels are welcome! Since we are expecting a slightly larger group it is important to RSVP John, 707 254-1056.

All lucky cribbage boards are welcome.



ROVING ROOSTERS

The Roosters are done roving for the year, but we are looking forward to more adventures into new and familiar places in the coming year.

David Dennis



FISHING REPORT FOR APRIL 2026

SIR members and guests are welcome, and indeed encouraged, to participate in fishing trips as well as attend the monthly meetings. Contacts are Pedro Contreras, 925-837-4847; and Carl Moyer, 925-685-5243. Next meeting will be at the Legends restaurant at the Diablo Creek golf course at Port Chicago Highway and Highway 4 on Thursday, March 26th at 8:30am. Come early.

Fishing for stripers in the delta was productive for Tom Kostik, Harry Sherinian, Matt Richards, and Mike Pruet. Ron Lew and Ken Bellinder got bigger fish working the north bay. Stan Wong, Phil Scimonelli, Carl Moyer, Dennis Lee, Bob Lively, and Ray Pixton fished for trout from San Pablo Reservoir. Stan limited, most others did not. March at our meeting on the 26th we have our annual swap meet. We bring our excess fishing gear and buy the excess fishing gear brought by others. BARGAINS GALORE!!!! And, on April first the ocean season for rock-fish opens up at all depths. There has not as yet been any decisions about salmon fishing, but we are hopeful.

SIR 149 Coed Bocce Ball Activity Dave Idling

Many of our SIR 149 members have enjoyed playing bocce ball together at the long-standing Thursday morning gatherings. We are now planning a new SIR activity for members, their wives and significant others. Coed bocce games will be for fun, with limited competition, and open to all skill levels. Come join us for a good time on the courts! What a fun way for SIRS couples to get to know each other better. No sign up required, just come out and join us.

This ongoing activity will begin in April on the 2nd and 4th Monday afternoons of each month, starting at 1:30 pm at the Napa Senior Center bocce ball courts. The games will continue for a couple hours.

Contact the activity hosts with any questions:

John Idling 541 218-2177 john@jfinet.com

Dave Loomis 415 272-5426 loomis.dt@gmail.com



Urban Hiking:

We meet in the parking lot at the corner of Main and Pearl at 9AM every Wednesday. The hike is a 2.5 mile walk that circles Oxbow, Napa's Riverwalk and downtown before finishing at the Barnhouse for Coffee. The hike lasts about 45 minutes and coffee another 30.

For more information please contact Craig Ruess, craigcargo@gmail.com.



Fun with Beer

Once a month we have an outing to discover the wonderful taste of beer at various locations in The Napa Valley. Contact Gary Toczylowski At gary.honestbrewer@gmail.com 510-507-6870



Tug McGraw Foundation's | 2026 Schedule

11

APR

BORMAN FIELD | 10:00 AM

FRESH OUT OF THE BOWL-SEASON OPENER

26

APR

BORMAN FIELD | 10:00 AM

THE SECRET INGREDIENT GAME

02

MAY

BORMAN FIELD | 10:00 AM

ROOTS AND SHOOTS

10

MAY

BORMAN FIELD | 1:30 PM

THE NUTTS UNDER FIRE CLASSIC

30

MAY

BORMAN FIELD | 10:00 AM

NUTTS ABOUT MOM CLASSIC

07

JUN

BORMAN FIELD | 1:30 PM

JUSTIN-SIENA GIRLS SOFTBALL

14

JUN

BORMAN FIELD | 1:30 PM

THE HOOAH ARMY CLASSIC

27

JUN

BORMAN FIELD | 10:30 AM

THE FINAL CRUNCH-SEASON CLOSER



Did You Know? The Mixed Nutts are carrying on a Yountville Veterans Home tradition of Sunday Baseball for Veterans that dates back to the 1800s. **Tradition: Honored**

www.tugmcgraw.org



Many apologies if we have issued anyone's names!
Please let us know if our databases are not correct!



APRIL BIRTHDAYS

Last Name	First Name	Given Name	B-Day
Barker	Neill		1-Apr-54
Van Brocklin	Gary		18-Apr-43
Ball	David		3-Apr-41
Cromwell	Mike		8-Apr-52
Murrell	Mike		5-Apr-48
Hogberg	Bill		21-Apr-41
Silveira	David		30-Apr-42
Bernie	Pat		18-Apr-54
Loomis	Dave		16-Apr-59
Lopez	Gordon		22-Apr-53
Hanf	Rich	Richard	20-Apr-42
Feury	David		5-Apr-48
Wolf	Richard	Richard	26-Apr-47
Atkinson Jr.	Tom	Thomas	22-Apr-38
Peterson	Carl		27-Apr-56

APRIL ANNIVERSARIES

Ball	David		Cody	22-Apr-90
Cherniss	Jim	James	Karen	2-Apr-96
Fell	Ed	Edward	Judy	5-Apr-86
Featherstone	James	Jim	Nancy Cauthorne	11-Apr-25
Lemin	William	Dick	Marilyn	29-Apr-17
Shoemaker	Jerry		Claire	16-Apr-93

50+ Years of Wedding Bliss

Forma	Michael		Margaret	6-Apr-74
Kisshauer	Eric		Martha	26-Apr-69
Wright	Doug	Douglass	Jean	21-Apr-69
Bell	Mike	Michael	Lynn	27-Apr-73
Soule Jr.	Jim	James	Marianne	2-Apr-66
Dick	Gene	Eugene	Roberta	29-Apr-61
Smith	Steve	Steven	Marla	26-Apr-69

ACTIVITIES CHAIRMEN

Bicycling	Bill Shields	287-1246
Ass't.	Chuck Youngson	225-2814.
Bocce.:	Jim Davis	226-1119
Book Exch.	Rich Hanf	224-7464
Cards	Bob Hairston	252-0252
Clasic Cars	Dan McCabe	224-6835
Ass't.	Dan Silveira	252-2284
CoedBocce	John Iding	
Computers	Adrian Fenderson	479-4688
Cribbage	Bob Benning	337-2614
Events	Dan McCabe	224-6835
Fishing	Daniel Harter	637-3859
Golf Weekly	Gary Garver	
Monthly	Jim Keller	415 827-4904
Sec./Treas.	Jim Keller	415 827-4904
HNDCP.	Larry Timmer	252-8079
Area 7 Golf	Chairman	
	Jim Keller	415 827-4904
Trips	Dan McCabe	224-6835
Romeo	John Lansingh	254-1056
Travel	Looking for a new chairman	
RV's/Roving Roosters		
Coordinator	David Dennis	392-8837
Theater	Bob Benning	337-2614
	Adrian Fenderson	479-4688
Veteran's Act	Vacant	
Walkers	Dave Henry	227-7413
Website	Adrian Fenderson	479-4688
Wine Tasting	Chris Bailey	925 8904630
World of Beer	Gary Toczylowski	510-507-6870

PAST BIG SIRs

1992	Lou Hughes	1993	F. Heid *
1994	W. Barber*	1995	T. Tomlinson*
1996	D. Gibson *	1997	P. Miller
1998	D. Westover *	1999	E. Coyne*
2000	B. Johnson *	2001	D. Newell *
2002	M. Jack *	2003	D. Brooks*
2004	K. Pieper*	2005	J. Gibbany*
2006	A. Brambrink	2007	T. Jensen
2008	E. Suden	2009	G. Greco *
2010	C. Harris	2011	J. Chandler
2012	D. Collins	2013	R. Barker
2014	J. Cox	2015	T. Borman
2016	D. Pangburn	2017	Stu Williams*
2018	J. Prudhomme	2019	Carl Hammond
2020	Carl Hammond	2021-22	Tom Dawson*
2023	Ron Irwin	2024-25	Peter Dreier

* Deceased

2026 OFFICERS

Big Sir Daniel Harder 637-3859
Little Sir Craig Ruess 650-544-3909
Secretary George Clark 812-5385
Asst. Sec Byron Petterson 337-1971
Treasurer Bill Clark 253-2477
Asst. Treasurer Bob Klein 310-5947
Email branch149@sirinc2.org

DIRECTORS

Richard Brockmeyer 1st Year 479-5406
Neil Barker 2nd Year 235-6645
Rex Williams 2nd year 707-255-5834
Dave Loomis 1st Year 415-272-5426
John Lansingh 2nd year 254-1056
Peter Dreier Past Big Sir 257-3630

COMMITTEE CHAIRMEN

Attendance Bill Wheadon 224-3901
Membership Craig Ruess 650-544-3909
Newsletter Don Krieger 925-548-5714
Auditors Rex Williams 707-255-5834
Bill Parks 707-326-9596
Birthdays Steve Smith 326-3914
Greeters (open)
Statistician/Historian
Dennis Pangburn 224-9231
Photos Adrian Fenderson 255-6502
Nominating Chair Peter Dreier 226-8586

HONORARY LIFETIME MEMBERS

Paul Miller Al Brambrink
Keith Pieper James Schlatter
Bobbie Hairston Dennis Pangburn
Ed Suden Adrian Fenderson
Ron Irwin

DESTINGUISHED SERVICE AWARD

Adrian Fenderson Byron Petterson Mike Murrell
Carl Hammond Tim Borman Peter Dreier
Dennis Pangborn Jim Prudhomme Ron Irwin
Rex Williams Bill Clark Bob Weeks



WHERE AM I?

SIRS 149 BRANCH NEEDS YOUR HELP
GETTING RAFFLE PRIZE DONATIONS
FOR THE 2026 SUMMER CELEBRATION
ON JULY 14, 2026, AT CHARDONNAY GOLF COURSE

The raffle prize tickets that we sell at our Summer Celebration (formerly called the Ladies Day Picnic) are our major fundraiser of the year and help us to subsidize and keep costs affordable for both the picnic and the Christmas Dinner. We depend upon members to help us secure raffle prize donations from the community. We need the help of all SIR members.

THE DATE & LOCATION OF THE SUMMER CELEBRATION PICNIC IS JULY 14, 2026, AND IT WILL BE HELD AGAIN AT CHARDONNAY GOLF COURSE.

Once you secure a donation, please contact either Jim Davis at 707 226-1119, JimmyWD@comcast.net or Adrain Fenderson at 707 479-4688, napadentist@sbcglobal.net and they will coordinate with you to collect the donations. They will need a description of the donation, the name of who donated the item, the value of the donation, and the name of the member securing the donation.

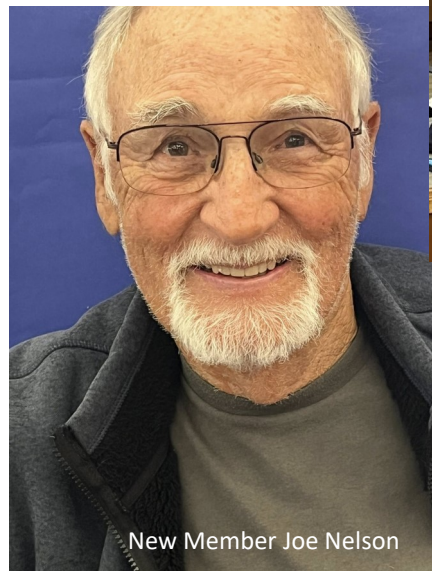
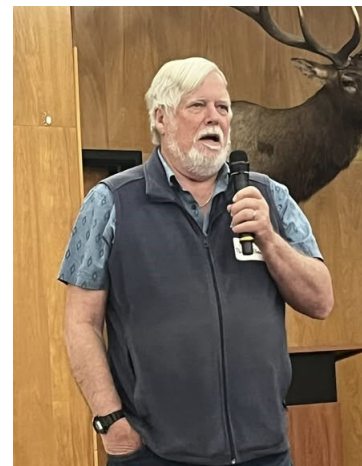
The deadline for submitting a donation to Jim or Adrain is Friday, 7/10/26.

Thank you to all SIR 149 members who can help us obtain Raffle Prizes for the 2026 Summer Celebration Picnic at Chardonnay Golf Course!

Peter Dreier

Past Big Sir Branch 149

Guest Speaker Mary Luross



New Member Joe Nelson

Carl Moyar and Brion Beetz
giving a talk on Sirss Fishing



April 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<p>1 Urban hiking 9:00 Golf</p> <p>Urban hiking 9:00</p>	<p>2 Bocce 9:30 Senior Center BIKING 9:00</p>	<p>3</p>	<p>4</p>
<p>5</p>	<p>6 Hiking 8:00 am Riverwalk Poker 1:00 ELKS GOLF CO-ED BOUCE 1:30</p>	<p>7 Coffee Brewed 8:30 Monthly Meeting</p>	<p>8 Urban hiking 9:00 Golf</p>	<p>9 Bocce 9:30 Senior Center BIKING 9:00</p>	<p>10</p>	<p>11</p>
<p>12</p>	<p>13 Hiking 8:00 am Riverwalk Poker 1:00 ELKS</p>	<p>14 Coffee at Brewed 8:30</p>	<p>15 Urban hiking 9:00 Golf Wine Tippers 2:00 Riverpoint</p>	<p>16 Bocce 9:30 Senior Center 9:00 BIKING 9:00 DEADLINE FOR INFO FOR NEWSLETTER</p>	<p>17</p>	<p>18</p>
<p>19 NEWSLETTER GOES OUT</p>	<p>20 Hiking 8:00 am Riverwalk Poker 1:00 ELKS Cribbage CO-ED BOUCE 1:30</p>	<p>21 Coffee at Brewed 8:30</p>	<p>22 Urban hiking 9:00 Golf</p>	<p>23 bocce 9:30 Senior Center BIKING 9:00</p>	<p>24</p>	<p>25</p>
<p>26</p>	<p>27 Hiking 8:00 am Riverwalk Poker 1:00 ELKS</p>	<p>28 Coffee at Brewed 8:30</p>	<p>29 Urban hiking 9:00 Golf</p>	<p>30 bocce 9:30 Senior Center BIKING 9:00</p>		