SIR INC. MODESTO BRANCH 144 THE ALMOND CAPITAL BULLETIN

Dedicated to enriching the lives of members through social activities while making friends for life

November 2024 Newsletter

Message from Big Sir Fernando Gonzalez



I know I keep mentioning at our luncheons the importance of attracting new members to join SIR. The positive point of belonging to SIR is that it helps

prevent social isolation due to work related social networks or friends moving away or passing on. It helps with finding fulfilling activities to stay engaged and maintain a sense of purpose.

Being a member of SIR helps with avoiding depression or anxiety which helps significantly impact quality of life. What we do not address or discuss is Financial Security dealing with sufficient savings or unexpected healthcare costs.

So, this is an area where I am going to try and find a speaker to discuss this issue. Also housing and living arrangements, deciding whether to age in place. Move to a retirement community or consider assisted living arrangements. This is another area where I will try and find speakers in the future to discuss at our luncheons.

Also, we are all dealing with family dynamics such as dealing with adult children and grandchildren and navigating changing family roles. And finally dealing with legal and estate planning, ensuring wills, powers of attorney and healthcare directives.

Again, I will be seeking speakers to discuss this area. And in the coming year I will also try and find speakers that present more enjoyable topics that do not deal with just aging. Again, I thank you for your support and open to suggestions for future speakers.

Bíg Sír Fernando Gonzalez Branch 144

Information for Ladies Day on page 8



Jerry Strain won the Birthday Drawing

Speaker for November is: Victoria Anago, President, Life Care Coalition will present The LCCO Foster Family Agency which is a branch of the organization's social service programs. The LCCO Foster Family Agency program seeks to provide each child under its stewardship with high quality care in the home with the family they are matched with.

REMEMBER, if you cannot attend the luncheon, please call *Gaylan King* at 209-380-9896 by Sunday November 17. (Luncheon is November 21). Thank you!



Volume 11-2024

SIR INC BRANCH 144 BEC MEETING MINUTES OCTOBER 17, 2024

The meeting was called to order by Big SIR Fernando Gonzalez at 9:35 AM.

A quorum was established with the following members present:

Big Sir Fernando Gonzalez, Secretary Jim Toepfer, Little SIR/Treasurer John Santillano. Absent: Assistant Treasurer Jerry Miller.

DIRECTORS: Gaylan King, Bob Lewis, Vince Sereno, Anthony Butera, Jerry Strain. Andre Dodd. GUESTS AND COMMITTEE MEMBERS: Gary Williams, Sam Graham. Absent: John Cardoza, Edd Santwier.

Motion to approve minutes from September 19, 2024. MSP.

Treasurer's Report:

The Treasurer's Report for September 2024 was presented by treasure	r John Santillano:
Checkbook Balance as of September 1, 2024	\$ 3,494.70
Total Receipt	\$ 1,382.00
Disbursements	
Checkbook and cash as of September 30. 2024	\$ 3.688.88

A motion was made to approve the treasurer's report and a voucher request for: Bob Lewis in the amount of \$10.49. MSP.

Membership Report:

Gaylan King gave the membership report as of October 17, 2024: Active members 77, Pending members 0, Unused badges 173, Total badges 250. A motion was made to accept the membership report. MSP.

STATE HLM: Jerry Strain

HLM: Gary Williams and Sam Graham

Committee Reports:

Bowling: Bob Lewis – Going well as usual.

Golf: Jerry Strain – Going well.

Travel: John Cardoza – Absent. Pending cruise coming for Panama Canal in January of 2025. Stay tuned.

Dining: Vince Sereno – Proceeding as usual. Two groups will finish for the year this month. They will restart in January of 2025.

Sunshine: Edd Santwier – Absent. No report.

Walking Group: Anthony Butera – We are "up and running" again at East La Loma Park in Modesto.

OLD BUSINESS: Big SIR Fernando reported on the annual meeting held in Lafayette, Ca. As a Branch, we need to present ourselves to our community and we need to develop a plan for this. There is a big problem with declining enrollment over all branches. Anthony Butera – Area Representative – suggested the possibility of forming a women's auxiliary branch for 144. More discussion to follow. The speaker for November 21, 2024, will be from the City Council.

NEW BUSINESS: Ladies' day luncheon in December will be the same as last year. Meal choice will be: Prime Rib or Chicken. Bring your own wine if you like. Price is \$25.00 per meal. Pay by 11–21–2024 or mail in now. Bob Lewis will be sending an E-Mail to all members.

Meeting adjourned by Big SIR Fernando Gonzalez at 10:06 AM.

The time of the next BEC meeting will be 9:30 AM, November 21, 2024.

Respectfully submitted by: Jim Toepfer Secretary.







JOHN CARDOZA – TRAVEL CHAIRMAN 209-483-7722 or email: johncardoza@hotmail.com

Modesto SIR Branch #103 & #144 Train Experience – Turlock to Reno January 9 – 10, 2025

CONTROL + CLICK TO OPEN TRAIN TO RENO

16 NIGHT PANAMA CANAL CRUISE ABOARD THE CORAL PRINCESS. SAILING FROM SAN FRANCISCO TO FT. LAUDERDALE JANUARY 20- FEBRUARY 5, 2025

> CONTROL + CLICK TO OPEN SIR Panama Canal Cruise



Bob Lewis won the Luncheon Drawing



CHP Officer Tom Olsen receives Certificate of Appreciation from Big SIR Fernando Gonzalez



DINING OUT CLUB

3 Evening Dining Out Clubs

2nd Tuesday Evening Club

Tues. Nov 12th – Olive Garden Tues. Dec.10th – Christmas Party at the Norris's <u>For Reservations:</u> Contact Kathy Norris at 209-596-0416

4th Tuesday Evening Club:

Nov. & Dec. - - "No Dinner Meetings!" January 28, 2025 – Outback Steakhouse For Reservations: Contact Hall Eubank at: 209-649-4148

4th Thursday Evening Club:

Nov. & Dec. -- "No Dinner Meetings!" January 23rd - Bella Italia For Reservations: Contact Vince Sereno at: 209-524-9630, or Cell at: 209-552-1539

A SENIOR MOMENT!

Two elderly folks at Trailer Estates he a widower, she a widow—had known each other for years. One evening, at a big community supper, they found themselves sitting across from each other, making small talk. Between bites of mashed potatoes, he kept sneaking admiring glances at her, his heart racing like a teenager at a prom. Finally, he mustered the courage to ask, "Will you marry me?"

She paused for a dramatic six seconds, probably weighing the pros and cons, and then with a smile, said, "Yes! Yes I will."

The rest of the meal went by pleasantly, and they eventually headed back to their respective trailers, happy with their evening.

The next morning, though, panic set in. The poor guy couldn't remember if she had said "yes" or "no"! He wracked his brain, but it was like trying to recall where he put his glasses—hopeless. Feeling nervous, he picked up the phone and dialed her number.

"Uh, hi there...I've got a bit of confession," he started. "I don't remember things as well as I used to, and I was wondering... uh, when I asked you to marry me last night, did you say 'yes' or 'no?"

To his absolute relief, she replied, "Oh, I said 'yes,' dear! I meant it with all my heart."

Then, after a brief pause, she added, "And I'm so glad you called because I couldn't remember who had asked me!"

NUVEINDER DIR I NDATS			
Nam	e	Date	Years
Bennett	Thomas	11/25/48	76
Stires	Bill	11/30/46	78
Jackson	Ed	11/12/44	80
Salonga	Tony	11/21/40	84
Sterling	Jim	11/09/39	85
Chalk	Gary	11/21/39	85
Cook	Deane	11/04/38	86
Toepfer	Jim	11/01/37	87
Williams	Gary	11/09/36	88

NOVEMBER RIRTHDAYS

NOVEMBER ANNIVERSARIES

Nai	me	Spouse	e Date	Years
Gaylan	King	Cathey	11/18/00	24
Randy	Alford	Suzanne	11/24/87	37
Norm	Lawrence	Janet	11/30/55	69

NOVEMBER INDUCTIONS

Nar	ne	Date	Years
Karlin	Dave	11/16/23	1
Butera	Anthony	11/16/17	7
Chalk	Gary	11/17/16	8
Eubank	Hall	11/17/16	8
Graham	Sam	11/06/08	16
CONGRATULATIONS TO ALL			
BIRTHDAY, ANNIVERSARY,			
AND INDUCTION MEMBERS!			

November 2024 Bowling Report

High Scratch and Handicap Series and Games

Scratch Games Handicap Games Week 5 October 1 Series: Bob Abujen 652 Joe Bradley 690 Game: Bob Abujen 233 Joe Bradley 257

Week 6 October 8

Series: David Brown 629 David Brown 710 Game: Arnold Fidalgo 249 David Brown 275

Week 7 October 15

Series: Arnold Fidalgo 644Arnold Fidalgo 689Game: Bob Abujen 222Jerry Strain 259

Week 8 October 22 Series: Bob Abujen 654 David Brown 670 Game: Bob Abujen 258 David Brown 267

Week 9 October 29 Series: Arnold Fidalgo 611 Arnold Fidalgo 644 Game: Bob Abujen 248 Bob Abujen 249

Come out for our hometown tournament. ---- 2024 UPCOMING TOURNAMENTS-----

November 7-8 McHenry Bowl, Modesto Vern Masse 209-538-3640

Branch 144 Bowling Chairman: Bob Lewis 209-523-7387 <u>bobalew69@msn.com</u>

Ad for Anthony Butera:



Anthony Butera Regional Vice-President at Primerica Financial Services



November 2024 Golf News



This is the new URL for Area 18 Golf: https://sirinc2.org/area18golf/

MON. NOV.11	DRYDEN	COST: \$54/29.00
HOST: 144	9:00 AM	CARTS: \$20.00
MON. NOV. 18	SWENSON	COST: \$49.00
HOST: 103A	9:00 AM	CARTS: INCLUDED
MON. NOV. 25	CREEKSIDE	COST: \$56/29.00
HOST: 103A	9:00 AM	CARTS: \$20.00
MON. DEC. 2	MANTECA	COST: \$49.00
HOST: 144	8:00 AM	CARTS: INCLUDED
MON. DEC. 9	DRYDEN	COST: \$54/29.00
HOST: 103A	9:00 AM	CARTS: \$20.00

IT'S THAT TIME OF THE YEAR TO RENEW YOUR NCGA DUES. RENEWAL & NEW MEMBER IS \$55.00. MAKE CHECKS PAYABLE TO SIR GOLF. TEE TIME FOR MANTECA WILL BE 8:00 AM. *IF YOU CAN'T MAKE A TOURNAMENT, REMEMBER TO CALL AND CANCEL. THERE WILL BE A \$9.00 CHARGE IF YOU DON'T CALL.*

JAY NORRIS GOLF CHAIR BR# 144 3328 VINE CLIFF WAY MODESTO, CA 95355 Sirgolfer144@gmail.com 209-606-1475



MEMBERS WHO PAID DUES IN 2024:

Abujen Bob Bistodeau Fred Brawley Tom Patton Brooks Cecil Brown Anthony **Butera** Chalk Gary Conkey Hal Cook Deane Dodd Andre Duran Jim Dutton Pete Eubank Hall Fetzer Bruce Fidalgo Arnold Chuck Gentry Gonzalez Fernando Graham Sam Howard Grieshaber Cardoza Bill Leonard Davis Hubbard Gary Medrano John Henry Solario John Bernard DeArmond Hal

Brad
Roy
Jack
Ed
John
Gaylan
Norm
Charlie
Bob
Ernie
Mike
Vern
Joe
Jerry
Jeff
Jay
Craig
Ernie
Keith
Glenn
Wayne
Larry
Larry
Vince
Tom
Thomas

<u>5 IN 20</u>	<u>J24:</u>
Rovere	Don
Salonga	Tony
Salvi	Lor
Santillano	John
Sheaffer	Chuck
Shoup	Chuck
Slocum	Michael
Sterling	Jim
Stires	Bill
Strain	Jerry
Stroud	Gary
Toepfer	Jim
Alford	Randy
Walker	Jim
Weiss	Thomas
Williams	Gary
Yarbrough	David
Santwier	Edd
Burchell	Bill
Casiano	Nilo
Faulkner	Kent
Karlin	Dave
Prescott	Kevin
Vietor	Gerald
Miller	Brian

Make

friends for

life.

Past Big Sirs

1988 Lynn Wood **1989 Elbow Jones 1990 Dick Benevento** 1991 Warren Lawson 1992 AI Evans 1993 Joe Underwood **1994 Homer Jorgensen** 1995 Don Singer 1996 Max Norton **1997 Charles Cox** 1998 Dick Bachman 1999 George Harden 2000 John Shores 2001 Bob Curley 2002 Frank Pierson 2003 Julius Manrique 2004 Ed Boyle 2005 Ted Nagel 2006 George Ditman 2007 Herman Vigil 2008 Michael Mensinger 2009 Charles Shoup 2010 Gary Williams 2011 Jerry Strain 2012 Sam Graham 2013 Jerry Emery 2014 Leonard Davis 2015 Patton Brooks 2016 Bill Burchell 2017 Gary Williams 2018 Sam Graham 2019 Jerry Emery 2019 Jerry Strain **2020 Anthony Butera 2021 Anthony Butera** 2022 Biff Galbraith 2023 Fernando Gonzalez



Modesto Branch 144 Officers

OFFICERS FOR 2024

Big Sir:	Fernando Gonzalez 415-420-2440
Little Sir:	John Santillano 209-544-1953
Secretary:	Jim Toepfer 360-477-0930
Assistant Secretary:	Open
Treasurer:	John Santillano 209-544-1953
Assistant Treasurer:	Jerry Miller 209-601-8204

DIRECTORS FOR 2024

Anthony Butera 209-985-3473 Gaylan King 209-380-9896 Jerry Strain 209-551-8220 Andre Dodd 209-527-0482 Bob Lewis 209-523-7387 Vince Sereno 209-524-9630

STATE, REGION, & AREA OFFICERS FOR 2024

STATE PRESIDENT OF SIR IncRich Carlston 925-324-0838 STATE VICE PRESIDENT OF SIR Inc ...Lee Lamp 530-921-1375 AREA 18 REPRESENTATIVE.....Rick Kindle 209-652-8608

RAMP

COMMITTEE CHAIRMEN

Recruitment:.....Open Activities:.....Open Member Relations:....Gary Williams 209-578-3471 Publicity/Relations:...Sam Graham 209-552-0960 Accessories:.....Sam Graham 209-552-0960 Travel: Area 18:.....John Cardoza 209-483-7722 Area 18 Golf Chairman:.....Jerry Strain 209-551-8220 Assistant:.....Jay Norris 209-606-1475 Branch 144 Golf Chairman: Jay Norris 209-606-1475 Assistant:.....Gary Hubbard 209-551-5253 Area 18 Bowling Chairman:...Vern Masse 209-538-4275 Branch 144 Bowling Chairman: Bob Lewis 209-523-7387 Programs: Fernando Gonzalez 415-420-2440 John Santillano 209-544-1953 Newsletter: Bob Lewis 209-523-7387 Data:.....Gary Williams 209-578-3471 Chaplain:....Charlie Leffingwell 209-543-2107 Dining:.....Vince Sereno 209-524-9630 Attendance: Tony Salonga 209-505-0915 Sunshine:...,Edd Santwier 209-605-9638 Nominating Committee Chairman: Gary Williams 209-578-3471 Members: Patton Brooks, Bill Burchell, and Sam Graham Membership:Gaylan King 209-380-9896 Book Club:...Gaylan King 209-380-9896

Please respond ASAP.

Ladies Day is December 19th. Tickets are \$25 per person. The choices of entrée are Prime Rib or Chicken. Meal will be served. You can bring your own wine if you care to. You may bring your payment to the November 21st luncheon. You may also mail a check to "**SIR**" at **2509 Portofino Drive Modesto, CA 95356.**

Please enclose your choice of entrée with your check.

Please visit our website at <u>www.sirinc2.org/branch144</u>

The SIR website for the latest edition of SIR Happenings at: <u>SIR Happenings August 2024</u> If anyone knows if someone has an illness, accident, or passes, please let Edd Santwier (209-605-9638) know. Thanks!

HLM: Gary Williams and Sam Graham; STATE HLM: Jerry Strain