

Officers

President: Barrie Lee

Vice President: Morgan Akin

Secretary: Cris Andrews

Asst Sec: Gerry Dodge

Treasurer: Rix Callaway

Asst Treasurer: Ken Timmerman

Directors

Dennis Compomizzo

Sid Nobles

David Yorton

Lee Lamp

Don Arnold

Administrative Leaders

Membership: Phil Perry

Membership Asst: Tom Ward

Chaplain: Gerry Dodge

Facilities: Sid Nobles

Nominating Chair: Cris Andrews

Newsletter: Lee Lamp

Raffle: Jim McClelland

Sunshine: Len Napoli

Publicity: Jim McMahon

Marketing: OPEN

Sergeant At Arms: Tom Merrow

Teller of Tales: Darrel Elliot

VOLUME 41 NO 9 September, 2025

SIR 129

Newsletter



Three Shastas
Branch 129
Redding, CA

The Pres Sez'

It's now September and hard to believe how quickly our year is flying by. Please take advantage of our next few months to get out and enjoy life. Work in the yard, enjoy some of our activities and stay active. That's what this organization is all about. Think about moving out of your comfort zone and volunteering to help our branch. I honestly believe I get a lot more from Sir by simply saying yes when asked to do something for the membership. We can always take suggestions about guest speakers since you all have your own areas of interest. We've attempted to have an MC hold our monthly luncheons since some of you might not enjoy speaking in front of a group setting. You can fill a leadership role within the branch, which is truly rewarding, and not have to speak to the luncheon group. I encourage ALL of you to think about giving of yourself for the betterment of the branch. In recapping last month's luncheon, our guest speaker didn't show. Luckily we had Lee at the helm and Rich Carlston (The State President) was also in attendance. As you were made aware, Rich and Lee worked together on the state board for the past two years. They complemented each other during that time frame and Rich knew he wanted to give Lee an award for his efforts. He did so that day and it really surprised Lee (more about that later in this newsletter). He also let me know the next day how well he thought of our branch operations and membership. I'm proud of our branch and I just wanted you all to know. *Cont' next page*

Monthly Meeting*First Thursday of the month*Elks Lodge

Meeting/Speaker: 11:00 - 12:00

Lunch follows.

*Dec subject to change for Annual Christmas Lunch

Attendance is Important

Guest
Speaker:

**Scott Morris,
Upstate
Hearing
Instruments**

Cont' from page 1 Sid Nobles has asked me to find a replacement for him as a director on the BEC. We have a couple of members willing to step up and I should be announcing his replacement at the next membership luncheon.

Sid has served for years on the board and also is very active in the Elks. We can't thank him enough for all he's done for us, including that big smile on his face every time I see him. It amazes me how much a smile can do for others. With that said, remember that our annual Christmas Luncheon is only a few months away. We'll get a date out to all of you soon so you can place it on your calendars. Enjoy September gentlemen!

State Officers 2025

State President	Rich Carlston Br 8	Board Area Rep #3	Fred Serena Br 59
Vice President	Fred Serena Br 59	Dir State Documents	Bruce Corwin Br 159
Secretary	Jeff Chin Br 103	Dir State Activities	Michael Lee Br 128
Treasurer	Carl Mason Br 88	Dir Marketing/Comm	Andy Danver Br 35
Chief Information Officer	Ramesh Thadani Br 98	Dir Branch Support	John Farcich Br 1
Board Area Rep #1	Jerry Morrow Br 172	State Advisor	Derek Southern Br 8
Board Area Rep #2	Bruce Corwin Br 159	Parliamentary	Roy Hodgkinson Br 146

Lunch Bunch by Duane Nelson



The next event is scheduled for Sept 17th. You can enjoy the Buffet at GoodTimes Pizza in Palo Cedro. If you have questions or suggestions please contact me (email bandan@msn.com or call 530-547-5157). Of course you can add to your phones calendar with an alert and that would help 😊

Activity	Chair	Telephone	Email
Book Exchange	Len Napoli	530-547-4201	lenandgail@frontiernet.net
Golf - 18 Hole	Lee Lamp	530-921-1375	lel4355@yahoo.com
Golf - 9 Hole	Bob Watt	530-227-4470	wattclan1954@gmail.com
Lunch Bunch	Duane Nelson	530-547-5157	bandan@msn.com
Bocce Ball	Dennis Compomizzo	530-356-9966	dennysz71@yahoo.com
Horseshoes	OPEN		

Guest Speaker by Morgan Akin

This month we are joined by Scott Morris from Upstate Hearing Instruments. Scott was to have joined us last month, however, he had an unexpected event occur which caused him to miss the luncheon. Upstate Hearing provides a full spectrum of hearing health services designed to address every aspect of your hearing journey.

Welcoming New Members 2025 Phil Perry, Membership Chair

We started this newsletter entry last year and will continue a new tradition of announcing new members as they are inducted.

The following individuals all joined our Branch during the 2025 calendar year. Join me in welcoming them. It will be a running total through the year.

<i>Name</i>	<i>Sponsor</i>	<i>Name</i>	<i>Sponsor</i>
Mitch Crowe	Jack McAuliffe	Steve Martinez	John McCue
Earl Poytress	Mike Smith	Brent Bryer	Greg Ephland
Greg Hartley	Guys from Grape Ranch	Charles Ross	Member of Elks
John Rowell	A members discussion		

[**Share this newsletter with your friends and help us grow the membership!**](#)



Birthdays in September

Mike Bishop	Sep 16th	Gerry Long	Sep 15th
Bob Forbes	Sep 12th	Steve Martinez	Sep 8th
Bill Harris	Sep 19th	Tom Merrow	Sep 26th
Greg Hartley	Sep 15th	Duane Nelson	Sep 14th
Greg Laam	Sep 29th	Tom Vlahos	Sep 3th





Treasurer Report by Rix Callaway

It's September! The days are getting shorter. Alas, fall is on its way, even though the Redding heat can last into October. So let's get out and enjoy these days of good weather.

Hope to see you at the meeting and remember to please CHECK IN for the monthly luncheon even if you are not paying for lunch so we have an accurate count.

The bills are paid and the account is balanced



Sunshine Report By Len Napoli

One of our special members, Paul Poling, has taken a fall & fractured a few vertebrae. I saw him in Vibra, a rehab facility, and he's going to need our prayers as he's in quite a bit of pain.

I hope everyone is enjoying the start of September as it's the doorway to the fall season that awakens the soul. It's time for travel as the kids are back to school and young families are home from vacation, leaving the open roads to us retired folk.

It's time for harvesting, especially the vineyards. It's said that wine is the divine juice of September. So visit some vineyards and stock up for the winter. Of course every month, wine is appreciated in my house!

Don't forget to stock up on some books as the days are going to get shorter which makes for a good read.

Updated: please keep the Goetz Family in your thoughts/prayers. Bob's continuing back issues turned out to be advanced cancer.



2026 Slate of SIR Inc Officers submitted by Lee Lamp

This month, during the SIR Inc Annual Meeting, we voted on the slate of officers for the 2026 calendar year. These officers will be sworn in during a December State Board Meeting.

President > Fred Serena

Secretary > Jeff Chin

Directors-Branch Support > John Farcich

Director-State Documents> Bruce Corwin

Area State Rep> Jerry Morrow

Vice President > Nick Feimer

Treasurer > Carl Mason

Director-Marketing> Neil Wheeler

Director-Activities> Michael Lee

Area State Rep> Carl Dawson

Bocce by Dennis Compomizzo

The bocce courts will be closed for the first couple of weeks of September, due to the resurfacing of the courts by the Sons and Daughters of Italy for the Paisano Days bocce tournament on September 12th and 13th. If you want to see some great bocce games, come out to South City Park on those days and enjoy the competition and some wonderful Italian food. The schedule for the next two months is September 26th, October 17th and October 31st. The September games will have an early start at 9:00 AM to finish before the temperatures get too warm, assuming the October temperatures are mild then the start time will be moved to 10:00 AM. Please add these dates to your calendar. The courts are located in South City Park next to the Shasta County Library with the entrance off of Grape Street. I will send out a Constant Contact announcement to all the SIR's membership, approximately five days prior to the bocce game. I hope to see a lot of SIR's with their family and friends come out and enjoy a wonderful social activity and a little team competition badge #62. I'm looking forward to seeing everyone at the next Sir's meeting and luncheon in September.



Sep/Oct Calendar of Events

Activity	Date/Time	Meeting Forum
9 Hole Golf	Sept 2nd, 9:00am	Lake Redding
BEC	Sept 4th, 9:30am	Elks
General Membership Luncheon	Sept 4th, 11:00am	Elks
18 Hole Golf	Sept 8th, 9:00am	Mt Shasta Resort
9 Hole Golf	Sept 16th, 8:30am	Tucker Oaks
Lunch Bunch	Sept 17th, 11:30am	GoodTimes Pizza, Palo Cedro
Bocce	Sept 26th, 9:00am	South City Park
18 Hole Golf	Sept 29th, 9:00am	Fall River
BEC	Oct 2nd, 9:30am	Elks
General Membership Luncheon	Oct 2nd, 11:00am	Elks
9 Hole Golf	Oct 7th, 9:00am	Lake Redding
18 Hole Golf	Oct 13th, 9:00am	Gold Hills
Lunch Bunch	Oct 15th, 11:30am	GoodTimes Pizza, Palo Cedro
Bocce	Oct 17th, 10:00am	South City Park
18 Hole Golf	Oct 30th, 10:00am	Riverview
Bocce	Oct 31st, 10:00am	South City Park

Branch 129 Historical Tidbits Submitted by Cris Andrews

From September 1996 "SIR'S UPDATE"

I know from being a member of Branch 129 since 2007 that some activities seem to no longer exist either because no current members are interested in the activity or no one will step up to lead. We used to have a "Trail Walking Group," "Breakfast Gang," "Fishing," "Money MattersGroup" and "Dine Out" to name a few. And back before my time, Branch 129 had a "Bowling Group" and a "Couples Bridge Group". I know COVID had an impact on our membership and was the cause of the decline of some of these activities. But now as we grow, we should look to re-establish some of these activities or even create new ones!

For some history from the September 1996 "SIR'S UPDATE" (this was the name of the newsletter at that time and in 1998 the newsletter changed to "SIR UPDATE"), I thought the column from the "**Supper Club**" demonstrated the success of that activity: *"We had one of the largest turnouts this year (64) at French Gulch and the folks all seemed to have a good time once the temperature dropped below 100 degrees, early in the evening".*

Let's make history by re-opening an activity you and others might enjoy! Or suggest an original activity!!

The next General Membership Luncheon is September 4th, 11am at the Elks.

9 Hole Golf Report by Bob Watt

Our next 9-Hole event is Wednesday, Sept 2nd, at Lake Redding Golf Course. The other event scheduled in Sept is on Thursday the 16th at Tucker Oaks. The entire 2025 schedule can be viewed by going to the Redding SIRS website at

<https://sirinc2.org/branch129/activities/9-hole-golf/>.



HOW TO SIGN UP TO PLAY

If you are on the 9-Hole Golf distribution list you will be sent a Constant Contact email invitation to play the 9-Hole event about 5 days before the playing date. If you are not on the distribution list, please contact me to have your name added. You can contact Bob Watt in one of three ways, email wattclan1954@gmail.com, call or text Bob at (530-227-4470). When texting, please include your name in the text. As always you can invite a spouse, son, daughter, grandchild or friends to play with you. In addition, if you would like to join with fellow SIRs members after the round for a beverage or food you are always welcome.

Hope to see you on the course.

Don't forget to look for a badge number and if it's yours you get a free lunch at the next General Membership Luncheon.



Racing Report by Barrie Lee (formally NASCAR/INDY)

As I've mentioned recently, It's time for me to make adjustments to my racing coverage. In the past, the branch has had committees set up to deal with activities and involve members to get involved with the activity chair person. However, since I've been writing about racing, I've kept my efforts in a column each month about IndyCar/Nascar monthly races. It's been brought to my attention that not all of you that read about my efforts understand the differences between Nascar, Indy Car and other venues of racing. So in order to explain racing history and shorten my lengthy columns each month, I'm going to move in a different direction. This month I'll start by explaining a little bit about Indy racing and Nascar. Indy Car racing began in Speedway, IN. in 1911. During the turn of the century and the era of machines, automobiles were being built throughout the United States. Several car companies were located in or around Indianapolis, IN. But there were no highways to use and creating a driveable vehicle to run on dirt was hard to accomplish. Several companies decided to buy four, 80 acre parcels to build a test track for their products. The land was joined together and the style of track was an important decision. A two and a half mile oval track was the final product and it was paved with large bricks that were quarried in the Indiana countryside. So around 1906, these companies had a large-scale facility to test their machines. With the facility sitting idle during a good portion of the year, the companies decided to create the Indy 500 race in 1911. The first few years (3 or 4) the races had a driver and a mechanic on board during the race to make sure the cars would finish the whole 500 miles. Around 1915, only drivers were allowed to race. The original owners of the track sold their investment to a driver (with financial backing) who had been a mechanic during the first few races and began driving in 1915. The races were not run in 1917 or 1918 due to the war in Europe. The sale took place in 1923 and Eddie Rickenbacher bought the track and held it for several years. He sold it to Tony Hulman in 1945 for about the same amount of money he bought the track for in 1923. The track was in run down condition and new seating and other expenses caused the loss of value overall. Tony Hulman called two contractors to come to Indy and advise him of how to upgrade the racing surface in 1945. One of the contractors was my father who had been maintaining the Oakland Speedway, in San Leandro, Ca for many years. This track in San Leandro was the only track west of the Mississippi River that Indy cars had raced during that time frame. The Hulman family (and the Georges, through marriage) sold the track to Roger Penske in 2020. Indy Car racing has never been overly popular over the years with the public because it has gone through many changes and leadership. Some years they hold several races, both oval and road course racing. USAC (United States Automobile Club) was the series owner for years and then during the 1990's other companies competed against each other and the series divided and went to hell. But it's back and has a strong position now with Roger Penske Entertainment the new owner. I'll give you some more information next month about the cars and engine makers. I hope you enjoy the changes to the column.



18 Hole Golf Report By Lee Lamp

There was only one event for August. We played at Canyon Oaks on the 18th. Great weather welcomed 19 players and all appeared to enjoy the day. The course was in great shape but the greens were brutal (I thought). There were 6 skins awarded (D Laam, L Lamp, D Streetman, S Fox, R Watt, S Martinez).

1st Flight	2nd Flight	3rd Flight
Len Napoli +5	Steve Fox +1	Robert Watt -1
Steve Martinez +6	Mike Deay +2	Lee Dickey +1
Lee Lamp +7	David Laam +6	Greg Laam +3

Inviting a guest to join an activity with us is a great way to grow our membership and several of you have brought guests recently...Turn them into members! It's easier than ever to fill out an application. Send them to our online application web site: <https://sirinc2.org/branch129/>

Presidents Award submitted by Barrie Lee

At the August General Membership meeting our Past President Lee Lamp was surprised and honored by the State President, Rich Carlston when he was presented the SIR Presidents Award. This prestigious award is used to recognize exceptional contributions made by a member who embodies the core values of SIR Inc. that result in substantial enhancement to the welfare of either a branch or SIR, Inc. Rich spoke to Lee's contributions to both his branch and SIR, Inc.



Each month the State President is sending out a short newsletter to all members with an email address on file. I'm including on the ensuing pages for those that may have missed this. On the next 2 pages enjoy the August edition of "The Rooster Crows"



The Rooster Crows!

The Scoop from the Coop

August 2025

Board of Directors

Rich Carlston B8
President
Fred Serena B59
Vice President
Jeff Chin B103
Secretary
Carl Mason B88
Treasurer
Ramesh Thadani B98
CIO
Andy Danver B35
Dir. Mktg/Comm.
John Farcich B1
Dir. Br. Support
Bruce Corwin B159
Dir. State Docs.
Michael Lee B128
Dir. Activities
Fred Serena B59
AR Coord., AR
Jerry Morrow B172
AR
Bruce Corwin B159
AR
Derek Southern B8
State Advisor
Roy Hodgkinson B146
Parliamentarian



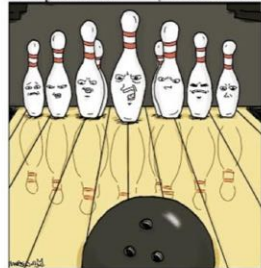
As we arrive in August, Summer is well underway but moving quickly. I hope you have been able to participate in your many branch activities. **If not, it isn't too late to begin.** We still have plenty of time ahead with great weather, great friendships, great experiences and great fun.

For example, the Annual **Bowling** Tournament is coming up for bowlers in Reno on August 14 - 16. And if you are talented (lucky) enough to bowl a 300 game, be sure and collect your crystal trophy from the National Bowling Stadium. Contact Ray DiBasilio at rdibasilio@gmail.com. Our next **golf** tournament is scheduled in Grass Valley August 27 - 28. Come join the fun. Contact Ben Gikis at gikisben@yahoo.com. **Travel** opportunities abound. Trips to Vietnam & Cambodia (Oct. and Nov.), Australia & New Zealand (Jan.), Japan & Korea (Apr.) and Cuba (Mar.) are available for your traveling pleasure. See the world with us. Contact Milt Smith at miltsmith549@gmail.com or Glenn Breslin at glennbreslin@gmail.com. And don't forget our newest activity, **fishing**. Fishing trips on the ocean, on the Delta or from a pier are scheduled this month. Drop a line - you never know what will turn up. Contact Brion Beetz at brion.beetz@gmail.com.



A big Thank You to the Nominating Committee for identifying the nominees for the 2026 State Board of Directors.

Daily Comic By Chuck Harrison



"HERE SHE COMES! BE READY MEN, WE MUST NOT FALL! OKAY NOW, STEADY...STEADY!"



In 2007, Scotland spent £125,000 devising a new national slogan. The winning entry was: "Welcome to Scotland."

Before finally being accepted, J.K. Rowling's original Harry Potter pitch was rejected by 12 publishers.



ALL EVENTS ARE PREORDAINED AND UNALTERABLE. WHATEVER WILL BE WILL BE. THAT WAY, IF ANYTHING BAD HAPPENS, IT'S NOT MY FAULT. IT'S FATE.



From State SIR

The Annual Meeting is August 26, 2025. The nominees for the 2026 Board of Directors to be presented are:

Pres.	Fred Serena
V.P.	Nick Feimer
Sec.	Jeff Chin
Treas.	Carl Mason
CIO	Ramesh Thadani
Dir Doc	Bruce Corwin
Dir Br Sup	John Farcich
Dir Mkt	Neil Wheeler
Dir Act	Michael Lee
AR Rep	Jerry Morrow
AR Rep	Carl Dawson
AR Rep	OPEN





IMPORTANT NOTICE:

Annual Meeting: August 26, 2025, at 10:00 am

Lafayette Veterans Memorial Center
3780 Mt. Diablo Blvd., Lafayette, CA

2026 Annual Meeting Agenda

Time	Item	Presenter
10:00	Call to Order • Verification of Quorum • Pledge of Allegiance • Invocation • Welcome Officers and Guests • Agenda Revisions – if any • Review Voting Process	Rich Carlston
10:10	State of SIR	Rich Carlston
10:25	Election of State Officers • Presentation of Nominees • Call for nominations from the floor • Vote	Dave Gonzales
10:30	Vote re possible change to Articles	Rich Carlston
10:35	Vote re possible change to Bylaws	Rich Carlston
10:40	Financial Report	Carl Mason
10:55	Major Accomplishments during 2025 • Marketing accomplishments • Computer/Tech accomplishments • New management tools • Activities • Training • Changed Policies	Andy Danver Ramesh Thadani Bruce Corwin Michael Lee John Farcich Rich Carlston & Fred Serena
12:00	Lunch	
1:00	Breakout Session1 – ARs and interested members	Fred Serena
1:00	Breakout Session 2 – All other members President's Panel of Past and Present Presidents	Derek Southern, Rick Kindie Dave Gonzales Rich Carlston
2:00	Vision for 2026	Fred Serena
2:15	Adjournment	

Possible Amendments

1. Amend the Articles of Incorporation for SIR, Incorporated to remove the word "retired" so that it is clear that being retired is not a condition for membership.

Men do not retire early but commonly work into their 70s and 80s. Those that do retire early often undertake a second career. Most branches have members who are working full or part time. Retirement should not be a condition to membership.

2. Amend Bylaw 110 to remove geographical limits preventing branches and members in Southern California.

Interest has been expressed in possibly having branches open in Southern California. Our Bylaws prohibit any branches outside of Northern and Central California. Given the use of Zoom and other available management tools, there is no reason for the restriction if a market for SIR exists in Southern California.

REMINDER:

Time to determine who your branch leaders will be in 2026.

Our passwords have changed for the State website. Contact me if you don't yet have them.



CONGRATULATIONS to Damian Reynolds Branch 1. On the 9th of July this past month, Branch 1, our founding branch located in San Mateo, held it's **800th** meeting. It is now in it's 67th year and still going strong. Seven of its former Big Sirs went on to become State SIR Presidents. Under its current Big Sir Nick Feimer it continues to lead and set an example for all.



Remember!

Help us spread the word about SIR. We have fun. We make friends. We are active. We are happy. We help each other. And we live longer.

WE Are SIR!



If you want to **make great friends** and **have lots of fun**, volunteer to be Little Sir at your branch. Now is the time since most branches are identifying next year's leaders now.

