

Officers

President: Barrie Lee

Vice President: Morgan Akin

Secretary: Cris Andrews

Asst Sec: Gerry Dodge

Treasurer: Rix Callaway

Asst Treasurer: Ken Timmerman

Directors

Dennis Compomizzo

Sid Nobles

David Yorton

Lee Lamp

Don Arnold

Administrative Leaders

Membership: Phil Perry

Membership Asst: Tom Ward

Chaplain: Gerry Dodge

Facilities: Sid Nobles

Nominating Chair: Cris Andrews

Newsletter: Lee Lamp

Raffle: Jim McClelland

Sunshine: Len Napoli

Publicity: Jim McMahon

Marketing: OPEN

Sergeant At Arms: Tom Merrow

Teller of Tales: Darrel Elliot

VOLUME 41 NO 8 August, 2025

SIR 129

Newsletter



Three Shastas
Branch 129
Redding, CA

The Pres Sez'

I hope you're enjoying our summer break. This column in the newsletter is to keep all of you informed on current issues regarding our branch, and letting you know a little bit about your President. I just got back from Sutter Creek and Jackson Ca. and really enjoyed my trip. Three days out of the smoke was refreshing to say the least. I've always enjoyed the Gold Country and head there whenever I need a break. I picked up some Indian vases and a couple of specialty knives. I want to remind the members that Lee Lamp and I share the luncheon speakers role. We've done this to encourage all of you to think about stepping up to a leadership position within the branch to help your board find good replacements. Lee is excellent in his speaking roles and I hope you enjoy my efforts. Lee will handle the August meeting. We are welcoming our State President, Rich Carlston from Branch #8 in Walnut Creek, to be our guest. Lee and Rich have been leading the State SIR operations for the last two years. I've had the pleasure of dining with Rich and he's a great guy. Information from Rich is included in our monthly newsletter and I hope you read "The Rooster Crows!" I wanted to let you know that I run the monthly BEC meetings and perform the duties required of the branch President. Please feel free to contact me with any questions you might have about our branch. Also, our Vice President handles our "guest speakers role" and Morgan Akin has been doing a great job. But we could certainly entertain any thoughts you might have as to a possible speaker and would appreciate any thoughts you might have. I'm changing my monthly racing column and will deal with an overview of my sport and allow myself a chance to explain the sport instead of constantly giving you the monthly results. I've found that the column needs to be shortened and made more interesting to those of you that might not normally follow racing. Please enjoy your August.

Monthly Meeting**First Thursday of the month****Elks Lodge**

Meeting/Speaker: 11:00 - 12:00

Lunch follows.

*Dec subject to change for Annual Christmas Lunch

Attendance is Important

Guest
Speaker:

**Scott Morris,
Upstate
Hearing
Instruments**

State Officers 2025

State President	Rich Carlston Br 8	Board Area Rep #3	Fred Serena Br 59
Vice President	Fred Serena Br 59	Dir State Documents	Bruce Corwin Br 159
Secretary	Jeff Chin Br 103	Dir State Activities	Michael Lee Br 128
Treasurer	Carl Mason Br 88	Dir Marketing/Comm	Andy Danver Br 35
Chief Information Officer	Ramesh Thadani Br 98	Dir Branch Support	John Farcich Br 1
Board Area Rep #1	Jerry Morrow Br 172	State Advisor	Derek Southern Br 8
Board Area Rep #2	Bruce Corwin Br 159	Parliamentary	Roy Hodgkinson Br 146

Lunch Bunch by Duane Nelson



The next event is scheduled for Aug 20th. You can enjoy the Buffet at GoodTimes Pizza in Palo Cedro. If you have questions or suggestions please contact me (email bandan@msn.com or call 530-547-5157).

Activity	Chair	Telephone	Email
Book Exchange	Len Napoli	530-547-4201	lenandgail@frontiernet.net
Golf - 18 Hole	Lee Lamp	530-921-1375	lel4355@yahoo.com
Golf - 9 Hole	Bob Watt	530-227-4470	wattclan1954@gmail.com
Lunch Bunch	Duane Nelson	530-547-5157	bandan@msn.com
Bocce Ball	Dennis Compomizzo	530-356-9966	dennysz71@yahoo.com
Horseshoes	OPEN		

Guest Speaker by Morgan Akin

This month we are joined by Scott Morris from Upstate Hearing Instruments. They provide a full spectrum of hearing health services designed to address every aspect of your hearing journey.

Welcoming New Members 2025 Phil Perry, Membership Chair

We started this newsletter entry last year and will continue a new tradition of announcing new members as they are inducted.

The following individuals all joined our Branch during the 2025 calendar year. Join me in welcoming them. It will be a running total through the year.

Name	Sponsor	Name	Sponsor
Mitch Crowe	Jack McAuliffe	Steve Martinez	John McCue
Earl Poytress	Mike Smith	Brent Bryer	Greg Ephland
Greg Hartley	Guys from Grape Ranch		

[Share this newsletter with your friends and help us grow the membership!](#)

SIR Branch 129 Facebook page link.

<https://www.facebook.com/socialactivitiesformen/>

SIR Branch 129 Private Facebook page link.

<https://www.facebook.com/groups/401463741647384/>

For more information on Zoom: Go to

<https://sirinc.org/Zoom/LearningZoom.pdf>

State SIR Newsletter "Happenings".

<https://sirinc.org/newsletters/>



**The next General Membership Luncheon is
Aug 7th, 11am at the Elks.**



Treasurer Report by Rix Callaway

Dog Days of Summer are upon us which brings the usual Redding heat and sometimes smoke from the perpetual fires. Add an occasional power outage and you have the perfect trifecta for serious health issues—not just for those of our age group, but everyone. Be prepared!

We are back to monthly meetings. Hope to see you at the August meeting and remember to please CHECK IN for the monthly luncheon badge #51 even if you are not paying for lunch so we have an accurate count.

The bills are paid and the account is balanced



Birthdays in August

Brent Bryer	Aug 27th	Sid Nobles	Aug 21st
Howard Hughes	Aug 2nd	Earl Poytress	Aug 5th
Steve Irey	Aug 18th	Phillip Rubalcava	Aug 27th
Jim McClellan	Aug 3rd	Mike Smith	Aug 20th



Sunshine Report By Len Napoli

August is the border between summer & autumn. It's the last care free month for students. I remember it well, back in the day when my summer vacation from school was almost over. Those summer days went by so fast compared to the days I was in school. I wonder why!

August 13th is National Book Lover Day which I'm well prepared to offer our SIR library book selection tables for your enjoyment. Please take advantage of it.

We lost Roger Peters last month. A letter was sent to his family from the gang.

For those of you who took advantage of the free tickets, Lee had for the Colt 45's, it was a great season. As of July 28th, the Colt's record was 28 - 4. This past week it was standing room only. What a great venue!

Hope all is well and you are taking advantage of this great weather!



2026 Slate of Officers for Branch 129 BEC submitted by Cris Andrews

This month, during the Monthly General Membership Meeting, we will vote on the slate of officers for the 2026 calendar year. These officers will be sworn in during the Annual Christmas Luncheon in December.

President > Morgan Akin

Vice President > Dave Yorton

Secretary > Cris Andrews

Treasurer > Rix Callaway

Asst Secretary > Gerry Dodge

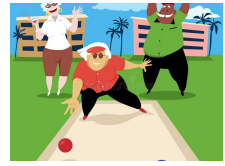
Asst Treasurer > Ken Timmerman

Directors > Sid Noble, Dennis Compomizzo, Don Arnold, Lee Lamp, Barrie Lee

Don't forget to look for a badge number and if it's yours you get a free lunch at the next General Membership Luncheon.

Bocce by Dennis Compomizzo

Thanks to Lee for handling our last July date for Bocce. I was enjoying cooler weather over on the coast doing a little fishing and enjoying the ocean. The schedule for the next two months is August 15th, August 29th and Sept 5th, Sept 26th. Still planning the August games to have an early start at 9:00 AM but may change to 10am in September depending on daytime temps. Please add these dates to your calendar. The courts are located in South City Park next to the Shasta County Library with the entrance off of Grape Street. I will send out a Constant Contact announcement to all the SIR's membership, approximately five days prior to the bocce game. I hope to see a lot of SIR's with their family and friends come out and enjoy a wonderful social activity and a little team competition. I'm looking forward to seeing everyone at the next SIR's meeting and luncheon on August 7th.



Aug/Sep Calendar of Events

Activity	Date/Time	Meeting Forum
Colt 45's Game	Aug 2nd, 6:30pm	Tiger Stadium (this is not yet confirmed)
9 Hole Golf	Aug 6th, 9:00am	Allen's
BEC	Aug 7th, 9:30am	Elks
General Membership Luncheon	Aug 7th, 11:00am	Elks
Bocce	Aug 15th, 9:00am	South City Park
18 Hole Golf	Aug 18th, 9:00am	Canyon Oaks
Lunch Bunch	Aug 20th, 11:30am	GoodTimes Pizza, Palo Cedro
9 Hole Golf	Aug 27th, 9:00am	Churn Creek
Bocce	Aug 29th, 9:00am	South City Park
9 Hole Golf	Sept 2nd, 9:00am	Lake Redding
BEC	Sept 4th, 9:30am	Elks
General Membership Luncheon	Sept 4th, 11:00am	Elks
Bocce	Sept 5th, 9:00am or 10:00am	South City Park
18 Hole Golf	Sept 8th, 9:00am	Mt Shasta Resort
9 Hole Golf	Sept 16th, 8:30am	Tucker Oaks
Lunch Bunch	Sept 17th, 11:30am	GoodTimes Pizza, Palo Cedro
Bocce	Sept 26th, 9:00am or 10:00am	South City Park
18 Hole Golf	Sept 29th, 9:00am	Fall River

Branch 129 Historical Tidbits Submitted by Cris Andrews

From August 1999 *"SIR UPDATE"*

I decided to look at the "August 1999 SIR UPDATE" to find something of interest for this column.

I read a 1999 article by Big SIR Jim McCall. He said *"...the monthly Luncheon attendance is about 150 members per meeting. The July turnout dropped to 120 and July has been historically a slow month."* He went on to remind the members that attendance is important. While there were different attendance rules in those days, attendance is still important to the success of the Branch.

The luncheon speaker for August 1999 was Doug Treadway, President of Shasta College. The college in 1999 was almost 50 years old. John Aubuchon, Program Chairman, wrote "...the district of Shasta College covers over 10,000 square miles, has an operating budget of over \$25 million, a student population of over 11,000, and a faculty of almost 500."

Four new members were welcomed to Branch 129 at the August 1999 Luncheon. Among them was current member #105 Bob Reid who is still a member in good standing of our "Three Shastas Branch 129"! I know, I mentioned Bob Reid last month, but hey we are talking about "history"!

9 Hole Golf Report by Bob Watt

Our next 9-Hole event is Wednesday, Aug 6th, at Allen's Golf Course. The price is \$8.00 and includes a cart (two people per cart).

The other event scheduled in August is on Wednesday August 27th at Churn Creek. The price is \$12.00 and includes a shared cart. Best deal in Redding.

The entire 2025 schedule can be viewed by going to the Redding SIRS website at <https://sirinc2.org/branch129/activities/9-hole-golf/>.



HOW TO SIGN UP TO PLAY

If you are on the 9-Hole Golf distribution list you will be sent a Constant Contact email invitation to play the 9-Hole event about 5 days before the playing date. If you are not on the distribution list, please contact me to have your name added. You can contact Bob Watt in one of three ways, email wattclan1954@gmail.com, call or text Bob at (530-227-4470). When texting, please include your name in the text. As always you can invite a spouse, son, daughter, grandchild or friends to play with you. In addition, if you would like to join with fellow SIRs members after the round for a beverage or food you are always welcome.

Hope to see you on the course.



18 Hole Golf Report By Lee Lamp

The first event for July was played at Lake Shastina on July 7th. Great weather welcomed 20 members and all appeared to enjoy the day. There were 3 skins awarded (B. Monaghan x2 & G. Laam G.).

1st Flight	2nd Flight	3rd Flight
Lee Lamp -1	Mike Deay +1	Chuck Cotten +3
Len Napoli E	Davie Laam +3	Greg Laam +3
Tim Holmquist +4	Bob Monaghan +8	Len Dolan +9

The second event for July is Riverview on July 31st. 22 members and 1 guest are signed up to play the event. While it was a little warm (hot actually) I'm pretty certain all had a great day...David Laam holed out from 157 yards on the 5th hole for an eagle. There were 11 skins awarded: D Laam x2, L Napoli x2, L Leistinger x2, G Laam, P Rubalcava, S Fox, P Casady, R Watt.

1st Flight	2nd Flight	3rd Flight
Lynn Leistinger -2	David Laam +1	Chuck Cotten +2
Phillip Rubalcava E	Don Streetman +3	Gene Pepper +4
Steve Renier +2	Mike Deay +3	Larry Welch +7

Inviting a guest to join an activity with us is a great way to grow our membership and several of you have brought guests recently...Turn them into members!. It's easier than ever to fill out an application. Send them to our online application web site: <https://sirinc2.org/branch129/>



NASCAR/INDY CAR Report by Barrie Lee

7/7

Nascar was in the windy city today with a circuit race through the streets of Chicago. The forecast called for rain but we avoided that issue. Trackhouse Racing is losing Daniel Suarez next year in their #99 Chevy Camaro. They've recently added Shane Van Gisbergen in their #88 Camaro since he's a great road racer and won the Chicago inaugural race two years ago for Kaulig Racing. He swept the weekend's races. A lot of tight racing and it turned out to be a great racing event. Indy Car was at the Mid Ohio race track today and it was a good race also. Out of the first nine races this year, six have been won by Alex Palou for Chip Ganassi Racing, and three have been won by Kyle Kirkwood for Andretti Global. Today we saw Scott Dixon win for Ganassi and Palou came in on the podium. With that said, Team Penske is suffering a real drought this year in Indy Car racing. They either DNF or finish towards the end of the field. Some major changes are in the works for that organization if they plan to turn their luck around. I'll keep you posted. The good news is that many of the other less known teams are fairing well this year and it is good to see better competition from the whole series.

7/12

Saturday finds us in Iowa at the Iowa Speedway. IndyCar will run two races here this weekend starting with the race today. The track is a short oval with lots of action happening quickly. Joseph Newgarden led 97% of the race with Will Power running in the top 10 all day. But Pato O'Ward driving for the Arrow McLaren team was a constant pressure on the leaders. But the story of the day was Scott McLaughlin in the #3 Team Penske Dallara who crashed during practice and started from the rear of the field. He proceeded to drive to the front throughout the race. On the final pit stop, Joseph Newgarden's left front tire changer boggled the wheel and tire which caused a two second delay in getting his car back on the track. As I mentioned, Pato O'Ward was lurking and jumped to the lead over that minor error. Don't get me wrong! The woman changing the front left tire is a real pro and she proved it at Indy by helping Joseph win the Pit Stop challenge. But as the tire was put in place by another crewman it bounced off the body of the car and was hard to control. Therefore, Pato O'Ward won the race for Team Arrow McLaren with Team Penske finishing 2nd, 3rd, and 4th with Scott McLaughlin coming from the rear to finish in 4th. Alex Palou came in 5th for Chip Ganassi Racing.

7/13

The second race at Iowa had Alex Palou on pole position. Team Penske suffered bad luck again today since Scott McLaughlin had to start in the back because of his qualifying crash on Saturday. On the first lap a car lost control and took Scotty out of the race. Then Will Power suffered mechanical issues and was out. Joseph Newgarden started up front and passed Alex Palou early to take the lead. I really need to acknowledge many new drivers and teams running up front that haven't been there for some time. First, I want to mention AJ Foyt Racing. AJ was an amazing driver over his career and he deserves all the credit that he's gathered. YES, AJ could be a pain in the ass to work around which I discovered when I worked on his IROC car one year. But he was smart enough to take Roger Penske's offer to work with his racing program in order to improve their efforts. Both of AJ's drivers, Santino Ferrucci and David Malukas are excellent drivers and need to be commended for their talent. They are making a major difference in AJ's effort's this year in IndyCar. And as long as I'm explaining the field, I want to let you know that Chip Ganassi has a fantastic team that he's worked hard on to compete with Roger. He's doing a great job and is racking up a tremendous resume. I will highlight many other teams this year and get away from talking about one team all the damn time. SORRY. The Nascar race was in our territory this weekend and I'm going to give you a heads up on what I saw. I lived in Sonoma for ten years and I loved every minute of my time there. But I left in 2002 because it was time to move on and Redding beckoned. But I was given a chance to meet and get to know the people at Sears Point Raceway and I liked them. I volunteered to work during the major race weekends by working in a building up on the hill and controlling the bus shuttles moving fans around the track. I even helped Bruton Smith guide traffic during one early track opening because I always liked and respected the man that owned a lot of the race tracks in the country including Charlotte Motor Speedway. Sure, the France family controls Nascar and also owns the rest of the race tracks, but even their family wouldn't own the majority of the tracks without a deal with Roger Penske where Roger agreed to sell the France family several of Rogers tracks, including Michigan, California, and others. With that said, Sonoma's race belonged to Shane Van Gisbergen who is driving for Trackhouse Racing and is one of the reasons Daniel Suarez is leaving Trackhouse next year. Shane drives the #88 Chevy Camaro and comes from New Zealand. He drove in sedan racing down under like Scott McLaughlin with Team Penske. He's won a lot of races during his career and is very excited to be a part of Nascar. I'm changing my report starting next month since it is becoming way too long and for most of you, it is becoming a little boring. I'm just detailing the action each month because I love the sport. You'll learn more next month and I hope you'll appreciate how the column will move forward. Thanks! By the way, it appeared to me that the turn out for the Sonoma race was only 35,000 to 45,000 fans. When I lived there, the turn outs were more like 120,000. That explains why so many seating areas looked only partially filled.

Each month the State President is sending out a short newsletter to all members with an email address on file. I'm including on the ensuing pages for those that may have missed this. On the next 2 pages enjoy the July edition of "The Rooster Crows"



The Rooster Crows!

The Scoop from the Coop

July 2025

Board of Directors

Rich Carlston B8
President
Fred Serena B59
Vice President
Jeff Chin B103
Secretary
Carl Mason B88
Treasurer
Ramesh Thadani B98
CIO
Andy Danver B35
Dir. Mktg/Comm.
John Farcich B1
Dir. Br. Support
Bruce Corwin B159
Dir. State Docs.
Michael Lee B128
Dir. Activities
Fred Serena B59
AR Coord., AR
Jerry Morrow B172
AR
Bruce Corwin B159
AR
Derek Southern B8
State Advisor
Roy Hodgkinson B146
Parliamentarian



From State SIR

We are happy to announce that **Fred Serena** has become our new Vice President!

Fred has been serving on the Board as an Area Representative and the Area Representative Coordinator.

We'll send more information about Fred shortly, but for now, please join us in welcoming Fred as Vice President.



The month of July holds a special meaning in our lives. On July 2, 1776, the Second Continental Congress passed a resolution of independence declaring that the Thirteen Colonies were no longer subject to King George but were united, free and independent states. Then on July 4, 1776, the Declaration of Independence was adopted to explain this decision.

As you know, July 4th is a national holiday to commemorate the birth of our great nation. It is celebrated in many ways and is commonly associated with fireworks, picnics, games, parades but always with great appreciation of the actions taken by our Founding Fathers and the sacrifices that they and countless others have since made. In recognition, we sing:

God bless America, land that I love.
Stand beside her and guide her
Through the night with the light from above. ...

May we always appreciate our "Life, Liberty and pursuit of Happiness."



A big thank you to **Lee Lamp**, who served most recently as our Vice President until personal circumstances necessitated his resignation. Please join me in thanking and wishing him well.





IMPORTANT NOTICE:

Annual Meeting: August 26, 2025, at 10:00 am

Lafayette Veterans Memorial Center
3780 Mt. Diablo Blvd., Lafayette, CA

REMINDER:

Time to determine who your branch leaders will be in 2026.
Our passwords have changed for the State website. Contact me if you don't yet have them.

NEW POLICIES

Branch Marketing Plans: One of our key focuses this year has been the growth of our branches and letting the communities in which we live learn about SIR and what we offer. Aside active lifestyle we have filled with fun and friends, I've been reading how our lifestyle enables our members to live up to 10 years longer than average - giving us more time with family and friends. As we let others know about SIR, they can share our life style which benefits them, while new members strengthen our branches and result in increased friendships and more rewarding activities. A "win - win" to coin a phrase.

Along that line, some of our branches have shown us the wisdom of adopting a marketing plan to accomplish growth. We agree. Accordingly, now each year, branches need to adopt a marketing plan having a specific goal/target for membership and outline how they plan to accomplish it. One copy of the adopted plan is to be sent to the Area Representative and another to the State Director of Marketing and Communication. We hope that branches will review their plan often during the year and make adjustments as warranted. Let's share our lifestyle.

Conflict of Interest: As 401(c)(4) non-profits, we, and each of our branches, by law are required to have conflict of interest disclosures and keep records of the same. At the beginning of the year, every branch leader is required to sign a conflict of interest disclosure form. The purpose is to ensure that the branch knows when one of its leaders will benefit financially from a contract entered into by the branch. Each leader must disclose businesses in which they have an ownership interest that have, or may get, a contractual relationship with the branch. In addition, during the year new leaders, when appointed, must fill out a disclosure form. The forms are to be retained by the branch under our document retention policy.

If you have questions about either of these policies, feel free to check with me.



Thomas Jefferson and **John Adams** are the only two signers of the Declaration of Independence who became President. They both died on **July 4, 1826**, the 50th anniversary of the Declaration. **James Monroe**, also a Founding Father, died **July 4, 1831**.



Help us spread the word about SIR. We have fun. We make friends. We are active. We are happy. We help each other. And we live longer.

WE Are SIR!

We are looking to fill a few more positions at State SIR. If you would like to volunteer, send me an email (rich.carlston@icloud.com) and let me know. You'll enjoy your new friends and ensure your voice is heard.

