Officers

President: Barrie Lee

Vice President: Morgan Akin

Secretary: Cris Andrews

Asst Sec: Gerry Dodge

Treasurer: Rix Callaway

Asst Treasurer: Ken Timmerman

Directors

Dennis Compomizzo

Sid Nobles

David Yorton

Lee Lamp

OPEN Administrative Leaders

Membership: Phil Perry

Membership Asst: Tom Ward

Chaplain: Gerry Dodge

Facilities: Sid Nobles

Membership: Phil Perry

Nominating Chair: Cris Andrews

Newsletter: Lee Lamp

Raffle: Jim McClelland

Sunshine: Len Napoli

Publicity: Jim McMahon

Marketing: OPEN

Sergeant At Arms: Tom Merrow

Teller of Tales: Darrel Elliot

VOLUME 41 NO 5 May, 2025

SIR 129

Newsletter



Three Shastas Branch 129 Redding, CA

The Pres Sez'

I find myself writing this issue on the Masters weekend. It's April 13th and I just mailed out my quarterly income tax payments for 2025. It must be nice to receive tax payments prior to knowing how much money you're going to make or lose. But, as I mentioned, it's the Masters weekend. And to add to the variety of events this weekend, Nascar is running in Bristol, Tn. IndyCar is running in Long Beach. And I'm lucky to have recording capabilities. McLaren won the Formula One race in Bahrain. I'm a lucky guy with a lot to choose from. May is just around the corner and Dennis has told us Bocce will be starting. Good news. Also, if you haven't heard, we have just approved horse shoes for the branch, and I believe we'll be playing at Lake Redding Park. More to come. We are attempting to fill our slate of officers and directors for next year this coming month. We really need some of you to step up and volunteer to get involved with running this branch. Our best choice is to ask members of the BEC to make the move but most of us on the board have served for many years, and we really need new blood. I don't like asking you to fill key positions, but what is the alternative? I'm one and done. If not you, who? If the slate is not filled by June, we might have to consider ending a terrific Branch. There are so many of us that have worked very hard to keep this valuable asset alive and well for the betterment of all our members. Please consider doing what it takes to keep us moving forward! I'm adding this information today (April 21, 2025). Great news to all. With one exception, our nominating chairman, Cris Andrews, has filled the 2026 slate of officers and directors. Great work Cris! We have one directorship position open and it's a great way to get involved. Easy requirements and you can make it your own. Please talk to Cris and join our great BEC.

Monthly Meeting

First Thursday of the month Elks Lodge

Meeting/Speaker: 11:00 - 12:00 Lunch follows.

*Dec subject to change for Annual Christmas Lunch Attendance is Important

2025 Directories available at May Luncheon

Guest Speaker:

Patrick Jones. Owner/Operator Jones Fort Gun Shop

State Officers 2025

State President	Rich Carlston Br 8	Board Area Rep #3	Fred Serena Br 59
Vice President	Lee Lamp Br 129	Dir State Documents	Bruce Corwin Br 159
Secretary	Jeff Chin Br 103	Dir State Activities	Michael Lee Br 128
Treasurer	Carl Mason Br 88	Dir Marketing/Comm	Andy Danver Br 35
Chief Information Officer	Ramesh Thadani Br 98	Dir Branch Support	John Farcich Br 1
Board Area Rep #1	Jerry Morrow Br 172	State Advisor	Derek Southern Br 8
Board Area Rep #2	Bruce Corwin Br 159	Parliamentary	Roy Hodgkinson Br 146

Lunch Bunch

by Duane Nelson



Come out and join us on May 21st at 11:30am if you don't have other plans. You can enjoy the Buffet at GoodTimes Pizza in Palo Cedro. If you have questions or suggestions please contact me (email <u>bandan@msn.com</u> or call 530-547-5157).

Activity	Chair	Telephone	Email
Book Exchange	Len Napoli	530-547-4201	lenandgail@frontiernet.net
Golf - 18 Hole	Lee Lamp	530-921-1375	lel4355@yahoo.com
Golf - 9 Hole	Bob Goetz	530-245-0684	lakehead6@gmail.com
Lunch Bunch	Duane Nelson	530-547-5157	bandan@msn.com
Bocce Ball	Dennis Compomizzo	530-356-9966	dennysz71@yahoo.com
Horseshoes	Randy Moore	530-515-3061	rcmhardwoodfloors@gmail.com

Guest Speaker by Morgan Akin

Our guest speaker this month is Patrick Jones. He has lived in Shasta County for over 50 years and worked at Jones' Fort Gun Shop most of his life. He attended Shasta College and Sacramento State University. He served on the Redding City Council from 2006 to 2014 and was Mayor in 2010. He just finished serving on the Shasta County Board of Supervisors. He has plans for a gun range project called the "High Range Shooting Sports Center" which is the culmination of a lifelong dream. It's to be located on the Millville Plains three miles east of Palo Cedro.

Welcoming New Members 2025 Phil Perry, Membership Chair

We started this newsletter entry last year and will continue a new tradition of announcing new members as they are inducted.

The following individuals all joined our Branch during the 2025 calendar year. Join me in welcoming them. It will be a running total through the year.

Name	Sponsor	Name	Sponsor
Mitch Crowe	Jack McAuliffe	Steve Martinez	John McCue
Earl Poytress	Mike Smith	Brent Bryer	Greg Ephland

Share this newsletter with your friends and help us grow the membership!

SIR Branch 129 Facebook page link.

https://www.facebook.com/socialactivitiesformen/

SIR Branch 129 Private Facebook page link.

https://www.facebook.com/groups/401463741647384/

For more information on Zoom: Go to https://sirinc.org/Zoom/LearningZoom.pdf
State SIR Newsletter "Happenings".

https://sirinc.org/newsletters/





Treasurer Report by Rix Callaway

Welcome to May and, if you are reading this on May 1st and have NOT paid your dues, your last chance is at the meeting TODAY!! Hope to see you there. Dues are \$50.00 and Lunch is \$15.00

Again, please CHECK IN for the monthly luncheon even if you are not paying for lunch so we have an accurate count. The bills are paid and the account is balanced.



Birthdays in May

Lee Dickey	May 15th	Bob Goetz	May 20th
Darrel Elliot	May 20th	Steve Hollingsworth	May 10th
Steve Fox	May 30th	Mark Martinek	May15th



Sunshine Report By Len Napoli

What a beautiful time of the year! As Sunshine chairman, this month lives up to my title. I hope this season puts a lift in your step and spark in your attitude. It's also the month of Mother's Day and as a professor of mine once said: "Prior planning prevents poor performance", so the mother of your children need not be forgotten.

Another wise saying comes from Unknown: "May the month of sunshine, blooming flowers, & endless possibilities." Which means it's possible that you might get that hole in one this month or win the lottery. It's endless!



My Wife's Iris'



The Millville Plains

Why Choose SIR by Lee Lamp, State Board Vice President

You've all heard me, at one time or another, speak to the value our organization provides the community. It's well documented that social interaction, an active lifestyle, and making the effort to engage your brain all go far in helping seniors live longer which creates the opportunity to spend valuable time with family and friends. SIR was founded at a time of single family incomes and the one who brought home the bacon (so to speak) was typically the man of the house. And in those years retirement came in the mid to late 50's age wise. Over the course of decades that has all changed. We have plenty of multi income families and we work well into the late 60's and 70's. Did you know there are only 12 members of our branch who are in their 60's or under this year. There are 20 that are 85 or older this year, with 4 of those in the 90's. The average lifespan of men in the US today is 76.4 years. The median age of our membership is 77. That means 50% of our membership has surpassed the average lifespan. I'd opine that membership in SIR has improved the lifestyle of our members because of the social interaction, active lifestyle and efforts to engage your brain! With that in mind, I want to encourage you to do your part in promoting the benefits of our group and help us grow this branch and the overall organization. I firmly believe all of you make a difference in others lives. But if we don't make the effort to bring more guests and turn them into members we are failing in one of the core membership requirements.

"As a SIR member, we count on you to work toward achieving SIR's Member Expectations of being a friendly & sociable guy, participating in our activities, luncheons and events, volunteering when asked (as your interests and capabilities will allow) and bringing guests to perpetuate and enhance the diversity of our Branch".

The next General Membership Luncheon is May 1st, 11am at the Elks. FYI - The June Luncheon will be the Second Thursday, June 12th (one time change).

Bocce by Dennis Compomizzo

I hope everyone is enjoying the warm weather this week, I sure have. The bocce courts have reopened after the start of the City of Redding bocce leagues. The schedule for the next two months are as follows, May 9th and 30th, June 13th and 27th. I will send out a Constant Contact announcement to all the SIR's membership, approximately five days prior to the bocce game. I hope to see a lot of SIR's with their family and friends come out and enjoy a wonderful social activity and a little team competition. If you want to enjoy some great bocce games, get down to South City Park for the City of Redding bocce league play. The leagues are as follows; the 4 person league goes from April 21st to June 5th and starts at 6:00 PM. The 2 person league goes from April 22nd to June 4th and starts at 6:00 PM. The senior league goes from April 21st to June 5th and starts at 9:00AM.

I hope to see everyone at the next Sir's meeting and luncheon!
If you have any questions, call, text, or email. 530-356-9966



May/June Calendar of Events

Activity	Date/Time	Meeting Forum
BEC	May 1st, 9:30am	Elks
General Membership Luncheon	May 1st, 11:00am	Elks (arrive early to mingle)
9 Hole Golf	May 7th, 8:30am	Churn Creek
Bocce	May 9th, 10:00am	South City Park
18 Hole Golf	May 14th, 9:00am	Tierra Oaks (Subject to Change)
Lunch Bunch	May 21st, 11:30am	GoodTimes Pizza, Palo Cedro
9 Hole Golf	May 23rd, 9:00am	Allen's
18 Hole Golf	May 28th, 9:00am	Bidwell
Bocce	May 30th, 10:00am	South City Park
9 Hole Golf	Jun 3rd, 8:30am	Tucker Oaks
18 Hole Golf	Jun 11th, 9:30am	Wilcox Oaks
BEC	Jun 12th, 9:30am	Elks
General Membership Luncheon	Jun 12th, 11:00am	Elks (arrive early to mingle)
Bocce	Jun 13th, 10:00am	South City Park
9 Hole Golf	Jun 17th, 9:00am	Lake Redding
Lunch Bunch	Jun 18th, 11:30am	GoodTimes Pizza, Palo Cedro
18 Hole Golf	Jun 23rd, 9:00am	Mount Shasta Resort
Bocce	Jun 27th, 10:00am	South City Park

Branch 129 Historical Tidbits Submitted by Cris Andrews

From September 1996 "SIR UPDATE"

In preparation to write this column, I was going through some old "SIR UPDATE" issues and I found where Branch 129 first started profiling members and featuring the profile in the monthly newsletter, then called the "SIR UPDATE". The first profile was in the September 1996 edition of "SIR UPDATE" and it was about Frank Perez, the 1993 Big SIR, and it went like this:

"SIR Frank Perez and his wife, Betty, have 3 children and 3 grandkids. They retired in 1981, after a successful career in Heating and Air Conditioning business." After graduating from Notre Dame in 1948, Frank and two partners founded AVEC, Inc., with Frank serving as Marketing and Finance Manager. In 1993 Frank served as our Big SIR and last month he was elected to serve in 1997 as Governor for SIR's Area 26 which consists of three Branches: 129, Redding, 130, Red Bluff, and 131, Mt. Shasta. His new duties as Area Governor will give him the opportunity to continue his active interest and leadership in SIRs. However, nobody believes that even this responsibility will keep him off the golf course...Frank always finds a way."

What struck me from this almost 30-year-old profile is that our current Branch 129 needs a profiler. Off and on during my time in SIRs from 2007 to present various members have taken on this task and written some interesting profiles for publication in our "SIR NEWSLETTER". If you have an interest in helping our Branch, volunteering to write profiles of some of our members would be a wonderful and welcome contribution toBranch 129! To volunteer, talk to President Barrie Lee or the "SIR Newsletter" editor/publisher Lee Lamp. Who knows, the profile might show up in this column in 30 years as a piece of Branch 129 history!

9 Hole Golf Report by Bob Goetz

In April we had a good turnout at the very improved Tucker Oaks golf course. They have the greens in the best condition since we have been playing there and have planted hundreds of new trees that will change the course when they mature. Nice to see the new owner making investments that improve the play. We have Tucker Oaks next scheduled on June 3rd.

The scheduled outings for May are Churn Creek on Wednesday May 7th and Allen's on Friday May 23rd.

The entire 2025 schedule can be viewed by going to the Redding SIRS website at https://sirinc2.org/branch129/activities/9-hole-golf/. HOW TO SIGN UP TO PLAY

If you are on my 9-Hole Golf distribution list I send out an email invitation to play the 9-Hole events about 5 days before the playing date. If you are not on my distribution list, please contact me to have your name added. You can contact me three ways: email sirs9holegolf@gmail.com, call, or text me at (530-213-3850). When texting, please include your name in the text. I also have sign-up sheets at the SIRs monthly luncheon meetings.

As always you can invite a spouse, son, daughter, grandchild or friends to play with you. In addition if you would like to join the fellowship after the round for a beverage or food we would love to see you even if you are unable to play golf.

Hope to see you on the course.



Steve Irey and Rix Callaway at Tucker Oaks



Rix shows how to square the club face for his famous straight down center fairway drives.



18 Hole Golf Report By Lee Lamp

The first event of April was at Riverview and had an outstanding turnout of 32 branch members. The weather was great and I'm certain that everyone enjoyed the day.

There were 4 skins awarded: Tim Holmquist x2. Mike Deav. Chuck Cotten

1st Flight	2nd Flight	3nd Flight
Tim Holmquist -2	Lynn Leistinger -1	Don Streetman -4
Steve Renier +2	Robert Watt -1	Chuck Cotten +2
Len Napoli +2	Bob Monaghan E	Larry Welch +4
Greg Pearson +4	Mike Deay +1	John McCue +4

The second event of April is Rolling Hills on the 30th of the month. The results of this will be reported next month as I plan to publish the newsletter the night prior to us playing. There are 22 players signed up to play at this time.

Inviting a guest to join an activity with us is a great way to grow our membership and several of you have brought guests recently...Turn them into members!. It's easier than ever to fill out an application. Send them to our online application web site: https://sirinc2.org/branch129/

NASCAR/INDY CAR Report by Barrie Lee



March 30

We're in Martinsville, Virginia today for the cup series race. Denny Hamlin lives in Chesterfield, Va. and has always done well in Virginia. He won his first race of the year and led for most of the race. Competition took place behind Hamlin that made the race worth watching.

April 6

The Nascar Cup is in Darlington, SC. today and guess what. Denny Hamlin was able to get around Ryan Blaney after a yellow was thrown with a handful of laps remaining. Without the yellow, Blaney would have walked away with the win.

April 13

The cup series is at Bristol, TN. today and racing the bull ring. Since it's the Masters weekend, I didn't watch either the Nascar race or the IndyCar race at Long Beach, Ca. But Kyle Larson led a majority of the laps at Bristol and won the race, followed by Hamlin, Ty Gibbs, Chase Briscoe, & Ryan Blaney. JGRs four drivers were all in the top 8 in their Toyotas. Just Larson in his Camaro for RHM and Ryan Blaney in his Mustang for Team Penske invaded the JGR onslaught.

IndyCar was racing the streets of Long Beach, Ca. on the 50th anniversary of the event. Many different racing series have run the streets of Long Beach over the years including Formula One early on, and Formula 5000, IMSA and then IndyCar. Kirkwood won the race in his #27, Andretti World Dallara, with Alex Palou driving the #10 Dallara with Honda Power for Chip Ganassi Racing in second. Third went to Team Arrows driver Lundgaard who drove the #7 McLaren, and Rosenqvist in the #60 Dallara for Myers Shank Racing. Fifth went to Will Power in his #12 Team Penske Dallara, followed by his teammate McLaughlin in the #3 Dallara. It was really a good race with Andretti winning for the first time in a while. They have a good team, but Chip Ganassi has a great team. Team Penske is always around somewhere. EASTER BREAK.

Apr 27

The Nascar Cup series is in Talladega, Al. today at the world's fastest race track. Dega, as so many fans like to call it, is 2.6 miles long and produces the fastest racing in Nascar. It's banking is 33 degrees compared to 31 degrees in Daytona. I believe the width is 36 feet compared to 32 feet at Daytona. Today's race saw Kyle Busch take out both Brad Keslowski and Ryan Blaney by a bone head move on his behalf. It was sad to see two of the best cars in the race taken out so very early in the race. I was impressed by the number of drivers that normally don't run in front do so today. It looked like Toyota had the upper hand in the beginning but they fell off the lead with a couple of exceptions, and Ford and Chevy did well. I hope you saw the race since it wasn't disappointing. Austin Cindric won his third career race today, driving for Team Penske followed by Ryan Preece who drove the #60 Ford Mustang for RFK Racing. Third Was Kyle Larson in the #5 Camero for RHM racing, William Byron in the #24 Camero for the same RHM team and fifth went to Joey Logano in the Pennzoil/Shell #22 Mustang for Team Penske. Next week finds us in Texas

For Laughs

Finally went on a date everything was great till she asked me boxers or briefs I said depends ..She just turned around and left.

A woman walked into the police station with her next-door neighbor to report her husband missing.

The officer asked for a description.

She said, "He's 35, 6-foot-4, dark wavy hair, dreamy brown eyes, athletic build, soft-spoken, and just wonderful with the kids."

Her neighbor looked stunned and blurted out, "What?! Your husband is 5-foot-4, bald, has a beer belly, yells all the time, and the kids run when they see him!"

The wife calmly smiled and said, "I know. But who wants HIM back?"

Each month the State President is sending out a short newsletter to all members with an email address on file. I'm including on the ensuing pages for those that may have missed this. On the next 2 pages enjoy the April edition of "The Rooster Crows"!



The Rooster Crows!

The Scoop from the Coop

Board of Directors

Rich Carlston B8 President Lee Lamp B129 Vice President Jeff Chin B103 Secretary Carl Mason B88 Treasurer

Ramesh Thadani B98 CIO

Andy Danver B35 Dir. Mktg/Comm. John Farcich B1 Dir. Br. Support Bruce Corwin B159 Dir. State Docs. Michael Lee B128

Dir. Activities Fred Serena B59 AR Coord., AR

Jerry Morrow B172 AR Bruce Corwin B159

AR Derek Southern B8 State Advisor

Roy Hodgkinson B146 Parliamentarian

WELCOME TO THE TEAM

Please join me in welcoming Ramesh Thadani to the Board of Directors. Ramesh is our new CIO, brings is doing a terrific job.







News Of The Day From State

I receive copies of newsletters from several branches. I read everyone of them and enjoy them. You may recognize the pictures above and below. It is great to see that our members are vibrant and active. If you aren't sending me a copy of your newsletter, please do.

As mentioned in my last newsletter, the Board is beginning the planning process for the future via a business plan or defined rolling plan approach. Several branches will be involved with this process along with the Board. But, I want to hear from you and get your suggestions. I have heard from a few of our members who have had excellent suggestions and thoughts. Make sure we get yours.

As we start this planning process, we are also going to finalize and clarify some of our policies. For example, we'll finalize the policies considered by the BAC and addressed in my March newsletter. We need to clarify that wives and significant others can attend SIR activities as a right under the membership of their spouse. They are not "guests" within the meaning of the current policy on guests. We will be revising the policy to make that clear and explicit. If there are other policies that you think are ambiguous, please let us know what they are and why they are ambiguous.

Finally, we are also looking at new administrative policies which we should already have had. For example, we need a record retention policy. We also should have cash reserve guidelines. We should have guidelines addressing first aid and safety for our members. We are working on each of these. If you have comments on these, or any a lot of experience and others that you think we should have, let us know.





April 20 - 26 is National Volunteer Week. Let's take time that week to express our appreciation to our many State and Branch volunteers who work so hard for us. SIR exists because of them. Please make sure they know how much you appreciate what they are doing. My special thanks to all of you who serve to make life better for our members.





People born in the 50's have lived in 7 decades, 2 centuries & 2 millenniums We had the best music, fastest cars, Drive-in theaters. soda fountains & happy days. And we are not even that old yet. we're just that cool.





Topics for Discussion at Your BEC

I believe that one of the important roles that we perform at State SIR is to facilitate the sharing of ideas. Here are a few of my thoughts and suggestions about topics which I believe each BEC should regularly consider and discuss:

- 1. **Lunch Meetings.** How can we increase attendance at our lunch meetings? This simple question raises many more. For example:
 - a. Why aren't members attending? Have non-attending members been surveyed?
 - b. Do our members feel they get value and have fun when they attend? If not, how can we change that?
 - c. Would occasionally changing the format improve attendance? Instead of a speaker one month, maybe a game day or joke day? How about a business meeting or an entertainer? Maybe have theme lunches.
 - d. When guests attend, is the lunch a positive or a negative in their decision to join?
- Community Awareness. Are we taking positive actions to let men in our community learn about our branch and its activities? Again, more questions follow:
 - a. Do our members enjoy our programs and are they proud to invite others to them?
 - b. Are we engaged in local community activities and events? Are we encouraging our members regularly to be engaged in the community and rewarding those that are?
 - c. Are we letting the community know what we are doing on Nextdoor and other local media?
 - d. Do we make brochures and cards available to our members and encourage their use?
- 3. **Safety from Scams.** Repeated reminders about prevalent internet scams and frauds protects everyone. State SIR has conducted training on these dangers, which training is posted on the website, and we have leaders who can assist branches with their training. But, don't forget resources available through the police, the County, and other organizations.
- 4. Leadership. One of the most common concerns I hear is that "no one in the branch will step forward to accept a leadership role." This is a serious problem. The strength of the branch is found in its leadership. Maintaining and strengthening that leadership requires new people to volunteer, bringing their energy, enthusiasm and new ideas to the branch. We encourage you to consider putting a Help Wanted Column in your newsletter. Let all of your members know of your needs and what the position(s) entails. Let them know how fun it is to work on the leadership team and about the friendships they will form serving with others. Last year in Branch 8, we found volunteers by asking for them through a survey. This year, when I asked for volunteers to serve at State SIR, members stepped forward to fill the need. We hope, and suspect, that you will be pleasantly surprised if you ask for volunteers through your newsletter.
- 5. **Recognize Service.** We have many people volunteering their time and energy. Has your BEC recently discussed how to thank them and express your appreciation for all they do?

















