



Devoted to the Promotion of Independence and Dignity of Retirement

SNOWLINE BRANCH # 113

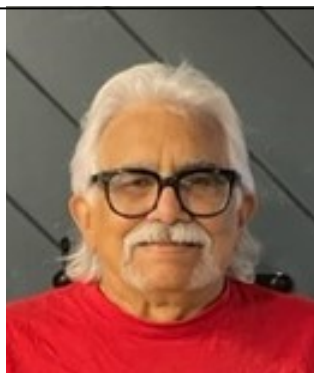
MARCH 2023



St. Patrick's Day - Wear Green



Big SIR Report



Sons In Retirement (SIR) is a [fraternal organization](#) of retired men. It has about 91 branches and 10,000 members in [Northern California](#) and [Central California](#). SIR was founded in [San Mateo, California](#) in 1958 and subsequently incorporated as a [non-profit public-benefit corporation](#). The organization's purpose is:

' To provide for the welfare of retired men... who are pursuing a common goal, the enjoyment of their later years with dignity and pride... through association with other retired men' who also face the particular problems that confront men upon their retirement.'

The hallmark of [the SIR logo](#) is the rooster.

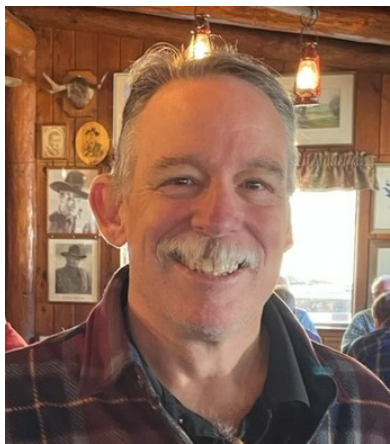
Little SIR Report

I am looking forward to our upcoming meeting March 9th. With St Patrick's Day arriving soon, we will be celebrating this festive occasion together. To get into the spirit, I ask everyone to wear their best greenery to the meeting. Let's see who can come up with the best green attire!



The speaker for the March meeting will be Jan Sherwood from the UCCE Master Gardeners of El Dorado. Jan is the wife of the late Bob Sherwood whose inspiration and hard work created his vision of the Sherwood Demonstration Garden. We will also be able to have a private tour of the garden on Tuesday, March 14 (weather permitting), for SIRs and guests. Contact me to sign up for the tour so that we know how many to expect. With spring just around the corner and many of us starting to prepare our gardens, I am sure we are all looking forward to some worthwhile advice and information.

Our lunch menu this month includes a delicious Ruben sandwich, coleslaw and split pea soup (or optional salad, please let your caller know which you prefer). Although it's not the traditional corned beef and cabbage, I hope you will enjoy this alternative option which includes similar ingredients.



NEW MEMBERS

Bill O'Neil

Ted Jacobson

Six St. Patrick's Day Facts

1. The Real St. Patrick Was Born in Britain

Much of what is known about St. Patrick's life has been interwoven with folklore and legend. Historians generally believe that St. Patrick, the patron saint of Ireland, was born in Britain (not Ireland) near the end of the 4th century. At age 16 he was kidnapped by Irish raiders and sold as a slave to a Celtic priest in Northern Ireland. After toiling for six years as a shepherd, he escaped back to Britain. He eventually returned to Ireland as a Christian missionary.

2. Corned Beef and Cabbage

Beef wasn't easily available in Ireland, as it was expensive and hard to find; people dined on salt pork instead. Even today, in Ireland, most people look to the cheaper alternative and buy beef brisket rather than corned beef and cabbage.

But when immigrants settled in New York in the 19th century, they began eating beef. The meat was sold by local kosher butchers, and as such, was more available and more affordable than pork.

3. Leprechauns Are Likely Based on Celtic Fairies

The red-haired, green-clothed Leprechaun is commonly associated with St. Patrick's Day. The original Irish name for these figures of folklore is "lobaircin," meaning "small-bodied fellow." Belief in leprechauns likely stems from Celtic belief in fairies—tiny men and women who could use their magical powers to serve good or evil. In Celtic folktales, leprechauns were cranky souls, responsible for mending the shoes of the other fairies.

4. The Shamrock Was Considered a Sacred Plant

The shamrock, a three-leaf clover, has been associated with Ireland for centuries. It was called the "seamroy" by the Celts and was considered a sacred plant that symbolized the arrival of spring. According to legend, St. Patrick used the plant as a visual guide when explaining the Holy Trinity. By the 17th century, the shamrock had become a symbol of emerging Irish nationalism.



February Speaker - Jessica DeShelter

5. The First St. Patrick's Day Parade Was Held in America

While people in Ireland had celebrated St. Patrick since the 1600s, the tradition of a St. Patrick's Day parade began in America and actually predates the founding of the United States.

Records show that a St. Patrick's Day parade was held on March 17, 1601 in a Spanish colony in what is now St. Augustine, Florida. The parade, and a St. Patrick's Day celebration a year earlier were organized by the Spanish Colony's Irish vicar Ricardo Artur. More than a century later, homesick Irish soldiers serving in the English military marched in Boston in 1737 and in New York City on March 17. Enthusiasm for the St. Patrick's Day parades in New York City, Boston and other early American cities only grew from there.

6. The Irish Were Once Scorned in America

While Irish Americans are now proud to showcase their heritage, the Irish were not always celebrated by fellow Americans. Beginning in 1845, a devastating potato blight caused widespread hunger throughout Ireland. While approximately 1 million perished, another 2 million abandoned their land in the largest-single population movement of the 19th century. Most of the exiles, nearly a quarter of the Irish nation, came to the shores of the United States. Once they arrived, the Irish refugees were looked down upon as disease-ridden, unskilled and a drain on welfare budgets.



Chris Crowley and Ted Rytel say it will be coming with the warmer weather!

Striking up Friendships Red Hawk Casino Apex Bowling Center



It's time to gear up for some summer leagues! As most leagues are beyond the midway point of the fall/winter season, it's exciting to think about the upcoming summer leagues. And guess what ... Red Hawk Casino has given us an opportunity to host a 14-week league, starting in May on Monday mornings. While the exact start time is still being worked out, this is a great chance for us to show off our skills and make new friends. We still have a few openings if you would like to join us. Contact me for more details.

In other news, SIR State Bowling and sponsoring Branch 69, recently held a fantastic tournament at Sacramento's Country Club Lanes. The tournament boasted a 10% increase over last year's participation. 97 bowlers

competed in the two-day event. It was a pleasure to see friends from other branches returning to the lanes. The event was made even more special by the generous contributions of door prizes which included six bowling balls and several other bowling items donated by Robert Gonzales and the Lucky Bowler Pro Shop. We cannot thank them enough for their support and generosity toward SIR bowling.

Interested in competing in future SIR Tournaments?

Mark your calendars:

March 21-22 Clayton Valley Bowl
April 17-20 Gold Dust West

Concord
Carson City, Nevada

Applications and results of all tournaments are available online:

<http://www.sirinc3.org/sirBowling/index.html>

River Cats Members go to day & usually carpool to the park. Planner position is open and if you volunteer training will be provided.

Live – Theatre Live theatre events planned well in

Horseshoes League play begins in May and ends in August. We pitch each Thursday 6-8 p.m. at the Bill Harris Memorial Horseshoe Park on Forebay Rd. Beginners are always welcome. Lessons and loaner horseshoes are available. Con-

Actual Medical exams..

1. A man comes into the ER and yells . . . 'My wife's going to have her baby in the cab. 'I grabbed my stuff, rushed out to the cab, lifted the lady's dress and began to take off her underwear. Suddenly I noticed that there were several cabs - - - and I was in the wrong one. Submitted by Dr. Mark Mac Donald, San Francisco

2. At the beginning of my shift I placed a stethoscope on an elderly and slightly deaf female patient's anterior chest wall. 'Big breaths,' . . . I instructed. 'Yes, they used to be,' . . . replied the patient. Submitted by Dr. Richard Byrnes , Seattle , WA

3. One day I had to be the bearer of bad news when I told a wife that her husband had died of a massive myocardial infarct. Not more than five minutes later, I heard her reporting to the rest of the family that he had died of a 'massive internal fart.' Submitted by Dr Susan Steinberg

4. During a patient's two week follow-up appointment with his cardiologist, he informed me, his doctor, that he was having trouble with one of his medications.

'Which one?' I asked.

'The patch...The nurse told me to put on a new one every six hours and now I'm running out of places to put it!' I had him quickly undress and discovered what I hoped I wouldn't see. Yes, the man had over fifty patches on his body! Now, the instructions include: "Please remove the old patch before applying a new one." Submitted by Dr. Rebecca St. Clair, Norfolk , VA

5. While acquainting myself with a new elderly patient, I asked, 'How long have you been bedridden?' After a look of complete confusion she answered . ' Why, not for about twenty years - when my husband was alive.' Submitted by Dr. Steven Swanson- Corvallis , OR

AND FINALLY!!

8. As a new, young MD doing his residency in OB. I was quite embarrassed when performing female pelvic exams... To cover my embarrassment I had unconsciously formed a habit of whistling softly. The middle-aged lady upon whom I was performing this exam suddenly burst out laughing and further embarrassing me.

I looked up from my work and sheepishly said. . . 'I'm sorry. Was I tickling you?' She replied with tears running down her cheeks from laughing so hard. 'No doctor but the song you were whistling was .I wish I was an Oscar Meyer Wiener.' Dr. wouldn't submit his name...

ONE MORE My Favorite

Baby's First Doctor Visit

A woman and a baby were in the doctor's examining room, waiting for the doctor to come in for the baby's first exam. The doctor arrived, and examined the baby, checked his weight, and being a little concerned, asked if the baby was breast-fed or bottle-fed. 'Breast-fed,' she replied.

'Well, strip down to your waist,' the doctor ordered.

She did. He pinched her nipples, pressed, kneaded, and rubbed both breasts for a while in a very professional and detailed examination.

Motioning to her to get dressed, the doctor said, 'No wonder this baby is underweight. You don't have any milk.'

I know,' she said, 'I'm his Grandma, But I'm glad I came.

SIR Caller List - Updated 2022

Attendance Chairman	Ron Boschee	530-644-7572
Caller for badges 1 to 10	<i>Open position</i>	
Caller for badges 11 to 20	Al Earl	530-644-3208
Caller for badges 21 to 30	<i>Open position</i>	
Caller for badges 31 to 40	<i>Open position</i>	
Caller for badges 41 to 50	Lowell Thoreson	530-647-0588
Caller for badges 51 to 60	Ron Boschee	530-644-7572
Caller for badges 61 to 70	Eric Jack	530-644-7405
Caller for badges 71 to 80	<i>Open position</i>	
Caller for badges 81 to 90	Moose Brown	530-647-2168
Caller for badges 91 to 100	Don Uelmen	530-306-1920
Caller for badges 101 to 110	<i>Open position</i>	
Caller for badges 111 to 120	<i>Open Position</i>	
Caller for badges 121 to 130	Al Muckerheide	530-644-4692
Caller for badges 131 to 140	Jim Cooper	530-644-2212
Caller for badges 141 to 150	Lee Anderson	530-647-0215
Caller for badges 151 to 160	Greg Pease	209-914-6734

Membership Roster Changes

Please report any additions or necessary changes to the Membership Roster directly to Dall Neeley at (916) 826-1657

Let folks know you're proud to be a SIR.

SHOW YOUR COLORS!

Jackets, Vests, Golf Shirts, Bowling Shirts, Baseball caps, Bucket hats (all with custom embroidered SIR Rooster logo), Lapel Pins, Bolo Ties, Business Cards, Pens, Embroidery Services too and much more....



SIR SNOWLINE BRANCH 113

A non-profit public service organization for retired men. Dues Are \$15 per year. Meetings are held on the 2nd Thursday of each month at Sportsman's Hall restaurant, 5620 Pony Express Trail in Pollock Pines. Social Hour begins at 11:00am and Lunch at Noon. Cost is \$30.00 (rate is current but can change)

MARCH 9 MEETING
Sportsman's Hall

Menu - Ruben Sandwich, Potato Salad, Split Pea Soup, dessert, coffee or drink.

**Speaker - Jan Sherwood
UCCE Master Gardeners**

March Birthdays

- Robert Brown**
- Ed Lind**
- Barney Noel**
- Russ Salazar**
- Myron Schmidt**
- Steve Veffredo**
- Larry Williams**



Travel Non-Responsibility Declaration

Travel activities arranged or sponsored by SONS IN RETIREMENT, INC. and its Branches are for the convenience and pleasure of the members and their guests. SONS IN RETIREMENT, INC. and its Branches do not assume any responsibility for the well-being and/or safety of participants or their property in any matters pertaining to said activities.

About the coupon below: Oftentimes a member misses our luncheon meeting because something occurs which prevents him from attending. **A call to his caller or attendance chairman should be made to explain.** Usually, this results in an EXCUSED absence. If no acceptable reason is given, it's an Unexcused absence. In other cases a member says he will attend, but he doesn't and no explanation is given. This also is an Unexcused absence. Unexcused absences are costly to the Branch and to other members who attend regularly and contribute to Branch expenses. **Attendance at the luncheon meetings is a SIR requirement.** The coupon is here for you to use if you are so inclined. Thank you; from your executive committee.

----- **CUT HERE** -----

TO: SIR BRANCH #113
 c/o SIR Ken Brown, Treasurer
 3687 Wamego Road, Placerville, CA 95667

I'm enclosing my donation in the amount of \$_____. For () Missed meetings
 () Just because

Name: _____ Badge # _____

Snowline Branch #113----2023 Officers

Big SIR ----- Ron Fenech----- 415-518-6063
 Little SIR ----- Ray DiBasilio----- 530-558-9727
 Secretary----- Chris Crowley ----- 510-742-1024
 Asst. Sec. ----- Rich McMahan----- 510-719-5411
 Treasurer ----- Moose Brown----- 530-240-5160
 Asst. Treas. ----- Jeff Pease----- 510-757-8741

Directors

Sam Griffis, Greg Pease, Ron Bochee,
 Vanja Illich, Lou Gagne, Richard Stading

Past Big SIR's

1983-4	Harold Cobb	2001	Ed Andrews
1985	Matt Engs	2002	Bob Kipp
1986	Bob Johnson	2003	Ed Cutter
1987	Bob Rath	2004	Cecil French
1988	Bill Campau	2005	Bill Harris
1989	Emil Kibasa	2006-7	Bill Reed
1990	Reg Warrick	2008	Larry Leibnitz
1991	Andy Anderson	2009-10	Tim Hall
1992	Al King	2011	Chuck Wilson
1993	Ed Merrill	2012-13	Russ Salazar
1994	Woody Harvey	2014-15	Don Uelmen
1995	Elmer Jacob	2016	Paul Ricci
1996	Jack Hansen	2017	Paul Kramer
1998	Ron dePass	2018 & 22	Lou Gagne
1997	Cecil French	2019	Dennis Staller
1999	Bill Short	2020-21	Ken Brown
2000	Conrad Kellor		

HONORARY LIFE MEMBERS

Branch- Russ Salazar
 Ray DiBasilio
 State - Ron dePass

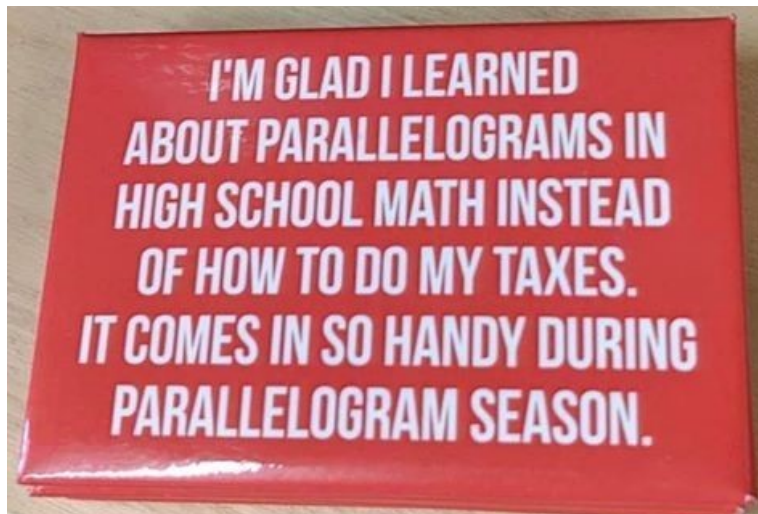
SIR State Officers

President David Gonzales 916-587-3538
 Region 2 Director Dale Decker 209-533-0455
 Area Governor Gary Johnson 530-333-4814

**Bulletin/Newsletter changes call Don Uelmen
 530-306-1920 or email tspdon@cwo.com**

Committee Chairmen

Attendance/Badges	Ron Boschee	530-644-7572
Chaplain	Don Uelmen	530-306-1920
Sunshine	Moose Brown	530-240-5160
Bulletin Editor	Don Uelmen	530-306-1920
Membership	Dall Neely	916-826-1657
SIR Bowling	Ray DiBasilio	530-558-9727
Bocce Ball	Chris Crowley	530-742-1024
Fishing	(Open Position)	
Horseshoes	Ted Rytel	530-647-0138
Photographer	Bert Abrahamzon	707-365-5186
Picnic/Christmas Party	Moose Brown	530-240-5160
Flea Market	(Open Position)	
Parades	Chris Crowley	530-742-1024
River Cats	(Open Position)	
Live Theatre	(Open Position)	
Nominating	(Open Position)	
Audit Committee	Larry Leibnitz	530-644-1803



Enjoy reading **SIR Happenings**, our State Newsletter, and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website: **www.sirinc.org**