



Sons in Retirement SAN JUAN BRANCH NO. 102 March 2024

LUNCHEON MEETING

2nd Tuesday of the month
Executive Board meeting 9:30 A.M.
Social Hour: 10.45—Luncheon: 11:30
Carmichael Elks Lodge

Next Meeting

Tuesday
March 12

www.sirinc2.org/branch102/

Lunch Menu:

Spaghetti, Full Salad Bar, Garlic Bread and Dessert

The Bar will be open



BIG SIR COMMENTS:

Cal Conley

Hello SIRS

I hope you all had a great Valentin's Day and Presidents holiday day.

Unfortunately on February 18th SIRS 102 lost a great man. Dan Johnson passed away at 8:00 AM that day. Dan will be missed in many ways.

At the February luncheon SIRS unanimously approved Fred Cambell-Craven as Secretary. Thank you Fred for volunteering for the position.

Fred Chapman was our speaker at the February luncheon. He gave an excellent presentation about hiking to Mera Peek elevation 21,150 feet and Mount Pokalda 19,000 feet.

At the luncheon Steve Zickerman and Gregg Hess were introduced as guests. I hope both gentleman submit applications for membership.

The following SIRS were winners at the monthly drawing: Gary Bohn, Wayne Ramirez, Ralph Torres, Russ Kidd and Tom Liddicoat. Congratulations to all of you.

There was a problem at the luncheon. Fifty-six members replied that they would attend and eat lunch. There were seventy one members that desired to eat lunch. There was not enough prepared food. The staff were able to make additional food ,however this delayed the serving process. I hope this problem doesn't happen in the future. The March menu is Spaghetti, Full Salad Bar, Garlic Bread and Dessert.

On February 21st ,Norm Steinbach informed me that he would like to assist with the RAMP (Recruitment, Activities, Membership, Publicity) Program. Thank you Norm for your assistance.

On March 10th Daylight Saving Time Starts. Don't forget to set you clocks I hour ahead. Also have a Happy St Patrick's Day and a Happy Easter.

Something to think about: "Before you start some work, always ask yourself three questions: Why am I doing it? What will the results be? Will I be successful? Only when you think deeply and find satisfactory answers to these questions, then you can go ahead. Chanakya, Politician

CalConley



LITTLE SIR COMMENTS:

Gary Adams

Probably the easiest job in the Branch is the Little SIR, that's why I decided to do it again this year. I get to sit at the front table, I introduce the speaker, I get to eat first, and I get to sit in at the BEC meeting and hear what's going on in the Branch and more. Of course I'm also the webmaster, which keeps me busy keeping things up to date in our website and sending out messages from Constant Contact. Even as BIG SIR, which I enjoyed, the task is not overwhelming, but enjoyable. I truly didn't expect to become a BIG SIR, in fact I was quite surprised that I was even asked, and even most surprised that I enjoyed it. I am trully a very, very quiet and evasive person. I never get involved and hide myself in the back of the class. I'm so glad I did get involved though, it's much more enjoyable than just coming to eat and run.

Our speaker for our March 12th meeting is our member, Joe Wulf, who has written a book called "Reach from Beyond". It's his first book and it should be interesting to hear, not only about the book, but what he went thru to put it all together. I understand he is donating a book at our drawing at the end of the meeting.

*Gary Adams,
Little SIR*

SIR 102 Newsletter Treasurer Report

Month of February, 2024 to 02/29/24

BEGINNING FUNDS \$13,100.03

General Accounts:

Bank Dividends \$0.58

2024 Dues (3 total; 2 through Golf and 1 Direct) \$150.00

2024 State SIR 1st Qtr. Assessment (Adj. for amount Reported in January) (\$125.50)

Constant Contact - Hosting (Jan & Feb) (\$53.28)

Charge for an out of sequence check not identified (need to research) (\$30.00)

Net General gain/(loss) (\$58.20)

Custodial Accounts:

Luncheon Receipts 02/13/24 \$1,710.00

Luncheon Elks Club Luncheon Expense 02/13/24 (\$1,584.00)

Luncheon Raffle/Wine (01/09/24 & 02/13/24) (\$79.48)

Luncheon Bar 02/13/24; (to meet \$175 Minimum) \$0.00

Net Custodial gain/(loss) \$46.52

ENDING FUNDS: \$13,088.35

Active Membership is 132. (PAID=83 + Free Br 33=27 + UNPAID =22)

Next Luncheon is Tuesday, March 12, 2024; Cost is \$ 25.00 for Eating; \$ 5.00 for Attending but not eating.

2024 SIR Club dues are (\$30.00); DUES ARE WAIVED FOR FORMER BR. 33 MEMBERS

Yearly Dues for 2024 SIR club members are \$30. Dues will be collected at the March 12, 2024 luncheon. The Golf club is no longer accepting payment for SIR Club dues. If you will not be attending the next luncheon, please mail the SIR 2023 membership fee to:

John Slingerland

1100 El Sur Way

Sacramento, CA 95864

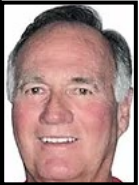
If you do not plan to renew you're your membership, please let me know by email at johnpslingerland@gmail.com or phone at 916-532-0595.



BIRDIES AND BOGEY

March 2024

web site: www.sirinc2.org/branch102/



GOLF CHAIRMAN: Jeff Dye

Hi Members,

Well, we've had numerous rounds of golf canceled due to weather in February.

Hopefully, the courses will dry out in March so we can break out the sticks and enjoy one another's company again.

Golf sign-ups for Rolling Hills in Corning will take place at the March and April luncheons. The tournament is on April 29th and 30th so bring an extra check to pay.

Hope to see you at the March 12th luncheon.

Jeff



SUNSHINE REPORT: Gary Bohn

As your Sunshine person I will try to report on our SIR 102 Members that have been in or out of the hospital or are experiencing an illness. I will also report on a member's wife or significant other. I may also report on a member that has passed away and this may include those that may have left the branch but were long time members. I will also report on a member of the branch that lost a loved one.

We have lost another longtime member of SIR 102. Dan Johnson passed away on Sunday Morning February 18, 2024. His doctor called his wife Liz and said his heart was racing above 200. He then stated that it had stopped, and Dan had passed away. I am providing the following information leading up to Dan's death. On January 26, 2024 Dan was playing cards with friends, and passed out at the table. Dan's wife Liz and friends immediately began CPR chest compressions and continued until Emergency Personnel arrived. The first responders were able to stabilize Dan before transporting him to the Emergency Room at Kaiser Roseville. Dan was in the ICR on a Ventilator but did not regain consciousness. He was breathing on his own with the ventilator on standby mode. His condition never seemed to get better and then on February 18, 2024 he passed away. As funeral arrangements are being made, we will provide that information to all of SIR 102 members. Dan was an integral part of SIR 102 by helping out the golf club on outof town golf outings, annual Christmas Pary, and the Picnic. He will be surely missed by all of SIR 102

Got an email from Gabe Redding that he was at Sutter Roseville for 5 days the last week of January. He was there for Esophageal Hemorrhaging. He had taken too much Ibuprofen that burned a hole in his stomach. Needless to say he lost a lot of blood. He was more than a couple of Quartz low, and had that had to be replenished. Also had Esophageal prob and a Colonoscopy Scope to check everything in his system. He is now home and doing fine finishing his exercises for his new left knee.

George Wheeler's daughter Kimberly (Kim) Dewar passed away January 16 2024. There is an OBIT in the Sacramento Bee on Sunday February 11, 2024. George's daughter Kim was active in the Veterans Stand Down and the Non Commissioned Officers Association. I have sent a sympathy card to George's family from the SIR 102 branch membership.

That is all I have right now so if anyone knows of someone in our SIR Branch 102 that has a medical problem or other concerns. You can call me at (916) 722-446 and leave a message if I am not their or email at garybohn1@comcast.net.

Gary Bohn



MEMBERSHIP: Ramon Murillo

Greetings,

Membership is at 133

Please join me in welcoming Gary Blythe and Robert Sheetz to the Branch.

We say farewell to Ken Millet and Charles Randal. Both emailed that they would be leaving the Branch.

As always, we encourage you to bring new members to further our fellowship.

Ramon Murillo



RAMP: Norm Steinbach

For Branch 102 to go forward and be a strong and viable branch we must attract new members. Big Sir Cal Conley asked me to step in and get RAMP restarted.

The RAMP committee is as follows:

Recruitment – Norm Steinbach (Acting)

Activities – Norm Steinbach

Member Relation – Ramon Murilla

Publicity – Jim Olsen

There will be more information coming plus a monthly update article in the Newsletter. If you have any ideas, please forward them to the committee.

Remember “It does not matter how slowly you go, so long as you do not stop.” For a little humor – How to make holy water? You boil the hell out of it.

Norm

Happy Birthday



March

Greg Lazaga	93	Dick Gaspari	81	John Ludington	77	Ramon Murillo	74	John Slingeland	71
Val Kobza	86	Dave Cleveland	78	George Mohler	77	Scott Pinney	71	Scott Rodowick	66
Don Cook	81	Russ Kidd	77	Tim Goffa	74	Ed Roberts	71		



Golf Travel Chairman, Don Wagner

ROLLING HILLS GOLF TRIP

SIGN UP FOR ROLLING HILLS (APRIL 29-30) will be held at our March and April meetings. The flier with all the info will be sent out on March 1st to everyone. If you don't get it please drop me a line at "dwagner@pacbell.net and I will send you one. Join us for our first overnight golf travel event of the year. Remember, you can bring guests to join us. We always get repeat players who enjoy the John Daly layout and those one who haven't played this course before will find it different than any we play in the Sacramento area. It's a course that you would never walk since it is really spread out with lots of dips and turns..... Treat Yours and Join Us!

Don Wagner

The reason the pro tells you to keep your head down is so you can't see him laughing. – Phyllis Diller

SIR 102 2021 OFFICERS

BIG SIR.....Cal Conley
LITTLE SIR Gary Adams
SECRETARY...Fred Campbell-Craven
ASST. SECRETARY.....Jim Lasiter
TREASURER.....John Slingerland
ASST. TREASURER.....Eloy Herrera

DIRECTORS

Dallas Ito (2025)
Norm Steinbach (2025)
Gabe Reddig (2026)
George Wheeler (2024)
Niles Christopherson (2024)
Jack Gilmore (2024)
Don Wagner (State HLM)
Gary Bohn (HLM)
Jeff Dye (HLM)
Bob Fitzgerald (HLM)
Vic Mershon (HLM)

STATE OFFICERS

State President: Dale Decker
Area 4 Representative Jack Reefer
Director Region 1 Hugh Thompson

BRANCH DISTINGUISHED

SERVICE AWARD

Jack Gilmore
Vic Mershon

SIR 102 COMMITTEE CHAIRMEN

AUDITOR Fred Campbell-Craven
ATTENDANCE Ramon Murillo
ACTIVITIES Norm Steinbach
AUDIO/VIDEO Bob Fitzgerald
BOOK EXCHANGE Tom McKinley
CHAPLAIN Vic Mershon
GOLF Jeff Dye
MEMBERSHIP Ramon Murillo
NEWSLETTER George Wheeler
SUNSHINE Gary Bohn
TRAVEL Bill Maffei
WEBMASTER Gary & Steve Adams
BOWLING VACANT
THE SINGIN' SWINGIN' SIRs Robert DuPlantier
RAMP Recruitment VACANT
RAMP Activities Norm Steinbach
RAMP Membership Ramon Murillo
RAMP Publicity John Owens

HONARARY LIFE MEMBERS

As Of

Donald (Don) A. Wagner 2/23/2012 9.7 yrs
Gary Bohn 12/9/2014 7.2 yrs
Jeffrey Dye 8/9/2022
Bob Fitzgerald 11/11/2019 4.0yrs
Vic Mershon

SENIOR SIR

Senior SIR Pete McDonough

PAST 102 BIG SIR

Gordon Nielson 1983 Bill Drake, 2007
Pete Tapella 1984 Speedy Sheetz 2007
Roy Bostic 1985 Joe Virga 2008
Don Johnson 1986 Mickey Wagner 2009
Paul Siglin 1987 Bob Lamora 2010
Wesley Fisk Jr. 1988 Jim Johnson 2011
Ray Nyman 1989 Dick Larsen 2011
Don Gaylord 1990 Jim Reese 2012
Les Jones 1991 Gary Bohn 2013
Don Gaylord 1992 Don Whalen 2014
Rock Sorgman 1993 Dick Coleman 2015
Bill Spencer 1994 Jeff Dye 2015- 2016
Tom Warburton 1995 Norm Steinbach 2017
Don Neudeck 1996 Cliff Jones 2018
Don Gayner 1997 Larry Dezonias 2019
Don Wiles 1998 Mike Lorton 2020
Tom Eyman 1999 Dan Maglionico 2020/21
Bob Simowski 2000 Gary Adams 2022
Stan Spalding 2001 Gabe Reddig 2023
Chuck Shoemaker 2002
Lloyd Browning 2003
Bob Baker 2004
Don Wagner 2005
Frank Mason 2006

NEWSLETTER INPUT: Please contact me if you want to have the newsletter sent to a potential member for a couple of months or if you have any input for "your" newsletter. Phone me, 916-332-4855 or email g_wheeler@sbcglobal.net

Sons In Retirement is a nonprofit public benefit corporation for retired men, devoted to the promotion of independence and dignity of retirement. SIR's purpose is to assist men in renewing former friendships and provide opportunities to make new friends through association with other retirees. The only requirement for membership is that a man be retired and sponsored by an active member. Membership shall be open to men retired from fulltime gainful occupation, regardless of age, race, color or religion. **Visit the SIR website at <http://sirinc.org/>**

NON-RESPONSIBILIY DECLARATION

All travel activities and other activities arranged for by Sons in Retirement, Inc. and its Branches are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc. and its Branches do not assume any responsibility for the well-being or safety of the participants or passengers or safety of the participants or their property, in any matters pertaining to said events or activities. (Rule 345)