



SIR 101

Bulletin

July, 2025

Volume 44, Number 7

SONS IN
RETIREMENT 101
LIVERMORE, CA

FOR MORE
INFORMATION,
ABOUT OUR
BRANCH, PLEASE
VISIT OUR
[WEBSITE](#)

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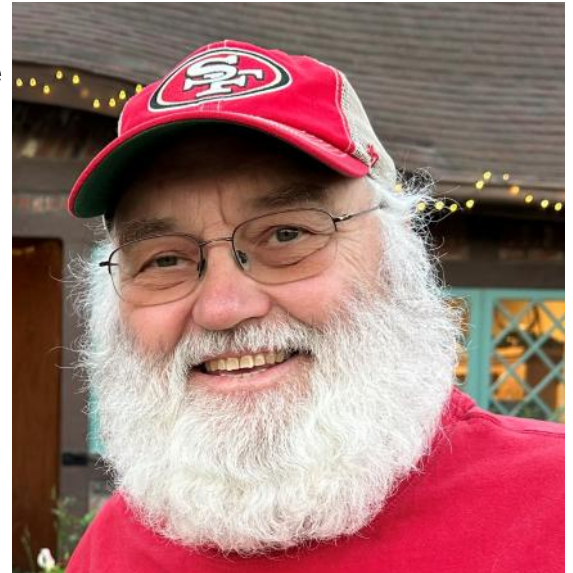
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The Big Sir Message from Bob Johnson

It was wonderful to see everyone who joined us for our Picnic in June for great music, food, games and fun. We had a total of 94 attendees. A special thank you goes to Bill Leach for creating and leading a fun Trivia Game and to Dick Crawford for providing and running exciting Bingo games. I also want to thank Terry and Martha Tikalsky for staffing the check-in table, and to Terry for printing the name tags and coordinating the set up and breakdown afterward. (Any misspellings were my fault. Sorry about that.) Thank you to Dennis Gately for making the medals awarded to the Bingo winners (See photos next page) and John Didlake for help with list management. Thank you to Dwight Lang for offering helpful advice to help keep me on track and for helping with the table decorations. Thank you to Roger Everett, Larry Wiley, Dwight Lang, and Dick Crawford, who helped Terry with the set up and breakdown, which went quickly thanks to all of the help. As evident by the many thank you's it takes many people helping in different ways to make the Picnic possible, but it sure was worth it! It was wonderful to see everyone enjoying themselves.

We just experienced the Summer Solstice and celebrated the 4th of July, but it is time to start thinking



about our Holiday Dinner in December! Hold the date of Thursday, December 11th, at 6 pm. This year we will be in the ballroom at the Dublin Ranch Golf Course. More details will follow soon, but for now put it on your calendar. It will be a wonderful event! Thank you to Ted and Sophia Schaefer for finding us this great venue. They researched and visited numerous sites and found that Dublin Ranch fits our needs very well.

Hope you will be at our July 17th luncheon to hear our speaker Ashley Grenier from East Bay Regional Parks. I will be gone on a volunteer trip through Asbury, but you will be in very good hands with Little SIR Terry Tikalsky running the meeting. I hope that you will be there on the 17th!

Save the date: Holiday Dinner is December 11th

July Speaker

Speaker: Ashley Grenier

Supervising Naturalist at Del Valle Regional Park

Topic: Then & Now: Del Valle Regional Park

Time and Location:

Thursday, July 17, 2025, 11:30AM

Asbury United Methodist Church

4743 East Avenue, Livermore, CA



Ashley Grenier (gren-yáy) is the Supervising Naturalist at Del Valle Regional Park. She has been a Naturalist with East Bay Regional Parks for 13 years leading environmental education programs to connect the public with their parks. She has worked at Del Valle for the past 9 years

and has also worked at Black Diamond Mines, Big Break Visitor at the Delta, Sunol Regional Wilderness, and many other regional parks on the morning side of Mount Diablo. She lives in Livermore and is raising her kids in this beautiful city.

June Picnic Winners



Bingo winners Garry Rodrigue, Roger Everett, Mara Kaplan, and Martha Titalski.
More Picnic pictures [here](#).

Check out our **SIR Branch 101 web site**.

Click SirInc2.org/Branch101 to see the latest edition. Click on this link to email Dennis Gately, SIR101Web@googlegroups.com or call 925-443-1953 for the member id and password.

Do you need a member phone # or email address? It's in our web site's '**Members Only**' section, which has a Member Roster, Member Photo Gallery, Speaker Videos, Member Videos, and BEC Meeting Minutes

Financial

Contact: Roger Grimm, Treasurer, 925-290-5891
SIR101Treasurer@googlegroups.com



Monthly Cash Report for June, 2025
 See our web site for the complete Form 28.

Beginning Cash Balance (Total Cash)..Line 1: Month: \$9,870.67 **Jan 1:** \$8,337.78
 Ending Cash Balance (Total Cash).....Line 8: Month: \$6,566.20

Membership and Attendance

Contact: Larry Wiley, Chairman, 925-337-4263
SIR101Membership@googlegroups.com



WELCOME NEW MEMBERS, VISITORS and GUESTS:

New Members: 0

- ♦ **Visitors: 0.**
- ♦ **Guests: 0**

MEMBER CARE GIVERS:

- ♦ Care Givers: 0.

MEMBERSHIP CHANGES:

- ♦ Deleted: 0
- ♦ Passed: 0

MEMBERSHIP STATUS:

- ♦ The ACTIVE Membership of SIR 101 as of July 07, 2025 is **132** members

MEETING ATTENDANCE— All lunch meetings are planned to be in-person

- ♦ May : 53 attendees .

BEC meetings follow in-person lunch meetings.

The complete SIR Form 27 Monthly Branch Membership Report for June, 2025 is available on our website.

Future Speakers

Our Planned Speakers :

August 21—Sheila Fagliano, Community Relations manager, Livermore Sanitation.

Speakers are a great attraction for attracting potential new **members to attend our SIR meetings**. Do you have ideas for speakers? Let Terry Titalsky, SIR101LittleSIR@googlegroups.com, know.

The man who invented Velcro has died.
 RIP.

Bocce

When: 2nd and 4th Thursdays 10:00am

Next: June 26, July 10 & 24, 2025

Where: Bothwell Park, 8th and H St

Contact: Chuck Molenkamp, Chairman, 925-413-1414

SIR101Bocce@googlegroups.com



SIR 101 Bocce players enjoyed two beautiful days on the bocce court at Bothwell Park in June, the first on June 12 and the second on June 26. Both times eight players competed on the two courts. With the good weather and the good bocce games we all left happy, time well spent!

If any new players would like to join us on the bocce court (and we would love to have you) all you need to do is show up when we start playing

on the second and fourth Thursdays of each month. We normally start playing at 10:00 am, but when a high temperature is predicted we start an hour earlier at 9:00 am. On the Tuesday before each game a reminder is sent to the bocce players noting the starting time for that Thursday. To receive that reminder you need to be on the bocce email list which can be done by emailing Chuck Molenkamp (cmole44@gmail.com).



Bocce players on June 12 are Bob Johnson, Dom Saccullo, Scott Henderson, Walter Schindler, Bruce Henry, Chuck Molenkamp, Werner Schlapfer, and Roger Everett.



Bocce players on June 26 are Bob Johnson, Walter Schindler, Scott Henderson, Werner Schlapfer, Raul Pomares, Roger Everett, Bruce Henry, and Dom Saccullo.



Dale Schauer starts the next frame while Bruce Henry thinks about what he can do.



Roger Everett tries for points while Scott Henderson wishes him no success.



Chuck Molenkamp tries to score a point for green while Bruce Henry hopes he doesn't.

Guys, ask her if she has gained weight. That way, she will know that you are paying attention to her.

Follow me for more relationship tips.

The inventor of autocorrect died. The funnel will be held tomato.



Bruce Henry shows how it's done while Chuck Molenkamp looks on in amazement.



Dom Saccullo rolls the green ball while Werner Schlapfer anticipates where it is going.

NEAL'S ROMEOs (Retired "O" Men Eating Out)

When: First Tuesdays
Romeo will be on hiatus until the fall. See you in September!
Contact: Vic Wheatman, Chairman
SIR101Romeos@googlegroups.com



Dining Out

When: Usually 2nd Tuesdays at 5:30pm

Next: August 12, 2025

Where: China Pavilion, 1460 Vasco Road

Contact: Ted Schaefer, Chairman,

SIR101Diningout@googlegroups.com



July found the SIRS Dining Out group extending their 4th of July celebration with enjoying barbecue at Livermore's Sourced BBQ and Spirits on First Street.

Seventeen SIRS members and their guests enjoyed some down home eats & libations, lively conversation and excellent hospitality courtesy of the hardworking staff. An additional special treat was music from Tuesday Tunes offerings on the Bankhead Theatre plaza adding to the atmosphere and enjoyment of the evening.

Coming attractions for the Dining Out group:
August 12 - China Pavilion, 1460 Vasco Road
September 9 - Potluck Picnic at the home of Suzanne and John Didlake - details TBD

As always, we welcome dining out suggestions and invite you all to join us in our culinary explorations.

The Dunlaps & Schaefer's
Guides to good food and hospitality



Hiking and Walking

When: Wednesdays, 8:00 & 8:30 am (see note below)

Where: South L St. and Railroad Ave.

Contact

Art Hull, Chairman, 925-443-5479, Dave Lunn, Asst. Chairman, 925-784-2624

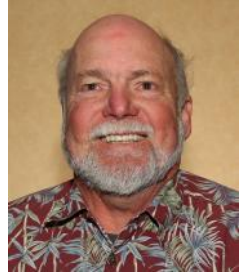
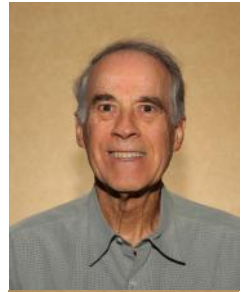
SIR101Hiking@googlegroups.com

This summer we will be looking for shady trails. Our early starting time and the marine layer tend to keep us cool at the beginning of the hike. On the hottest days, we will head over to the edge of the bay, to Coyote Hills, where the cool breezes are always welcome.

We try to do a different trail every Wednesday forming three groups of various hiking levels (Amblers, Ramblers, and Scramblers). The *Amblers* do a level hike usually at a park such as Sycamore Grove, Shadow Cliffs, or Holdener. The *Ramblers* do a moderate hike and the *Scramblers* do a more strenuous hike at one of the many surrounding regional parks such as Del Valle, Sunol, Morgan Territory, Pleasanton Ridge, Vargas Plateau, Garin/Dry Creek, Coyote Hills, Brushy Peak or Lake Chabot.

Hiking is good for your heart, good for your brain, and good for making friends. To walk in nature is good medicine! I guarantee we have a group for you. Ramblers and Scramblers leave at 8:00 AM from the parking lot on the southeast corner of South L Street and Railroad Avenue and Amblers leave at 8:30 AM, usually from the trail-head but sometimes from the aforementioned parking lot if carpooling is needed (check the Ambler signup spreadsheet which is emailed every week). Spouses, friends and family are welcome. Bring plenty of water and hiking poles if needed.

Our Motto: Remember, there's no such thing as bad hiking weather, just inappropriate clothing.

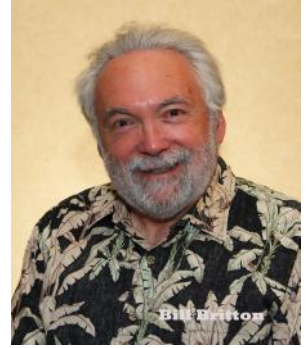




SIR 101 Travel

"The world is a great place. You should see it!"

Contact: Bill Britton, Chairman, 925-443-9913,
SIR101Travel@googlegroups.com



(no update, just repeating last month's report)

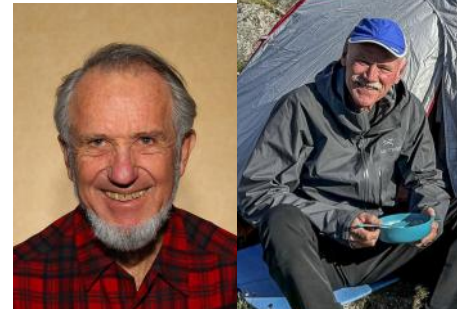
I have almost finalized the details for the Christmas on the Danube river cruise starting in late November into December 2026. We'll visit many of the wonderful Christmas Markets and historic old towns along the Danube from Frankfurt to Vienna, with the addition of Prague at the end. I'm arranging for one pre-night stay and one extra post-night in Prague (total of 3 nights). When I get the final details and pricing it will in-

clude round trip air from SFO to Frankfurt and return from Prague, travel insurance, all tips, and transfers to and from Livermore to SFO. I will be at a wedding in July and miss our next SIR meeting. I plan to get our SIR BEC approval at the August meeting. I will then schedule at least one informational meeting in late August and most likely another later. We did this in 2018 and it was great!

SIR 101 Kayaking

When: Second Tuesday of the month (*usually*)
On hiatus until August

Contact: Dick Ryon, 925-447-8907
SIR101Kayaking@googlegroups.com



Due to unavailability of leaders, the SIR Kayakers Outings in June and July are cancelled. Trip Leader Dick Ryon is undergoing recovery from surgery of a broken hip. It is taking longer than anticipated to recover. I still have pain, and can only walk with difficulty using a walker. It would be difficult or unlikely that I could enter or leave my kayak.

Co-leader Kim Grandfield has a similar problem. He had a knee replaced recently. So, it seems he will also be laid up for a while.

Let's hope for full recovery by August! (We shall see about that!) In the mean time, I hope you can get on the water on your own.

Paddle (as we are able) and live long!

Save the date: Holiday Dinner is December 11th

Wine Tasting

When: Friday August 15, 2025, 3pm

Where: TBA

Contact: Steve Skedzielewski, Chairman, 925-455-5579

SIR101Wine@googlegroups.com



A warm Friday afternoon turned out to be quite pleasant under the shade trees at Rodrigue-Molineaux Winery last month. We had 17 participants, including the owners, Garry and Nancy Rodrigue.

Due to travel, we'll skip July and try for an early August gathering on the 15th. More details will be sent to members of the mailing list. If you'd like be added to the list, just send a mail to Steve at skedz@acm.org.



Garry Rodrigue, Sophia and Ted Schaefer, Rick and Karen Knowles, and Bill Pitz Dave Burg, Valerie and Rick Morrow, and Wendy Burg



Connie Howe, Martha and Little SIR Terry Titalsky

Karen Knowles, Bill Pitz, Jennifer Höhn, and Sophia Schaefer



Some people have hiking maps. Bruce Henry has a vineyard map...



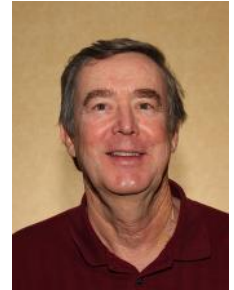
Golf

When: 7:30 Monday and/or 8:30 Thursday Mornings

How: Through the Livermore Valley Golf Club

Where: Las Positas golf course

Contact: Dwight Lang 925-784-1389



Many new SIR 101 members have expressed an interest in playing golf with a group. We currently do not have organized golf activity in Branch 101, as we do not have over 20 member golfers needed to form a SIR golf activity.

Many SIR 101 members now play with the Livermore Valley Golf Club, as I do, and the organizers of that club are welcoming SIR 101 members to join their club. They play on Monday and Thursday mornings at Las Positas golf course. Information about how to join this group is available from Dwight Lang.

Sunshine

Contact: Art Molvik

SIR101Sunshine@googlegroups.com.

The Sunshine Activity has been inactive this last month. I think I speak for everyone when I say, "Let's keep it that way!"

If you hear of someone needing a word of encouragement from all of us, or hear good news

of someone's recovery, please let Art know. He will spread the news and get a card out to them.



Investments

When: TBD

Where: Zoom meeting

Contact: Bob Dasher

sir101investmentschairman@gmail.com



Bob Dasher has volunteered to chair the Investments group and is working on setting up a new monthly Zoom meeting. If you are interested in joining, please send a note to Bob at the address above and he'll add you to the group's email list.

June 16th Picnic





Yesterday I bought a cuckoo clock at an Army-Navy store.
Last night at 10 the bird cuckoo'd 2200 times.

Activities

Contact: Ron Saltgaver, Chairman, 925-443-0693,
SIR101Activities@googlegroups.com

What: Do you want to start something new? Describe it in your own words.

Where: Please, suggest location based on your ideas with current restrictions considered.

When: How often and what duration would you think would be best to keep up interest?

Contact: Do you want to be the Chairman for this?

Please contact Activities chair Ron Saltgaver for more information.



The following activities are on hiatus.

BackPacking: **Contact:** Dave Lunn, Chairman, 925-784-2624, SIR101Backpacking@googlegroups.com

Game Day: **Contact:** Ron Saltgaver, Chairman, 925-443-0693, SIR101GameDay@googlegroups.com

If you are interested in the following activities we would welcome volunteers to chair them!

- Chess
 - Domestic Travel
 - Fishing
-

Birthday Boys*

June Birthday Boys

Joe Clark
Gordon Cleaver
Bob Dashner
Jim Hermerding
Bill Leach

Dave Pendleton
Garry Rodrigue
Philip Simon
Gary Tompkins

July Birthday Boys

Ron Baskett
Bill Britton
David Cabral
Bob Canning
John Didlake

Dennis Elchesen
Karl Freytag
Bob Johnson
Ravi Kumar
Mike Love

John Mulrooney
Raul Pomares
Werner Schlapfer
Ken Simons
Cal Wood

*** What is the Birthday Boys Program?** It is a program that offers each member who is celebrating a birthday in the current month, a chance to receive a free luncheon credit. Two names are drawn each month, however, the member must be present at the monthly meeting when the names are drawn to receive the credit

Lunch Prepayment Instructions / Yearly Member Dues Reminder

Prepay your \$33 lunch or make your Annual Dues payment of \$30.

You can best support our branch with your yearly \$30 dues. SIR promotes entertaining and enriching our lives through many activities as well as branch meetups, like in-person luncheons, If you have not already paid for the year, please do so!

Pay online or on your cell phone or computer with Zelle ([preferred](#))!

Check with your bank to see if it provides the Zelle service. If it does, you can use their app or web site to send money *at no cost* by just adding the SIR101Treasurer@gmail.com as a payee.

If your bank doesn't participate visit the zellepay.com website.

Avoid the long lunch line: RSVP the meeting invitation online, pre-pay your lunch via Zelle and arrive early to visit at the lunch.

PayPal We currently can't accept PayPal payments.

Mail checks to: Roger Grimm at 3034 Chateau Way, Livermore 94550

Questions or more Information? Contact Treasurer: Roger Grimm, SIR101Treasurer@googlegroups.com.

What is the Green Dot Program?

Each member is assigned an identification number that appears on his lapel badge, which is filed in numerical order near the Luncheon Meeting entrance. He will wear his badge at all meetings and must leave it when he departs the meeting. For about the first year after he joins SIR 101, his badge will have a **Green Dot** on it, which signifies he is a new member and entitles members who share his dining table, **early access to the buffet line**. The main purpose is to encourage members to introduce themselves to the new members and help them feel comfortable and learn what SIR is all about. The badges also provide a means of noting meeting attendance. **Current Green Dot members are:** *Greg Barr, Dale Berven, David Cabral, Jim Durkee, Phillip Garbutt, Allen House, Harry Levin, Bob Lormand, Thomas Parham, David Pendleton, Ken Simons, Gary Tompkins*

Membership Rules:

- A Member will be considered in good standing if his annual dues are paid up. There is no longer a luncheon-attendance requirement.
- A member is responsible for replying to the RSVP alert sent via email prior to each monthly luncheon. If he responds that he will attend but later finds that he cannot, he must notify Werner Schlaper, SIR101Attendance@googlegroups.com not less than 48 hours before the luncheon.
- Each member is responsible for confirming that we have accurate contact information for him.
- If you plan to bring a guest or caregiver, please send an email to Bob Johnson, SIR101BigSir@googlegroups.com at least 48 hours before the luncheon.

Non-responsibility clause: All activities arranged for or by, or sponsored by, SIR, Inc. and its Branches are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc. and its branches do not assume any responsibility for the well-being or safety of the participants or their property, in any matter pertaining to said activities. Travel events of four (4) or more nights and all air and sea travel must be arranged and booked through a travel agency. Members and guests shall make their checks payable to the travel agency involved. Tour and travel events of three (3) or fewer nights shall require participating members and guests to make their checks payable to the appropriate Branch of SIR, Inc., whether or not a travel agency has booked the event.

SIR 101 web information:

SIR 101: SirInc2.org/Branch101. Our site has a '**Members Only**' section. SIR 101 members may contact our Webmaster for the User Name and Password. See the Member Roster, Member Photo Gallery, Speaker Videos, Member Videos, Form 27, Form 28 and BEC Meeting Minutes.

Is your Photo Gallery photo missing? Send a digital photo similar to the Photo Gallery pictures to Webmaster Dennis Gately and to Bulletin Editor Steve Skedzielewski. No photo? Contact the Bulletin Editor.

State SIR information: SIR Inc.: sirinc.org, **SIR Sports:** State SIR Sports Chair W. Lee Moy, HealthStudio@gmail.com (559) 709-9851. The **SIR newsletter** [SIR Happenings](#) features news about SIR and all the things that are still going on in our Branches.

