



SIR 101

# Bulletin

March 2023

Volume 42, Number 3

SONS IN  
RETIREMENT 101  
LIVERMORE, CA

FOR MORE  
INFORMATION,  
ABOUT OUR  
BRANCH, PLEASE  
VISIT OUR  
WEBSITE

Inside this issue:  
(click the page # to go  
directly to that page)

Announcements	<u>1</u>
Big Sir Message	<u>1</u>
Birthday Boys	<u>13</u>
Financial	<u>3</u>
Membership	<u>3</u>
Speaker's Preview	<u>2</u>
Sunshine	<u>10</u>
Backpacking	<u>10</u>
Bocce	<u>4</u>
Dining Out	<u>5</u>
Game Day	<u>11</u>
Golf	<u>6</u>
Hiking and Walking	<u>8</u>
Investments	<u>11</u>
Kayaking	<u>6</u>
ROMEOS	<u>5</u>
Travel	<u>7</u>
Wine Tasting	<u>11</u>

## The Big Sir Message from John Didlake

Wow, we enthusiastically kicked off our initial meeting on a new day of the week and at our new location, Asbury United Methodist Church, on the 3rd Thursday of February with 68 members and guests in attendance to hear a presentation by Ron Baskett on "The World of Weather Modeling." If you missed the luncheon, Dennis Gately has placed a recording of the presentation on our Branch 101 website. Thank you, Dennis.

Please join us for our next meeting, March 16, at 11:30 am at Asbury United Methodist Church on East Avenue in Livermore. Our presenter is Steve McGinnis of the Pleasanton Pedalers Bicycling Group, who will be presenting **Cycling the Tri-Valley and Beyond.**

I am extremely pleased with everyone's response to our need to up our luncheon attendance and our membership numbers to keep our luncheon cost down. Great job everyone! Let's keep it up by making attendance at our luncheons a priority and remembering to invite guests as potential new members. **Remember that, if you sponsor 2 new members, you receive a free lunch!**

Next, I would like to work on two items **Starting on time at 11:30 am.** Please come early and spend some time with your fellow SIR members. We will have two check-in-spots: 1) for prepaid mem-

bers and 2) for paying at the door members. We hope that this will help shorten the check-in time.

**Improving our RSVP numbers for Peggy, our caterer.** The RSVP numbers have been 8 to

10 members below the actual attendance at our last two luncheons. This has caused some serving issues for Peggy the caterer on the day of the luncheon. Therefore, I am asking you to

**Please RSVP by the Monday before the luncheon** using the "I am Attending" button or the "I cannot Attend" button in the Constant Contact email *and*

**Check that you successfully clicked on one of the buttons.** If successful, you should see a new webpage that either says "Thank you for your RSVP and we will see you at the luncheon" or "We will miss you, but we hope to see you at a future luncheon."

**If you don't see either of these webpages your RSVP did not register.** In that case please try again or email me your RSVP at [sir101big-sir@googlegroups.com](mailto:sir101big-sir@googlegroups.com).

If you're bringing a guest, please email me at address above.



## Announcements

**This month** the cost for luncheon at our meeting is reduced to **\$30** at the door, and **\$27** if you pay in advance using Zelle.

**Payments using Zelle** for the luncheon or the annual dues have a new payee. Payments should now be made to Roger Grimm using the email address [SIR101Treasurer@gmail.com](mailto:SIR101Treasurer@gmail.com)

## February Speaker

### Cycling the TriValley and Beyond Steve McGinnis—Pleasanton Pedalers Bicycling Group March 16, 2023

Steve is the former Executive Vice President and General Counsel for an international investment advisory firm with more than \$13 billion under management and directed the activities of a family of private mutual funds with \$10 billion in assets under management. Prior to this he was President of a securities broker-dealer and a former enforcement attorney with the Securities and Exchange Commission.

Steve retired in 2011 and founded the Pleasanton Pedaler's Cycling Club in 2012. Since then the Pedaler's have grown to over 600 enrolled members.



## Len Smith Fund

As you probably know, SIR Branch 101 has established a fund to honor Len Smith, longtime Bulletin editor who died suddenly at the end of last year. **Thank you to everyone who has contributed!**

We want to acknowledge the generous donation of \$1000 from **deHaro Construction, Inc.** on Technology Drive in Livermore.

We are using some of the donation monies received to reduce the cost of March's luncheon.



## Financial

**Contact:** Roger Grimm, Treasurer, 925-290-5891  
[SIR101Treasurer@googlegroups.com](mailto:SIR101Treasurer@googlegroups.com)



Monthly Cash Report for January, 2023  
 See our web site for the complete Form 28.

Beginning Cash Balance (Total Cash)..Line 1: Month: \$5,207.72 YTD \$4,032.72  
 Ending Cash Balance (Total Cash),,,,,,Line 8: Month: \$6,706.72 YTD \$6,706.72

## Membership and Attendance

**Contact:** Larry Wiley, Chairman, 925-443-7979,  
[SIR101Membership@googlegroups.com](mailto:SIR101Membership@googlegroups.com)



### WELCOME NEW MEMBERS, VISITORS and GUESTS:

**New Members:** 1—Walter Schindler  
 ♦ **Visitors:** 0.  
 ♦ **Guests:** 3

### MEMBER CARE GIVERS:

♦ Care Givers: 0.

### MEMBER CHANGES:

♦ **Deleted:** 3 Glenn Hage, Tom Changras, Henry Chau  
 ♦ **Passed:** Emil Cigliutti

### MEMBERSHIP STATUS:

♦ The ACTIVE Membership of SIR 101 as of February 10, 2023 is **145** members

**MEETING ATTENDANCE**— All lunch meetings are planned to be In person. BEC meetings follow in-person lunch meetings.

♦ January meeting: 68 attendees.

The complete SIR Form 27 Monthly Branch Membership Report for February, 2023 is available on our website.

## COVID-19 News

The State SIRs organization has adopted new guidelines that you can visit by clicking [here](#). We still encourage members to not attend events if you are feeling ill, and should you have paid for a monthly luncheon that you can't attend, we will refund the payment.

You may want to visit these websites that provide information about COVID exposure and what to do if you have symptoms:

- [COVID Symptoms](#)
- [Recommended Steps](#)
- [COVID testing](#)

Check out our **SIR Branch 101 web site**.

Click [SirInc2.org/Branch101](http://SirInc2.org/Branch101) to see the latest edition. Click on this link to email Dennis Gately, [SIR101Web@googlegroups.com](mailto:SIR101Web@googlegroups.com) or call 925-443-1953 for the member id and password.

**Do you need a member phone # or email address?** It's in our web site's '**Members Only**' section, which has a Member Roster, Member Photo Gallery, Speaker Videos, Member Videos, and BEC Meeting Minutes.

[Index](#)



## Bocce

**When:** 2nd and 4th Thursdays, 10:00 AM - 11:30AM  
**Next:** March 23, April 13, April 27, 2023  
**Where:** Bothwell Park, 8th and H St  
**Contact:** Chuck Molenkamp, Chairman, 925-413-1414,  
[SIR101Bocce@googlegroups.com](mailto:SIR101Bocce@googlegroups.com)



SIR 101 members are continuing to play bocce every second and fourth Thursday of the month at Bothwell Park at Eighth and H Streets in Livermore. During January and February we had some rainouts and played several times with 6-8 players. Last time out on February 23 it was very cold overnight, but with a sunny morning we were comfortable playing bocce. Of course, while we play we enjoy visiting with each other which is a large part of the fun

There is still room on the courts for some new players. The next games are on March 23 and April 13 and 27. A few days before each scheduled game, a reminder email is sent out to those on the SIR bocce email list. If you are interested in giving bocce a try and would like to be added to this list simply email a request to Chuck Molenkamp, [cmole44@gmail.com](mailto:cmole44@gmail.com), We would love to have you join us.

Alas, we have no Bocce photos this month, but we have a pretty nice one from the hikers.



## Dining Out

**When:** Usually 2nd Tuesdays at 5:00pm

**Next:** March 14, 2023

**Where:** El Charro Mexican Food & Cantina

**Contact:** Doug Mansur, Chairman, 925-640-5233

[SIR101Diningout@googlegroups.com](mailto:SIR101Diningout@googlegroups.com)



Last month's choice of Valentine's day probably wasn't the best and only a few people gathered at Bruno's in Livermore.

This month, however, we will meet at El [Charro Restaurant](#) at 186 Maple Street in Livermore.

If you are interested in joining us, please let

me know with an email to Doug Mansur at [dmansur@gmail.com](mailto:dmansur@gmail.com) as soon as possible

Those interested in being added to our mailing list should contact the activity chair

## NEAL'S ROMEOs (Retired "O" Men Eating Out)

**When:** Third Tuesdays **Next:** TBA

**Where:** TBA

**Contact:** Vic Wheatman, Chairman,

[SIR101Romeos@googlegroups.com](mailto:SIR101Romeos@googlegroups.com)



This months we met at Nick the Greek's in Downtown Livermore..

I'm thinking "Hot Pot" for our next communal adventure. If you've found a place you like, let me know?

Seven SIRS members participated in our March Luncheon, held at "Nick the Greek" in Beautiful Downtown Livermore for gyro, salads and more, plus good conversation. Shown clockwise from left front are Vic Wheatman, Chuck Molenkamp, Ted Schaefer (fresh from a flight from Sydney), Bob Hickman and Marcos Contreras. Not shown: Bob Moran and Dave Barron who escaped before I remembered to get the photo. Our next get-together is scheduled for the First Tuesday in April (4/4) likely at an Afghani place for kebobs. If you'd like to participate and you are not currently on the mail list, please advise Vic Wheatman at [Vic-torW318@aol.com](mailto:VictorW318@aol.com)





## SIR 101 Kayaking

**When:** First Tuesdays **Next:** TBD

**Where:** TBD.

**Contact:** Dick Ryon, 925-447-8907, Doug Mansur, 925-640-523

[SIR101Kayaking@googlegroups.com](mailto:SIR101Kayaking@googlegroups.com)

SIR Kayakers had planned to go to Alameda on Tuesday, March 7th, after canceling the February outing due to almost no interest. We had only three SIR Kayakers sign up, but decided to go anyway. The preceding days had not-so-great weather forecasts:

Alameda forecast:

*On Wed March 1, 2022*

A chance of showers. Partly sunny, with a high near 54.

*On Thu March 2, 2023*

A slight chance of rain. Mostly sunny, with a high near 55.

*On Fri March 3, 2023*

AM a 30% chance of showers, mainly before 5pm. Partly sunny with a high near 54.

*On Sat March 4, 2023*

Late PM a 30 percent chance of showers, mainly before 4pm. Partly sunny, with a high near 54. New precipitation amounts of less than a tenth of an inch possible.

*On Sun March 5, 2023 @ noon*

A 30 percent chance of rain, mainly after 10am. Partly sunny, with a high near 54. Southeast wind 5 to 9 mph becoming west southwest in the afternoon. New precipitation amounts of less than a tenth of an inch possible.

**At this point**, I asked the other two who signed up if they still wished to paddle. The reply was yes, we dress for immersion anyway, so a little rain does not matter. The next day, the forecast became:

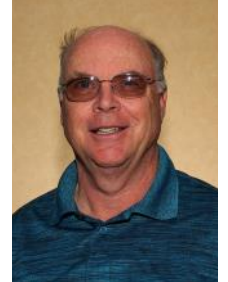
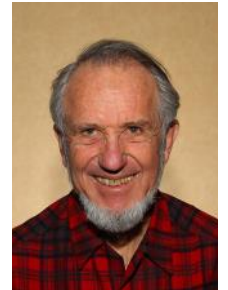
*On Mon March 6 @ 9:30 PM*

Mostly sunny, with a high near 54. Southeast wind 5 to 9 mph becoming west-southwest in the afternoon.

We arrived at the Grand Street launch ramp in Alameda under a partly cloudy sky with virtually no breeze, a perfect day! We launched onto flat water in the estuary, and headed for the bay. After a brief stop at Middle Harbor Park, one decided his back was too sore to continue to Yerba Buena Island, so he returned to the starting point.

Two of us then set out for the island. The water became a bit bumpy, but nothing hazardous. We landed under the eastern span of the Bay Bridge for a lunch break. Total distance so far 7.2 miles. After enjoying the sunshine and light lunches, we headed back across the bumpy water, and entered the flat water of the estuary. While passing ships unloading in the harbor, a lady guard in a pickup truck shouted greetings to us. Having been warned away by another guard on the way out, and not able to hear her voice very well, we turned toward the dock to talk. She was enthused to see us, asked if we were cold or had any problems (answers no, all was well). She confessed that she had only been on a gondola on Lake Merritt in Oakland! Maybe a future kayaker there!

We arrived back at the starting point after five hours, happy for a fine day on the water together!



## SIR 101 Travel

**"The world is a great place. You should see it!"**

**Contact:** Bill Britton, Chairman, 925-443-9913,  
[SIR101Travel@googlegroups.com](mailto:SIR101Travel@googlegroups.com)  
 Jon Lumia, Asst. Chairman, 925-373-9412,  
[SIR101Travel@googlegroups.com](mailto:SIR101Travel@googlegroups.com)



Here is the latest update for our September 24-October 7, 2023 **Croatia & Its Islands** SIR trip. Our yacht is almost full. It has 18 cabins (for 36 people) and we currently have 2 cabins still available if you are interested, let me know as soon as possible. I may have one SIR member on the trip looking for a roommate. So if you are interested, but don't

want to go as a single, we would love to hear from you. You will find details in previous newsletters, or email me and I can send you details

Collette is very good about arranging deviations pre and post trip, should you want to do some additional exploring.

## 2024 is the 80<sup>th</sup> Anniversary of the D-Day Landing

Collette has not released details to the public yet, but they have a great trip planned for next year. I want to know if there is enough interest in our SIR group to pursue planning and reserving spots on this trip (more details to come)

**Memorials of World War II featuring the 80th Anniversary of the D-Day Landing** tour, retrace history as you explore the hallowed grounds of the Normandy landing beaches. Visit The D-Day Story Museum and learn about Operation Overlord. In Caen, France, experience the Caen Peace Memorial Museum that vividly documents the causes and consequences of WWII. From the Vel d'Hiv, Hôtel de Ville, Les Invalides, Panthéon, and the Luxembourg Gardens to Le Marais, see the sites that tell the story of the liberation of Paris and what life was like under the Nazis.





## Hiking and Walking

**When:** Wednesdays, 8:30 am  
**Where:** South L St. and Railroad Ave.  
**Contact**

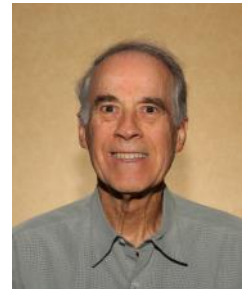
Art Hull, Chairman, 925-443-5479, Dave Lunn, Asst. Chairman, 925-784-2624  
[SIR101Hiking@googlegroups.com](mailto:SIR101Hiking@googlegroups.com)

We meet every Wednesday at the southeast corner of South L St. and Railroad Ave. and leave at 8:30AM for our hiking destination.

Spouses, friends and family are welcome.

We form three groups of various hiking levels (Amblers, Ramblers, and Scramblers). Bring plenty of water. The Amblers do a level hike usually at a park such as Sycamore Grove, Shadow Cliffs, or Holdener. The Ramblers do a moderate hike and the Scramblers do a more strenuous hike at one of the many surrounding regional parks such as Del Valle, Sunol, Morgan Territory, Pleasanton Ridge, Vargas Plateau, Garin/Dry Creek, Coyote Hills, Brushy Peak or Lake Chabot.

Hiking is good for your heart, good for your brain, and good for making friends. I guarantee we have a group for you. Try it, you might like it!



**Our Motto:** Remember, there's no such thing as bad hiking weather, just in-



Per Bill:  
Charles Dickens walks into a bar and orders a martini. Bar-tender asks "Olive or twist?"





Remember to Zoom in (Ctrl+) and out (Ctrl-) of any page.

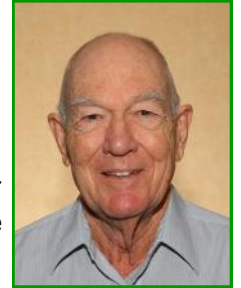
More Hiking Photos





## Sunshine

Contact: Art Molvik, 925-373-8437  
[SIR101Sunshine@googlegroups.com](mailto:SIR101Sunshine@googlegroups.com).



If you hear of someone needing a word of encouragement from all of us, or hear good news of someone's recovery, please let Art know. He will spread the news and get a card out to them.

# SIR'S SUMMER PICNIC



**Thursday, JUNE 15, 2023**

**10:15 AM TO 2:30 PM - Lunch starts 11:00**

**SPACE IS LIMITED 150, SO SIGN UP Before June 9th.**

**Asbury Methodist Church Livermore, Ca.  
 4743 East Ave**

### Contact

Branch 101: Ron Saltgaver, 925-443-0693, [saltgaverjob@comcast.net](mailto:saltgaverjob@comcast.net)

## Kayaking, continued

We arrived back at the starting point after five hours, happy for a fine day on the water together!

Our scheduled paddles are the first Tuesday each month. We often go to Lake Del Valle, currently closed due to flooding damage. Otherwise, we go somewhere on San Francisco Bay, sometimes up to 90 miles away, like Elkhorn Slough or Lodi Lake. If interested and you haven't already done so, contact Dick Ryon <dickryon@comcast.net>. Some of us have extra kayaks to lend, if you don't have one – yet!



## Wine Tasting

**When:** Friday March 24, 3:15pm

**Where:** 3 Steve's Winery

**Contact:** Bill Bish, Chairman, 925-447-1266,  
[SIR101Wine@googlegroups.com](mailto:SIR101Wine@googlegroups.com)



Come and join us for a glass of wine, conversation, and some of the most stunningly beautiful views of the Livermore Valley. Come alone or bring some friends! We'll gather on March 24th at 3:15pm at [3 Steve's Winery](#), 5700 Greenville Road in Livermore.

See you there!

---

## Activities

**Contact:** Ron Saltgaver, Chairman, 925-443-0693,  
[SIR101Activities@googlegroups.com](mailto:SIR101Activities@googlegroups.com)



**What:** Do you want to start something new? Describe it in your own words.

**Where:** Please, suggest location based on your ideas with current restrictions considered.

**When:** How often and what duration would you think would be best to keep up interest?

**Contact:** Do you want to be the Chairman for this?

Please contact Activities chair Ron Saltgaver for more information.

---

The following groups are on hiatus.

### BackPacking

**Contact:** Dave Lunn, Chairman, 925-784-2624, [SIR101Backpacking@googlegroups.com](mailto:SIR101Backpacking@googlegroups.com)

### Game Day

**Contact:** Ron Saltgaver, Chairman, 925-443-0693, [SIR101GameDay@googlegroups.com](mailto:SIR101GameDay@googlegroups.com)

If you are interested in the following activities we would welcome volunteers to chair them!

- Chess
  - Domestic Travel
  - Golf
  - Fishing
  - Investments
- 

A priest, a minister, and a rabbit walk into a blood bank.  
The rabbit says "I think I might be a type O".

**Membership Rules:** A member will be notified in writing of the pending termination of his membership should he be responsible for any of the following: (a) missing three (3) consecutive regular luncheon meetings without having been excused by contacting Werner Schlapfer, [SIR101Attendance@googlegroups.com](mailto:SIR101Attendance@googlegroups.com) not later than the Thursday before the meeting day; (b) not attending a minimum of five (5) of the regular luncheon meetings within the previous twelve consecutive month period. Excused absences are not included in achieving the five (5) luncheon meeting minimum. Certification of attendance at another Branch Meeting or State SIR meeting will be considered as a credit to the attendance record.

**Non-responsibility clause:** All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc. and its branches do not assume any responsibility for the well-being or safety of the participants or their property, in any matter pertaining to said activities. Travel events of four (4) or more nights and all air and sea travel must be arranged and booked through a travel agency. Members and guests shall make their checks payable to the travel agency involved. Tour and travel events of three (3) or fewer nights shall require participating members and guests to make their checks payable to the appropriate Branch of Sons in Retirement, Inc., whether or not a travel agency has booked the event.

**SIR 101 web information:**

**SIR 101:** [Sirlnc2.org/Branch101](http://Sirlnc2.org/Branch101). Our site has a 'Members Only' section. SIR 101 members may contact our Webmaster for the User Name and Password. See the Member Roster, Member Photo Gallery, Speaker Videos, Member Videos, Form 27, Form 28 and BEC Meeting Minutes.

**Is your Photo Gallery photo missing?** Send a digital photo similar to the Photo Gallery pictures to Webmaster Dennis Gately and to Bulletin Editor Steve Skedzielewski. No photo? Contact the Bulletin Editor.

**State SIR information:** SIR Inc.: [sirinc.org](http://sirinc.org), SIR Sports: State SIR Sports Chair W. Lee Moy, [HealthStudio@gmail.com](mailto:HealthStudio@gmail.com) (559) 709-9851. The SIR newsletter [SIR Happenings](#) features news about SIR and all the things that are still going on in our Branches.



**What is the Green Dot Program?** (Editor's note: the [Green Dot](#) program continues to recognize recent new members. Each member is assigned an identification number that appears on his lapel badge which is filed in numerical order near the Luncheon Meeting entrance. He will wear his badge at all meetings and must leave it when he departs the meeting. For about the first six months after he joins SIR 101, his badge will have a [Green Dot](#) on it which signifies he is a new member and entitles members who share his dining table, [early access to the buffet line](#). The main purpose is to encourage members to introduce themselves to the new members and help them feel comfortable and learn what SIR is all about. The badges also provide a means of noting meeting attendance.

**Current Green Dot members**

[Robert Buckley](#), [Bob Cowgill](#), [Brent Dixon](#), [Bruce Henry](#), [Jim Muir](#), [Jim Murray](#), [Walter Schindler](#), [Donald Sheaffer](#), [Scott Smith](#).



## Birthday Boys\*

### February Birthday Boys Winners: Dick Hatfield and Dick Ryon

### March Birthday Boys

Bill Bish  
Dave Burg  
Don Carter  
Marcos Contreras  
Bruce DeCoursey

Roger Everett  
Dick Fortner  
Doug Mansur  
Arthur Molvik  
Carl Rosenkilde

Dom Saccullo  
Dale Schauer  
D. Lynn Schaeffer  
Wayne Shotts  
Graham Thomas

#### Lunch Prepayment Instructions / Yearly Member Donation Reminder

Prepay your \$27 lunch or make your Annual Dues payment of \$30.

You can best support our branch with your yearly \$30 dues. SIR promotes entertaining and enriching our lives through many activities as well as branch meetups, like in-person luncheons, restarting now after the Covid hiatus with the new policies mentioned in the Big SIR's message. If you have not already paid for the year, please consider doing so!

#### Pay online or on your cell phone or computer with Zelle (**preferred**)!

You can easily donate/pay using your bank's app or the Zelle app on your phone. On your computer go to the [zellepay.com](https://zellepay.com) website. Avoid the long lunch line: RSVP the meeting invitation online, pre-pay your lunch via Zelle and arrive early to visit at the lunch.

**Connect Zelle to:** Roger Grimm, using email [SIR101Treasurer@gmail.com](mailto:SIR101Treasurer@gmail.com)

**PayPal**                    We currently can't accept PayPal payments.

**Mail checks to:** Roger Grimm (address in the [Members Only](#) tab on our website).

**Questions or more Information?** Contact Treasurer: Roger Grimm, [SIR101Treasurer@googlegroups.com](mailto:SIR101Treasurer@googlegroups.com).

\* **What is the Birthday Boys Program?** It is a program that offers each member, who is celebrating a birthday in the current month, to have a chance to receive a free luncheon credit, if that member's name is chosen in a drawing and is in attendance at the monthly meeting. Currently, two names are called each month.