



SIR 101

Bulletin

February 2023

Volume 42, Number 2

SONS IN
RETIREMENT 101
LIVERMORE, CA

FOR MORE
INFORMATION,
ABOUT OUR
BRANCH, PLEASE
VISIT OUR
WEBSITE

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The Big Sir Message from John Didlake

We are off and running for 2023! We had 47 attend our January Luncheon and we had an excellent presentation on "10 Warning Signs of Alzheimer's" by Dori Sproul, a Family Care Specialist with the Alzheimer's Association of Northern California. Dori's presentation will be on our Branch 101 website soon in the Member's Only > Videos & Images > Speaker Videos (note you will need the members username and password – if you need the username/pw contact me). With our recent abnormal weather patterns, we have a very appropriate presentation planned for our February luncheon, "The World of Weather Modeling" by Ron Baskett.

Please note that we are moving our luncheon venue to Asbury United Methodist Church on East Ave. and our meeting date to the 3rd Thursday of the month – our February Luncheon will be on Thursday, February 16th and the March Luncheon on Thursday, March 16th. Join us and find out about weather modeling, the SIR Croatia Cruise, and other upcoming events

In the January Luncheon I presented that rising costs are a challenge for our Branch and that we have been subsidizing the luncheons to keep the our members cost down. However, our change of venue is reducing the venue costs of the

luncheon and with the recruiting efforts of Bill Leach, Roger Everett, and Roger Grimm, we have three new members: Scott Smith, Bob Cowgill, and Robert Buckley. Also, I hear that we could have two potential new members as guests at our February luncheon. The bottom line is that the more members we have attending a luncheon the lower our per person costs as it spreads the fixed venue cost over more people. Thus, Branch 101's outlook is trending upwards closer to being able to break even at our current cost \$32/\$35 – great job! So, let's all keep the trend going by inviting guests and recruiting new members. Remember, if you recruit 2 New Members; you get a free lunch!

As I reported last month, we lost one of our faithful SIR members, Len Smith, who passed away unexpectedly in mid-December. One of Len's biggest concerns for our branch was the rising cost of the SIR luncheons. At Lea Smith's (Len's wife) request we are setting up a Len Smith Memorial Fund to defray some of the SIR Luncheon costs. You can contribute to this Len Smith Memorial Fund in several ways:

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Announcements

Beginning in February our monthly meeting will move to the 3rd Thursday (Feb. 16) and a new venue, Asbury United Methodist Church on East Avenue.

Payments using Zelle for the luncheon or the annual dues have a new payee. Payments should now be made to Roger Grimm using the email address SIR101Treasurer@gmail.com

January Speaker

**The world of weather and climate modeling
Ron Baskett, Certified Consulting Meteorologist
February 16, 2023**



Ron Baskett

The meteorology community has made great advances in the last several decades to improve the accuracy of both weather and climate modeling. Ron will show the innovations of today's weather enterprise:

- Integrated observations to initialize and nudge model runs
- Improved physics for seamless multi-scale modeling from minutes to seasons
- Supercomputer advancement provides for finer model resolution
- Ensemble modeling for better probabilistic forecasts
- Graphics and communications via Internet and Apps

He will illustrate these advancements associated with example forecasts and discuss current research for continued improvement .

SIR 101 member Ron Baskett, a Certified Consulting Meteorologist, holds B.S. and M.S. degrees in Atmospheric Science from UC Davis. He retired in 2017 as Deputy Division Leader in Atmospheric, Earth, and Energy Division at Lawrence Livermore National Lab. His career focused on developing and applying modeling systems to predict consequences from releases of hazardous material to the atmosphere. Currently Ron leads the Tri-Valley Air Quality Community Alliance, a state-funded project to encourage actions which improve local air quality.

Future Speakers

A great attraction for getting potential new members to come to our SIR meetings is the speakers. Click [SIR 101 Meeting Speakers-Public](#) to see available information about each presentation.

Do you have ideas for speakers? Let Dwight Lang, SIR101LittleSIR@googlegroups.com know.

Our Planned Speakers :

March 17

Steve McGinnis—Pleasanton Pedalers Bicycling Group

Financial

Contact: Roger Grimm, Treasurer,
SIR101Treasurer@googlegroups.com



Monthly Cash Report for January, 2023
 See our web site for the complete Form 28.

Beginning Cash Balance (Total Cash)..Line 1: Month: \$4,032.72 YTD \$4,032.72
 Ending Cash Balance (Total Cash),,,,,,Line 8: Month: \$5,207.72 YTD \$5,207.72

Membership and Attendance

Contact: Larry Wiley, Chairman, 925-443-7979,
SIR101Membership@googlegroups.com



WELCOME NEW MEMBERS, VISITORS and GUESTS:

New Members: 3—Scott Smith, Bob Cowgill and Robert Buckley

- ◆ **Visitors:** 1.
- ◆ **Guests:** 2

MEMBER CARE GIVERS:

- ◆ Care Givers: 0.

MEMBER CHANGES:

- ◆ **Deleted:** 3 Glenn Hage, Tom Changras, Henry Chau
- ◆ **Passed:** Emil Cigliutti

MEMBERSHIP STATUS:

- ◆ The ACTIVE Membership of SIR 101 as of February 10, 2023 is **144** members

MEETING ATTENDANCE— All lunch meetings are planned to be In person. BEC meetings follow in-person lunch meetings.

- ◆ January meeting: 45 attendees.

The complete SIR Form 27 Monthly Branch Membership Report for February, 2023 is available on our website.

COVID-19 News

The State SIRs organization has adopted new guidelines that you can visit by clicking [here](#). We still encourage members to not attend events if you are feeling ill, and should you have paid for a monthly luncheon that you can't attend, we will refund the payment.

You may want to visit these websites that provide information about COVID exposure and what to do if you have symptoms:

[COVID Symptoms](#)
[Recommended Steps](#)
[COVID testing](#)

Check out our **SIR Branch 101 web site**.

Click SirInc2.org/Branch101 to see the latest edition. Click on this link to email Dennis Gately, SIR101Web@googlegroups.com or call 925-443-1953 for the member id and password.

Do you need a member phone # or email address? It's in our web site's '**Members Only**' section, which has a Member Roster, Member Photo Gallery, Speaker Videos, Member Videos, and BEC Meeting Minutes.

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Bocce

When: 2nd and 4th Thursdays, 10:00 AM - 11:30AM

Next: Feb 23, Mar 9, Mar 23, 2023

Where: Bothwell Park, 8th and H St

Contact: Chuck Molenkamp, Chairman, 925-413-1414,
SIR101Bocce@googlegroups.com



SIR 101 members play bocce every second and fourth Thursday of the month at Bothwell Park at Eighth and H Streets in Livermore when it is not wet and/or raining.

We plan to be back on the courts on February 23, March 9 and March 28, if the weather permits. A few days before each scheduled game, a reminder email is sent out to those on the SIR bocce email list. If you are interested in giving bocce a try and would like to be added to this list simply email a request to Chuck Molenkamp, cmole44@gmail.com, We would love to have you join us.



Bocce players on February 9, 2023 are Dick Ryon, Dale Schauer, Werner Schlapfer, Dom Saccullo (in the back), Raul Pomares, Bob Johnson, and Roger Everett .



History note

French fries didn't come from France. They were cooked in Greece first.

Dining Out

When: Usually 2nd Tuesdays at 5:00pm

Next: Feb 14, 2023

Where: Bruno's, Livermore

Contact: Doug Mansur, Chairman, 925-640-5233

SIR101Diningout@googlegroups.com



We have a reservation for 16 at Bruno's for dinner on Valentine's Day February 14th at 5:30. (They said the menu will be a bit restricted that day) The first 16 are IN!!, so treat your spouse to a romantic din-din that day, or you will not be OK, the next day!

Please respond positively to Doug Mansur at dmansur@gmail.com as soon as possible

Those interested in being added to our mailing list should contact the activity chair

NEAL'S ROMEOs (Retired "O" Men Eating Out)

When: Third Tuesdays **Next:** TBA

Where: TBA

Contact: Vic Wheatman, Chairman,

SIR101Romeos@googlegroups.com



Due to SIRS Luncheon changes, and minor conflicts with choices of venues, we'll be postponing the next ROMEO Luncheon into March, date to be determined.



Wisdom, via Bill:

Boomerangs and attention deficit disorder do not mix.

I asked my wife what women really want. She said "a tent of lovers" Or perhaps it was attentive lovers -- I wasn't really listening.

Therapist: Your wife says you never buy her flowers.

Husband: To be honest, I never knew she sold flowers.

SIR 101 Kayaking

When: First Tuesdays **Next:** TBD

Where: TBD.

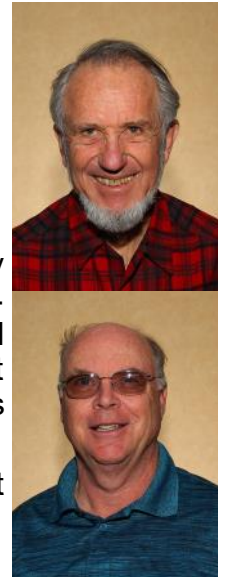
Contact: Dick Ryon, 925-447-8907, Doug Mansur, 925-640-523

SIR101Kayaking@googlegroups.com

SIR Kayakers had scheduled an outing at Alameda Island for the first Tuesday of January, the 3rd. That outing is postponed until further notice, due to the continuing rain. Notice of the re-scheduled event will be sent to those on our e-mail list once the weather clears. If you would like to be added to that list, contact Dick Ryon <dickryon@comcast.net>. If you don't yet have a kayak, some of us have extras that we would be glad to lend, with a request sent to Dick.

If you do not yet have a boat, some of us have extra kayaks to lend. Contact Dick Ryon or Doug Mansur SIR101Kayaking@googlegroups.com.

Paddle and live long!



Big Sir Message, continued

- Zelle your contribution to SIR101treasurer@gmail.com and indicate it is for the Len Smith Memorial Fund,
- Mail a check to Roger Grimm at 3034 Chateau Way, Livermore 94550, and again add "For Len Smith Memorial Fund" on the check, or
- Contribute at the Check-In table as you enter our luncheon.

The State SIR organization requires everyone attending any SIR or SIR branch activity or event to be vaccinated or have a recent negative test. The State SIR organization requires everyone attending any SIR or SIR branch activity or event to have waiver forms signed.

The State SIR issued protocol and the Waiver are on the State SIR webpage. Click [Protocols-for-Minimizing-Covid-19-Liability](https://www.sirinc.org/Protocols-for-Minimizing-Covid-19-Liability) at ([sirinc.org](https://www.sirinc.org)) and [SIR Waiver](https://www.sirinc.org/SIR-Waiver) at ([sirinc.org](https://www.sirinc.org)). The waiver is also available to view and download on our SIR101 website, click [SIR 101 COVID Waiver](#) that is setup for SIR 01 use.

State SIR requires the Waiver to be signed and turned into SIR 101 to participate in any State SIR or SIR branch in-person activities and events. Membership Chair Larry Wiley SIR101Membership@googlegroups.com will track signed and completed Waivers. One Waiver covers all State SIR and all SIR branch activities and events. If you previously turned in a completed Waiver to Larry or your activity chair, you need not complete another.

Branch 161 Friendship Golf Tournament

Branch 161 invites all SIR golfers and guests to a Friendship Tournament on March 6, 2023 at Discovery Bay Golf & Country Club. Click on [this link](#) to read the flyer with all of the details.

If you have any questions or suggestions

please contact:

Johnny Welton

5751 Prestwick Court

Discovery Bay, CA 94505

Email: johnnywelton40@gmail.com

Cell: 925-876-5844

SIR 101 Travel

"The world is a great place. You should see it!"

Contact: Bill Britton, Chairman, 925-443-9913,
SIR101Travel@googlegroups.com

Jon Lumia, Asst. Chairman, 925-373-9412,
SIR101Travel@googlegroups.com



Here is the latest update for our September 24-October 7, 2023 **Croatia & Its Islands** SIR trip. Our yacht is filling up. It has 18 cabins (for 36 people) and we currently have 15 cabins booked (30 people) and probably at least 32 people as I write this. That means I would only have 2 cabins available before we are full. That is 2-4 people. I may have one person planning to go as a single, which would leave 1 cabin (2 people) available. So if you are interested in joining the rest of our group let me know as soon as possible and I can send you more information

The trip includes 7 nights on a small luxury yacht with a maximum of 36 passengers and 5 nights of hotel stays. This is a great part of the world with a very incredible history. Here is a link to the presentation I did at a previous SIR meeting:

<https://www.youtube.com/watch?v=B2CES8t8mQk>.

Collette is very good about arranging deviations pre and post trip, should you want to do some additional exploring.



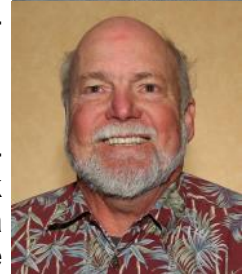
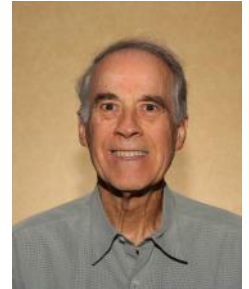
Hiking and Walking

When: Wednesdays, 8:30 am

Where: South L St. and Railroad Ave.

Contact

Art Hull, Chairman, 925-443-5479, Dave Lunn, Asst. Chairman, 925-784-2624
SIR101Hiking@googlegroups.com



We meet every Wednesday at the southeast corner of South L St. and Railroad Ave. and leave at 8:30AM for our hiking destination.

Spouses, friends and family are welcome.

We form three groups of various hiking levels (Amblers, Ramblers, and Scramblers). Bring plenty of water. The Amblers do a level hike usually at a park such as Sycamore Grove, Shadow Cliffs, or Holdener. The Ramblers do a moderate hike and the Scramblers do a more strenuous hike at one of the many surrounding regional parks such as Del Valle, Sunol, Morgan Territory, Pleasanton Ridge, Vargas Plateau, Garin/Dry Creek, Coyote Hills, Brushy Peak or Lake Chabot.

Hiking is good for your heart, good for your brain, and good for making friends. I guarantee we have a group for you. Try it, you might like it!

Our Motto: Remember, there's no such thing as bad hiking weather, just inappropriate clothing.



Remember to Zoom in (Ctrl+) and out (Ctrl-) of any page.

More Hiking Photos



Sunshine

Contact: Art Molvik, 925-373-8437
SIR101Sunshine@googlegroups.com



Bobb Smith is continuing treatments for cancer.

If you hear of someone needing a word of encouragement from all of us, or hear good news of someone's recovery, please let Art know. He will spread the news and get a card out to them.

SIR'S SUMMER PICNIC



Thursday, JUNE 15, 2023
10:15 AM TO 2:30 PM - Lunch starts 11:00
SPACE IS LIMITED 150, SO SIGN UP Before June 9th.

Asbury Methodist Church Livermore, Ca.
4743 East Ave

Contact
Branch 101: Ron Saltgaver, 925-443-0693, saltgaverjob@comcast.net





Activities

Contact: Ron Saltgaver, Chairman, 925-443-0693,
SIR101Activities@googlegroups.com



What: Do you want to start something new? Describe it in your own words.

Where: Please, suggest location based on your ideas with current restrictions considered.

When: How often and what duration would you think would be best to keep up interest?

Contact: Do you want to be the Chairman for this?

Please contact Activities chair Ron Saltgaver for more information.

The following groups are on hiatus.

BackPacking

Contact: Dave Lunn, Chairman, 925-784-2624, SIR101Backpacking@googlegroups.com

Game Day

Contact: Ron Saltgaver, Chairman, 925-443-0693, SIR101GameDay@googlegroups.com

If you are interested in the following activities we would welcome volunteers to chair them!

- Chess
 - Domestic Travel
 - Golf
 - Fishing
 - Investments
-

Membership Rules: A member will be notified in writing of the pending termination of his membership should he be responsible for any of the following: (a) missing three (3) consecutive regular luncheon meetings without having been excused by contacting Werner Schlapfer, SIR101Attendance@googlegroups.com not later than the Thursday before the meeting day; (b) not attending a minimum of five (5) of the regular luncheon meetings within the previous twelve consecutive month period. Excused absences are not included in achieving the five (5) luncheon meeting minimum. Certification of attendance at another Branch Meeting or State SIR meeting will be considered as a credit to the attendance record.

Non-responsibility clause: All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc. and its branches do not assume any responsibility for the well-being or safety of the participants or their property, in any matter pertaining to said activities. Travel events of four (4) or more nights and all air and sea travel must be arranged and booked through a travel agency. Members and guests shall make their checks payable to the travel agency involved. Tour and travel events of three (3) or fewer nights shall require participating members and guests to make their checks payable to the appropriate Branch of Sons in Retirement, Inc., whether or not a travel agency has booked the event.

SIR 101 web information:

SIR 101: SirInc2.org/Branch101. Our site has a 'Members Only' section. SIR 101 members may contact our Webmaster for the User Name and Password. See the Member Roster, Member Photo Gallery, Speaker Videos, Member Videos, Form 27, Form 28 and BEC Meeting Minutes.

Is your Photo Gallery photo missing? Send a digital photo similar to the Photo Gallery pictures to Webmaster Dennis Gately and to Bulletin Editor Steve Skedzielewski. No photo? Contact the Bulletin Editor.

State SIR information: SIR Inc.: sirinc.org, **SIR Sports:** State SIR Sports Chair W. Lee Moy, HealthStudio@gmail.com (559) 709-9851. The SIR newsletter [SIR Happenings](#) features news about SIR and all the things that are still going on in our Branches.



What is the Green Dot Program? (Editor's note: the [Green Dot](#) program continues to recognize recent new members)

Each member is assigned an identification number that appears on his lapel badge which is filed in numerical order near the Luncheon Meeting entrance. He will wear his badge at all meetings and must leave it when he departs the meeting. For about the first six months after he joins SIR 101, his badge will have a **Green Dot** on it which signifies he is a new member and entitles members who share his dining table, **early access to the buffet line**. The main purpose is to encourage members to introduce themselves to the new members and help them feel comfortable and learn what SIR is all about. The badges also provide a means of noting meeting attendance.

Current Green Dot members

Robert Buckley, Bob Cowgill, Guy Cummins, Brent Dixon, Bruce Henry, Bob Johnson, Jim Muir, Jim Murray, Steve Plummer, Donald Sheaffer, Scott Smith, Terry Tikalsky.

Birthday Boys*

**January Birthday Boys Winners:
Leo Bennis, Patrick Epperson, and Gordon Bull.**

February Birthday Boys

Bob Ackley
David Gire
Dick Hatfield
Dick Ryon
Larry Suter

What is the Birthday Boys Program? It is a program that offers each member, who is celebrating a birthday in the current month, to have a chance to receive a free luncheon credit or a \$25 egift certificate, if that member's name is chosen in a drawing and is in attendance at the monthly meeting. Currently, two names are called for each month.

Lunch Prepayment Instructions / Yearly Member Donation Reminder

Prepay your \$32 lunch or make your Annual Dues payment of \$30.

You can best support our branch with your yearly \$30 dues. SIR promotes entertaining and enriching our lives through many activities as well as branch meetups, like in-person luncheons, restarting now after the Covid hiatus with the new policies mentioned in the Big SIR's message. If you have not already paid for the year, please consider doing so!

Pay online or on your cell phone or computer with Zelle (preferred)!

You can easily donate/pay using your bank's app or the Zelle app on your phone. On your computer go to the zellepay.com website. Avoid the long lunch line: RSVP the meeting invitation online, pre-pay your lunch via Zelle and arrive early to visit at the lunch.

Connect Zelle to: Roger Grimm, using email SIR101Treasurer@gmail.com

PayPal We currently can't accept PayPal payments.

Mail checks to: Roger Grimm (address in the [Members Only](#) tab on our website).

Questions or more Information? Contact Treasurer: Roger Grimm, SIR101Treasurer@googlegroups.com.