



SIR 101

Bulletin

SONS IN
RETIREMENT 101
LIVERMORE, CA

April 2022

Volume 41, Number 4

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The Big Sir Message from Dennis Gately



Hopefully, you survived April Fools pranks this year, survived the day, and kept your dignity in check. Beyond the 1st, April will bring yet another opportunity, not for folly but to meet up again, in-person with like-minded seniors at our **monthly luncheon on April 26**. We'll have time to catch-up with others, listen to interesting speakers. Our own Bill Leach & Greg Davis will give a presentation on tours of Croatia, have a little fun, and eat an excellent lunch.

The Luncheon will be held at the **newly renovated Elk's Lodge**, 940 Larkspur Dr., Livermore. Look for an email luncheon invite and **PLEASE RSVP & SEND YOUR \$30 PREPAYMENT** to Treasurer Fred Coffield's phone number (**see below**). We really need to give our caterer a headcount as early as possible in order for her to provide a great meal for all attendees! Doors open at 11:00 am. Meeting starts at 11:30 am. **Please arrive early**. For April Birthday Boys, be sure to attend and get a chance for one of 3 \$25 eGift awards from Amazon. You can't win if you don't attend.

We are planning a **Picnic on June 16, 2022**. See Events on [page 14](#). I would like to invite you to consider supporting Ukrainian Refugee Relief. Please see [Page 15](#).

Big Sir >> [Page 14](#)

Lunch Prepayment Instructions/ Yearly Member Donation Reminder

Prepay your lunch \$30 or make your Annual Donation \$20 using these instructions.

You can best support our branch with your yearly \$20 donation. With Alameda County updating its policies on Covid restrictions, we expect more and more members will be joining our activities. SIR promotes entertaining and enriching our lives through many activities as well as branch meetups, like in-person luncheons, restarting now after the Covid hiatus with the new policies as mentioned above. If you have not already donated for the year, please consider!

Donate/pay online or on your cell phone or computer with Zelle (**preferred**) or Paypal!

Zelle-You can easily donate/pay using your bank's app or the Zelle app on your phone. On your computer go to the zellepay.com website and use Fred's phone number as noted below.

Connect Zelle to: Treasurer, Fred Coffield's cell phone: **925-216-0227**.

PayPal-Although Paypal is accepted, please make Fred's work lighter by using Zelle only. You can donate/pay using the PayPal app on your phone or on your computer from the paypal.com website.

Connect PayPal to: Treasurer, Fred Coffield's cell phone: **925-216-0227**.

Questions? please contact: Treasurer: Fred Coffield, SIR101Treasurer@googlegroups.com.

Announcements

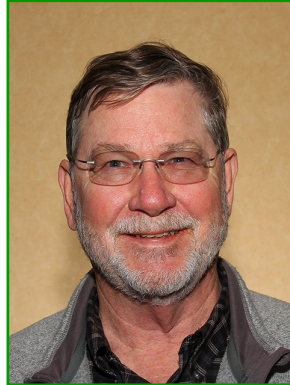
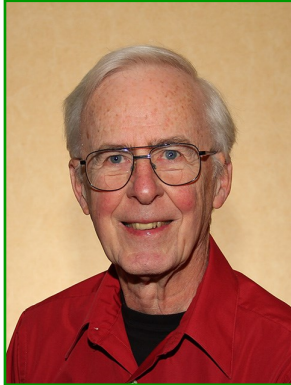
We meet the 4th Tuesday of each month. Our next **Meeting** will be Apr 26, 2022, SIR 101 members: watch for an email with the details. Future meetings are planned for May 24, 2022 and the Annual Picnic on June 16, 2022.

Check out our **SIR Branch 101 web site**. Click Sirlnc2.org/Branch101 to see the latest edition. Click Mike Pocha, SIR101Web@googlegroups.com to email or call 925-443-1953 for the member id and password.

Do you need a member phone # or email address? Did you know our web site 'Members Only' section has a Member Roster, Member Photo Gallery, Speaker Videos, Member Videos, BEC Meeting Minutes and Monthly Meeting Minutes?

Speaker's Preview

April 26, 2022—SIR 101 Members Bill Leach and Greg Davis -
"CROATIA BY LAND AND SEA" in person



Fellow SIRs Greg Davis and Bill Leach each have fond memories of their individual trips to the Dalmatian Coast country of Croatia, and will entertain you with those memories and many photos and videos at our April 26 luncheon. Greg visited in September last year, Bill in 2015.

Greg has been a member of SIR Branch 101 since 2008, serving as treasurer from 2012 through 2016. He and wife Sue recently celebrated their 50th wedding anniversary, live in South Livermore, and have two adult daughters.

While with SIR Greg has greatly enjoyed good friends, the Hiking Group, good meetings, and the kayaking group. Greg also enjoys bicycling, downhill skiing, and travel.

Greg worked 35 years for LLNL, retiring just before it became LLNS, and then worked as a contractor for another 5 years in the LLNS MPC&A program. Greg was educated in Electrical Engineering at UCSB, trained to use it at LLNL, rewarded by a career in diagnostics and computer control systems, ending up working on nuclear protection projects involving a bit of world travel.

Bill is the Secretary for Branch 101 and previously served as Little and Big Sir. He got his BChE at Purdue and spent his working years mostly in the industrial adhesive business, starting as a development chemist and eventually becoming Technical Director North America for the international company Henkel KgaA, Duesseldorf, Germany, retiring in 2009 to continue his interests in music and theater. Bill currently sits on the Boards of three Tri-Valley non-profits including, of course, SIR. He and wife Donna settled in Livermore in 1977 to raise their two sons and now enjoy the visits of two very young grandsons. Bill no longer skis nor has his lovely old Austin-Healey, but remembers those days fondly.

Contributed by Bill Leach:

A man goes into a job interview and presents himself well. The interviewer is thoroughly impressed at how professional he is but says "There is one thing I'm hoping you can clear up. There appears to be four years missing in your resume. What happened there?"

"Oh, that's when I went to Yale."

The employer is even more impressed. "You went to Yale? Great, you're hired!"

"Really?! I got the job?"

At breakfast a man asked his wife "What would you do if I won the lottery?" She replied "I'd take half and then leave you!" "Great", he said, "I won \$12 yesterday. Here's six. Stay in touch."

The CEO of Ikea was elected president of Sweden.
I hear he is still assembling his cabinet.

Future Speakers

A great attraction for getting potential new members to come to our SIR meetings is the speakers. Here are the speakers for future meetings. Share this information with your friends to attract them to our meetings. Click [SIR 101 Meeting Speakers-Public](#) to see available information about each presentation.

Do you have ideas for speakers? Let Ted Schaefer, SIR101LittleSIR@googlegroups.com know.

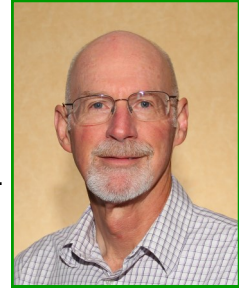
Our Planned Speakers follow with dates to be confirmed:

May 24, 2022—stay tuned

June 16, 2022—SIR 101 Picnic!

Financial

Contact: Fred Coffield, Treasurer, 925-216-0227,
SIR101Treasurer@googlegroups.com



SIR Form 28 Monthly Cash Report for February, 2022 See our web site for the complete Form 28.

BEGINNING CASH BALANCE (Total Cash)...Line 1 .Month \$4946.90..YTD \$5088.72
 ENDING CASH BALANCE (Total Cash),,,,,,,Line 8 .Month \$5321.18..YTD \$5321.18

Membership and Attendance

Contact: Larry Wiley, Chairman, 925-443-7979,
SIR101Membership@googlegroups.com



WELCOME NEW MEMBERS, VISITORS and GUESTS:

New Members: 2—Brent Dixon, James Murray. See the Member Roster for their contact information.

- ◆ **Visitors:** 0.
- ◆ **Guests:** 0.

MEMBER CARE GIVERS:

- ◆ Care Givers: 0.

MEMBER CHANGES:

- ◆ **Deleted:** 0.
- ◆ **Passed:** 1-Jim Doggett.

MEMBERSHIP STATUS:

- ◆ The ACTIVE Membership of SIR 101 as of April 11, 2022 is 181 members.

MEETING ATTENDANCE— The April lunch meeting is in person. All future meetings are planned to be in person. In person BEC meetings follow in person lunch meetings.

- ◆ March: Invites sent = 181, RSVPs = 35 (19%); **No RSVPs = 146 (81%)**, Attended = 62 (34%).

SIR Form 27 Monthly Branch Membership Report for March, 2022. Our web site has the complete Form 27 for March, 2022.

MEMBERSHIP		Previous Years			Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Year Total	Year %	Min Goal	Branch Goal
		2019	2020	2021																
1	NUMBER OF MEMBERS LAST MONTH (= Line 4 last month)	199	190	184	184	181	182										----	----	----	----
2	NUMBER OF MEMBERS IN	20	5	10	1	2	1										4	2.2%	11	12
3	NUMBER OF MEMBERS OUT (ATTRITION)	29	11	10	4	1	2										7	3.8%	----	----
4	NUMBER OF MEMBERS (Lines 1+2-3)	190	184	184	181	182	181										----	----	185	185
5	TOTAL NUMBER OF ACTIVITIES - including Partner activities	20	20	20	----	----	20	----	----		----	----		----	----		----	----	----	19
6	NUMBER OF PARTNER ACTIVITIES	16	18	16	----	----	16	----	----		----	----		----	----		----	----	----	15
7	MEDIAN BRANCH AGE	11.0	78.2	78.6	-----	-----	79.1	-----	-----		-----	-----		-----	-----		-----	-----	-----	78

Backpacking

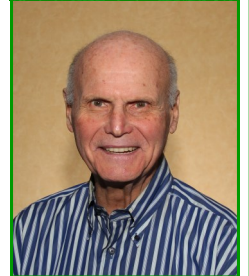
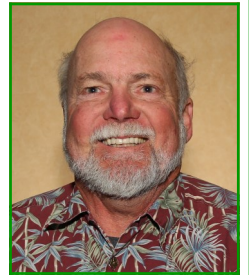
When: tbd

Where: tbd

Contact: Dave Lunn, Chairman, 925-784-2624,
SIR101Backpacking@googlegroups.com
 Leo Bennis, Asst Chairman, 925-956-3044,
SIR101Backpacking@googlegroups.com

Backpacking is on hiatus.

Contact Dave for more information.



Bocce

When: 2nd and 4th Thursdays, 10:00 AM - 11:30AM

Next: Apr 28, May 12 and May 26, 2022

Where: Bothwell Park, 8th and H St

Contact: Chuck Molenkamp, Chairman, 925-455-1952,
SIR101Bocce@googlegroups.com



Bocce is a SIR 101 Approved Activity. This year six or seven SIR members have played bocce on the second and fourth Thursdays of each month. In March we had two lovely sunny days where we started out with jackets on, but were in shirt sleeves by the end. We use both of the courts at Bothwell Park, and the games have been competitive and the fellowship and discussion interesting. Our next games will be on April 28 and May 12 and 26. There is space for a few more players, and we would love to have you join us. Bothwell Park is

at 8th and H Streets in Livermore, and we normally play from 10:00 am until about 11:30. Chuck Molenkamp sends out a reminder to the members on the bocce list on the Monday or Tuesday before we play.

If you are interested in joining us send an email request to Chuck Molenkamp SIR101Bocce@googlegroups.com to be added to the bocce reminder email list.



The players in the photo are Roger Everett, Dale Shauer, Coleman Johnson, Chuck Molenkamp, and Raul Pomares. The photographer was Harry Levin.

Bridge

When: tbd
Where: tbd

Contact: open,- Chairman, SIR101Bridge@googlegroups.com

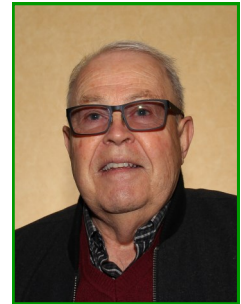
Bridge is on hiatus.

Please contact Activities chair [Ron Saltgaver](#) for more information.

Chess

When: tbd
Where: tbd

Contact: Mike Miller, Chairman, 925-449-4062,
SIR101Chess@googlegroups.com

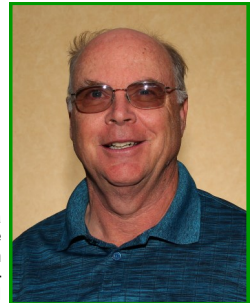


Chess is on hiatus.

Dining Out

When: Usually 2nd Tuesdays at 5:30pm, **Next:** likely Tuesday, May 10, 2022
Where: tbd

Contact: Doug Mansur, Chairman, 925-640-5233,
SIR101Diningout@googlegroups.com



Dining Out is now an Approved Activity. This was our first gathering in just over two years, and it was nice to see 18 folks sign up to share a nice meal together. I chose the Cheesecake Factory in Pleasanton because it had plenty of space for us in a special area off to one side where we could hve an easy time talking with one another. When we arrived there was the rather significant problem that our reservation had been lost. Oh, no. But it was fortunate that the restaurant was not yet crowded, and we eventually got seated in the area we had requested. Oddly enough, the manager on duty claimed that they did not accept group reservations like ours. Curious, since I previously had talked to a daytime manager two times to arrange things for us. Eventually, however, all was well. Those I talked to in our group said the food was excellent and a few of us selected from their large dessert selection. If you would like to receive notices of our future restaurant gatherings please send an email to Doug at SIR101Diningout@googlegroups.com. See photos of our outing on [page 6](#).

Fishing

When: tbd
Where: tbd

Contact: Roger Perry, Chairman, 925-518-8676,
SIR101Fishing@googlegroups.com



Fishing is on hiatus.

Bowling

When: tbd
Where: tbd

Contact: open, SIR101Bowling@googlegroups.com

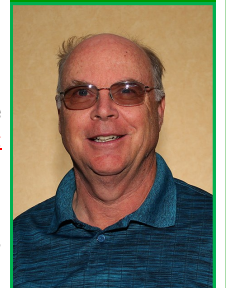
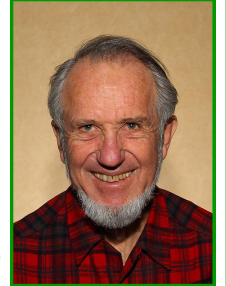
Bowling is on hiatus. Please contact Activities chair [Ron Saltgaver](#) for more information.

Kayaking

When: 1st Tuesdays **Next:** May 3, 2022

Where: tbd

Contact: Dick Ryon, 925-447-8907, SIR101Kayaking@googlegroups.com
Doug Mansur, 925-640-5233, SIR101Kayaking@googlegroups.com



Kayaking is a SIR 101 Approved Activity. Nine of us were scheduled to kayak at Lake Del Valle on our usual first Tuesday of the month, April 5, 2022. I was also to be there on Monday, with the group I will spend five weeks kayaking in Glacier Bay, Alaska in June and July. We were turned around at the park entrance gate, as the park's computer was down. It was therefore impossible to inspect our boats for possible contamination by mussel larva. (Mussels are a plague in fresh water; they clog pipelines.) The computer was not expected to be back up for a few days. The trip was therefore postponed for a week. The computer is now back up, so we shall be at Lake Del Valle on Tuesday, April 12th at 9:30 AM. Thanks for the opportunity to post pictures of our re-scheduled kayak outing to Lake Del Valle. [April 14 Sad to say, the event did not take place, due to predicted wind that at best would have made the trip unpleasant, and at worst, dangerous. It is re-scheduled for May 3rd.](#)

Our May outing has not yet been determined, but likely to be somewhere nearby. We would be glad to have you join our group! If you would like to join us and don't (yet) have a boat, contact us as we have extra boats and gear to lend.

If you do not yet have a boat, some of us have extra kayaks to lend, contact Dick Ryon or Doug Mansur SIR101Kayaking@googlegroups.com.

If you would like to help determine where we shall go, a good source for information is the Bay Area Sea Kayakers trip planner that is open to everyone: https://www.bask.org/trip_planner/5.11/. If there is a suggestion, likely we will do it! Otherwise, Dick Ryon and Doug Mansur will decide.

If you would like to join us, contact Dick Ryon.

As our slogan goes, Paddle and live long.

Dining Out -April,2022.



Remember to zoom in (Ctrl+) and out (Ctrl-) of any page.



Hiking -March-April,2022.

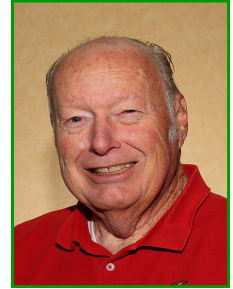


Game Day

When: tbd

Where: tbd

Contact: Ron Saltgaver, Chairman, 925-443-0693,
SIR101GameDay@googlegroups.com



Game Day is on hiatus.

I have successfully run a re-occurring Game Day for 3 years prior to the pandemic with satisfactory results. I am trying to make this available (albeit without meeting directly) via the Zoom computer tool.

I am proposing to run a Bingo session and possibly a Trivia or Timeline like game via Zoom. I need to know what you feel would be your best days and times for a 2 hour session of games. Name(s) of players, email addresses, favorite game, and how often would you like to meet. Send me an email at SIR101GameDay@googlegroups.com to express your interest.

Game day was initially designed for a group of people to get together with an agenda: General conversation until all arrive; play 1 or more games as a group or by dividing up into separate groups; Heat up Dinner; Continue the same or a new game; Stop Games; Eat dinner; Have dessert; and Adjourn. We gathered together at 3:00; Play Games; at 5:00 reheat or cook dinner items; 6:00 have dinner and dessert; and adjourn. The number of people invited was based on the table size. We chose a max of 12 as my large table will just comfortably fit that many.

Due to the pandemic, we are unable to get together in person until all participants are vaccinated and we hold to the Pandemic rules. We are not there as yet, but we are closer.

Some of the Branches in SIR are playing games like Poker, Bridge, Pinochle, and Cribbage via an Online Network programs (Not Zoom). The results of each group of 4 are reported to the Game Coordinator so that results can be tabulated and shared.

Investments

When: The last Friday of the month from 10:00 AM to 11:30 AM

Where: Zoom meeting

Contact: Rod Kiefer, Chairman, 925-447-4173,
SIR101Investments@googlegroups.com



Investments is a SIR 101 Approved Activity.

The goal of our activity is to share investment experiences, strategies, market research tools, and other investment topics the group may be interested in discussing. If you're interested in joining the investment group, please contact Rod Kiefer.

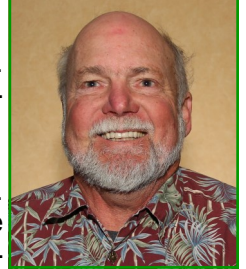
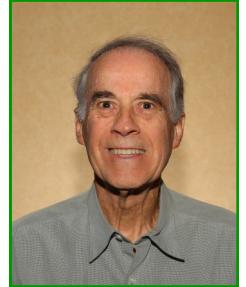
Hiking and Walking

When: Wednesdays, 8:30 am

Where: South L St. and Railroad Ave.

Contact: Art Hull, Chairman, 925-443-5479, SIR101Hiking@googlegroups.com

Dave Lunn, Asst. Chairman, 925-784-2624, SIR101Hiking@googlegroups.com



Hiking is a SIR 101 Approved Activity.

We meet every Wednesday at the southeast corner of South L St. and Railroad Ave. and leave at 8:30 AM for our hiking destination. Spouses, friends and family are welcome.

We form three groups of various hiking levels (Amblers, Ramblers, and Scramblers). Bring plenty of water. The Amblers do a level hike usually at a park such as Sycamore Grove, Shadow Cliffs, or Holdener. The Ramblers do a moderate hike and the Scramblers do a more strenuous hike at one of the many surrounding regional parks such as Del Valle, Sunol, Morgan Territory, Pleasanton Ridge, Vargas Plateau, Garin/Dry Creek, Coyote Hills, Brushy Peak or Lake Chabot.

Hiking is good for your heart, good for your brain, and good for making friends. I guarantee we have a group for you. Try it, you might like it!

Our Motto: Remember, there's no such thing as bad hiking weather, just inappropriate clothing.



Hiking March-April-March,2022.

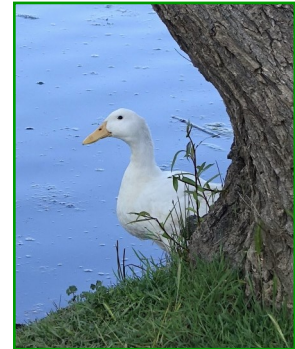
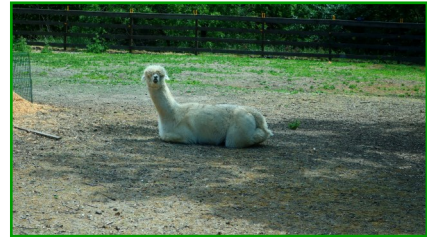
Bridge at Lake Chabot
A Rolling Hill Contest
Giant Wakerobbin Trillium

Remember to Zoom
in (Ctrl+) and out
(Ctrl-) of any page.



Hiking March-April,2022 –Critters

Remember to Zoom in (Ctrl+) and out (Ctrl-) of any page.



NEAL'S ROMEOs (Retired "O" Men Eating Out)

When: tbd
Where: At various restaurants. **Next:** tbd
Contact: Roy Porfido, Chairman, 925-455-0600,
SIR101Romeos@googlegroups.com
Sorry—Men only



Neal's ROMEOs, those Retired "O" Men Eating Out, is on hiatus.

Golf

When: week of June 13, 2022
Where: Reno, Nv
Contact: **open**, SIR101Golf@googlegroups.com

Golf is on hiatus.

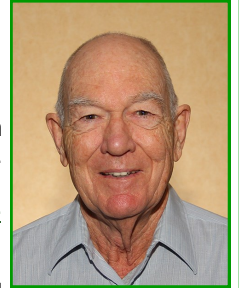
Please contact Activities chair [Ron Saltgaver](#) for more information.

2022 SIR State Golf Committee Chair, Mark Stuart, invites you to our second golfing event of the year to be held in Reno the week of June 13th. This four day event includes an option for either playing two or three days of golf. Atlantis Hotel and Casino will again be our host hotel. For much more information on this event or to find information on other future events, golf committee member contact information, golf policies and so much more by clicking on the SIR State Golf website at "www.sirgolf.org".

Sunshine

Contact: Art Molvik, 925-373-8437, SIR101Sunshine@googlegroups.com

We will miss Jim Doggett, who died on April 7, 2022. Many of us knew Jim from his work in fusion energy at LLNL, or his community work for the Livermore Cultural Arts Festival, and the Rotary Club. Former Big SIR Rick Morrow is his son-in-law. There will be a celebration of Jim's life at 12:30 pm on Saturday, April 30, 2022 at 2926 Edwards Lane Livermore. Jim's obituary is here [Livermore Obituaries for Families and Loved Ones \(callaghanmortuary.com\)](https://www.callaghanmortuary.com).



We were sorry to hear that on April 4, 2022, Bill Moran hit something while bicycling and took a bad spill, resulting in surgery to partially repair a severely broken shoulder, plus three broken ribs, and many abrasions.

We are glad to report that Tim Evans is home from rehab. after pneumonia.

If you hear of someone needing a word of encouragement from all of us, or hear good news of someone's recovery, please let Art know. He will spread the news and get a card out to them.

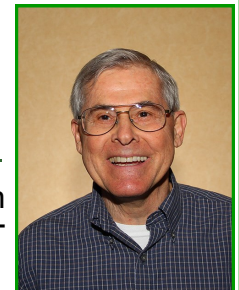
Wine Tasting

When: tbd

Where: tbd

Contact: Bill Bish, Chairman, 925-447-1266, SIR101Wine@googlegroups.com

Wine Tasting is a SIR 101 Approved Activity. The wine tasting group met on Fri, April 15 at Mitchell Katz winery on Vasco Rd. Come join us at our next tasting and enjoy some friends & good wines. Contact Bill for more information.



Woodcarving

When: tbd

Where: tbd

Contact: open, Chairman, SIR101WoodCarving@googlegroups.com

Wood carving is on hiatus. Please contact Activities chair [Ron Saltgaver](mailto:Ron.Saltgaver@gmail.com) for more information.

Activities

Contact: Ron Saltgaver, Chairman, 925-443-0693,
SIR101Activities@googlegroups.com

What: Do you want to start something new? Describe it in your own words.

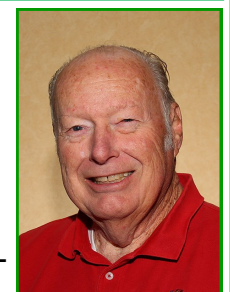
Where: Please, suggest location based on your ideas with current restrictions considered.

When: How often and what duration would you think would be best to keep up interest?

Contact: Do you want to be the Chairman for this?

We are restricted in many ways by the pandemic rules dealing with food and personal interactions, but you may have ideas on ways to comply while meeting California State and County guidelines. Send your ideas to Ron Saltgaver.

Please contact Activities chair Ron Saltgaver for more information.

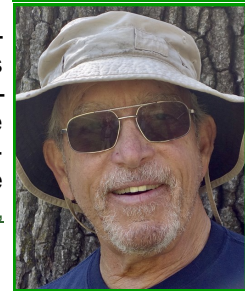


SIR 101 Travel

"The world is a great place. You should see it!"

Contact: Bill Britton, Chairman, 925-443-9913,
SIR101Travel@googlegroups.com
 Jon Lumia, Asst. Chairman, 925-373-9412,
SIR101Travel@googlegroups.com

The Magical Rhine/Moselle River Cruise



Bill is busy working on the details for the group's cruise. We currently have 14 cabins reserved on our September river cruise (that is 27 people). I have described the trip many times before in this newsletter, so I won't do it again. In the past I have had people contact me closer to the trip date asking if they can possibly join the trip. We have been able to do it in the past and it could be possible for this trip as well depending on space available. So if you decide later you would like to join us I can check on availability and cost (which will likely be more). Click to see the [Discover the Magical Rhine and Moselle Rivers September 12-25, 2022](#) brochure.

Here are a few details:

- Depart for Amsterdam on September 12, 2022 (2 days ahead of the regular trip).
- Return from Zurich, Switzerland on September 26, 2022 (3 additional days at the end of the regular trip spent in Lucerne, Switzerland).
- We will be cruising on the MS Amadeus Imperial (launched in 2020).
- Travel insurance is included in the pricing along with all tips.
- Ground transportation from Livermore to SFO and return.

The Amadeus river ships are new and modern. They are taking extra special precautions since Covid, which you can read about on their website here:



<https://www.amadeus-rivercruises.com>.

Here is a map of the trip:

Reminder: SIR approved Collette Travel, has provided our overseas trips. If you want to plan your own trip you can go to their website, www.gocollette.com, find a trip that interests you, and let me know. If you book through me, I can save you money on your trip.
 Bill Britton.

If you would like to be added to my list of interested travelers contact

STATE SIR TRAVEL Chair Milt Smith wants you to know about travel organized by other SIR branches.

ALASKA LAND & SEA May 23 - June 4th. 2022 SPACE AVAILABLE

8-DAY CRUISE Aboard the Majestic Princess " Anchorage/Whittier " Hubbard Glacier Scenic Cruising " Glacier Bay Cruising " Skagway " Juneau " Ketchikan " Vancouver Anchorage

CONTACT Larry Yarberry (925) 890-9245 lyarberry42@comcast.net Or Talbot Tours 800 662-9933 info@talbottours.com Land & Cruise including roundtrip Airfare \$2995. DBL. OCCUPANCY \$4250. SINGLE

8 Night Columbia and Snake River Cruise May 12, 2022, via the American Harmony of the American Cruise Lines. Explore the Pacific Northwest with your fellow SIR members following the path of Lewis and Clark. Unpack once and enjoy the beauty of the lush forest of the River Gorge and the high desert bordering the Snake River and Hells Canyon. Prices range from \$5,600 pp. double occupancy.

For more information

CONTACT Tan Matosian Branch 128. tgmat54@gmail.com Or contact The Travel Center in Pleasant Hill directly at 925-937-2223 be sure to mention Branch 128.

Membership Rules: A member will be notified in writing of the pending termination of his membership should he be responsible for any of the following: (a) missing three (3) consecutive regular luncheon meetings without having been excused by contacting Werner Schläpfer, SIR101Attendance@googlegroups.com not later than the Thursday before the meeting day; (b) not attending a minimum of five (5) of the regular luncheon meetings within the previous twelve consecutive month period. Excused absences are not included in achieving the five (5) luncheon meeting minimum. Certification of attendance at another Branch Meeting or State SIR meeting will be considered as a credit to the attendance record.

Non-responsibility clause: All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc. and its branches do not assume any responsibility for the well-being or safety of the participants or their property, in any matter pertaining to said activities. Travel events of four (4) or more nights and all air and sea travel must be arranged and booked through a travel agency. Members and guests shall make their checks payable to the travel agency involved. Tour and travel events of three (3) or fewer nights shall require participating members and guests to make their checks payable to the appropriate Branch of Sons in Retirement, Inc., whether or not a travel agency has booked the event.

SIR 101 web information:

SIR 101: SirInc2.org/Branch101. Our site has a 'Members Only' section. SIR 101 members may contact our Webmaster for the User Name and Password. See the Member Roster, Member Photo Gallery, Speaker Videos, Member Videos, Form 27, Form 28 and BEC Meeting Minutes.

Is your Photo Gallery photo missing? Send a digital photo similar to the Photo Gallery pictures to Webmaster Mike Pocha and to Bulletin Editor Len Smith. No photo? Contact the Bulletin Editor.

State SIR information: SIR Inc.: sirinc.org, **SIR Sports:** State SIR Sports Chair W. Lee Moy, HealthStudio@gmail.com (559) 709-9851. The **SIR newsletter** [SIR Happenings](#) features news about SIR and all the things that are still going on in our Branches.

Hyperlinks in this edition

This edition has several hyperlinks to help you quickly navigate between the pages, send an email or see a web site just by clicking on a hyperlink. Hyperlinks are underlined and of a different color than the nearby text.

'**Inside this Issue**' page numbers are hyperlinks. Click on the page number to go directly to that page. Click on '**Index**' on any page to go directly to Page 1.

Hover the mouse over a hyperlinked **email address** and see a small 'mailto:' window popup. Click on the hyperlinked email address and an email subsystem will appear with the email address and subject line filled in ready to complete and send an email.

Hover the mouse over a hyperlinked **internet address (URL)** and see a small 'http.' window popup. Click on the hyperlinked URL and a browser window will open with that web site address.

Updates and suggestions

Send your updates and suggestions to the [Bulletin Editor](#).

What is the Birthday Boys Program? It is a program that offers each member, who is celebrating a birthday in the current month, to have a chance to receive a free \$25 egift certificate, if that member's name is chosen in a drawing and is in attendance at the monthly meeting. Currently, three names are called for each month and awarded a free \$25 egift certificate. Click [here](#) to see the current Birthday Boys.

What is the Green Dot Program? (Editor's note: the [Green Dot](#) program continues to recognize recent new members. Nov, 2021: The Luncheon benefit is available again for 'in person' meetings.

Each member is assigned an identification number that appears on his lapel badge which is filed in numerical order near the Luncheon Meeting entrance. He will wear his badge at all meetings and must leave it when he departs the meeting. For about the first six months after he joins SIR 101, his badge will have a **Green Dot** on it which signifies he is a new member and entitles members who share his dining table, [early access to the buffet line](#). The main purpose is to encourage members to introduce themselves to the new members and help them feel comfortable and learn what SIR is all about. The badges also provide a means of noting meeting attendance.

Current Green Dot members

Jeff Anhalt, David Arterburn, Carl Asbury, Ron Baskett, Joel Bowers, Dave Burg, Guy Cummins, Brent Dixon, Vaughn Draggoo, Dave Dunlap, Patrick Epperson, Hugh Gregg, Roger Grimm, Bob Johnson, Rick Knowles, Paul McCandless, Bob McGarry, John Mulrooney, Jim Murray, Steve Plummer, Rick Roller, Steve Skedzielewski, Joe Stetter, Terry Tikalsky.

New Way to Pay Members now have the option to use their PC or smartphone to pay your lunch and annual contribution. Most major banks support Zelle money transfers. Want to know more? Click ZELLEPAY.COM. **On your PC** login to your bank web site. **On your smartphone** download your bank's app. If your bank doesn't have Zelle, then download the Zelle app from ZELLEPAY.COM. Connect Zelle to your bank account. Connect Zelle to Treasurer Fred Coffield's cell phone 925 216-0227 or email fcoffield1@comcast.net. Fred prefers Zelle but some banks don't support Zelle. Fred will also accept **PayPal**. Either way, ZELLE or Paypal, send the money to Fred's cell phone number or email address whichever it asks for. You use Zelle or Paypal to send the money direct to the SIR bank account. You can also pay by cash/check by mailing or dropping payment at Fred's house. See the Member Roster on our website for Fred's street address.

Avoid the long lunch line: RSVP the meeting invitation online, pre-pay your lunch via Zelle or Paypal and arrive early to visit at the lunch.

If you have questions, please contact Treasurer Fred Coffield, SIR101Treasurer@googlegroups.com.

Officers and Leaders of SIR 101, Livermore, Ca, March 14, 2022

Office	Officer Name	Officer Email Address	Officer Phone #
Big Sir	Dennis Gately	SIR101BigSir@googlegroups.com	925-640-4492
Little Sir	Ted Schaefer	SIR101LittleSir@googlegroups.com	925-456-6356
Secretary	Bill Leach	SIR101Secretary@googlegroups.com	925-443-6815
Secretary Asst	Bruce DeCoursey	SIR101Secretary@googlegroups.com	925-449-9854
Treasurer	Fred Coffield	SIR101Treasurer@googlegroups.com	925-216-0227
Treasurer Asst	Dick Crawford	SIR101Treasurer@googlegroups.com	925-447-1441
Membership chair	Larry Wiley	SIR101Membership@googlegroups.com	925-443-7979
Membership chair Asst	open	SIR101Membership@googlegroups.com	*
Publicity chair	Leo Bennis	SIR101Publicity@googlegroups.com	925-956-3044
Contact Title	Contact Name	Contact Email Address	Contact Phone #
Activities chair	Ron Saltgaver	SIR101Activities@googlegroups.com	925-443-0693
Attendance chair	Werner Schlapfer	SIR101Attendance@googlegroups.com	925-443-8291
Backpacking chair	Dave Lunn	SIR101Backpacking@googlegroups.com	925-784-2624
Backpacking chair Asst	Leo Bennis	SIR101Backpacking@googlegroups.com	925-956-3044
Bocce chair	Chuck Molenkamp	SIR101Bocce@googlegroups.com	925-455-1952
Bowling chair	open	SIR101Bowling@googlegroups.com	*
Bridge chair	open	SIR101Bridge@googlegroups.com	*
Bulletin Editor	Len Smith	SIR101Editor@googlegroups.com	925-455-6411
Bulletin Editor Asst	Nile Runge	SIR101Editor@googlegroups.com	925-443-2237
Chess chair	Mike Miller	SIR101Chess@googlegroups.com	925-449-4062
Dining Out chair	Doug Mansur	SIR101DiningOut@googlegroups.com	925-640-5233
Events chair	Ron Saltgaver	SIR101Events@googlegroups.com	925-443-0693
Fishing chair	Roger Perry	SIR101Fishing@googlegroups.com	925-518-8676
Game Day-Dining In chair	Ron Saltgaver	SIR101GameDay@googlegroups.com	925-443-0693
Golf chair	open	SIR101Golf@googlegroups.com	*
Hiking and Walking chair	Art Hull	SIR101Hiking@googlegroups.com	925-443-5479
Hiking and Walking chair Asst	Dave Lunn	SIR101Hiking@googlegroups.com	925-784-2624
Investments chair	Rod Kiefer	SIR101Investments@googlegroups.com	925-447-4173
Kayaking chair	Dick Ryon	SIR101Kayaking@googlegroups.com	925-447-8907
Kayaking chair Asst	Doug Mansur	SIR101Kayaking@googlegroups.com	925-640-5233
Mirth Director	Bill Leach	SIR101Mirth@googlegroups.com	925-443-6815
Sunshine chair	Art Molvik	SIR101Sunshine@googlegroups.com	925-373-8437
Travel chair	Bill Britton	SIR101Travel@googlegroups.com	925-443-9913
Travel chair Asst	Jon Lumia	SIR101Travel@googlegroups.com	925-373-9412
Webmaster	Mike Pocha	SIR101Web@googlegroups.com	925-443-1953
Webmaster Asst	Len Smith	SIR101Web@googlegroups.com	925-455-6411
Wine chair	Bill Bish	SIR101Wine@googlegroups.com	925-447-1266
Woodcarving chair	open	SIR101WoodCarving@googlegroups.com	*
Director Title	Director Name	Director Email Address	Director Phone #
Director	Leo Bennis	SIR101Directors@googlegroups.com	925-956-3044
Director	John Didlake	SIR101Directors@googlegroups.com	925-455-6334
Director	Roger Everett	SIR101Directors@googlegroups.com	925-443-5565
Director	Ron Saltgaver	SIR101Directors@googlegroups.com	925-443-0693
Director	Graham Thomas	SIR101Directors@googlegroups.com	925-784-7476
State Officer Title	State Officer Name	State Officer Email Address	State Officer Phone #
President	Rick Kindle	rick@kindleandassoc.com	*
Director Region 5	John Haffner	johnhaffner@comcast.net	*
Governor Area 17	John Kent	johnkent818@gmail.com	*

Birthday Boys*

April Birthday Boys: you must be at the April 26th meeting for a chance to win one of up to 3 \$25 egift certificates

Owen Brovont, Emil Cigliutti, Vaughn Draggoo,
Dick Edwards, Dennis Gately, Russell Greenlaw,
Robert Hoffman, Bob McGarry, Don Moon,
Burke Nicholson, Steve Patenaude

March Birthday Boy Winners:
Bill Bish, Marcos Contreras, Doug Mansur

* See page 12 'Birthday Boy Program'

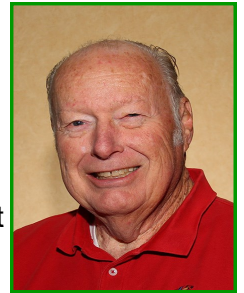
Events

What: 2022 Picnic!

When: June 16, 2022 10:30 am—2:30 pm **Where:** Asbury Methodist Church

Contact: Ron Saltgaver, Chairman, 925-443-0693,
SIR101Events@googlegroups.com

I am arranging our first Picnic in 2 years! It is planned for Thursday, June 16, 2022 at Asbury Methodist Church on East Avenue, Livermore. Details will be announced soon.



SIR Organization In-Person Meeting Requirements (vis-a-vis COVID-19).

Big Sir from Page 1 The SIR organization is allowing us to start meeting again at the present time as long as everyone is vaccinated or has a recent negative test. The SIR organization is also requiring us to have waiver forms signed by anyone participating in a SIR activity or coming to a lunch. The State SIR issued protocol and the Waiver are on the State SIR webpage. Click the SIR issued Protocols-for-Minimizing-Covid-19-Liability-final (sirinc.org) and the Waiver-final.pdf (sirinc.org). The Waiver is also available to view and download on our SIR 101 website, click SIR 101 COVID Waiver that is setup for SIR 101 use.

State SIR requires the Waiver to be signed and turned into SIR 101 in order to participate in any future State SIR or SIR 101 in-person activities and events. Membership Chair Larry Wiley SIR101Membership@googlegroups.com will track signed and completed Waivers. One Waiver covers all State SIR and SIR 101 activities and events. If you previously turned in a completed Waiver to Larry or your activity chair, you need not complete another. In order to make things happen in March, **we will be asking you to reserve your in person spot in advance and to send in your payment to our Treasurer, Fred Coffield's cell phone: 925-216-0227. We are committing to at least 60 attendees, so please try to join us on April 26 – IN PERSON! Stay tuned for additional information.**

As mentioned in our last bulletin you will be receiving branch notifications through the Constant Contact email service. Please be sure to check your Junk mail folders and set your email program to accept messages from "dgately+mac.com@ccsend.com". That way you wont miss any important communications from the branch.



**Welcome recent members
Dave Arterburn and Guy Cummins**

Per Big SIR Dennis Gately: "Recent changes in SIR State Policy SIR State Policy 8 (actually revised as Policy 8.1), I found that although there has been some change to allow branches more active involvement in community-related projects, those changes DO NOT include active support of funding for charitable organizations. You can review the latest policies & Procedures on the SIR State website at [SIR Manual](#)... Look for Policy 8.1 (Community Involvement Projects).

In order to comply with SIR State policies, we provide informational links for, rather than direct financial donations to, several organizations that support Ukraine refugee relief in our Bulletin and web pages for our members' review. Members can directly support the relief process as they wish.

Ukraine Refugee Relief

With the current crisis of war in Ukraine, many Ukraine citizens are now refugees, fleeing Westward either in-country, to other European nations, as well as beyond. Food, clothing, first-aid supplies, and other support are much needed by these refugees. You may feel powerless, here a world away, but it's possible to assist these refugees, directly!

If you would like to volunteer support in the form of monetary donations, there are several charities that would appreciate your effort. There are several organizations providing direct relief at this time. ICRC/IFRC, the International Red Cross in Geneva (<https://www.icrc.org/en/where-we-work/europe-central-asia/ukraine>), and Doctors without Borders (<https://tinyurl.com/28yb7kfp>) are just a few examples. The Catholic Relief Service in Poland (<https://support.crs.org/donate/donate-ukraine>) is swamped with Ukraine refugees as well and reaching for help. These are just a few supporting charities. You may have preferred charities of choice as well. Even small donations can provide support to these refugees.