



SIR Branch 65 Volume 49 #10 November 2023

SIR is a non-profit activities based organization for senior men devoted to the promotion of independence, health and dignity of senior life. Luncheon meetings are held the second Tuesday of the month 11:30 am at the Napa Elks Lodge. SIR is not affiliated with any religious or political organization and does not do any fund raising.

accessories.

BIG SIR MESSAGE PETER BERENDSEN

peterber@sbcglobal.net

Happy Fall to fellow SIR members: Colorful leaves are coming down and nights are cooler. Our next meeting will be on November 14. The luncheon will feature Baked Ham with scalloped potatoes and the usual

Plan to get your tickets for the **December 12 Christmas luncheo**n at the November meeting. You will have a choice of Salmon or Chicken Cordon Bleu. Tickets will be available at that time. You BEC voted to contribute \$8 to lower the Elk's price of \$38 per ticket to make tickets \$30. Plan to get your tickets then so that we can give a preference count to the Elk meal planners.

SIR HQ has sent only one memo lately. It alerts us to an increase in quarterly assessment of 50 cents per member per quarter. "Why assessment?" you ask. I am told that most of it goes to group liability insurance which is covered through SIR state management and keeping our non-profit status with California government/ Fortunately, we have had no SIR related incidents. Be careful in the parking lot. I'll see you at the meeting.

(Editor's note... Members and officers of State Sir and all branches are volunteers)



LITTLE SIR MESSAGE LANCE HOUSER rlancehouser@gmail.com

We had a very informative talk by Melissa Gerard from Providence Adult Care Services (formerly Collabria Care) talking about their various programs. They have a hospice program, a senior day care program and other associated services. At our luncheon meeting this month we will have a spokesperson from COAD who will talk about emergency preparedness.

Lastly, please consider serving as Little SIR next year. It is vital for the continuance of our speaker program. Little SIR will also serve as Big SIR for 2025.

Branch Officers

Big Sir: Peter Berendsen Little Sir: Lance Houser Secretary: Dennis Dickey Asst. Sec.: (vacant) Treasurer: Sam Jones Asst. Treas. Marc Longoria

State Officers President Dave Gonzales Area 7 Representative Jerry Stabile

Directors

Keith Knox John Harrison Lance Houser Gene Young Gene Hoover Frank Sanchez

Past Big Sir Ed Harris **RAMP** Jerry Stabile

Committee Chairs House Officers: Gene Hoover FrankSanchez Membership & Attendance: Jeff Richard Golf: Marc Longoria Bocce: Gene Hoover Bowling: Dave Ellingson Vine Walkers: Lance Houser Poker: Marc Longoria Sunshine Report: Russ Kindig

Birthday/Anniversary: Jerry Stabile Newsletter: Jerry Stabile Webmaster Sam Jones





MEMBERSHIP & ATTENDANCE JEFF RICHARD... CHAIR JEFF.RICHARD@ATT.NET

Membership remained steady this month at 79. (We erroneously reported 80 members last month -- prematurely counting a prospective member who had not yet selected which branch to join (he chose branch 149 (boo! hiss! just kidding).)

More than a third of our membership (27) attended this month's luncheon. Let's go for full attendance next time! And please keep a lookout for new members -- we need everyone to make an effort to recruit people to join our happy band of retirees!

Share all your great family milestones, births. graduations. weddings, awards, whatever! Let Russ know.



REMEMBER.... Staying active and social improves vour physical and mental health. SIR is a great way to do both!



At our last meeting **Ed Harris r**eported that his wife **Barbara** had just suffered a heart attack. She is thankfully doing better after that but has some other conditions that are impairing her health. Please keep a good thought for the two of them. One bit of good news for them Ed has been able to get glasses that are helping with his vision problems. He is very grateful for that.

One other bit of good news. John Cipriano has found that the cancer he has is curable and he is undergoing treatment for it. It is a long road to full recovery but he is on his way. We are behind you all the way John.

More good news from Marc Longoria, his son Joseph received a promotion in the Napa County Adult Probation Department to Chief Adult Probation Officer. Marc is also doing better with his heart rate symptoms, patiently working with his doctors to find his ideal heart rate.

As always please keep in mind those of our members who are caregivers. The caregivers are the unsung heroes and heroines who are standing ready to serve the needs of the person they are caring for. They do not ask for praise or recognition but just want to take as good of care for the individual as possible. Their hours are long, their sleep patterns frequently interrupted and other schedules as well. Please keep them in your good thoughts and prayers.

GETTING THE WORD OUT BRANCH 65 BOOTH AT THE NAPA FARMERS MARKET

Thanks to all the members who came out and volunteered as we passed out brochures, Br. 65 business cards and had fun hanging out with each other.

(This was our last market booth for the year)



<<<John Harrison came to the Farmers Market to say hello to volunteers Jim Kempton and Victor Bergeven. Victor showed up early with his Crocodile Dundee hat, where's the

didgeridoo Victor?





COFFEE TALK

Join your fellow SIR members every Monday, 9:30am at Panera for coffee, discussion, jokes, wise cracks and general camaraderie! It's a great way to start your day and week.

(Did you see our coffee group pic in the Sat.10/25/23 Napa Register?)

OCTOBER LUNCHEON





Melissa Gerard from
Providence Adult Care
Services (formally
Collabria Care)
elaborated about the
wide variety of services
that they provide and
brought enough folders
for all members to learn
more. These services
are important to hear
about as our relatives
and friends face
challenges as we age.



Next time you attend a luncheon be sure to sit at the "bowlers table"

>>>> They won most of the prizes in Oct.



OCTORER WINNERS

BIRTHDAY WINE....TIM HETZER ANNIVERSARY BUBBLY....TOM DUNCANSON BADGE NUMBER DRAWING, FREE LUNCH...GENE YOUNG

HIDDEN BADGE NUMBER ... STEVE PHILBIN (NOT PRESENT)

RAFFLE1st PLACE \$44, LANCE HOUSER.... 2nd PLACE, \$28, DAVE ELLINGSON...
3rd PLACE, \$19... JERRY HALL

The SIR ORCHESTRAL BAND

Our own musical band is practicing feverishly for their <u>world premier concert</u> at the SIR Br. 65 Christmas Luncheon...get your tickets now to see if they can make it through without cracking themselves up!!!!





GOLF NEWS & VIEWS — Marc Longoria, Chair

marclongoria@gmail.com

In local golf news from Mike Murrell, Wednesday October 11th, at Kennedy:

"Mano a Mano" was the theme for today's golf. 2-man match play was the format. The pairs were so evenly matched that very, very, very, few strokes were needed to insure even matches.

The big match of the day was between Gary Garver and Jerry Stabile. Only 0.3 of a stroke separated their indexes. Your author was told the match was close all day, back

and forth...... (Not true, Gary won the first five holes). Jerry lost the match by one stroke sadly ending one of the most epic comebacks in SIR Golf History.

Another very tight match that came down to the last hole was between Michal Forma and Jerry Hall. Tension was high as both teed off on the final hole. Michael won the hole and the match.

The other winners: Margis Malisauskas over Dave Collins, Bill Priess over Tim Knutson, Marc Longoria over Tom Shoar, Paul Cain over Peter Dreier, and Mike Murrell over Richard Webster.

And now a report from Jim Keller, Wednesday October 18th, Blue Rock East:

We had a beautiful day today at Blue Rock GC, 80 degrees, sunny and a slight breeze to keep us cool. The course was in great condition and offered us no excuses.

Thanks to all that participated, it is always great to see so many SIRs out playing together! We played a team scramble and here are the results:

First Place: Jim Keller, Eric Kisshauer, Wes Medeiros, Net 50.7; Second Place: Marc Longoria, Don Krieger, Micheal Forma, Net 52.7; Third Place: Jeff Richard, Margis Malisauskas, Jim Schlatter, Jerry Stabile, Net 54.1:

Fourth Place: Larry Timmer, Stephen Stafford, Phil Coffelt, Bill Gaffney, Net 55.2; Fifth Place: Mike Murrell, Peter Dreier, Tom Shoar, Gary Toczylowski, Net 56.6.

In SIRS state golfing news: Br. 65's big winner MARC LONGORIA !!!

The 2023 SIR State Golf Individual Championship was held at Spanos Park, the Reserve Course, in Stockton on October 5th.

We had only one golfer from Branch 65 participate, your author, Marc Longoria. Where were you guys? The Individual State Champion is Ron Wolyn, Branch 170, from Flight 6, who shot a net ten under par 62. I shot a very respectable three under par for a net 69. That was good enough to get in a tie for third with two other gentlemen, and after score card tie breakers, I finished in fourth place. Also the net 69 was good by one stroke to land me in first in Flight 7!

Back to local SIRS golfing news, the upcoming SIR tournaments can be found in a the attachment, right, >>>> Remember Mike Murrell and Jim Keller are your local tournament chairmen. One asterisk contact Mike Murrell at 707-666-5810, and two asterisks contact Jim Keller at 415-827-4904. Mike and Jim have been coming up with very creative contests at our local events and all have been filling up very fast. Come on down!

If you are interested in playing golf with your fellow Branch 65 SIRS, please give me a call at 707-363-4551.

NAPA SIR GOLF Q4 2023

Wednesday, Nov 1st: Eagle Vines*

Monday Nov 6th: Rancho Solano**

Wednesday, Nov 8th: Napa Kennedy*

Wednesday Nov 15th: Paradise Valley**

Wednesday, Nov 22nd: Vintners GC*

Wednesday, Nov 29: Vintners GC*

Monday Dec 4th: Chardonnay**

Wednesday, Dec 6th: Eagle Vines*

Wednesday, Dec 13th: Napa Kennedy*

Wednesday Dec 20th: Eagle Vines**

Wednesday, Dec 27th, Vintners GC*

*Mike Murrell

mikemurrell.1@gmail.com - 707.666.5810

**Jim Keller

JimKellerRealEstate@icloud.com - 415.827.4904

(golf photos are on the last page)



POKER CORNER MARC LONGORIA

Poker Corner is going to be short and sweet this month. Due to a confluence of many unconnected but important situations, the October SIRs poker game had to be cancelled as the minimum number of players was not met. We had players who were out of state, down in Monterrey, had family in town, and finally the host came up ill at the last minute, letting the remaining few know that the writing was on the wall, the game was not meant to be.

So we will come back reinvigorated and everyone is looking forward to our next game on November 13.

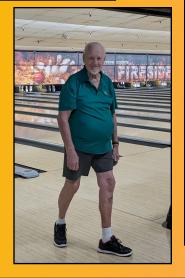
If you are interested in playing Texas Hold'em with us and want to have a great time with your fellow SIRS, please give me a call or contact one of our regular players. Our next session will be on November 13th, at 1:00 PM.

Please call me at: 707-363-4551, or email: marclongoria@gmail.com.



Br. 65 honors and respects our Veteran members. We would like to recognize you at a special ceremony with a small gift at the November luncheon.





ON THE LANES..... WITH DAVE ELLINGSON

Not much going on this month in bowling.

What was a two day tournament in Citrus Heights ended up a one day. It was a long day because of the normal four to six on a lane we had ten. It took an extra hour and a half. Jerry, Mark, I.C. and I bowled.

Modesto in Nov is cancelled so we are done for this year. The next tournament will be Napa in Jan.



In Citrus Heights, Dave & Mark took it seriously, they would have laughed it they saw the woman photo booming this picture!

Bocce ... Leagues ... late summer/ fall leagues started the week of Aug. 14th.

Open play.... If you are itching to play or learn the game, Branch 149 holds weekly casual bocce impromptu games and lessons every Thursday morning at 10:00 am at the Napa Senior Center on

Look for Mario Mazzoli (left) or Mike Murrell (right) They will get you started

The Bocce courts are also open to anyone Monday through Friday mornings for public open play!

Ask Jerry Stabile or Bocce Chair Gene Hoover for details.







VINE WALKERS ADVENGURE CLUB Lance houser, chair

Our first walk of October was exploring the subdivisions of north west Napa.

We examined the fast free flowing traffic brought about by the connection of Wine County Rd from

Hwy. 29 to Dry Creek. We also toured

thru the Vineyards subdivision where streets are named for various wine varietals.

November walks will explore more fun neighborhoods. Look for the Vine Walkers email and join us!

Lance, Jim, Roger & Belle are SIr members outstanding in their Vine Hill Park >>>>>



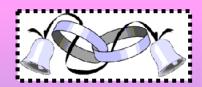
November's hidden badge # for wine is number is 38



NOVEMBER BIRTHDAYS

Jim Gladfelter 11/6
Jerry Hall 11/6
John Myers 11/8
Lynn Thompson 11/13
Tom Shoar 11/27
Jeff Smith 11/27

Come to the luncheon for your chance to win a bottle of wine!



NOVEMBER ANNIVERSARIES

Carl & Jan Wells 11/20/76***
James (J.C.) & Tammy Surratt 11/15/96
Glen & Bobbie Matilla 11/20/76

***CONGRATULATIONS 60+ YRS!!!

Come to the luncheon for your chance to win a bottle of bubbly



<<The ever dapper Gary Garver is flanked by Gary Craig & Jerry Stabile after a fun "match play" round at NGC.

At Blue Rock East during a scramble event, Jerry, Margis & Jeff's drives all landed in line near the pin on the par 3 16th hole. We were amazed that they didn't roll done the very steep green!



An Organization of Senior Men Branch 65 2130 Camenson St. Napa, CA 94558

DATED MATERIAL November 2023



Responsibility declaration: All activities arranged for or sponsored by Sons in Retirement, Inc., or its Branches, or for the convenience and pleasure of the members and their guests who desire to participate.

Sons In Retirement, Inc., and its Branches, do not assume any responsibility for the well-being or safety of the participants or passengers or their property or any damage whatsoever, in any matter pertaining to stand activities.

COMING EVENTS

SIR Branch 65 luncheon 11/14/23 @ 11:30am Napa Elks Lodge

SIR Branch 65
Branch Executive Committee Meeting
11/14/23 10:15 am 9/12/23
Elks Lodge Clubroom
all members are welcome to participate