



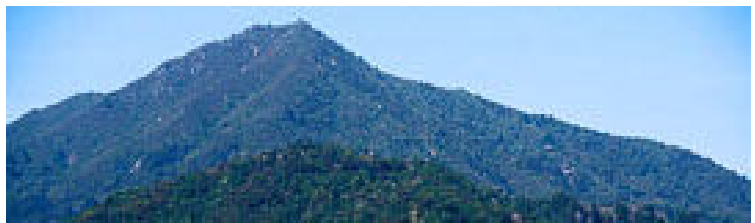
INCORPORATED

www.SIR47.ORG Our own website

**TAMALPAIS BRANCH NO. 47**

A Non-Profit Public Benefit Corporation of Retired Men Devoted to the Promotion of Independence and Dignity of Retirement.

- Big Sir -John Freel - 415-897-7356
- Little Sir- Jake Solomon - 415-472-3069
- Secretary - Jim Breitmayer - 415-454-1655
- Ass't Sect'y - Mike Kelly - 415-380-1885
- Treasurer - Paul Schofield - 415-892-7019
- Ass't Treas.- Chris Lewis - 415-455-0212



# TAMAL TALK

A SIR PUBLICATION

Luncheon Meeting:  
**MARIN COUNTRY CLUB, NOVATO**  
**Fourth Tuesday of the month**  
**Happy Hour at 11:00 am, as always**

Editor/Publisher - Lou Painter - 415-479-7053  
 Attendance Committee—415-881-7477  
 Cashier - Glen Ohm - 415-479-5693

Directors: Tom Brady Tom Culhane Tim Leveque Lou Painter Alan Thomas Doug Twitchell

State President - Bobbie Hairston  
 Region 10 Director - Jim Filippo 415-892-2063 Area 6 Governor - Bob Dimond 415-234-6062

**MARIN COUNTY**

**FEBRUARY 2015**  
**OUR 42ND YEAR**

**VOL. XLII No. 2**

## **BIG SIR'S MESSAGE**

Bob Hairston, President of Sons in Retirement, has challenged all branches to achieve plus-one in membership this year. So the membership objective for Branch 47 is to end 2015 with one more member than we had at the start of the year. This is an interesting challenge. It is certainly not a far-fetched goal. Yet if all branches can meet it, Sons in Retirement will grow, reversing the trend of many years.

As for Branch 47, we were exactly plus-one in 2014. But, we had to add six new members to get there, due to attrition Lou Painter tells me we had twenty guests over the course of 2014, with six deciding to join our branch.

That is why it was really nice to see a guest at our January luncheon. We need to see many more. I encourage each of you to try to bring a guest this year. I know I plan to try. The Executive Committee will explore other possible avenues for growth. But we believe the guests you bring in will always be our main source of new members.

*John Freel, Big Sir*

***PS: Please read the important notice on page 5 concerning the new procedure for calling in non-attendance at lunch. And remember to send your \$35.00 dues to Paul Schofield.***

# JANUARY SPEAKER

Tara Smith, founder of Tara Firma Farms in Petaluma, gave us an entertaining look into her experiences as a sustainable farmer and food provider. This is a woman who left a successful business career to become a farmer. Her journey, she tells us, began after she read Michael Pollan's book *The Omnivore's Dilemma*. In this book, Pollan tackles all the big food and farming issues and the personal food consumption issues and forces us to face some serious questions about food sourcing, animal husbandry, and global warming. Tara, "upset" after reading Pollan, decided that there's a big difference between talking about food issues and doing something about them. She wanted to do something and make a difference. So she decided to buy 300 acres of land, turn it into a farm, and to "walk the walk." Her experiences as a novice farmer are quite humorous, and she admits that the learning curve was steep, and the work was hard. As a fervent Pollan disciple, she believes that corn and its dominance as an animal food and ubiquitous food ingredient should be high on our enemy list, as should be feedlots where a majority of market bound cattle and hogs are fed. Feedlots are doing their share to cause global warming. Cattle like to graze and eat grass. They were not designed to eat corn. Only an improved grazing process can help to improve the soil and to eliminate carbon. Rotating animals from pasture to pasture and letting them rework the soil is what we must do. The result will be healthy animals and more productive land. We need to change our approaches to farming; it's the harder thing to do, but "it's the right thing," Tara firmly believes. We can all help the food revolution succeed by eating local food and boycotting corn and soy. Tara (and Michael Pollan) would agree that eliminating the feedlots and getting back to local, sustainable food production would be nothing less than a food revolution, not to mention happier, better tasting animals. I suggest visiting the Tara Firma Farms website at [tarafirmafarms.com](http://tarafirmafarms.com) for more information, or better yet, take the free farm tour on Saturdays and Sundays at 10 a.m., 12 p.m., or 2 p.m. (Go north on 101 to the San Antonio Road exit. Tara Firma Farms is on I Street, just north of Novato, just south of downtown Petaluma.) Thanks, Tara! Your talk was delightful and inspirational.

*Michael Kelly*

## SIR'S GREAT BOOKS DISCUSSION GROUP

### "Reading Maketh The Full Man"

We meet in Hangar 5, Hamilton Field, Suite 200, Marin Community Foundation; Thursday, February 26, 10:00 AM

### NONFICTION SELECTION

"To Perpetual Peace"

by Immanuel Kant (1724-1804)

pages 76-116 in Great Conversations 4.

Discussion leader will be Dan McGreevy.

Dick Locke, Chair; Howard Bassett, Emeritus Chair; Al Crozier & Dan McGreevy, Ass't Chairs; Jim Rohde, email master; Don Pierce, Google man.

## IN MEMORIAM

### LEROY B. EVERETT 1919-2014

LEROY WAS A LONGTIME MEMBER OF BRANCH 47, FOR TWENTY-NINE YEARS, AFTER TRANSFERRING FROM BRANCH 122. HE SERVED AS BIG SIR IN 1992 AND AREA 6 GOVERNOR IN 1993. IN WWII, HE FLEW 37 MISSIONS AS A B17 BOMBER PILOT AND MISSION LEADER. HE SHARED HIS WAR EXPERIENCES WITH US SEVERAL YEARS AGO. AS AN INDEFATIGABLE GREETER AT OUR LUNCHEONS, HE WILL BE SORELY MISSED.

### THIS MONTH'S MENU

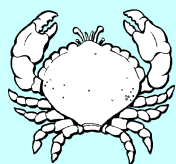
House Soup, Sliced Roasted Pork, Cornbread Stuffing  
Seasonal Vegetables, Rolls & Butter  
Dessert: Apple Strudel a la mode  
Alternate Plate: Caesar Salad w/ or w/o Chicken Breast  
Call or Text 415-881-7477  
or E-mail [sirbranch47@gmail.com](mailto:sirbranch47@gmail.com)

### THIS MONTH'S SPEAKER

We will hear about the workings of Guide Dogs for the Blind, from Chris Benninger, CEO and President of this renowned organization here in San Rafael.

Jake Solomon, *Little Sir*

**CRAB**



**FEED**

**TUESDAY, FEBRUARY 17  
SAN RAFAEL JOE'S  
(931 Fourth St., San Rafael)**

**Social Hour: 11:00 to 12:00  
with appetizers**

**First Course:**

**Penne Pasta with Neapolitan Sauce**

**Main Course:**

**WHOLE CRACKED CRAB or CRAB  
LOUIS or RIB EYE STEAK  
(Garlic Bread, Vegetables with the steak)**

**Coffee/Tea**

**plus a Surprise Valentine Dessert**

**No Host Bar: Wine (\$6.50) Beer (\$3.75)**

**\$ 45.00 pp**

**For Tickets call**

**SAM PARKE at 415-435-4279  
(samparke@comcast.net)**

**TO MAKE FIRM RESERVATIONS  
WITH CHOICE OF ENTRÉE**

**PARKING SUGGESTION**

**]**

**San Rafael A Street Garage with 400  
spaces, 50 cents an hour. Enter from A  
Street between 3rd and 4th Streets. Take  
elevator to A Street, just a couple of  
blocks from San Rafael Joe's (931 4th  
Street)**

**SIR Br 47 Outings:**

1. Homeward Bound celebrity chef dinners @ 6:30 pm to support the Homeward Bound shelter & job-training programs. The 2015 Thursday dinners are on Feb. 26, Mar 26, April 23 & May 14. => **Contact Homeward Bound @ hbofm.org for details & tickets.**

2. **Looking ahead at Marin Onstage** Winter and Spring, 2015 at the Belrose. The Belrose is a non-profit California Corporation, and has been in its current location, a historical landmark, since 1962. <http://www.thebelrose.com/shows.html>

**February 13 & 14, 2015 > "The Dynamic Duet"** with Daniela Innocenti-Beem and Julie Ekoue-Totou. Both singers have starred in many wonderful musical theatre and cabaret productions in Marin and Sonoma counties. It's a pleasure to bring them to the Belrose in concert for one weekend.

**March 13 - March 28, 2015 > "Title of Show"** by Jeff Bowen and Hunter Bell. This is a 2004 Musical directed by Carl Jordan, who directed "Return to the Forbidden Planet" (Marin Onstage & Curtain Theatre), "Avenue Q" (NTC) and "Boeing, Boeing" (6th Street Playhouse). The cast includes Phillip Percy Williams, Amanda Morando, Fernando Siu and Abbey Lee, with Peter Penhallow on the keyboard.

**April 24 - May 9, 2015 > "The Typographer's Dream"** by Adam Bock. This production is directed by Caitlin Walraven. It received rave reviews at the Edinborough Fringe Festival in 2003, and is becoming a favorite with local audiences for good reason.

3. Novato Theater Company (NTC)

**Feb 6 - March 1, 2015 The Bat** by Mary Roberts Rinehart and Avery Hopwood

**March 27 - April 26, 2015 Fiddler on the Roof** Music by Jerry Bock, Book by Joseph Stein Lyrics by Sheldon Harnick

**May 22 - June 14, 2015 Unnecessary Farce** by Paul Slade Smith  
Contact NTC for Senior Tickets @ novatotheatercompany.org.

**POKER GROUP**

Poker group meets the first Tuesday of the month at 10-noon. The first meeting will be held on July 8 (due to holidays) at the house of Marshall Gross at 94 Trinidad Dr., Tiburon, in Paradise Cay. Interested?  
Call **Ron Kosciusko, 415 435-0650.**

**THURSDAY WALKING/HIKING GROUP**

1st week each month: Jake Solomon 415-472-3069  
2nd week each month: Jim Hancock (Br.151) 415-492-0883  
3rd week each month: Dee Stuever 415-459-6751  
4th week each month: Alan Thomas 415-457-4576  
5th week (if applicable): Al Springstead 415-250-3808

**BRIDGE GROUP**

The bridge group meets on the third Thursday of each month at a member's home. Play is from 12:30 pm to 3:30 pm. To reserve space and get directions for the next event, call or email

**Charles Caviness: 415 435-9618  
c.caviness@sbglobal.net**



## GOLF

And thus the season will soon begin.

**Tom Brady, 897-8573**

**9-Hole Golf at McInnis Park**  
Mondays at 9:00 am, weather permitting

## BOWLING

Bowling League is underway, Fridays  
at 10:45 AM  
at The Country Club Bowl.



**Come and share the fun!**

**Contact Paul Schofield, Chair 892-7019**

## BRANCH 47 BOCCE

At Depot Park, just north of Sonoma Square. First Monday of each month, no cost to play; starts Monday Mar. 2, 2015. Lunch @ 12:30 pm, then Bocce @ 2 pm (lunch location varies). Bring your own Bocce balls. Contact: Kurt Heilman 892-2460 or [heilmanfour@comcast.net](mailto:heilmanfour@comcast.net) to let him know if you want (1) to be on the mailing list & (2) to join us for lunch, play bocce or both.

## SIR ROLLING ROAMERS RV CLUB

Join us for lunch 2nd Tuesday of each month  
& on our outings.

For information, contact  
Bill Donnelly at 897-8966 or [cb.donnelly@comcast.net](mailto:cb.donnelly@comcast.net)

## TENNIS, ANYONE?

**Every Wednesday 9 AM McInnis Park**  
**Bill Donnelly 897-8966 or Glen Ohm 479-5693**

**Deadline for Submitting Material  
for the March Tamal Talk will be noon**

**TUESDAY, March 3**

**Please submit your material to  
Lou Painter at 479-7053 or  
[PAINTER.SIR@COMCAST.NET](mailto:PAINTER.SIR@COMCAST.NET)**



## TRAVEL

**Mar 19-25, 2015: Azaleas, Plantations & Cajuns.** (7 day in Cajun country includes home pick up, RT Air, 3 nights Drury Inn, Baton Rouge, 3 nights Royal Sonesta, New Orleans, 13 meals, 4 lunches, 3 dinners.) Tour includes New Orleans School of Cooking, Nat'l WWII Museum, Evangeline State Park, Antebellum Homes, Plantation & Garden Tour, City Tour, Cost \$2630. John Pletsch, Br 32 & 54, San Jose, 408-274-2992, & Mike Console, 408-246-1080.

**Apr 6-12, 2015: National Cherry Blossom Festival & Historic Virginia.** Celebrate the beauty of spring in Washington DC and historic Virginia. Tour includes reserved seating at the National Cherry Blossom Parade, Tour of Montcello, Colonial Williamsburg, Mt Vernon, and many more. Contact Ron Berube, Br 21, San Jose, 408-829-5588 or Dick Kohl 408-268-0428 for more information.

**Apr 7-18, 2015: Eastern Caribbean Cruise.** (12 day cruise aboard the Royal Princess, ports of call include St Kitts, St Lucia, Barbados, Antigua, St Thomas, and Princess Cays.) Cost \$ 2395 to \$3450 pp. Brian Serpa Br 141, San Jose, 408-227-7658 or Rollo Parsons 408-268-5245.

**Apr 19-29, 2015: Mexican Riviera Cruise.** Princess 10 day cruise out of S.F. includes R/T to pier. Gratuities, and much more. Prices per person recently reduced \$250 to \$390 depending on cabin. Cost \$1249 to \$2159. You must sign up by 12/31/2014 for these prices. Veterans show your DD214 for an additional \$100 ship board credit. Contact Tom Molinari Br.147, 707-762-1880

**May 6-18, 2015: Cruising the Best of Scandinavia.** (13 day escorted tour with stops in Stockholm & Copenhagen plus a seven day Royal Caribbean Cruise of the Norway Fjords, Stavanger, Bergen, Alesund, and Geirangerfjord) Bill Rodman, Br.38, San Jose, 408-274-4521 or Hank Clark 408-223-6464.

**May 12-22, 2015 Alaska inside Passage w/ Glacier Bay.** (11 day cruise from SF aboard the Golden Princess with stops in Juneau, Skagway, Ketchikan and Victoria. The cruise includes all meals on board, RT transfers to and from SF, Bottle of wine in cabin, baggage and gratuities, and port taxes. Cost \$1975 to \$2995 depending on Cabin, Bill Stires, Br 143, Modesto, 209-544-2684.

Questions?  
call

**Your Travel Chairman: Kurt Heilman – 892-2460**



## COMPUSIRS

### **QUICKEN SIG**

2nd Tuesdays, 10:am  
B. Bloch, GGCS, 415-388-3864

### **PERSONAL COMPUTERS (PC only)**

1st WEDNESDAYS

Dave Schieser 415-332-4751

### **DIGITAL CAMERA STUFF**

3rd Wednesdays

Dave Schieser 415-332-4751

Russ Flaum 415-897-1017

### WEBSITE DESIGN SIG

3rd Tuesdays

Paul Bell [sfpaulsf@gmail.com](mailto:sfpaulsf@gmail.com)

All Wednesday sessions are from 1:30 to 3:30 pm

GGCS COMPUSIRS classroom

First Presbyterian Church

Fifth Avenue, San Rafael

## MEMBERSHIP REPORT

<b>Summary:</b>	Actives -	82	Inactives -	7
	Gains:	0		0
	Losses:	2		0

Leroy Everett—deceased  
Bob Edmisten –resigned

### \$50 NEW MEMBER SPONSOR

Harry Forst

### LUNCH TICKET WINNER

Bob Huntsberry

### BIRTHDAY WINNERS

Don Barbour Mike Kelly

### FEBRUARY BIRTHDAYS

2 Charlie Wynn	8 Ray Hirsch
7 Marshall Gross	12 Jack Ciardelli
14 Al Anderson	17 Lou Painter
28 Bob Hartley	



## INVESTORS LUNCH BUNCH

Friday, February 13 at the Chevy's Restaurant, 123 Vintage Way, Vintage Oaks, Novato. The Lunch is \$18.00, and will start at

11:30, followed by presentations and discussions.

Contacts:

Pete Petrofsky 415-472-0985, Will Kaefer 415-927-1043,  
Brian Stompe 415-897-1610

## IMPORTANT NOTICE

Starting in January, a new procedure will be in place to **notify the ATTENDANCE COMMITTEE** that you will not attend a lunch or want an alternate plate or are bringing a guest or visitor. No longer will you call or email Lou Painter.

### **INSTEAD**

*To call-in non-attendance, order an alternative plate or to notify you're bringing a guest/visitor*

**Call or Text 415-881-7477**  
**or E-mail [sirbranch47@gmail.com](mailto:sirbranch47@gmail.com)**  
*with your request,*  
*giving your name and badge number*

*Please call by noon of the Friday*  
*before the lunch date*

## JANUARY ATTENDANCE REPORT

<b>Total Members</b>	<b>82</b>
<b>Members Present</b>	<b>54 66%</b>

**Guests:** Joe Tuhtan (Jake Solomon)

**Visitors:** Ara Apkarian (SIR Br. 122)

**Speaker:** Tara Smith, founder of TaraFirmaFarms

*To call-in non-attendance, order an alternative plate or to notify you're bringing a guest/visitor*

Call or Text 415-881-7477  
or E-mail [sirbranch47@gmail.com](mailto:sirbranch47@gmail.com)  
*with your request*

*Please call by noon of the Friday*  
*before the lunch date*

## TREASURER'S REPORT

As of 1/26/2015

Checking Account Balance:	\$ 7,565.73
General Fund Balance:	\$ 7,815.73
Custodial Fund Balance:	\$ (250.00)
Total:	\$ 7,565.73
Total Contributions to date (22 members)	\$771.00

Paul Schofield, Treasurer

# THIS MONTH'S ACTIVITIES CALENDAR

Wednesday	Feb	4	Personal Computers Class
Friday	Feb	6	Bowling
Friday	Feb	13	Bowling
Friday	Feb	13	Investors' Lunch Bunch
Tuesday	Feb	17	Website Design SIG
Wednesday	Feb	18	Digital Camera Stuff
Friday	Feb	20	Bowling
Monday	Feb	23	Executive Committee Meeting
Tuesday	Feb	24	Luncheon Meeting @ MCC
Friday	Feb	27	Bowling
Tuesday	Mar	3	Tamal Talk Deadline

## AREA 6 MONTHLY MEETINGS

Br. #		Branch Phone
7	???	456-3763
22	The Club at McInnis Park	924-4862
47	<b>Marin Country Club</b>	<b>887-7477</b>
	<b>Happy Hour - 11:00 am; Luncheon - 11:45 am</b>	
68	The Club at McInnis Park	479-3286
122	???	454-5478
134	Marin Country Club	892-0209

**ATTENDANCE:** Failure to attend three consecutive meetings without giving prior notice to the Attendance Chairman, and/or failure to attend at least 6 meetings within the previous 12 months, may result in termination.

*Condensed from Rule 100 of State Policy Manual*

Attendance at another branch meeting, duly recorded with the Attendance Chairman of that branch, will be credited to a member's attendance record (*Rule 101*).

Call the branch phone listed above to secure a guest spot.

## SUNSHINE COMMITTEE

Please report SIR illnesses or deaths to  
**Bill Donnelly at 897-8966**

### EXECUTIVE COMMITTEE MINUTES: DEC '14, JAN '15

- Lunch price to increase to \$24.00 to keep up with the increased MCC charges.
- There will be up to three surprise discounted lunches.
- The annual Tax Party will be at Marin Country Club on April 14; details will be in the March Tamal Talk.

**Jim Breitmayer, Secretary**

EXECUTIVE COMMITTEE will meet

Monday, **February 23**, 2014. 10:30 AM at the  
Marin Community Foundation, Suite 200  
Hangar 5, Hamilton, Novato

TAMAL TALK, SIR Branch 47  
Louis J. Painter, Publisher  
637 Kernberry Drive  
San Rafael, CA. 94903-1243

## FIRST CLASS

Place First  
Class  
Postage  
Here

If undeliverable Return to Sender

