

**SIR has been** very important to my husband, and I agree that it is a unique and advantageous group for retired men. Before retirement, I enjoyed the twice yearly Ladies Luncheons and various trips and other activities. However, about two years ago an active SIR member formed a COUPLES GOLF group (Incidentally, he did not play with us). We were a small group of three couples who began to play once a month and enjoy



lunch afterwards. Our group has now grown to eighteen couples who are on our active roster. We play monthly, and we also have an annual potluck dinner. We also enjoy SIR GOLF TRIPS where the ladies either play with other ladies or in a couple's tournament. Not only have we made really good friends, but we also are physically and mentally challenged with our 'prize of the month' contest! We 'SIR Ladies' are very pleased to be included in the SIR Couples Golf! *Margaret B*

**"I've enjoyed meeting the people and doing the activities with them like the barbecues, RV trips and playing cards. Some of these people I would never have known so it's very enjoyable,"** said Suzanne J. I like the organization for Mike because it keeps him involved in things and keeps his mind active. It's hard when you retire to go from busy, busy, busy to not doing too much but with SIR he gets to stay very active and I get to make new friends. *Suzanne A*

*Some SIR Couples Activities*

- Bargain Bites—Barbecue—Bocce—**
- Bowling—Bridge—Computers & Technology**
- Explore and Eat—Golf—Walkers**
- Hikers—Dine Out—Ladies Day Luncheon**
- Let's Dine In—PickleBall**
- Sirs at the Games—Sirs in the Garden—**
- \$ums inRetirement—**
- Travel—Travel Club—Wine Bargains**
- Wine Enthusiasts—Wine Finders**
- What suggestions do you have?*

Please Call Us at 1-877-747-9066  
or visit  
<http://www.sirinc.org/HowToJoin-N.htm>

**SIR Branch No.** \_\_\_\_\_  
**Luncheon on** \_\_\_\_\_  
**Sir Name** \_\_\_\_\_  
**Phone** \_\_\_\_\_



For Someone Who Could Be A Friend

## Our Partners Enjoy SIR Activities



**When my husband joined SIR it not only gave him a whole new circle of friends and activities, it gave me the same. We, as a couple, have met so many new great people. There are also so many activities for couples such as dine in (pot luck), dine out, golf, day trips, and wine tasting to name a few. SIR has added greatly to both of our retirements. *Karen C***

## SIR Ladies and Couples Activities



Although SIR is a group for retired and semi-retired men, we have a number of activities that include spouse/

partners in addition to what one of our member's wives said, "It gets the old goats out of the house." It's an undisputed fact that an active retiree lives both a happier and longer life. Do your partner (and yourself) a fa-



vor, and get him to a meeting. He will meet a bunch of great guys, and we'll bet he will join after he experiences the fellowship and camaraderie that our branch has to offer.

Ask your friends to send their sirs to our SIR Branch this month.

**By the time** my husband retired, our neighbors had moved to other cities. His tennis foursome fell apart as one had arthritis and another passed away. When he joined SIR, he made new friends in bridge, poker and golf and became one of the editors of the newsletter. His branch had many couples' activities, and I met new girl friends and joined them socially in wine tasting, dining in and dining out. A dozen of the ladies meet for lunch once a month. SIR has kept me and my husband active--retirement activities without moving to a retirement community! *Ginny S*

**I have a very** vibrant social life because of SIR. I worked all my adult life. My friends were from my work with a few long time friends. When I retired at a fairly young age I didn't have friends that lived close by nor did my husband. When he joined SIR, all of a sudden our social life bloomed. There are many couples' activities and through those we became very



friendly with quite a few couples. Some of the wives have formed various groups - social bridge and a once a month luncheon at someone's home or at a restaurant are two examples. Some of us have traveled together. We also socialize with Sir couples outside of SIR. To use a quote from my husband "SIR has changed our lives", *Donna B*

### SIR Walkers at Tilden Park



**My thoughts** for whatever they are worth. I don't think SIR needs to have a women's component. It enables men of retirement age to stay engaged in a variety of activities with others who have similar interests. Retired people often lose track of friends they have worked with (& maybe even a sense of their place in life) and SIR can help fill that void. It encourages camaraderie & may foster new interests. Most importantly, it gets the old goats out of the house and their wives' hair!

The joint activities give women a chance to form new friendships too, which I value highly. I am glad my dear husband joined --- I know it made his retirement life (and mine ) a lot more fun. *Sandra L*