

SIR

Branch #51

Website: www.sirinc2.org/branch51

No. 591

A Non-Profit Organization



October 2025

Enrich Your Life

**LUNCHEON: 12 PM – FIRST WEDNESDAY – FREMONT HILLS CC,
12889 VISCAINO PL., LOS ALTOS, CA**

Branch 51 News

BIG SIR NOTES:

What can I say about SIRs? We are a group of individuals who enjoy each others' company. We like to play together, eat together, and thoroughly enjoy our time together.

Gerry Shebar

GENERAL INTEREST

If you have any changes to your profile in the roster, please inform our Membership Chairman. This allows us to keep the roster file up to date. Currently, e-mail your updates to Membership Chairman, Joe Urbassik, at joeu1218@gmail.com

SIR 51 GENERAL MEMBERSHIP MEETING

Our next SIR General Membership meeting will be held in-person on Wednesday, October 1, starting at 11:30 AM for social half-hour, then at noon for lunch.

Please encourage your fellow members to come to the luncheon and speaker presentation.

MESSAGE FROM OUR TREASURER

Please try to arrive before 12:00 noon. Our collection team needs to close their operations desk to enjoy the meeting. If you absolutely must arrive late, find either Kevin Wheaton or Mike McMahan to pay up and register. Don't just wander in. It screws up our records.

SIR 51 BOARD MEETINGS

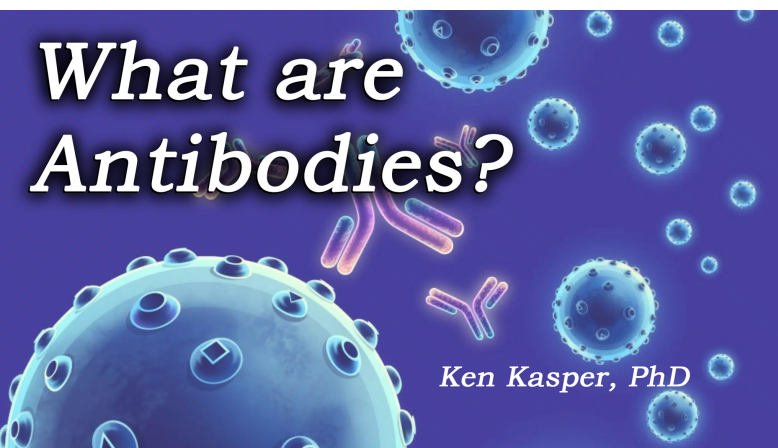
The next Board meeting will occur in-person Wednesday, October 1, at 11:00 a.m.

For more details, please contact Big SIR, Gerry Shebar at email address: gshebar@yahoo.com

OCTOBER SPEAKER

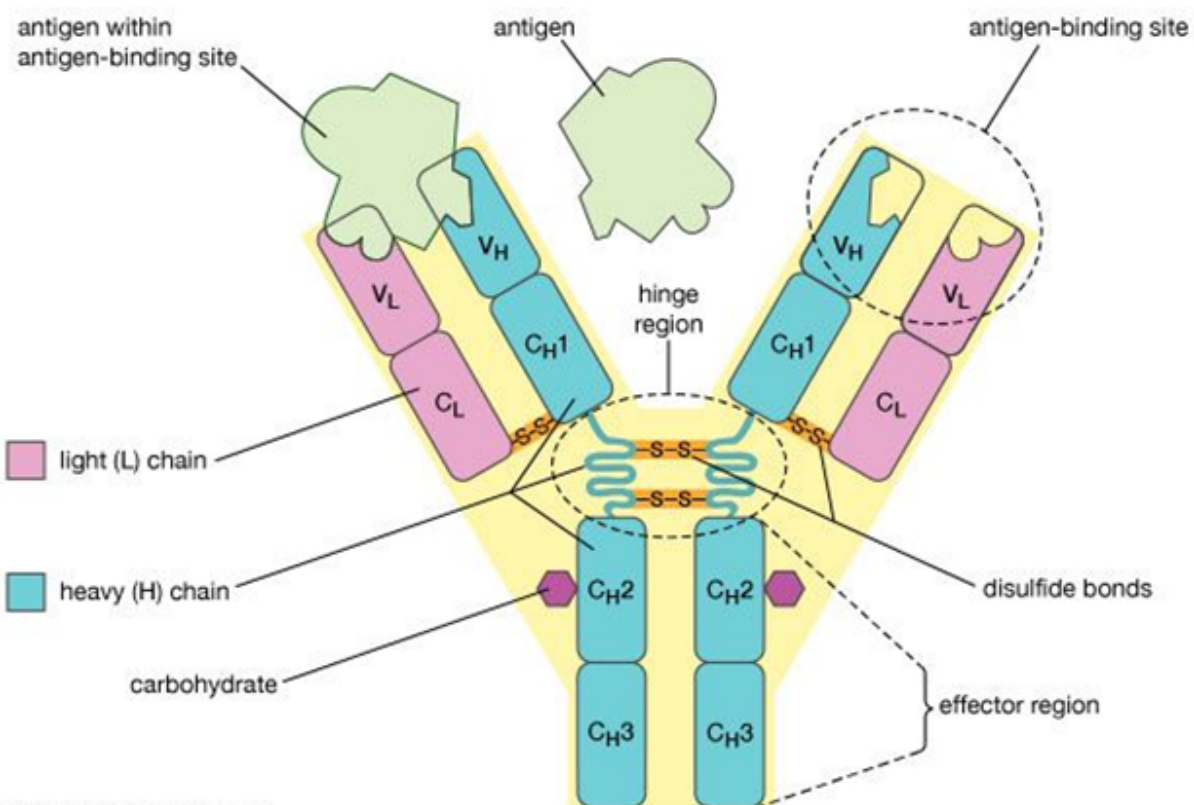
Please join us for our luncheon on Wednesday, October 1, when our own Ken Kasper will be presenting a very timely topic on antibodies, our body's front-line defense against various diseases and viruses. You'll get an understanding of what an antibody is, the history of immunology, how they work to fight disease, their various uses in medicine, including how the COVID tests use antibodies to determine if you have been exposed.

Ken graduated from Washington State University in 1978 with a PhD in Bacteriology. He was a postdoctoral fellow at UCSF, and spent over 40 years in the medical device industry as a scientist developing in-vitro diagnostics, lab tests, and immunoassays to measure disease markers, therapeutic drugs, illicit drugs, hormones, STD's, and cancers. Since 2006, Ken has held the position of Executive Director of Quality and Regulatory Affairs at ARK Diagnostics and continues to act as an advisor on regulatory submissions, even in his semi-retirement!



**FOR SUGGESTIONS REGARDING
SPEAKERS PLEASE CONTACT:**

Steve Tremulis
(650) 598-9790



Craig's Current Contributions: October 2025

Courtesy of former Big SIR, Craig Carpenter
Former Big SIR, VERY important guy.
Looking forward to Fall in beautiful
Northern California.

THOUGHTS TO PONDER:

I never thought I'd be the kind of person
who would wake up early in the morning to
exercise...and I was right!

When a woman asks you to guess her age,
it's like deciding whether to cut the blue, red
or green wire to diffuse a bomb.

My new role model is the little old lady I
saw at the grocery store buying only corn
dogs, Oreos and vodka.

If a man says he will fix it...HE WILL! No
need to remind him every three months.

I'm not saying I'm old...but when I
was in school, we made ashtrays
for our parents in art class.



Let's eat grandma.
Let's eat, grandma.
Punctuation saves lives.

GOOD READS FOR GUYS:

"The View From Lake Como" by Adriana
Trigiani. A novel about Jess, a recently
divorced woman in her thirties who moves
into her parents' basement in New Jersey
and feels lost and overlooked. Then she

escapes to her ancestral home in Carrara,
Italy and...

"The Most Fun We Ever Had" by Claire
Lombardo. A gripping and poignant ode to a
messy, loving family in all its glory.

STUFF TO WATCH:

"The Morning Show", season 4 on Apple
TV

"Your Friends and Neighbors", also Apple
TV

"The Residence" on Netflix

"The Marlow Murder Club", Masterpiece
Theater on PBS.

Well, I guess that's it. Go 9ers and see you in
November.

ACTIVITIES

GOLF

If any of you are interested in playing golf
as individuals, you might want to check with
the courses as to tee time availability.

For helpful information on State SIR and
various Branch golf activities, contact
Mark Stuart, 2023 State Golf Chair at
916 218-2287 or mss95678@hotmail.com

As for SIR Branch 51's golf information, see
the SIR 51 2025 golf schedule which is
available via Excel or .pdf file copies either
electronically sent to you or at the SIR 51
website. Below are the dates, times, and
locations for the next two months of 2025.

09/30 Tues Moffett Field 10:00 AM

10/08	Wed	Poplar Creek	10:00 AM
10/15	Wed	Sunnyvale	10:00 AM
10/22	Wed	Crystal Springs	10:00 AM
10/29	Wed	Los Lagos	10:00 AM
11/04	Tues	Shoreline	10:00 AM
11/12	Wed	San Jose	10:00 AM
11/19		Poplar Creek	10:00 AM
11/26		NO GOLF THIS WEEK	

All participants must be at the course at least one hour before tee time.

Courtesy of Golf Chairman:
KAI JOHANSEN
 (650) 380-9493

Also, contact Jim Cummings, as a mutual supporter for golf news.

JIM CUMMINGS
 home: (650) 328-2168
 cell: (650) 207-3609

Information on other SIR golfing events can be found on the SIR State Golf website at www.sirgolf.org.

Ben Gikis, 2025 SIR State Golf Committee Chair

State SIR Golf Newsletter: www.sirgolf.org

INDOOR BOWLING

(BRANCHES 5, 35 & 51)

We bowl on a handicap system, so all have an equal chance. Each season teams are revised and always have a mix of players by ability. We meet on **Tuesdays at Homestead Lanes: Homestead and Stelling in Cupertino from 1-3 PM. Be there by 12.45 PM.** New bowlers are always welcome at any level of experience. If you're new, it's easier if you call me (Bob Taggart) in

advance so we will be prepared. Spouses, women friends are welcome – there are now 10 co-ed teams.

YOU CAN JOIN ANYTIME

A ball and shoes are available at the bowling lanes.

Looking for some exercise that does not rely on good weather? Indoor 10-pin bowling is a fun, low-impact bowling skill that comes back after a long lay-off. Many have not bowled since they were youngsters. For more information, contact:

BOB TAGGART (Br 35)
 (650) 321-2654

BOCCE BALL:

Lawn Bowling is available every Friday from 10 AM to noon at the Senior Center in Los Altos. Contact Richard Oehlberg. rntheo1@icloud.com.
 (first two letters are r and n)

BOB TAGGART (Br 35)
 (650) 321-2654

CYCLING: (SIR Branches 35, 51, others)

Information on the October ride will be provided later in a supplementary email.

If you have questions, please contact Gordy Tong at 408-242-0557 or gordy6850@gmail.com).

SIR BRANCH 51 NEWSLETTER

If you have any inputs, suggestions, or feedback to add or improve the newsletter, please let me know.

Also, if you wish to add material to the newsletter, inputs for the next newsletter should be submitted between the 15th and 20th of the month prior to the next newsletter.

Newsletter Editor

Art Roberts

alroberts4202@gmail.com

ADMINISTRATIVE CHAIRMEN

Speakers:	Steve Tremulis	995-3231
Audit:	Sam Meredith	325-4152
Membership:	Joe Urbassik	714-9610
Website:	Gerry Shebar	868-6124
Asst. Website:	Joe Urbassik	714-9610
Greeter:	Open	
Newsletter:	Art Roberts	279-5560
Special Events:	Ray Klinke	924-0734
Nominating Comm.:	Richard Jamison	868-3723
Good Samaritan:	Bob Guffey	593-3496
Member Orientation:	Bob Guffey	593-3496

All telephone numbers are in the 650-area code, except as noted differently.

All changes in address, telephone number, and e-mail address should be reported to the SIR Membership Chairman Joe Urbassik 714-9610

2025 SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN

EXECUTIVE COMMITTEE **ACTIVITIES CHAIRMEN**

Big SIR:	Gerry Shebar	868-3723
Little SIR:	Steve Tremulis	598-9790
Secretary:	Pete Sorenson	868-6804
Asst. Secretary:	Gary Wada	325-7228
Treasurer:	Kevin Wheaton	485-2276
Asst. Treasurer:	Mike McMahon	380-0983
Golf Chairman:	Kai Johansen	380-9493
Golf Assistant:	Jim Cummings	207-3609
Bowling:	Bob Taggart (Br 35)	321-2654
Bocce Ball:	Richard Oehlberg	
Cycling:	Gordon Tong (Br 35)	(408) 242-0557
Historian:	(open)	
State SIR Travel:		www.sirinc.org

DIRECTORS

Sam Meredith	325-4152
Steve Tremulis	598-9790
Jim Cummings	207-3609
Gerry Shebar	868-6124