Mid-Peninsula Sons In Retirement Branch #51

Website: www.sirinc2.org/branch51

No. 583

A Non-Profit Organization For Retired Men



February 2025

Devoted to the Promotion of Independence and Dignity of Retirement

LUNCHEON: 12 PM – FIRST WEDNESDAY – FREMONT HILLS CC, 12889 VISCAINO PL., LOS ALTOS, CA

Branch 51 News

Big SIR Notes:

We are SIRS. We have much to offer our members.

A monthly luncheon where we hear from a local speaker. (Thanks to Steve Tremulis)

Golf at a variety of courses throughout the Bay Area. (Thanks to Jim Cummings and Kai Johansen)

A monthly newsletter with all of the latest news. (Thanks to Art Roberts)

Plus participation in other activities such as Bowling, Biking, Pickleball, etc. (Just sign up!)

Tell you friends. Bring them in for a free lunch. Let them see what we offer.

Gerry Shebar

Treasurer's Report

SIR dues for 2025 are current. Please bring a check made out to SIR51 for \$30 to lunch in

February. Do not combine the lunch and dues charges in one check since it leads to financial confusion.

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General Interest

If you have any changes to your profile in the roster, please inform our Membership Chairman. This allows us to keep the roster file up to date. Currently, e-mail your updates to Membership Chairman, Joe Urbassik, at joeu1218@gmail.com

SIR 51 General Membership Meeting

Our next SIR General Membership meeting will be held in-person on Wednesday, February 5, starting at 11:30 AM for social half-hour, then at noon for lunch.

Please encourage your fellow members to come to the luncheon and speaker presentation.

SIR 51 Board Meetings

The next Board meeting will occur in-person Wednesday, February 5, at 11:00 a.m.

For more details, please contact Big SIR, Gerry Shebar at email address: <u>gshebar@yahoo.com</u>

February Speaker

Our February luncheon speaker promises to be a truly inspirational story. Carlo Facchino will be telling his tales of solo rowing his 19 foot long rowboat from San Francisco to Hawaii. A 2,300 mile trip that started in July of 2022 and ended 72 days later in Hilo, Hawaii. Along the way he overcame many challenges with the weather, boat, electronics and his own nutrition and endurance with over one million strokes in between his departure and arrival. Join us on an exciting journey as Carlo recounts his unique experience crossing the Pacific Ocean in his custom rowboat!







FOR SUGGESTIONS REGARDING SPEAKERS PLEASE CONTACT:

Steve Tremulis (650) 598-9790

<u>Craig's Current Contributions:</u> <u>February 2025</u>

Courtesy of former Big SIR, Craig Carpenter

Former Big SIR...very important guy. Not so much anymore. Just "one of the guys".

THOUGHTS TO PONDER:

Husband: "Margaret, for the last 30 years, all you have done is find mistakes in everything I say." Wife: "31 years."

Pregnancy Q & A:

Q: Should I have a baby after 35?

A: No, 35 children is enough.

Q: Is there any reason I have to be in the delivery room while my wife is in labor? A: Not unless the word "alimony" means anything to you.

Q: I'm 2 months pregnant now. When will my baby move?

A: With any luck, right after he finishes college.

My goal for this year was to lose 10 pounds. I only have 14 to go.

GOOD READS FOR GUYS:

"What This Comedian Said" by Bill Maher.

"Follow The Science" by Sharyl Attkisson. How Big Pharma misleads, obscures & prevails.

"The Anxious Generation "by Johnathan Haidt. How the great rewiring of childhood is causing an epidemic of mental illness.

STUFF TO WATCH"

"Inventing Anna" on Netflix. A journalist investigates the case of Anna Delvey, the Instagram-legendary heiress who stole the hearts and money of New York elites. Nine episodes.

Also on Netflix, "Monsters," the Lyle & Eric Menendez story.

On Amazon Prime..."Unstoppable" is the inspiring true story of Anthony Robles who was born with one leg but whose indomitable spirit and unbreakable resolve empowered him to defy the odds and pursue his dreams.

Well, I guess that's it. See you next month.

Holdover from January: from that great philosopher Dean Martin (while holding a cocktail): "Good judgement comes from experience. And experience? Well, that comes from bad judgement".

ACTIVITIES

GOLF

If any of you are interested in playing golf



as individuals, you might want to check with the courses as to tee time availability.

For helpful information on State SIR and various Branch golf activities, contact Mark Stuart, 2023 State Golf Chair at 916 218-2287 or <u>mss95678@hotmail.com</u>

As for SIR Branch 51's golf information, see the SIR 51 2024 golf schedule which is available via Excel or .pdf file copies either electronically sent to you or at the SIR 51 website. Below are the dates, times, and locations for January, February and March 2025.

01/29 02/04 02/12 02/19 02/26 03/04 03/12	Tues. Wed.	Shoreline San Joes Sunnyvale Los Lagos Spring Valley Shoreline Poplar Creek	10:00 AM 10:00 AM 10:00 AM 10:00 AM 9:30 AM 10:00 AM 10:00 AM
	Wed. Wed.		

All participants must be at the course at least one hour before tee time.

Courtesy of Golf Chairman:

KAI JOHANSEN

(650) 380-9493 Also, contact Jim Cummings, as a mutual supporter for golf news.

JIM CUMMINGS home: (650) 328-2168 cell: (650) 207-3609

Information on other SIR golfing events can be found on the SIR State Golf website at www.sirgolf.org.

Ben Gikis, 2024 SIR State Golf Committee Chair

State SIR Golf Newsletter: <u>www.sirgolf.org</u>

We bowl on a handicap system, so all have an equal chance. Each season teams are revised and always have a mix of players by ability. We meet on **Tuesdays at Homestead Lanes: Homestead and Stelling in Cupertino from 1-3 PM.** Be there by **12.45 PM**. New bowlers are always welcome at any level of experience. If you're new, it's easier if you call me (Bob Taggart) in advance so we will be prepared. Spouses, women friends are welcome – there are now 10 co-ed teams.

YOU CAN JOIN ANYTIME

A ball and shoes are available at the bowling lanes.

Looking for some exercise that does not rely on good weather? Indoor 10-pin bowling is a fun, low-impact bowling skill that comes back after a long lay-off. Many have not bowled since they were youngsters. For more information, contact:

> BOB TAGGART (Br 35) (650) 321-2654

LAWN BOWLING:

Lawn Bowling is available every Friday from 10 AM to noon at the Senior Center in Los Altos. Contact Bob Taggart.

BOB TAGGART (Br 35) (650) 321-2654

<u>CYCLING</u>: (SIR Branches 35, 51, others) Please contact Gordon Tong at 408-242-0557 or <u>gordy6850@gmail.com</u> for information about the February ride.

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INDOOR BOWLING

(BRANCHES 5, 35 & 51)

SIR BRANCH 51 NEWSLETTER

If you have any inputs, suggestions, or feedback to add or improve the newsletter, please let me know.

Also, if you wish to add material to the newsletter, inputs for the next newsletter should be submitted between the 15^{th} and 20^{th} of the month prior to the next newsletter.

Newsletter Editor Art Roberts

DIRECTORS

Sam Meredith	325-4152
Steve Tremulis	598-9790
Jim Cummings	207-3609
Gerry Shebar	868-6124

ADMINISTRATIVE CHAIRMEN

Attendance: (Open) Speakers: Steve Tremulis 995-3231 Audit: Sam Meredith 325-4152 714-9610 Membership: Joe Urbassik Website: Gerry Shebar 868-6124 Greeter: Al Runge 592-1345 Asst. Website: (Open) Newsletter: Art Roberts 279-5560 Special Events: Ray Klinke 924-0734. Nominating Comm.: Richard Jamison868-3723 Good Samaritan: Bob Guffev 593-3496 Member Orientation: Bob Guffey 593-3496

All telephone numbers are in the 650-area code, except where noted differently.

All changes in address, telephone number, and email address should be reported to the SIR Membership Chairman Joe Urbassik 714-9610

4202 Manuela Ave. Palo Alto, CA 94306 (650) 279-5560 Alroberts4202@gmail.com

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2024 SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN

EXECUTIVE COMMITTEE

ACTIVITIES CHAIRMEN

Big SIR: Gerry Shebar	868-3723
Bowling; Bob Taggart (Br 35)	321-2654
Little SIR: Steve Tremulis	598-9790
Lawn Bowling: Bob Taggart	
Secretary: Pete Sorenson	868-6804
Cycling: Gordon Tong (Br 35)	(408) 242-0557
Asst. Secretary: (Open)	
Treasurer: Kevin Wheaton	485-2276
Golf Chairman: Kai Johansen	380-9493
Asst. Treasurer: Mike McMahon	380-0983
Golf Assistant: Jim Cummings	207-3609
Historian: (open)	
Travel: State SIR Travel:	www.sirinc.org