

Mid-Peninsula Sons In Retirement Branch #51

Website: www.sirinc2.org/branch51

No. 579

A Non-Profit Organization
For Retired Men



October 2024

Devoted to the Promotion of
Independence and Dignity of Retirement

LUNCHEON: 12 PM – FIRST WEDNESDAY – FREMONT HILLS CC, 12889 VISCAINO PL., LOS ALTOS, CA

Branch 51 News

Big SIR Notes:

From the computer of Richard Jamison

Greetings fellow members.

Now that we have passed the Autumn Equinox, it is time to enjoy the cooler weather of fall, including a short Indian Summer.

We should hear soon what the State SIR group has voted on for new 2025 State officers and up-coming changes to overall SIRinc organization. The possible changes are: new name and logo for the organization (TBD), new slogan ("Social Activities for Men" to "Enhance Your Lifestyle"), no longer use the word "Retirement" in our documents, reviewing gender neutrality for branches' bylaws, exploring the possibility to become an IRS 501(c)(3) instead of our current 501(c)(4) status which will give branches more financial flexibility. Also, there are plans to hire an executive director, to hire marketing and IT firms to help promote and manage the organization, The existing SIR mission and vision statements

are expected to not change. There are other changes in the works. Stay tuned for more updates.

We still need volunteers for the luncheon reception table. Please do your part to help our branch by sharing some of your time to log and collect luncheon payments from our fellow members. See any of the Board members to sign up. Thank you for your willing support.

Richard

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General Interest

If you have any changes to your profile in the roster, please inform our Membership Chairman. This allows us to keep the roster file up to date. Currently, e-mail your updates to Membership Chairman, Joe Urbassik, at joeu1218@gmail.com

SIR 51 General Membership Meeting

Our next SIR General Membership meeting will be held in-person on Wednesday,

October 2, 2024 starting at 11:30 AM for social half-hour, then at noon for lunch.

Please encourage your fellow members to come to the luncheon and speaker presentation.

SIR 51 Board Meetings

The next Board meeting will occur in-person Wednesday, October 2, at 11:00 a.m.

For more details, please contact Big SIR, Richard Jamison at email address: rsjamison@aol.com

The lists for elected 2024 officers and committee chairmen are located at the end of this newsletter.

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SIR 51 Website

SIR Branch 51 website provides helpful information on our activities and archives our news. Should you have inputs for our website, please contact our website master, Gerry Shebar at (650) 868-6124.

www.sirinc2.org/branch51

State SIR News

Public information about SIR organization for what we are as a social group and what we do is available on the state SIR developed website for informing and attracting the public to our branch. It is called **We Are SIR**.

www.wearesir.com

October Presentation for Members

What is Gravity?



Art Roberts will share some facts and history of Gravity from Aristotle, Newton, Cavendish to his own experience trying to measure Gravity. There will be one question for the audience to ponder and lots of pictures and interesting characters. Come and hear the talk so you can wow your friends with your knowledge of Gravity!

FOR SUGGESTIONS REGARDING SPEAKERS PLEASE CONTACT:

Steve Tremulis
(650) 598-9790

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Craig's Current Contributions:
October 2024

Courtesy of former Big SIR, Craig Carpenter

Currently in Lisbon, Portugal and heading East on the back roads toward Spain. Beautiful country, wonderful weather & nice people.

THOUGHTS TO PONDER:

I ran for the first time with my Fitbit on. It detected me running, and asked if my life was in danger, or if tacos were on sale for \$1 again.

The leading cause for injury in old men is...them thinking they are young men.

Ask your doctor if a drug with 32 side effects is right for you.

GOOD READS FOR GUYS:

"The Messenger" by Daniel Silva. A deadly alQaeda operative, Israeli spies and the Vatican. What could possibly go wrong?

"The Wise Men" by Walter Isaacson & Evan Thomas. Six Friends and the World they made.

STUFF TO WATCH:

"The Perfect Couple" on Netflix. We binge watched all episodes over two nights.

"Gifted" on Netflix. Raised by a single uncle, determined to give her a normal life, a seven year old genius is caught between love, sacrifice and the pursuit of greatness.

What's Next" The future with Bill Gates...also on Netflix.

Well, I guess that's it. Until next month...volto ja & vejo voce no proximo mes y voy a espana en entono.

GO NINERS!!!

ACTIVITIES

GOLF



If any of you are interested in playing golf as individuals, you might want to check with the courses as to tee time availability.

For helpful information on State SIR and various Branch golf activities, contact Mark Stuart, 2023 State Golf Chair at 916 218-2287 or mss95678@hotmail.com

As for SIR Branch 51's golf information, see the SIR 51 2024 golf schedule which is available via Excel or .pdf file copies either electronically sent to you or at the SIR 51 website. Below are the dates, times, and locations for August, September and October 2024.

10/1	Tues.	San Jose.	10 AM
10/9	Wed.	Poplar Creek	10 AM
10/16	Wed.	Sunnyvale	10 AM
10/23	Wed.	Crystal Springs	10:30 AM
10/30	Wed.	Los Lagos.	10 AM
11/5	Tues.	Shorline.	10:30 AM
11/13	Wed.	Spring Valley.	10:00 AM
11/20	Wed.	Poplar Creek.	10:00 AM
11/27	Wed.	Sunnyvale.	10:00 AM

All participants must be at the course at least one hour before tee time.

Courtesy of Golf Chairman:

KAI JOHANSEN
(650) 380-9493

Also, contact Jim Cummings, as a mutual supporter for golf news.

JIM CUMMINGS
home: (650) 328-2168
cell: (650) 207-3609

Information on other SIR golfing events can be found on the SIR State Golf website at www.sirgolf.org.

Ben Gikis, 2024 SIR State Golf Committee Chair

State SIR Golf Newsletter: www.sirgolf.org

INDOOR BOWLING
(BRANCHES 5, 35 & 51)

We bowl on a handicap system, so all have an equal chance. Each season teams are revised and always have a mix of players by ability. We meet on **Tuesdays at Homestead Lanes: Homestead and Stelling in Cupertino from 1-3 PM**. Be there by **12.45 PM**. New bowlers are always welcome at any level of experience. If you're new, it's easier if you call me (Bob Taggart) in advance so we will be prepared. Spouses, women friends are welcome – there are now 10 co-ed teams.

YOU CAN JOIN ANYTIME

A ball and shoes are available at the bowling lanes.

Looking for some exercise that does not rely on good weather? Indoor 10-pin bowling is a fun, low-impact bowling skill that comes back after a long lay-off. Many have not bowled since they were youngsters. For more information, contact:

BOB TAGGART (Br 35)
(650) 321-2654

LAWN BOWLING:

Lawn Bowling is available every Friday from 10 AM to noon at the Senior Center in Los Altos. Contact Bob Taggart.

BOB TAGGART (Br 35)
(650) 321-2654

CYCLING: (SIR Branches 35, 51, others)

Hi All,

Here's the planned SIR Branch 35 bike ride on Thursday, 11th October 2024. It's the Half Moon Bay Coastal Trail, one of the most scenic rides in the entire Bay Area. The September SIR ride from San Lorenzo to Oakland International Airport to Bay Farm

Island in Alameda was spectacular with perfect weather conditions! Here's a couple of photos from September's ride to Bay Farm Island!



Michael McHenry, Doris Atkinson, Kinzen Wong, Jim Lunt and Gordy Tong (Marc Shaw was taking photo).

I will checked the weather forecast for HMB a week before the ride and include in the reminder email.

Thx,
Gordy
408 242-0557

Date: Thursday, 11th October 2024

Time: 11:00am

Wives and guests welcomed; helmets required and face masks optional.

Half Moon Bay Coastal Trail

Ride: This is one of the best bike rides in the Bay Area! We will ride a paved, flat trail along the ocean front for about 6 miles from Poplar Beach, located south of Half Moon Bay to Pillar Point, just past the town of Princeton. There is an optional ride to Mavericks Beach (1.5 miles) where the CA surfing competitions take place and then on to the infamous Moss Beach Distillery (3 miles) on 140 Beach Way, HMB. This adds about 4.5 miles for a total 22 miles with NO inclines. We can decide on the length of the ride/lunch options at the starting point in the parking lot.

Directions: Take I-280 North approximately 15 miles to Highway 92, then take the exit to Half Moon Bay. Continue on Highway 92 about 10 miles to the intersection with Highway 1, turn left. Go about one mile to Poplar St., turn right. Go to the end of Poplar St and park in the Poplar Beach parking lot, near the port-a-johns. If you park in that lot, there is a hourly parking fee that you have to prepay and post your prepaid ticket on your car dash. There is also neighborhood street parking on side streets off of Poplar St. If you park in that lot, there

is a hourly parking fee that you have to prepay and post your prepaid ticket on your car dash. There is also neighborhood street parking on side streets off of Poplar St. If you park on the neighborhood streets, please pay attention to ALL posted parking signs. Driving time is about 30-40 minutes.

If you plan to ride or have questions please contact Gordy Tong at gordy6850@gmail.com or 408 242-0557.

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SIR BRANCH 51 NEWSLETTER

If you have any inputs, suggestions, or feedback to add or improve the newsletter, please let me know.

Also, if you wish to add material to the newsletter, inputs for the next newsletter should be submitted between the 15th and 20th of the month prior to the next newsletter.

Newsletter Editor
Art Roberts

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Alroberts4202@gmail.com

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2024 SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN

EXECUTIVE COMMITTEE

ACTIVITIES CHAIRMEN

Big SIR: Richard Jamison 868-3723
Indoor Bowling: Bob Taggart (Br 35) 321-2654
Little SIR: Steve Tremulis 598-9790
Lawn Bowling: Bob Taggart
Secretary: Pete Sorenson 868-6804
Cycling: Gordon Tong (Br 35) (408) 242-0557
Asst. Secretary: (Open)
Tennis: Syd Jacobsen (Br 35) (408) 738-3233
Treasurer: Kevin Wheaton 485-2276
Golf Chairman: Kai Johansen 380-9493
Asst. Treasurer: Mike McMahon 380-0983
Golf Assistant: Jim Cummings 207-3609
Historian: (open)
Travel: State SIR Travel: www.sirinc.org

DIRECTORS

Sam Meredith 325-4152
Steve Tremulis 598-9790
Jim Cummings 207-3609
Gerry Shebar 868-6124

ADMINISTRATIVE CHAIRMEN

Attendance: (Open)
Speaker Coordinator: Steve Tremulis 995-3231
Audit: Sam Meredith 325-4152
Membership: Joe Urbassik 714-9610
Website: Gerry Shebar 868-6124
Greeter: Al Runge 592-1345
Asst. Website: (Open)
Newsletter: Art Roberts 279-5560
Special Events: Ray Klinke 924-0734.
Nominating Committee: Richard Jamison 868-3723
Good Samaritan: Bob Guffey 593-3496
Gerry Shebar 868-6124
Member Orientation: Bob Guffey 593-3496
Jim Cummings 207-3609

All telephone numbers are in the 650-area code,
except where noted differently.

All changes in address, telephone number, and e-
mail address should be reported to the SIR
Membership Chairman Joe Urbassik
714-9610