Mid-Peninsula Sons In Retirement Branch #51

Website: www.sirinc2.org/branch51

No. 568
A Non-Profit Organization
For Retired Men



November 2023
Devoted to the Promotion of Independence and Dignity of Retirement

LUNCHEON: 12 PM - FIRST WEDNESDAY - FREMONT HILLS CC, 12889 VISCAINO PL., LOS ALTOS, CA

General Interest:

Cooler Fall Weather is Coming

November is nearly upon us and we will need to prepare for cooler weather and, hopefully, for rain to help with our drought, but not too much to create havoc in the state as had happened last year.

The World Series has already started. The 49ers are trying to keep their losses to only two this season. Our traditional time change from Daylight Saving Time to Standard Time will happen on Sunday, the 5^{th} of November at 2:00 a.m. Our clocks will need to rest for an hour.

As I mentioned in last month's newsletter, bring your friends or neighbors to our Fremont Hills Country Club, and show them what we like, and enjoy, about our SIR 51 branch: tasty food, interesting members, and entertaining speakers. Possibly, we can get your friend or neighbor, ultimately, to join our branch to keep the branch growing.

Other news.

Good news. We will be having our annual Holiday Luncheon on Wednesday, December 6th, at 11:30 a.m. We will be welcoming back the Madrigal Singers from the Mountain View High School Choral Group. The cost is \$35 per person. Please see the accompanying .pdf file with this newsletter file for details and RSVP form to return to Ray Klinke, our special events coordinator. Due date for submitting your RSVP is November 25th.

As mentioned last month, the SIR Foundation, (SIRF), which supports all branches for financial aid in time of need, has received significant financial donations. Jim Walton, of Branch 171, is SIR Foundation president, and he said "I am happy to report that the Foundation has received over \$6300 in donations from both Branches and Individual Sirs." Also, Jim said "I wish to personally thank all of you who have sent in donations in support of SIRF. And I encourage all Sir Members to continue your support of the Foundation. All donations, no matter how small, will go a long way to making our efforts meaningful to SIR and SIR communities." Due to members' support, the SIRF has already helped branches, e.g., improvement projects, infrastructure needs, wildfire disasters support, etc.

The Sons In Retirement Foundation Inc. (SIRF) is a 501(c)(3) non-profit corporation. Your contribution is tax-deductible within the limits prescribed by California law.

If you can contribute, any amount, the SIR Foundation thanks you. To obtain a donation form, go to the link presented here.

https://sirinc.org/wp-content/uploads/SIRF-Donation-Form-SIR-Member.docx

Also, one can contact Jim Walton, Foundation President, <u>jameswalton2176@gmail.com</u>

If you have any changes to your profile in the roster, please inform our Assistant Membership Chairman. When we get a replacement Membership Chairman, he will be the person to receive your

changes. This allows us to keep the roster file up to date. E-mail your updates to Assistant Membership Chairman, Art Roberts at Alroberts4202@gmail.com.

As for other happenings within our branch, see the respective sections later in this newsletter. Be healthy and safe.



Branch 51 News

Big SIR Notes:

From the computer of Gerry Shebar

Gents,

I have truly enjoyed my past two years serving as your Big Sir. I now slide into retirement. Of course, I was accompanied by a cracker jack team of helping hands.

Next years board is set with Richard Jamison at Big Sir. I am sure you will be in good hands going forward.

As I look back on my tenure I see the difficult times that we threaded together. At first, we were meeting virtually. Everyone had to learn to Zoom. Then we moved to meeting in person but we never got back to the turnout of pre-Covid dimensions. Some members had moved on while others were just not ready to meet indoors. The situation is still not totally recovered. Hopefully, going forward we will see Covid reduced to being a non-factor.

Thank you for the experience of representing you to the world.

Regards,

Gerry

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SIR 51 General Membership Meeting

Our next SIR General Membership meeting will be held in-person on Wednesday, November 1st

starting at 11:30 a.m., for social half-hour, then at noon for lunch.

Please encourage your fellow members to come to the luncheon and speaker presentation.

October luncheon attendance was a total of 21 members including the speaker. As of September month-end, our branch members totaled 63.

SIR 51 Board Meetings

The next Board meeting will occur in-person this coming November 1st, Wednesday, at 11:00 a.m.

October Board meeting had nine attendees.

For more details, please contact Big SIR, Gerry Shebar (cell:650/868-6124).

The updated list for elected 2023 officers and committee chairmen is located at the end of this newsletter.

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Monthly Presentation for Members

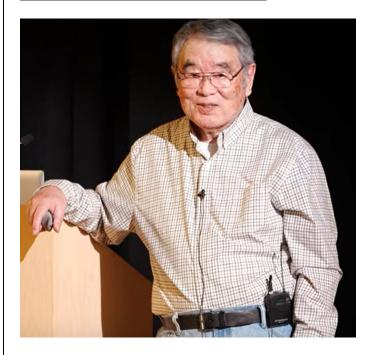
November 1st, 2023 Speaker Topic:

My Two and Half Years Behind Barbed Wire During World War II in the United States

Topic Description:

Yukio Shimomura will be sharing his family's experience during the 40s when WWII started. How Executive Order 9066 affected his family. After leaving San Francisco, his family entered the incarceration camps in San Bruno, Tanforan Race Track and in Topaz, Utah, . What his parents went through, with his older brothers and Yukio, the lifestyle in the camp, the dynamics in the camp, the significant ironies. How the family left the camp and where they settled. There were 10,000 people incarcerated with 110,000 stories. This talk is a snapshot of one family's experience. The talk is a verbal presentation with about 60+ slides.

Speaker Name and Biography:



Yukio Shimomura

Born in San Francisco, he was in grade school when World War II started. His family was incarcerated and was interned to a camp in San Bruno (Tanforan Race Track), CA and later to the camp near Delta (Topaz), Utah. Again, they were relocated to Ogden, Utah where he graduated from high school. He attended Weber State University and Utah State University and earned a Bachelor Degree in Manufacturing Engineering. He worked at HP as an engineer and transitioned into Human Resources. He held several positions in American and Japanese electronic companies; his last position was a director of human resources. Yukio consulted with several companies in management coaching and team building. Presently, he resides in Morgan Hill, CA.







Future speakers:

January 3rd, 2024 Speaker and Topic:

TBD

Topic Description:

TBD

FOR SUGGESTIONS REGARDING SPEAKERS

PLEASE CONTACT:

Steve Tremulis (650) 598-9790

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SIR 51 Website

SIR Branch 51 website provides helpful information on our activities and archives our news. Should you have inputs for our website, please contact our website master, Gerry Shebar at (650) 868-6124.

www.sirinc2.org/branch51

State SIR News

Public information about SIR organization for what we are as a social group and what we do is available on the state SIR developed website for informing and attracting the public to our branch. It is called **We Are SIR**.

www.wearesir.com

State SIR Website:

www.sirinc.org

The State SIR organization has a newsletter called *SIR Happenings*, to help SIR members know what the state officers are organizing for overall support and various activities for the local branches. See link below.

https://sirinc.org/newsletters/

The State SIR group provides guidance to help branches improve their members' involvement and the growth of branch membership.



Craig's Current Contributions:November 2023

Courtesy of former Big SIR, Craig Carpenter

Former Big SIR...very important guy. Now I'm just happy to be a part of our great SIR51 family.

THOUGHTS TO PONDER:

Courage is knowing it might hurt, and doing it anyway. Stupidity is the same. And that's why life is hard.

Being popular on Facebook is like sitting at the cool table of a mental hospital.

When you realize that 1970 and 2023 are as far apart as 1970 and 1917.....I'm just going to need a minute.

Dear paranoid people who check behind their shower curtains for murderers. If you do find one, what's your plan?

Waiting to see how long it takes this police sketch artist to realize I'm describing him.

Saying "have a nice day" to someone sounds friendly. But saying "enjoy your next 24 hours" sounds threatening.

The correct term for gluten-free sugarless vegan brownies is "compost".

GOOD READS FOR GUYS:

Blind Your Ponies a novel by Stanley Gordon West. Hope is hard to come by in the hard luck town of Willow Creek, Montana. As the coach of the hapless high school basketball team (zero wins, ninety-three losses), Sam Pickett is moved by the bravery he witnesses in the everyday lives of people - including his own young players.

Freezing Order by New York Times Bestselling author, Bill Browder. A true story of money laundering, murder, and surviving Vladimir Putin's wrath.

12 Months To Live by James Patterson & Mike Lupica. A criminal defense attorney who received a terminal diagnosis might be in danger of being murdered.

Killers of the Flower Moon by David Grann. The story of a murder spree in 1920's Oklahoma that targeted Osage Indians, whose lands contained oil. The fledgling FBI intervened, ineffectively.

The Body Keeps The Score by Bessel van der Kolk. How trauma affects the body & mind & innovative treatments for recovery.

In Order To Live: A North Korean Girl's Journey to Freedom by Yeonmi Park.

STUFF TO WATCH:

Netflix:

The Fall of the House of Usher This will get a rise out of horror fans.

Beckham, a limited series on Netflix. He is married to Posh Spice of the Spice Girls and is one of the greatest soccer players ever. Big highs and big lows. My wife and I both really enjoyed it.

Fauda A series focusing on Doron (Lior Raz), retired from the Israel Defense Force (IDF), but forced back into action. Relevant to the Middle East events of today.

Apple TV+:

Lessons in Chemistry. Just out on Apple TV+ & starring Brie Larson as Elizabeth Zott, whose dream of being a scientist is put on hold in a patriarchal society. But wait, she has the last word on success.

Theaters:

Killers of the Flower Moon, (see above) in theaters now. Three hours and 26 minutes long - sheesh!!! Directed by Martin Scorsese & starring Leonardo Di Caprio & Robert De Niro.

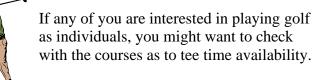
Well, that's all for this month. Stay healthy & active.

P.S. On a personal note, we have a grandson who is the starting cornerback for the Drake University (Iowa) football team. We saw them play the U. of San Diego last Saturday and they won 25-20 on an unbelievable "Hail Mary" pass on the last play of the game. ESPN put it on their "Top Ten Plays of the Day" on Sports Center. Google says "Hail Marys" are successful 9.7% of the time so just WOW!!!



ACTIVITIES

GOLF



For helpful information on State SIR and various Branch golf activities, contact Mark Stuart, 2023 State Golf Chair at 916 218-2287 or mss95678@hotmail.com

Also, for more information on State SIR golf activities, use the link below.

www.sirgolf.org

As for SIR Branch 51's golf information, see the SIR 51 2023 golf schedule which is available via Excel or .pdf file copies either electronically sent to you or at the SIR 51 website. Below are the dates, times, and locations for November, and December 2023.

	Nov 08, Wed	Nov 15, Wed	Nov 22, Wed	Nov 29, Wed
	Spring		Poplar	
NOV	Valley	Shoreline	Creek	Sunnyvale
	40.00	40.00	40.00	
	10:00	10:00	10:00	
	AM	AM	AM	10.00 AM
	Dec 05,	Dec 13,	Dec 20,	Dec 27,
	Dec 05, Tue	Dec 13, Wed	Dec 20, Wed	Dec 27, Wed
	•	•	•	,
DEC	Tue	Wed	Wed	,
DEC	Tue Los	Wed Spring	Wed San	Wed
DEC	Tue Los	Wed Spring	Wed San	Wed

TOTAL TOURNAMENTS: 50

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Baylands 2
Crystal Springs 5
Los Lagos 7
Moffett Field 3
Poplar Creek 6
Poppy Hills 1
San Jose 6
Shoreline 5
Spring Valley 8
Sunnyvale 7

All participants must be at the course at least one hour before tee time.

Courtesy of Golf Chairman:

KAI JOHANSEN

(650) 380-9493

Also, contact Jim Cummings, as a mutual supporter for golf news.

JIM CUMMINGS home: (650) 328-2168 cell: (650) 207-3609

State SIR Golf Newsletter:

www.sirgolf.org

Check if the <u>following activities</u> are going to occur with the recent changes in COVID-19 State SIR restrictions.

COMPUSIR



COMPUSIR is a self-help Computer discussion group. Normally, it meets monthly at the PALO ALTO ELKS

LODGE, 4249 EL CAMINO REAL, PALO ALTO. Check first if meetings are being held by Zoom, or not at all. When in-person meetings can be held access is by the following method. For entry, use the announce button on the pedestal to the left of the Front door. **COMPUSIR** is now part of SPAUG (the Stanford – Palo Alto Users Group). SPAUG Meetings are still held the SECOND WEDNESDAY of each month at 7:00 pm, when possible, in-person, at PA Elks Lodge (address above). The meeting is upstairs (elevator available past the stairway). More information at www.spaug.net.

MACINTOSH USERS

Contact Skip Ross to join this e-mail group where SIR members in all branches can exchange MAC-related news, get answers to questions and share experiences.

SKIP ROSS

(541) 857-6224

INDOOR BOWLING

(BRANCHES 5, 35 & 51)



We bowl on a handicap system, so all have an equal chance. Each season teams are revised and always have a mix

of players by ability. When possible, with less COVID-19 restrictions, we meet on **Tuesdays at Homestead Lanes: Homestead and Stelling in Cupertino from 1-3 PM.** Be there by **12.45 PM**. New bowlers are always welcome at any level of experience. If you're new, it's easier if you call me (Bob Taggart) in advance so we will be prepared. Spouses, women friends are welcome – there are

YOU CAN JOIN ANYTIME

A ball and shoes are available at the bowling lanes. Looking for some exercise that does not rely on good weather? Indoor 10-pin bowling is a fun, low-impact bowling skill that comes back after a long lay-off. Many have not bowled since they were youngsters. For more information, contact:

BOB TAGGART (Br 35)

(650) 321-2654

LAWN BOWLING:

now 10 co-ed teams.

Check if Lawn Bowling is able to meet and play. We meet on Tuesday, Thursday, and Saturday at 9:30 AM at Palo Alto Lawn Bowls Club, 474 Embarcadero Road, Palo Alto. Players need to be 15 minutes early to be entered into the draw for teams. Free coaching is available for new players. Contact:

DON HUGHES

(650) 323-9916

TENNIS:



When possible, during the COVID-19 pandemic, check first to see if our tennis group meets which happens on Mondays and Thursdays at Rinconada Park in Palo

Alto. Please be there by 8:30 AM when doubles teams will be formed. Late arrivals will play as sets are completed. We play an open spin-in doubles form. Play level is about 2.5. We welcome non-SIRS, so bring a friend.

SYD JACOBSEN (Br 35)

(408) 738-3233

CYCLING: (SIR Branches 35, 51, others)

Meet on 2nd Thursday of the month at 11:00 AM Next ride will be on November 9th 2023. Wives and guests welcomed; Rain cancels ride. Helmets required, e-bike are allowed, and face masks are optional. Read latest CDC guidance via link below:

https://www.cdc.gov/coronavirus/2019-ncov/index.html

Los Gatos Creek Trail

Ride: We will ride the ever popular and scenic trail starting from the Blackford Elementary School parking lot to downtown Los Gatos for about 7.5 miles. The trail is paved and generally level with some short inclines underneath streets. There are many lunch options in the downtown area. Then, we'll ride back on the same trail for a total of 15 miles.

<u>Driving Directions:</u> Go South on I-280 (past Highway 17) to Meridian Avenue (South); turn right. Go to Willow Street (the third stoplight) and turn right. Take Willow Street until it dead-ends at Blackford Elementary School. Parking is available in the school parking lot and on neighborhood streets. For an address to plug into your GPS, Blackford Elementary School 1970 Willow St, San Jose.

If you plan to ride or have questions, please contact Gordon Tong at 408-242-0557 or gordy6850@gmail.com or Hank Bottino at (650) 207-4320 or bottinoh@comcast.net. who is my biking group co-leader.

Cycling Comment:

FYI. SIR Branch 35 monthly bicycling is a combined activity with all SIR Branches in Area 13. The objectives of the monthly rides are to continue to promote fellowship, share experiences, get some exercise and above all, have FUN!

We ask that all riders exhibit a positive attitude, exercise good judgment when riding such as maintaining a safe distance between riders, obey all traffic signs, stop lights, etc. There will be a designated **lead** rider and a **sweeper** (or last rider) to ensure that all riders stay on course. It's important that all riders keep the **lead** rider in their sights.

NON-RESPOSIBILITY DECLARATION:

All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc., and its Branches do not assume any responsibility for the well-being or safety of the participants or their property, in any matters pertaining to said activities.

STATE SIR WEBSITE

www.sirinc.org

SIR BRANCH 51 NEWSLETTER

If you have any inputs, suggestions, or feedback to add or improve the newsletter, please let me know.

Also, if you wish to add material to the newsletter, inputs for the next newsletter should be submitted between the 15^{th} and 20^{th} of the month prior to the next newsletter.

Newsletter Editor:

Richard Jamison (650) 868-3723 rsjamison@aol.com

2023 SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN

EXECUTIVE COMMITTEE

ACTIVITIES CHAIRMEN

Big SIR: Gerry Shebar	868-6124	Indoor Bowling; Bob Taggart (Br 35) 321-2654
Little SIR: Richard Jamison	868-3723	Lawn Bowling: Don Hughes	323-9916
Secretary: Richard Jamison	868-3723	Cycling: Gordon Tong (Br 35)	(408) 242-0557
Asst. Secretary: Pete Sorenson	868-6804	Tennis: Syd Jacobsen (Br 35)	(408) 738-3233
Treasurer: Kevin Wheaton	485-2276	Golf Chairman: Kai Johansen	380-9493
Asst. Treasurer: Mike McMahon	493-7392	Golf Assistant: Jim Cummings	207-3609
		Travel: State SIR Travel:	www.sirinc.org
DIRECTORS		Compusir: Stanford-PA Users Grou	pwww.spaug.net
		Macintosh Users: Skip Ross	(541) 857-6224
Sam Meredith 325-4152		Historian: (Open)	

Sam Meredith 325-4152 Jim Cummings 207-3609 Steve Tremulis 598-9790

ADMINISTRATIVE CHAIRMEN

Attendance: (Open)		Speaker Coordinator: Steve Tremulis	598-9790
Audit: Sam Meredith	325-4152	Membership: (Open)	
Website: Gerry Shebar	868-6124	Asst. Membership: Art Roberts	279-5560
Asst. Website: (Open)		Greeter: Al Runge	592-1345
Newsletter: Richard Jamison	868-3723	Special Events: Ray Klinke	924-0734
Good Samaritan: Bob Guffey	593-3496	Nominating Committee: Gerry Shebar	868-6124
Member Orientation: Bob Guffey	593-3496	Jim Cummings	207-3609
•		Steve Tremulis	598-9790

All telephone numbers are in the 650-area code, except where noted differently.

All changes in address, telephone number, and e-mail address needs to be reported to the SIR Branch 51, Assistant Membership Committee Chairman:

Art Roberts 4202 Manuela Ave. Palo Alto, CA 94306 (650) 279-5560 Alroberts4202@gmail.com

"All the news that fits we print"