

Mid-Peninsula Sons In Retirement Branch #51

Website: www.sirinc2.org/branch51

No. 558
A Non-Profit Organization
For Retired Men



January 2023
Devoted to the Promotion of
Independence and Dignity of Retirement

LUNCHEON: 12 PM – FIRST WEDNESDAY – FREMONT HILLS CC, 12889 VISCAINO PL., LOS ALTOS, CA

General Interest:

The New Year is Upon Us

Out With The Old, In With The New:

December gave us an enjoyable special holiday luncheon with fellow members, spouses, significant others, and guests. The entertainment provided by the Madrigal Singers Choral Group from Mountain View High School was superb. The two photos below capture the group in costume for the occasion, quite nicely done.



As for the coming New Year's Day, may we all celebrate that the new year will be healthy and prosperous for our family, friends, and ourselves.

Happy New Year to all.

See the Golf section of this newsletter for news and details of a new golf tournament called *Friendship Golf Tournament* which will be held on March 6th 2023 at Discovery Bay Golf and Country Club.

We will be meeting in-person for our, Wednesday, 4th of January 2023, General Membership meeting, will start at 11:30 a.m. for social half-hour, then at noon for lunch.

Please encourage your fellow members to come to the beginning luncheon and speaker presentation of 2023. As a suggestion, you may want to bring a mask in case you wish to protect your yourself and fellow members from the surging viruses that still exist.

Please keep in mind for future luncheons, send a RSVP if you plan to attend so that the Fremont Hills Country Club can plan for the number of meals needed. E-mail a RSVP to Big SIR, Gerry Shebar at

bigsirfiftyone@gmail.com.

As for happenings within our branch, see the respective sections later in this newsletter.

VIRUS News:

All current viruses are still a threat, especially COVID-19, Respiratory Syncytial Virus (RSV), and

SIR 51 Board Meetings

The next Board meeting will occur **in-person** this coming **January 4th**, Wednesday, at **11:00 AM**.

For more details, please contact Big SIR, Gerry Shebar (cell:650/868-6124).

The list for both elected 2022 and 2023 officers and committee chairmen is located at the end of this newsletter.

There was no December board meeting.

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Monthly Presentation for Members

January 4th, 2023 Speaker Topic:

TBD

Topic Description:

TBD

Speaker Name and Biography:

TBD

Future speakers for the coming month:

February 1st, 2023 Speaker and Topic:

TBD

**FOR SUGGESTIONS REGARDING
SPEAKERS**

PLEASE CONTACT:

**Steve Tremulis
(650) 598-9790**

~

2023 Membership Roster

As always, if you have any corrections or changes to your profile data, please contact our Membership Chairman, Jeff Gardiner, at (650) 561-9661. Also, the roster file has been archived on our branch website. See next section.

SIR 51 Website

SIR Branch 51 website provides helpful information on our activities and archives our news. Should you have inputs for our website, please contact our website master, Gerry Shebar at (650) 868-6124.

www.sirinc2.org/branch51

State SIR News

Public information about SIR organization for what we are as a social group and what we do is available on the state SIR developed website for informing and attracting the public to a branch. It is called **We Are SIR**.

www.wearesir.com

State SIR Website:

www.sirinc.org

The State SIR organization has a newsletter called **SIR Happenings**, to help SIR members know what the state officers are organizing for overall support and various activities for the local branches. See link below.

<https://sirinc.org/newsletters/>

The State SIR group provides guidance to help branches improve their members' involvement and the growth of branch membership.

Wavier:

The link to the State SIR COVID Wavier website is given below for anyone who has not yet signed the required waiver.

<https://sirinc.org/wp-content/uploads/Waiver-final.pdf>

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Craig's Current Contributions: **January 2023**

Courtesy of former Big SIR, Craig Carpenter

Former Big SIR, very important guy. Not so much these days but am thrilled a new year is upon us. Bye bye to 2022.

THOUGHTS TO PONDER:

Don't be afraid of death: be afraid of an unlived life. You don't have to live forever, you just have to live.

My boss said "dress for the job you want, not for the job you have". Now I'm sitting in a disciplinary meeting dressed as Batman.

Eat the chocolate cake. Walk in the rain and splash in the puddles. Ride with the windows down. Dance. Sing. Talk to strangers. Smile at everyone. Hug someone. Go barefoot. Take naps. Try new things. Spend time with kids. Laugh every chance you get. Help others. LIVE LIFE TO THE FULLEST, NO REGRETS. LIFE IS WAY TOO SHORT.

I hate when I gain ten pounds for a role and then realize I'm not an actor.

Some things are better left unsaid, which I generally realize right after I have said them.

Wouldn't life be perfect if sweatpants were sexy, Mondays were fun, junk food didn't make you fat, women didn't cause so much drama, guys weren't so confusing, and goodbyes only meant until tomorrow.

I put some whiskey in my coffee because it's Ireland somewhere.

My head says gym but my stomach says tacos.

I might wake up early and go running. I also might wake up and win the lottery. The odds are about the same.

GOOD READS FOR GUYS:

Horse by Geraldine Brooks. A scientist from Australia and a Nigerian-American art historian become connected by their shared interest in a 19th century race horse, one studying its remains, the other uncovering the history of the black horsemen who were critical to its success. (Highly recommended by SIR Jeff Gardiner & my wife, Lindsay)..

Lessons in Chemistry by Bonnie Garmus (also recommended by Jeff Gardiner). Chemist Elizabeth Zott is not your average woman. In fact, Elizabeth Zott would be the first to point out that there is no such thing as an average woman. But it's in the early 1960's and her all-male team at Hastings Research Institute takes a very unscientific view of equality. Except for one: Calvin Evans; the lonely, brilliant, Nobel-Prize nominated grudge-holder who falls in love with-of all things- her mind. True chemistry results.

Wise Gals by Nathalia Holt. The hidden lives of pathbreaking women.

One Hundred Saturdays by Michael Frank. The remarkable story of ninety-nine-year-old Stella Levi whose conversations with the writer Michael Frank over the course of six years bring to life the vibrant world of Jewish Rhodes, the deportation to Auschwitz that extinguished ninety percent of her community, and the resilience and wisdom of the woman who lived to tell the tale.

STUFF TO WATCH:

Netflix:

Dogs Schmaltzy, but really good stories, especially if you love dogs.

The Crown, Season Five. If you liked the first four, stay with it.

The Swimmers From war-torn Syria to the 2016 Rio Olympics, two young sisters embark on a risky voyage, putting their hearts and their swimming skills to heroic use.

Amazon Prime:

Reacher One reviewer said "huge dudes kicking butt and doing detective work".

The Bad Guy Italian series about a lawyer who breaks bad after he is wrongly accused of being a gangster.

LaLa Land from 2016, starring Ryan Gosling and Emma Stone who "sing and dance their way into your heart". You'll get mega kudos from your wife.

Well, I guess that's it. I'll see y'all in February as we are headed to South America for a month. New Year's Eve in Buenos Aires...now that's what I'm talking about, senior. 🍷

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ACTIVITIES

GOLF



If any of you are interested in playing golf as individuals, you might want to check with the courses as to tee time availability.

A special golf event in March 2023 called **Friendship Golf Tournament** has been organized by SIR Branch 161 of Discovery Bay. It is being held at the Discovery Bay Golf and Country Club on the 6th of March 2023 starting at 9:00 a.m. Details are found via the following lengthy link.

https://r20.rs6.net/tn.jsp?f=0011FQ1vfSXhCwvk9sZjIJGm0DWjS8tdjkERfAQ6JT13ecroIReiaRyoICL7j9llkTyc58kIY44Y_UGO4T0RDMMYR1IHUOuE7SX8jzdLarKuy9psEXx0FWx9DrDEz0lqrju3jteXnOmKLWwA1wFx2JXEvAKp2ixiGmX2v5mK9Aq7XGyLXhUWw4rvDLDlDv0gMwqgcBYO0qS50sDgVIGuN_Br7g2-f5SVEqsIJCPbdAvU_6aRPA7VDug==&c=5obGGS-pVq_eiOkE66QChf2xpIYMF7SUUvan5cU4kL881=ICTwkrw==&ch=fqESJbsvE87dbdDIhEo1LHdtP8OcBBI0XS-K14Dkpyz16ia48rTnhQ==

Branch 161 contact person for this event is listed below.

Johnny Welton
5751 Prestwick Court
Discovery Bay, CA 94505
Email: johnnywelton40@gmail.com
Cell: 925-876-5844

As for SIR Branch 51's golf information, see the SIR 51 2023 golf schedule which is available via Excel or .pdf file copies either electronically sent to you or at the SIR 51 website. Below are the dates, times, and locations for January 2023 and February 2023.

	Jan 03, Tue	Jan 11, Wed	Jan 18, Wed	Jan 25, Wed	Jan 31, Tue
JAN	Baylands 8:30 AM	Poplar Creek 10:00 AM	Los Lagos 10:00 AM	Spring Valley 10:00 AM	Shoreline 10:00 AM

	Feb 8, Wed	Feb 15, Wed	Feb 22, Wed	Feb 28, Tue
FEB	San Jose 10:00 AM	Sunnyvale 10:00 AM	Los Lagos 10:00 AM	Poplar Creek 10:00 AM

TOTAL TOURNAMENTS: 50

Baylands 2
Crystal Springs 5
Los Lagos 7
Moffett Field 3
Poplar Creek 6
Poppy Hills 1
San Jose 6
Shoreline 5
Spring Valley 8
Sunnyvale 7

Please register your intentions to play by signing “Yes” or “No” on the sign-up sheet. All participants must be at the course at least one hour before tee time.

Courtesy of Golf Chairman:

KAI JOHANSEN
(650) 380-9493

Also, contact Jim Cummings, as a mutual supporter for golf news.

JIM CUMMINGS

home: (650) 328-2168

cell: (650) 207-3609

State Golf Newsletter:

www.sirgolf.org

Check if the following activities are going to occur with the recent changes in COVID-19 State SIR restrictions.

COMPUSIR



COMPUSIR is a self-help Computer discussion group. Normally, it meets monthly at the PALO ALTO ELKS LODGE 4249 EL CAMINO REAL, PALO ALTO. Check first if meetings are being held by Zoom, or not at all. When in-person meetings can be held access is by the following method. For entry, use the announce button on the pedestal to the left of the Front door. **COMPUSIR** is now part of SPAUG (the Stanford – Palo Alto Users Group). SPAUG Meetings are still held the SECOND WEDNESDAY of each month at 7:00 pm, when possible, in-person, at PA Elks Lodge (address above). The meeting is upstairs (elevator available past the stairway). More information at www.spaug.net.

MACINTOSH USERS

Contact Skip Ross to join this e-mail group where SIR members in all branches can exchange MAC-related news, get answers to questions and share experiences.

SKIP ROSS

(541) 857-6224

INDOOR BOWLING

(BRANCHES 5, 35 & 51)



We bowl on a handicap system, so all have an equal chance. Each season teams are revised and always have a mix of players by ability. When possible, with less COVID-19 restrictions, we meet on **Tuesdays at Homestead Lanes: Homestead and Stelling in**

Cupertino from 1-3 PM. Be there by 12.45 PM.

New bowlers are always welcome at any level of experience. If you're new, it's easier if you call me (Bob Taggart) in advance so we will be prepared. Spouses, women friends are welcome – there are now 10 co-ed teams.

YOU CAN JOIN ANYTIME

A ball and shoes are available at the bowling lanes. Looking for some exercise that does not rely on good weather? Indoor 10-pin bowling is a fun, low-impact bowling skill that comes back after a long lay-off. Many have not bowled since they were youngsters. For more information, contact:

BOB TAGGART (Br 35)

(650) 321-2654

LAWN BOWLING:



Check if Lawn Bowling is able to meet and play. We meet on Tuesday, Thursday, and Saturday at 9:30 AM at Palo Alto Lawn Bowls Club, 474 Embarcadero Road, Palo Alto. Players need to be 15 minutes early to be entered into the draw for teams. Free coaching is available for new players. Contact:

DON HUGHES

(650) 323-9916

TENNIS:



When possible, during the COVID-19 pandemic, check first to see if our tennis group meets which happens on Mondays and Thursdays at Rinconada Park in Palo Alto. Please be there by 8:30 AM when doubles teams will be formed. Late arrivals will play as sets are completed. We play an open spin-in doubles form. Play level is about 2.5. We welcome non-SIRS, so bring a friend.

SYD JACOBSEN (Br 35)

(408) 738-3233

CYCLING: (SIR Branches 35, 51, others)

Meet on 2nd Thursday of the month at 11:00 AM

Next ride will be on January 12th 2023.

Wives and guests welcomed; Rain cancels, helmets required, e-bike are allowed, and face masks are optional. Read latest CDC guidance via link below:

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Stevens Creek Trail & Shoreline Park (Mt. View)

Ride: We will ride a flat, scenic 14 mile round-trip to Michael's Restaurant in Shoreline Park, plus an optional 5-mile loop to the Palo Alto Duck Pond, next to the Palo Alto Airport (total ride 19 miles). Lunch will be the Baylands Cafe (1875 Embarcadero Road in Palo Alto) at the Baylands Golf Link before the PA Duck Pond.

Directions: Meet at the south end of the Stevens Creek bike path at the corner of Sleeper Ave. and Franklin Ave. From Palo Alto, go south on El Camino Real to Grant Rd; turn right. Drive past the 3rd traffic signal to Sleeper Ave. and turn left. Drive to the end of Sleeper Ave., which intersects with Franklin Ave. Park your car near the intersection.

If you plan to ride or have questions, please contact Gordon Tong at 408-242-0557 or gordy6850@gmail.com or Hank Bottino at (650) 207-4320 or bottinoh@comcast.net, who is my biking group co-leader.

Cycling Comment:

FYI. SIR Branch 35 monthly bicycling is a combined activity with all SIR Branches in Area 13. The objectives of the monthly rides are to continue to promote fellowship, share experiences, get some exercise and above all, have FUN!

We ask that all riders exhibit a positive attitude, exercise good judgment when riding such as maintaining a safe distance between riders, obey all traffic signs, stop lights, etc. There will be a designated **lead** rider and a **sweeper** (or last rider) to ensure that all riders stay on course. It's important that all riders keep the **lead** rider in their sights.

NON-RESPOSIBILITY DECLARATION:

All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc., and its Branches do not assume any responsibility for the well-being or safety of the participants or their property, in any matters pertaining to said activities.

STATE SIR TRAVEL INFORMATION



FYI. State SIR 2023 Ireland trip is being planned. If you are interested, contact State SIR Bill Stires at bstires46@gmail.com or 209-988-5445 for details or Milt Smith, State SIR Travel Chair at miltsmith549@gmail.com.

For information on State SIR travel, go to the State SIR website listed below and search "Travel".

STATE SIR WEBSITE

www.sirinc.org

SIR BRANCH 51 NEWSLETTER

If you have any inputs, suggestions, or feedback to add or improve the newsletter, please let me know.

Also, if you wish to add material to the newsletter, inputs for the next newsletter should be submitted between the 15th and 20th of the month prior to the next newsletter.

Newsletter Editor:

Richard Jamison
(650) 868-3723
rsjamison@aol.com

2022-2023 SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN

EXECUTIVE COMMITTEE

Big SIR: Gerry Shebar 868-6124
Little SIR: Richard Jamison 868-3723
Secretary: Jeff Gardiner 561-9661
Asst. Secretary: Richard Jamison 868-3723
Treasurer: Kingsley Wood 799-8420
Asst. Treasurer: Kevin Wheaton 485-2276

DIRECTORS

Sam Meredith 325-4152
Craig Carpenter 325-4152
Mike McMahon 493-7392
Jim Cummings 207-3609
Steve Tremulis 598-9790

ACTIVITIES CHAIRMEN

Indoor Bowling: Bob Taggart (Br 35) 321-2654
Lawn Bowling: Don Hughes 323-9916
Cycling: Gordon Tong (Br 35) (408) 242-0557
Tennis: Syd Jacobsen (Br 35) (408) 738-3233
Golf Chairman: Kai Johansen 380-9493
Golf Assistant: Jim Cummings 207-3609
Travel: State SIR Travel: www.sirinc.org
Compusir: Stanford-PA Users Group www.spaug.net
Macintosh Users: Skip Ross (541) 857-6224
Historian: (Open)

ADMINISTRATIVE CHAIRMEN

Attendance: Kingsley Wood	799-8420	Speaker Coordinator: Steve Tremulis	598-9790
Audit: Sam Meredith	325-4152	Membership: Jeff Gardiner	561-9661
Russ Porter	234-1212	Asst. Membership: (Open)	
Website: Gerry Shebar	868-6124	Greeter: Al Runge	592-1345
Asst. Website: Art Lewis	964-3223	Special Events: Ray Klinke	924-0734
Newsletter: Richard Jamison	868-3723	Nominating Committee: Gerry Shebar	868-6124
Good Samaritan: Bob Guffey	593-3496	Jim Cummings	207-3609
Member Orientation: Bob Guffey	593-3496	Steve Tremulis	598-9790

All telephone numbers are in the 650-area code, except where noted differently.

All changes in address, telephone number, and e-mail address needs to be reported to the SIR Branch 51,
Membership Committee Chairman:

Jeff Gardiner,
2152 Sand Hill Road,
Menlo Park, CA 94025
(650) 561-9661

“All the news that fits we print”

Anonymous