

Mid-Peninsula Sons In Retirement

Branch #51

Website: www.sirinc2.org/branch51

No. 556
A Non-Profit Organization
For Retired Men



November 2022
Devoted to the Promotion of
Independence and Dignity of Retirement

LUNCHEON: 12 PM – FIRST WEDNESDAY – FREMONT HILLS CC, 12889 VISCAINO PL., LOS ALTOS, CA

General Interest:

Holidays are Coming

November is for Family, Friends, and Food:

As the weather cools, we get to enjoy a late autumn season. With Veteran's Day, Thanksgiving, and the perennial Black Friday weekend, we get together with our family and friends to celebrate our shared care and love for each other. It's great to enjoy this time of year.

Please remember to honor our veterans who served and sacrificed for our country on Veterans' Day, Friday, November 11, 2022. We owe much to them for their service.

Also, don't forget to vote on or before Tuesday, November 8th for candidates you favor in the mid-term 2022 elections.

In addition, planning has begun for the 2022 Holiday Luncheon on Wednesday, December 7th at 11:30 a.m. at Fremont Hills Country Club. The Madrigal Singers of the Mountain View High School Choral Group will perform. As a benefit this year, our board decided to subsidize the cost of the luncheon from our treasury with \$10 per member. Hence, members and guests will pay \$35 per person. Please read the attached Holiday Luncheon flyer for the details of the event. Do sign up soon.

We will be meeting in-person for our, Wednesday, 2nd of November General Membership meeting.

Please encourage your fellow members to come to our luncheon and speaker presentation. Masks are optional.

Please keep in mind for future luncheons, send a RSVP if you plan to attend so that the Fremont Hills Country Club can plan for the number of meals needed. E-mail a RSVP to Big SIR, Gerry Shebar at bigsirfiftyone@gmail.com.

As for happenings within our branch, see the respective sections later in this newsletter.

COVID-19 News:

US average daily cases of approximately 31,008 cases as of 25th of October, 2022. The US has 67.6 % fully vaccinated individuals. California has average daily cases of approximately 3,412 cases and COVID-19 fully vaccinated individuals at 74.5%. Data is from the Mayo Clinic records. The dominant Omicron subvariant is still BA.5. However, there are new subvariants of the BA.5 variant, namely BQ.1 and BQ.1.1, that have been found in the environment.

RSV News:

Respiratory Syncytial Virus (RSV) is a virus that causes inflammation of the small airways in the lung. This virus affects mostly infants, young children, older adults (65+), and adults with chronic heart or lung disease or weakened immune systems. Currently, there is no vaccine for RSV yet. Be careful around individuals who may have RSV.

Courtesy of Golf Chairman:

KAI JOHANSEN

(650) 380-9493

Also, contact Jim Cummings, as a mutual supporter for golf news.

JIM CUMMINGS

home: (650) 328-2168

cell: (650) 207-3609

State Golf Newsletter:

www.sirgolf.org

Check if the following activities are going to occur with the recent changes in COVID-19 State SIR restrictions.

COMPUSIR



COMPUSIR is a self-help Computer discussion group. Normally, it meets monthly at the PALO ALTO ELKS LODGE 4249 EL CAMINO REAL, PALO ALTO. Check first if meetings are being held by Zoom, or not at all. When in-person meetings can be held access is by the following method. For entry, use the announce button on the pedestal to the left of the Front door. **COMPUSIR** is now part of SPAUG (the Stanford – Palo Alto Users Group). SPAUG Meetings are still held the **SECOND WEDNESDAY** of each month at 7:00 pm, when possible, in-person, at PA Elks Lodge (address above). The meeting is upstairs (elevator available past the stairway). More information at www.spaug.net.

MACINTOSH USERS

Contact Skip Ross to join this e-mail group where SIR members in all branches can exchange MAC-related news, get answers to questions and share experiences.

SKIP ROSS

(541) 857-6224

INDOOR BOWLING

(BRANCHES 5, 35 & 51)



We bowl on a handicap system, so all have an equal chance. Each season teams are revised and always have a mix of players by ability. When possible, with less COVID-19 restrictions, we meet on **Tuesdays at Homestead Lanes: Homestead and Stelling in Cupertino from 1-3 PM. Be there by 12.45 PM.** New bowlers are always welcome at any level of experience. If you're new, it's easier if you call me (Bob Taggart) in advance so we will be prepared. Spouses, women friends are welcome – there are now 10 co-ed teams.

YOU CAN JOIN ANYTIME

A ball and shoes are available at the bowling lanes. Looking for some exercise that does not rely on good weather? Indoor 10-pin bowling is a fun, low-impact bowling skill that comes back after a long lay-off. Many have not bowled since they were youngsters. For more information, contact:

BOB TAGGART (Br 35)

(650) 321-2654

LAWN BOWLING:



Check if Lawn Bowling is able to meet and play. We meet on Tuesday, Thursday, and Saturday at 9:30 AM at Palo Alto Lawn Bowls Club, 474 Embarcadero Road, Palo Alto. Players need to be 15 minutes early to be entered into the draw for teams. Free coaching is available for new players. Contact:

DON HUGHES

(650) 323-9916

TENNIS:



When possible, during the COVID-19 pandemic, check first to see if our tennis group meets which happens on Mondays and Thursdays at Rinconada Park in Palo Alto. Please be there by 8:30 AM when doubles teams will be formed. Late arrivals will play as sets are completed. We play an open spin-in doubles form. Play level is about 2.5. We welcome non-SIRS, so bring a friend.

SYD JACOBSEN (Br 35)
(408) 738-3233

CYCLING:

(SIR Branches 35, 51, others)

2nd Thursday — November 10, 2022, 11:00 AM

Please note that there is no scheduled cycling ride for December 2022.

Wives and guests welcomed; Rain cancels, helmets required and face masks optional. Read latest CDC guidance via link below:

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

If you plan to ride or have questions, please contact Gordon Tong at 408-242-0557 or gordy6850@gmail.com or Hank Bottino at (650) 207-4320 or bottinoh@comcast.net.

Coyote Hills/Alameda Creek – Niles/Fremont

Ride: We will begin the ride at the Coyote Hills Park and continue on the Alameda Trail to the quaint town of Niles where we will have lunch at the Nile Cafe (121 1st Street, Fremont, CA). The biking trail is paved and generally flat (at the start there are some gentle rolling hills) and approximately 9 miles each way. There is an optional loop with a scenic view of the bay that adds about one mile (a total ride of 19-21 miles depending on where you park). We can decide during lunch whether we want to take the optional loop.

Driving Directions: Take Highway 101 North, exit on CA State Route 84 East towards the Dumbarton Bridge past toll booths, take the first exit, Paseo Padre Parkway. Turn left and go one mile to Paterson Ranch Road; turn left. This is the entrance to Coyote Hills Park (there is a small sign). Go 1/2 mile to the park toll booth (\$5 per car or use your East Bay Regional Park District season pass). Continue another 1/2 mile over several speed bumps to the park office and museum; park there.

If you prefer, you can take I-880 North and exit on CA State Route 84 West. Exit on to Paseo Padre

Parkway and turn right. Proceed to Paterson Ranch Road and turn left.

Optional FREE Parking: There is a parking lot on the corner of Paseo Padre Parkway and Paterson Ranch Road (on your immediate left once you turn on to Paterson Ranch Road). Many of the riders will park here and ride 2 miles into the park.

Cycling Comment:

FYI. SIR Branch 35 monthly bicycling is a combined activity with all SIR Branches in Area 13. The objectives of the monthly rides are to continue to promote fellowship, share experiences, get some exercise and above all, have FUN!

NON-RESPOSIBILITY DECLARATION:

All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc., and its Branches do not assume any responsibility for the well-being or safety of the participants or their property, in any matters pertaining to said activities.

STATE SIR TRAVEL INFORMATION



FYI. State SIR 2023 Ireland trip is being planned. If you are interested, contact State SIR Bill Stires at bstires46@gmail.com or 209-988-5445 for details or Milt Smith, State SIR Travel Chair at miltsmith549@gmail.com.

For information on State SIR travel, go to the State SIR website listed below and search “Travel”.

STATE SIR WEBSITE

www.sirinc.org

SIR BRANCH 51 NEWSLETTER

If you have any inputs, suggestions, or feedback to add or improve the newsletter, please let me know.

Also, if you wish to add material to the newsletter, inputs for the next newsletter should be submitted between the 15th and 20th of the month prior to the next newsletter.

Newsletter Editor:

Richard Jamison

(650) 868-3723

rsjamison@aol.com

2022-2023 SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN

EXECUTIVE COMMITTEE

Big SIR: Gerry Shebar 868-6124
Little SIR: Richard Jamison 868-3723
Secretary: Jeff Gardiner 561-9661
Asst. Secretary: Richard Jamison 868-3723
Treasurer: Kingsley Wood 799-8420
Asst. Treasurer: Kevin Wheaton 485-2276

DIRECTORS

Sam Meredith 325-4152
Craig Carpenter 325-4152
Mike McMahon 493-7392
Jim Cummings 207-3609
Steve Tremulis 598-9790

ACTIVITIES CHAIRMEN

Indoor Bowling: Bob Taggart (Br 35) 321-2654
Lawn Bowling: Don Hughes 323-9916
Cycling: Gordon Tong (Br 35) (408) 242-0557
Tennis: Syd Jacobsen (Br 35) (408) 738-3233
Golf Chairman: Kai Johansen 380-9493
Golf Assistant: Jim Cummings 207-3609
Travel: State SIR Travel: www.sirinc.org
Compusir: Stanford-PA Users Group www.spaug.net
Macintosh Users: Skip Ross (541) 857-6224
Historian: (Open)

ADMINISTRATIVE CHAIRMEN

Attendance: Kingsley Wood	799-8420	Speaker Coordinator: Steve Tremulis	598-9790
Audit: Sam Meredith	325-4152	Membership: Jeff Gardiner	561-9661
Russ Porter	234-1212	Asst. Membership: (Open)	
Website: Gerry Shebar	868-6124	Greeter: Al Runge	592-1345
Asst. Website: Art Lewis	964-3223	Special Events: Ray Klinke	924-0734
Newsletter: Richard Jamison	868-3723	Nominating Committee: Gerry Shebar	868-6124
Good Samaritan: Bob Guffey	593-3496	Jim Cummings	207-3609
Member Orientation: Bob Guffey	593-3496	Steve Tremulis	598-9790

All telephone numbers are in the 650-area code, except where noted differently.

All changes in address, telephone number, and e-mail address needs to be reported to the SIR Branch 51,
Membership Committee Chairman:

Jeff Gardiner,
2152 Sand Hill Road,
Menlo Park, CA 94025
(650) 561-9661

“All the news that fits we print”

Anonymous