

Mid-Peninsula Sons In Retirement

Branch #51

Website: www.sirinc2.org/branch51

No. 553
A Non-Profit Organization
For Retired Men



August 2022
Devoted to the Promotion of
Independence and Dignity of Retirement

LUNCHEON: 12 PM – FIRST WEDNESDAY – FREMONT HILLS CC, 12889 VISCAINO PL., LOS ALTOS, CA

General Interest:

Dog Days of Later Summer

Successful 2022 Picnic/BBQ:

Well, we had a fun picnic/BBQ in July. A good turn-out occurred with our members and spouses/significant others. As usual, the food was tasty, conversation was entertaining, and weather was perfect. Unfortunately, no pie for dessert this time – maybe next year.

The picnic is over and the dog days of later summer are upon us.

We will be meeting in-person for our, Wednesday, 3rd of August General Membership meeting. Please encourage your fellow members to come to our luncheon and speaker presentation. Masks are optional. See the description of the speaker biography and topic later in this newsletter.

Also, later in this newsletter, there are State SIR news of a Fall Golf Tournament in September. Also, there is a State SIR 2022 fall travel event to New England, and a 2023 Ireland trip as well. Contact State SIR Bill Stires at bstires46@gmail.com or 209-988-5445 for details or Milt Smith, State SIR Travel Chair at miltsmith549@gmail.com.

As for happenings within our branch, see the respective sections later in this newsletter on

developing a Facebook business application page for our branch and State SIR golf news.

For future luncheons, please RSVP if you plan to attend so that the Fremont Hills Country Club can plan for the number of meals needed. E-mail a RSVP to Big SIR, Gerry Shebar at gshebar@yahoo.com.

COVID-19 News:

The infection cases for the variants of COVID-19 are decreasing in the US to an average daily count of 154,000 cases as of 22nd of July, 2022. The dominant subvariant is BA.5. Unfortunately, there is a new subvariant coming out of India that is called BA.2.75. Let's hope this is not as bad as BA.5.

In addition, new infections from Monkeypox, an African virus, are being seen in our country (approximately 3,900 cases to date) and throughout the world, are complicating the health of individuals. The Monkeypox is not an airborne-spreading virus. Skin contact with an infected individual generally transmits the virus. Most individuals that get infected are gay men. However, contact with objects that have been touched by an infected person (surfaces, clothes, towels, etc.) can relay the virus to others. Fortunately, the infection rate is low, it is much less contagious a virus, less severity of illness, and we have Smallpox vaccine that is useful to prevent infections, provided there is adequate supply for the susceptible individuals.

Being fully vaccinated and boosted for COVID-19 and its variants is still the best protection from becoming seriously ill.

For the US, over one week, from July 15^h to June 22nd, the percentage change in new, average daily cases has decreased by 12%. California has an approximate decrease in average daily cases of 8%.

Remember, even if you are fully vaccinated, it does not guarantee that you will not get infected by the virus. It means that if you do get infected, a successful and healthy outcome is highly likely.

Here is California updated data from the Mayo Clinic records for COVID-19 as of the 23rd of July 2022 for fully vaccinated individuals: 73.0%.

Bottom line, protect yourself and others as best as you can.

=-=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*

Branch 51 News

Big SIR Notes:

From the computer of Gerry Shebar

Gents,

This past month our poolside BBQ picnic was well attended. The food was excellent. The spouses were talkative. The sun was shining on yet another gorgeous day in our Bay Area paradise.

Our monthly luncheon is rapidly approaching and we will have two new members joining us there for their first time, Dan Aguiar and Joe Urbassik. Please, get to know them and make them feel welcome.

I look forward to seeing all of you as well.

Gerry Shebar
Big SIR 2022

Branch 51 Facebook Page/App:

We are looking for a volunteer(s) to work on setting up a Facebook page/application for our branch. If you are interested in volunteering your help, please contact our branch Secretary, Jeff Gardiner, at

jeffg@usms.com for more information regarding this activity.

This effort would allow our Facebook page to be seen by other non-member seniors to learn about, and possibly visit, and join our branch. Current members can use the app to easily get in contact with fellow members, friends, and family.

New SIR Member

Please welcome our newest SIR member, **Dan Aguiar**. Dan was a business strategy consultant for Front Line and is a professor at Santa Clara University. He enjoys golf, hiking, stamps, yoga, and more. He lives with his wife Terry in Atherton, CA. Welcome Dan.

=-=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*

SIR 51 General Membership Meeting

Our next 2022 SIR General Membership Meeting (all members) will be held **in-person**, on Wednesday, **August 3rd** starting at 11:30 AM. Let's continue to meet in-person to enjoy our friends, a luncheon, and a guest speaker.

Last month's July General Membership Meeting was not held.

SIR 51 Board Meetings

The next Board meeting will occur **in-person** this coming **August 3rd**, Wednesday, at 11:00 AM.

For more details, please contact Big SIR, Gerry Shebar (cell:650/868-6124).

The list of elected 2022 officers and committee chairmen is located at the end of this newsletter.

No July board meeting was held.

=-=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*=-*

Monthly Presentation for Members

August 3rd, 2022 Speaker Topic:

USS Hornet in War and Space Effort

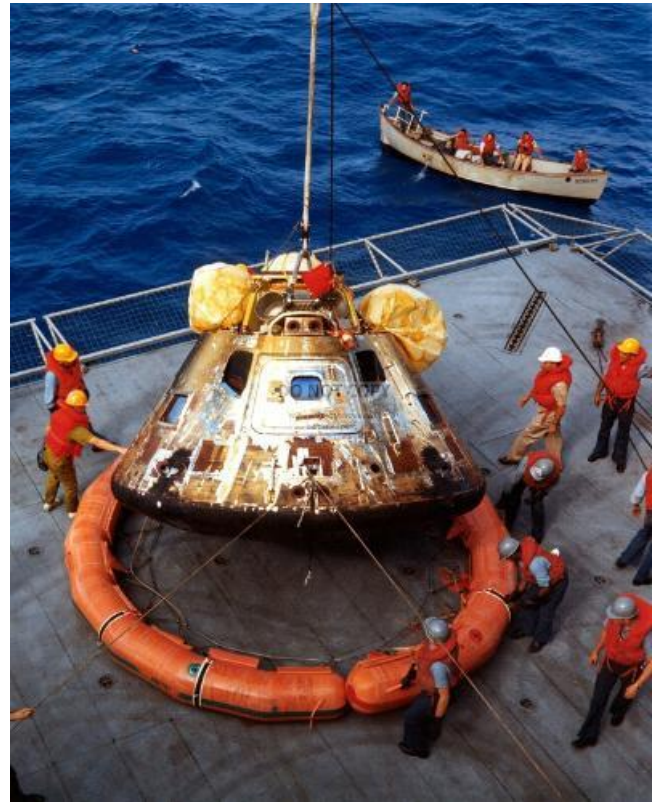
Topic Description:

History of the USS Hornet aircraft carrier in WWII and with the Apollo space missions

August 3rd's speaker for our luncheon will be **Bill Miklos**. Bill is a docent on the USS Hornet aircraft carrier and museum on permanent display in Alameda. He will be discussing the unique history of the Hornet in both war time and peace and its critical role in the space program. He will also be including a discussion of the space race to get to the moon with the Apollo program and how it interlaced with the Hornet. A fantastic discussion, to be sure not to be missed!

Speaker Name and Biography:

Bill Miklos: BS and MS in Aerospace Mechanical Engineering. Served 13 years as an officer in the USAF in development assignments involving flight dynamics and satellite bus design. Employed by Lockheed Martin Space Systems for 23 years in satellite design and ground system development for the Milstar satellite system and was Space Segment Director and finally Director of Launch and Operations Readiness for the first launch of the successful Advanced EHF Satellite before retiring in 2011.



Photos courtesy of the USS Hornet Museum

Future speakers for the coming month:

September 7th, 2022 Speaker and Topic:

To be determined

**FOR SUGGESTIONS REGARDING
SPEAKERS**

PLEASE CONTACT:

Steve Tremulis
(650) 598-9790

~

2021 Membership Roster

As always, if you have any corrections or changes to your profile data, please contact our Membership Chairman, Jeff Gardiner, at (650) 561-9661. Also, the roster file has been archived on our branch website. See next section.

SIR 51 Website

SIR Branch 51 website provides helpful information on our activities and archives our news. Should you have inputs for our website, please contact our website master, Gerry Shebar at (650) 868-6124.

www.sirinc2.org/branch51

State SIR News

There is a new Vice President for the State SIR organization for the rest of 2022. He is Dale Decker. Dale has been active in SIR for the last 13.5 years, serving as a Big Sir for Sonora Branch No. 136, Governor of Area 5, Director of Region 2, and Chairman of the State Policy and Procedures Committee.

The State SIR organization has a newsletter to help SIR members know what the state officers are organizing and their various activities to support the local branches. The State SIR group provides guidance to help branches improve their members' involvement and the growth of branch membership.

The links to the COVID Wavier and State SIR website are given below.

Wavier:

<https://sirinc.org/wp-content/uploads/Waiver-final.pdf>

State SIR Website:

www.sirinc.org

=-*-*-*=*-*-*-*=*-*-*-*=*-*-*-*=*-*-*-*=*-*-*=

[Craig's Current Contributions:](#)

August 2022

Courtesy of former Big SIR, Craig Carpenter

Former Big SIR, very important guy. Hot stuff. Now the towel guy in the 49ers locker room. Hey, somebody's gotta pick up the towels.

THOUGHTS TO PONDER:

The most expensive vehicle to operate, by far, is the Costco shopping cart.

I never thought I'd be the kind of person who'd wake up early in the morning to exercise...and I was right!

If you want to know how old a woman is, then ask her sister-in-law.

Two things to make your day better: do not watch the news; stay off the bathroom scales.

Inside every older person is a younger person wondering what happened.

I just paid for a twelve-month gym membership. The bank called to see if my credit card was stolen.

Tibetan proverb: "The secret to living well is: eat half, walk double, laugh triple and love without measure".

GOOD READS FOR GUYS:

Prisoners of Geography...ten maps that explain everything about the world by Tim Marshall. The book "shows how geography shapes not just history but destiny" - Newsweek

Sparring Partners by John Grisham. A bunch of lawyers in Clanton, MS. What could possibly go wrong?

James Patterson by James Patterson...the stories of my life. "A masterpiece of storytelling! The most entertaining book I have read in the past fifty

years". Admiral William H. McRaven (U.S. Navy retired, author of Make Your Bed)

STUFF TO WATCH:

Where the Crowdads Sing - now at the ICON theater in Mountain View.

Netflix:

Virgin River, Season 4 in the can. They just started filming season 5 in British Columbia. Both you AND your wife will enjoy this show which ostensibly takes place in the Trinity Alps in Northern California.

Comcast / Peacock

Yellowstone starring Kevin Costner...if you have Comcast you get Peacock for free and that is where to find *Yellowstone*.

Amazon Prime

Chloe....a quirky BBC production.

Thanks to all those who planned and attended the SIR barbecue this month...especially Ray Klinke. A great time was had by all.

A question for us men: "why do women age less rapidly than men"? Sheesh! Life ain't fair.

====*==*==*==*==*==*==*==*==*==*==*==*==*==*

ACTIVITIES

GOLF



If any of you are interested in playing golf as individuals, you might want to check with the courses as to tee time availability.

The 2022 golf schedule is available. Check for an Excel or .pdf file copies either electronically sent to you or at the SIR 51 website. Below are the dates, times, and locations for August and September 2022.

Please register your intentions to play by signing "Yes" or "No" on the sign-up sheet. All participants

must be at the course at least one hour before tee time.

	Aug 02, Tue	Aug 10, Wed	Aug 17, Wed	Aug 24, Wed	Aug 31, Wed
AUG	Sunnyvale	Los Lagos	Moffett Field	San Jose	Spring Valley
	9:30 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM

	Sep 06, Tue	Sep 14, Wed	Sep 21, Wed	Sep 28, Wed
SEPT	Baylands	Shoreline	Crystal Springs	San Jose
	8:30 AM	10:00 AM	10:00 AM	10:00 AM

- Crystal Springs
- Los Lagos
- Moffett Field
- Poplar Creek
- Poppy Hills
- San Jose
- Shoreline
- Spring Valley
- Sunnyvale

Courtesy of Golf Chairman:

KAI JOHANSEN
(650) 380-9493

Also, contact Jim Cummings, as a mutual supporter for golf news.

JIM CUMMINGS
home: (650) 328-2168
cell: (650) 207-3609

State Golf Newsletter:
www.sirgolf.org

State SIR Golf News:

Here is a reminder from Mark Stuart, the State SIR Golf Committee Chairman for an up-coming 2022 fall golf classic tournament in September.

Fellow Golfers,

The final State golf event of the year is being held at the Blue Rock Springs golf courses in Vallejo. The event will be held on September 14th and 15th. This is a 2-day event but if a golfer wants, they can play either of the days or both. I'd ask that you take a look at the State golf website at www.sirgolf.org for specific details for the fall golf classic. This event is open to all SIR members, their wives or significant others, and invited guests.

Many Thanks,
Mark Stuart, 2022 SIR State Golf Committee Chair

Check if the following activities are going to occur with the recent changes in COVID-19 State SIR restrictions.

COMPUSIR



COMPUSIR is a self-help Computer discussion group. Normally, it meets monthly at the PALO ALTO ELKS LODGE 4249 EL CAMINO REAL, PALO ALTO. Check first if meetings are being held by Zoom, or not at all. When in-person meetings can be held access is by the following method. For entry, use the announce button on the pedestal to the left of the Front door. **COMPUSIR** is now part of SPAUG (the **S**tanford – **P**alo **A**lto **U**sers **G**roup). SPAUG Meetings are still held the SECOND WEDNESDAY of each month at 7:00 pm, when possible, in-person, at PA Elks Lodge (address above). The meeting is upstairs (elevator available past the stairway). More information at www.spaug.net.

MACINTOSH USERS

Contact Skip Ross to join this e-mail group where SIR members in all branches can exchange MAC-related news, get answers to questions and share experiences.

SKIP ROSS
(541) 857-6224

INDOOR BOWLING (BRANCHES 5, 35 & 51)



We bowl on a handicap system, so all have an equal chance. Each season teams are revised and always have a mix

of players by ability. When possible, with less COVID-19 restrictions, we meet on **Tuesdays at Homestead Lanes: Homestead and Stelling in Cupertino from 1-3 PM.** Be there by **12.45 PM.** New bowlers are always welcome at any level of experience. If you're new, it's easier if you call me (Bob Taggart) in advance so we will be prepared. Spouses, women friends are welcome – there are now 10 co-ed teams.

YOU CAN JOIN ANYTIME

A ball and shoes are available at the bowling lanes. Looking for some exercise that does not rely on good weather? Indoor 10-pin bowling is a fun, low-impact bowling skill that comes back after a long lay-off. Many have not bowled since they were youngsters. For more information, contact:

BOB TAGGART (Br 35)
(650) 321-2654

LAWN BOWLING:



Check if Lawn Bowling is able to meet and play. We meet on Tuesday, Thursday, and Saturday at 9:30 AM at Palo Alto Lawn Bowls Club, 474 Embarcadero Road, Palo Alto. Players need to be 15 minutes early to be entered into the draw for teams. Free coaching is available for new players. Contact:

DON HUGHES
(650) 323-9916

TENNIS:



When possible, during the COVID-19 pandemic, check first to see if our tennis group meets which happens on Mondays and Thursdays at Rinconada Park in Palo Alto. Please be there by 8:30 AM when doubles teams will be formed. Late arrivals will play as sets are completed. We play an open spin-in doubles form. Play level is about 2.5. We welcome non-SIRS, so bring a friend.

SYD JACOBSEN (Br 35)
(408) 738-3233

CYCLING:
SIR Branches 35, 51, others

2nd Thursday — August 11, 2022, 11:00 AM

Wives and guests welcomed; Rain cancels, helmets required and face masks optional. Read latest CDC guidance below:

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Special Note:

For the coming months through to October 2022, SIR Branch 35 monthly bicycling rides will REVERT back to the SECOND THURSDAY of the month.

The following are the planned rides:

Thursday, 11th August 2022. Los Gatos Creek Trail
Thursday, 8th Sept 2022. San Lorenzo to Bay Farm Island
Thursday, 13th Oct 2022. Sawyer Camp Trail

Los Gatos Creek Trail:

Ride: We will ride the ever popular and scenic trail starting from the Blackford Elementary School parking lot to downtown Los Gatos for about 7.5 miles. The trail is paved and generally level with some short inclines as we ride up street underpasses. There are many lunch options in the downtown area. Then, we'll ride back on the same trail for a total of 15 miles.

Directions: Go South on I-280 (past Highway 17) to Meridian Avenue (South); turn right. Go to Willow Street (the third stoplight) and turn right. Take Willow Street until it dead-ends at Blackford Elementary School. Parking is available in the school parking lot and on neighborhood streets. For an address to plug into your GPS, Blackford Elementary School [1970 Willow St, San Jose](#).

Another Special Note:

FYI. SIR Branch 35 monthly bicycling is a combined activity with all SIR Branches in Area 13. The objectives of the monthly rides are to continue to promote fellowship, share experiences, get some exercise and above all, have FUN! Planned SIR

rides are announced in each SIR Monthly Newsletter. We ask that all participants exhibit a positive attitude, exercise good judgment when riding such as maintaining a safe distance between riders, obeying all traffic signs, stop lights, etc. There will be a **lead** rider and a **sweeper** as the last rider to ensure that all riders stay on course. It's important that all riders keep the lead rider in their sights.

NON-RESPOSIBILITY DECLARATION:

All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc., and its Branches do not assume any responsibility for the well-being or safety of the participants or their property, in any matters pertaining to said activities.

STATE SIR TRAVEL INFORMATION



For information on State SIR travel, go to the State SIR website listed below and search "Travel".

STATE SIR WEBSITE

www.sirinc.org

SIR BRANCH 51 NEWSLETTER

If you have any inputs, suggestions or feedback to add or improve the newsletter, please let me know.

Also, if you wish to add material to the newsletter, inputs for the next newsletter should be submitted between the 15th and 20th of the month prior to the next newsletter.

Newsletter Editor:

Richard Jamison
(650) 868-3723

2022 SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN

EXECUTIVE COMMITTEE

Big SIR: Gerry Shebar 868-6124
Little SIR: Richard Jamison 868-3723
Secretary: Jeff Gardiner 561-9661
Asst. Secretary: Richard Jamison 868-3723
Treasurer: Kingsley Wood 799-8420
Asst. Treasurer: Kevin Wheaton 485-2276

DIRECTORS

Sam Meredith 325-4152
Craig Carpenter 325-4152
Ray Klinke 924-0734
Mike McMahon 493-7392
Jim Cummings 207-3609
Steve Tremulis 598-9790

ACTIVITIES CHAIRMEN

Indoor Bowling: Bob Taggart (Br 35) 321-2654
Lawn Bowling: Don Hughes 323-9916
Cycling: Gordon Tong (Br 35) (408) 242-0557
Tennis: Syd Jacobsen (Br 35) (408) 738-3233
Golf Chairman: Kai Johansen 380-9493
Golf Assistant: Jim Cummings 207-3609
Travel: State SIR Travel: www.sirinc.org
Compusir: Stanford-PA Users Group www.spaug.net
Macintosh Users: Skip Ross (541) 857-6224
Historian: (Open)

ADMINISTRATIVE CHAIRMEN

Attendance: Kingsley Wood	799-8420	Speaker Coordinator: Steve Tremulis	598-9790
Audit: Sam Meredith	325-4152	Membership: Jeff Gardiner	561-9661
	Russ Porter 234-1212	Asst. Membership: (Open)	
Website: Gerry Shebar	868-6124	Greeter: Al Runge	592-1345
Asst. Website: Art Lewis	964-3223	Special Events: (Open)	
Newsletter: Richard Jamison	868-3723	Nominating Committee: Gerry Shebar	868-6124
Good Samaritan: Bob Guffey	593-3496		Jim Cummings 207-3609
Member Orientation: Bob Guffey	593-3496		Steve Tremulis 598-9790

All telephone numbers are in the 650-area code, except where noted differently.

All changes in address, telephone number, and e-mail address needs to be reported to the SIR Branch 51,
Membership Committee Chairman:

Jeff Gardiner,
2152 Sand Hill Road,
Menlo Park, CA 94025
(650) 561-9661

“All the news that fits we print”

Anonymous