

Mid-Peninsula Sons In Retirement

Branch #51

Website: www.sirinc2.org/branch51

No. 550
A Non-Profit Organization
For Retired Men



May 2022
Devoted to the Promotion of
Independence and Dignity of Retirement

LUNCHEON: 12 PM – FIRST WEDNESDAY – FREMONT HILLS CC, 12889 VISCAINO PL., LOS ALTOS, CA

General Interest:

Going For Two

In-Person Meetings:

This May SIR 51 meeting will be our second in-person event since last August 2021. We had a limited attendance of approximately 30 members in April. As the year advances, let's hope more members return to our in-person luncheon and presentation. Do encourage your fellow members to return to our branch and have a good social mix, lunch, and an entertaining time together.

There is some news to share with our members which will be listed later in this newsletter regarding our branch Facebook application effort, our annual BBQ/Picnic this July, and State SIR golf tournament in June.

Just as reminder, the lunch for May will be now \$30 per member or for any guest. As usual, this will be collected at the door before the meeting. As requested, please RSVP if you plan to attend the luncheon so that the Fremont Hills Country Club can plan for the number of meals needed. RSVP to Big SIR, Gerry Shebar at gshebar@yahoo.com.

Also, yearly dues are now due and need to be paid by July 1st, 2022. The good news is the dues did not increase. Yearly membership dues are \$25/year. You can pay by cash or by check to Sons In Retirement, Branch 51. If you wish to pay by mail,

send your check to our Treasurer, Kingsley Wood, 1009 Forest Court, Palo Alto, CA, 94031.

If you have not done so yet, don't forget to bring your signed waiver and vaccination card with you to satisfy the powers to be. Masks are optional.

COVID-19 News:

As the year progresses, COVID-19 continues to mutate to more variants. The current and major variant is the subvariant BA.2 with new subvariants BA.2.12 and BA.2.12.1 and beyond. These latest variants are more infectious, but not as virulent. Hence, cases and hospitalizations are up, but with less severity as compared to earlier this year with the Omicron and Delta variants. Unfortunately, the longer the virus is still prevalent the more chance it can continue to mutate.

Being vaccinated and boosted still is the best protection from becoming seriously ill. The effectiveness of the current vaccines against the latest variants is not fully known, but they definitely help provide protection.

Since the end of March, the nation's average daily cases have increased by approximately 70%, and in California by approximately by 50%.

We need to be on alert with regard to continue practicing good preventative measures to avoid these new variants or any future variants. Remember, even if you are fully vaccinated, it does not guarantee that you will not get infected by the virus. It means that if you do get infected, a successful and healthy outcome is highly likely.

Here are updated data from the Mayo Clinic records for COVID-19 for the US and CA as of the 25th of April 2022.

National vaccinations:

Fully vaccinated: 66.1%
At least one shot: 77.5%

California vaccinations:

Fully vaccinated: 72.0%
At least one shot: 83.6 %

May this 2022 year ultimately provide good health for our ourselves, our families, and our friends.

-

Branch 51 News

Big SIR Notes:

From the computer of Gerry Shebar

Gents,

Great to see many of you coming back to our recently resumed luncheons. This monthly tradition has been sorely missed during the past 2 years of lock down.

This month's speaker is Dr. Judy Minor is Chancellor of the Foothill-De Anza Community College District. Thus, May 4th promises to be very educational.

The State organization has named this the *year of the branch*. They have developed a number of tools and strategies that we can use to grow our branch. We will issue press releases so that local retirees are more aware of our existence. Hand our branch cards to prospective members that we might meet at some senior event or on the golf course. Also, all of us can spread the word among our friends. Invite someone new to the next monthly lunch!

Finally, just a reminder that for the first time in 12 years the price of lunch has gone up from \$27 to \$30. I think we are getting a great meal at this price. We pay less than any of the other branches and yet have the nicest venue and nicest menu!

See you soon,

Gerry Shebar
Big SIR 2022

2022 BBQ/Picnic:

In other branch news, the summer BBQ/Picnic is on for Wednesday, the 6th of July at the pool-side location of FHCC. The cost is \$30 per person. Spouses or guest are welcome to join the picnic. The menu is chicken, ribs, and a side dish. Beer and wine will be available for purchase. See the attached BBQ/Picnic flyer for more details. Print the flyer, fill it out, and send it with your check made payable to SIR#51 to Ray Klinke, 605 Palm Ave., Los Altos, CA, 94022 by June 24th.

Branch 51 Facebook Page/App:

We are looking for few good men to work on setting up a Facebook page/application for our branch. Volunteers would be working with a monthly SIR Facebook workgroup to learn, use, and maintain our branch Facebook page/app. The State SIR has training material to learn about Facebook usage. See step-by-step tutorial from State SIR link below along with a YouTube video.

Tutorial:

<https://sirinc.org/wp-content/uploads/Creating-a-SIR-Facebook-Business-Page-3-25-22.pdf>

YouTube video:

<https://www.youtube.com/watch?v=trBA7xGgzjk>

This effort would allow our Facebook page to be seen by other non-member seniors to learn about, and possibly visit, and join our branch. Current members can use the app to easily get in contact with fellow members, friends, and family.

The State SIR has a training session on May 13th, from 1:00 PM to 2:30 PM via the following Zoom link. The first workgroup meeting will focus on starting a Facebook page for the Branch or Area.

<https://us02web.zoom.us/j/87458843482?pwd=aXgwc1dXOGhCOW85YkkrvcluWmhNQT09>

Meeting ID: 874 5884 3482 and Passcode: 549880.

--*-*-*-*-*-*-*-*-*-*-*-*-*-*-*-*-*

ACTIVITIES

GOLF



If any of you are interested in playing golf as individuals, you might want to check with the courses as to tee time availability.

The 2022 golf schedule is available. Check for an Excel or .pdf file copies either electronically sent to you or at the SIR 51 website. Below are the dates, times, and locations for April 2022 and May 2022.

Please register your intentions to play by signing "Yes" or "No" on the sign-up sheet.

All participants must be at the course at least one hour before tee time.

	May 03, Tue	May 11, Wed	May 18, Wed	May 25, Wed	May 31, Tue
MAY	Crystal Springs	Spring Valley	Sunnyvale	Moffett Field	Baylands
	10:00 AM	10:00 AM	9:30 AM	10:00 AM	8:30 AM

	Jun 08, Wed	Jun 15, Wed	Jun 22, Wed	Jun 29, Wed
JUNE	Spring Valley	Los Lagos	Shoreline	Poplar Creek
	10:00 AM	10:00 AM	10:00 AM	10:00 AM

- Crystal Springs
- Los Lagos
- Moffett Field
- Poplar Creek
- Poppy Hills
- San Jose
- Shoreline
- Spring Valley
- Sunnyvale

Courtesy of Golf Chairman:

KAI JOHANSEN
(650) 380-9493

Also, contact Jim Cummings, as a mutual supporter for golf news.

JIM CUMMINGS

home: (650) 328-2168

cell: (650) 207-3609

State Golf Newsletter:

www.sirgolf.org

State SIR Golf News:

To All SIR Golfers,

The State Golf Committee would like to invite you to our second golfing event of the year to be held in Reno the week of June 13th. This four-day event includes an option for either playing two or three days of golf. Atlantis Hotel and Casino will again be our host hotel. See the attached pdf file describing the one-, two-, or three-day golfing event. For additional information on this event, go to the website listed below and look for **The Reno Tournament** dates and information about the three listed tournament golf courses. Also, you can find more information on other future golf events, golf committee member contact information, golf policies by clicking on the State SIR Golf website link "www.sirgolf.org" on your computer, tablet or phone.

Look forward to seeing you all in Reno and our other events throughout the year.

The 2022 SIR State Golf Committee
Mark Stuart, State Golf Chair
916 218-2287

Check if the following activities are going to occur with the recent changes in COVID-19 State SIR restrictions.

COMPUSIR



COMPUSIR is a self-help Computer discussion group. Normally, it meets monthly at the PALO ALTO ELKS LODGE 4249 EL CAMINO REAL, PALO ALTO. Check first if meetings are being held by Zoom, or not at all. When in-person meetings can be held access is by the following method. For entry, use

the announce button on the pedestal to the left of the Front door. **COMPUSIR** is now part of SPAUG (the **S**tanford – **P**alo **A**lto **U**sers **G**roup). SPAUG Meetings are still held the **SECOND WEDNESDAY** of each month at 7:00 pm, when possible, in-person, at PA Elks Lodge (address above). The meeting is upstairs (elevator available past the stairway). More information at www.spaug.net.

MACINTOSH USERS

Contact Skip Ross to join this e-mail group where SIR members in all branches can exchange MAC-related news, get answers to questions and share experiences.

SKIP ROSS
(541) 857-6224

INDOOR BOWLING (BRANCHES 5, 35 & 51)



We bowl on a handicap system, so all have an equal chance. Each season teams are revised and always have a mix of players by ability. When possible, with less COVID-19 restrictions, we meet on **Tuesdays at Homestead Lanes: Homestead and Stelling in Cupertino from 1-3 PM**. Be there by **12.45 PM**. New bowlers are always welcome at any level of experience. If you're new, it's easier if you call me (Bob Taggart) in advance so we will be prepared. Spouses, women friends are welcome – there are now 10 co-ed teams.

YOU CAN JOIN ANYTIME

A ball and shoes are available at the bowling lanes. Looking for some exercise that does not rely on good weather? Indoor 10-pin bowling is a fun, low-impact bowling skill that comes back after a long lay-off. Many have not bowled since they were youngsters. For more information, contact:

BOB TAGGART (Br 35)
(650) 321-2654

LAWN BOWLING:



Check if Lawn Bowling is able to meet and play. We meet on Tuesday, Thursday, and Saturday at 9:30 AM at Palo Alto Lawn Bowls Club, 474 Embarcadero Road, Palo

Alto. Players need to be 15 minutes early to be entered into the draw for teams. Free coaching is available for new players. Contact:

DON HUGHES
(650) 323-9916

TENNIS:



When possible, during the COVID-19 pandemic, check first to see if our tennis group meets which happens on Mondays and Thursdays at Rinconada Park in Palo Alto. Please be there by 8:30 AM when doubles teams will be formed. Late arrivals will play as sets are completed. We play an open spin-in doubles form. Play level is about 2.5. We welcome non-SIRS, so bring a friend.

SYD JACOBSEN (Br 35)
(408) 738-3233

CYCLING:

SIR Branches 35, 51, others

2nd Tuesday— May 10, 2022, 11:00 AM

Wives and guests welcomed; Rain cancels, helmets required and face masks optional. E-bikes are allowed. Read latest CDC guidance below:

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Half Moon Bay Coast-side Trail

Ride Location: This is one of the **best** bike rides in the Bay Area! We will ride a paved, flat trail along the ocean shore for about 6.5 miles from Poplar beach, located south of Half Moon Bay, to Pillar Point, just past the town of Princeton. There is an optional ride to Mavericks Beach (1.5 miles) where surfing competitions take place and then on to the infamous Moss Beach Distillery (3 miles) on 140 Beach Way, HMB. We can either eat indoors or outdoors overlooking the beautiful Pacific Ocean. This adds about 4.5 miles for a total 22 miles with no inclines. We can decide on these options once we arrive at Pillar Point.

Ride Directions: Take I-280 North approximately 15 miles to Highway 92, then take the exit to Half Moon Bay. Continue on Highway 92 about 10 miles

to the intersection with Highway 1, turn left. Go about one mile to Poplar St., turn right. Go to the end of Poplar St and park in the Poplar Beach parking lot, near the port-a-johns. If you park in that lot, there is an hourly parking fee that you have to prepay. There are also neighborhood street parking blocks near the parking lot. If you park in the neighborhood off of Poplar St., please pay attention to any posted parking signs. Driving time is about 45 minutes. It may be windy and/or cold, so bring a wind breaker or vest.

If you plan to ride or have questions, please contact Gordon Tong (Br35) at 408-242-0557, leader gordy6850@gmail.com.

or

Hank Bottino (Br35) at (650) 207-4320 bottinoh@comcast.net, co-leader.

Special Note: For the months of May and June, 2022, SIR Branch 35 monthly bicycling rides will be on the second TUESDAY of the month. The following are planned SIR Branch 35 rides from May and June, 2022:

May 10th Half Moon Bay Coast Side Trail

June 14th Guadalupe Trail--(Alviso to San Jose)

FYI. SIR Branch 35 monthly bicycling is a combined activity with all SIR Branches in Area 13. The objectives of the monthly rides are to continue to promote fellowship, share experiences, get some exercise and above all, have FUN! Planned SIR rides are announced in each SIR Monthly Newsletter. We ask that all participants exhibit a positive attitude, exercise good judgment when riding such as maintaining a safe distance between riders, obeying all traffic signs, stop lights, etc. There will be a **lead** rider and a **sweeper** as the last rider to ensure that all riders stay on course. It's important that all riders keep the lead rider in their sights.

NON-RESPOSIBILITY DECLARATION:

All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc., and its Branches do not assume any responsibility for the well-being or safety of the participants or their property, in any matters pertaining to said activities.

STATE SIR TRAVEL INFORMATION



For information on State SIR travel, go to the State SIR website listed below, and click on "Region and Area Info", click on "Resources", click on "More Information", then look for "Travel Management Information" section which has sub-links to travel agencies, bus companies, and a travel handbook. Also, one can use "Search Here" box at the base of the page using the word "travel".

STATE SIR WEBSITE

www.sirinc.org

SIR BRANCH 51 NEWSLETTER

If you have any inputs, suggestions or feedback to add or improve the newsletter, please let me know.

Also, if you wish to add material to the newsletter, inputs for the next newsletter should be submitted between the 15th and 20th of the month prior to the next newsletter.

Newsletter Editor:

Richard Jamison
(650) 868-3723

2022 SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN

EXECUTIVE COMMITTEE

Big SIR: Gerry Shebar 868-6124
Little SIR: Richard Jamison 868-3723
Secretary: Jeff Gardiner 561-9661
Asst. Secretary: Richard Jamison 868-3723
Treasurer: Kingsley Wood 799-8420
Asst. Treasurer: Kevin Wheaton 485-2276

DIRECTORS

Sam Meredith 325-4152
Craig Carpenter 325-4152
Ray Klinke 924-0734
Mike McMahon 493-7392
Jim Cummings 207-3609
Steve Tremulis 598-9790

ACTIVITIES CHAIRMEN

Indoor Bowling; Bob Taggart (Br 35) 321-2654
Lawn Bowling: Don Hughes 323-9916
Cycling: Gordon Tong (Br 35) (408) 242-0557
Tennis: Syd Jacobsen (Br 35) (408) 738-3233
Golf Chairman: Kai Johansen 380-9493
Golf Assistant: Jim Cummings 207-3609
Travel: State SIR Travel: www.sirinc.org
Compusir: Stanford-PA Users Group www.spaug.net
Macintosh Users: Skip Ross (541) 857-6224
Historian: (Open)

ADMINISTRATIVE CHAIRMEN

Attendance: Kingsley Wood 799-8420	Speaker Coordinator: Steve Tremulis 598-9790
Audit: Sam Meredith 325-4152	Membership: Jeff Gardiner 561-9661
Russ Porter 234-1212	Asst. Membership: (Open)
Website: Gerry Shebar 868-6124	Greeter: Al Runge 592-1345
Asst. Website: Art Lewis 964-3223	Special Events: (Open)
Newsletter: Richard Jamison 868-3723	Nominating Committee: Gerry Shebar 868-6124
Good Samaritan: Bob Guffey 593-3496	Jim Cummings 207-3609
Member Orientation: Bob Guffey 593-3496	Steve Tremulis 598-9790

All telephone numbers are in the 650-area code, except where noted differently.

All changes in address, telephone number, and e-mail address needs to be reported to the SIR Branch 51,
Membership Committee Chairman:

Jeff Gardiner,
2152 Sand Hill Road,
Menlo Park, CA 94025
(650) 561-9661

“All the news that fits we print”

Anonymous