

Mid-Peninsula Sons In Retirement

Branch #51

Website: www.sirinc2.org/branch51

No. 542
A Non-Profit Organization
For Retired Men



September 2021
Devoted to the Promotion of
Independence and Dignity of Retirement

LUNCHEON: 12 PM – FIRST WEDNESDAY – FREMONT HILLS CC, 12889 VISCAINO PL., LOS ALTOS, CA

General Membership:

Two Steps Forward, One Step Backward

Unfortunately, our September Board Meeting and General Membership Meeting will not be an in-person gathering. In August, the board decided that it would be wise to avoid having a face-to-face meeting in September for both meetings due to the resurgent COVID-19 Delta variant that is affecting both the unvaccinated, the young, and even some fully vaccinated people. Instead, we will have a September Zoom meeting as we have done during the year. Let us hope that October's meetings can return to in-person gatherings. Another Board decision will need to be made in later September to see if it is wise to return to face-to-face meetings. Stay tuned.

Keep in mind, if you have not done so yet, that your SIR COVID-19 waiver needs to be signed and given, or sent, to one of our board members.

Likewise, your vaccination card, or a copy, needs to be shown to the board member as well. See links later in this newsletter to find a copy of the waiver to print out and sign.

The Delta variant is causing havoc throughout the country and world. Fully vaccinated people can carry the Delta variant and, unknowingly, spread it to others to cause mild to serious infections for the unvaccinated or via breakthrough infections.

According to the Mayo Clinic records, COVID-19 data for US and CA, as of the 26th of August 2021, vaccinations are improving with the nation at 52.1% being fully vaccinated, and 61.3% having received at least one shot. For Californians 12 years or older, 55.3% have been fully vaccinated. In addition, 68.3% have at least one shot of vaccine.

As of the 28th of August, the US COVID-19 infection cases have reached a staggering amount of 155,000 daily cases!

Currently, over 1,100 deaths on average per day are occurring. If we stay on the current preventive measures for COVID-19, the University of Washington modeling predicts approximately 98,000 additional deaths between now and the first of December 2021.

COVID-19 variants are not done with us. The variants are serious threat to our health. Keep your guard up, still take precautions to protect yourself, your family, and others.

Next SIR **General Membership Meeting** (all members) for **Wednesday, 1st of September 2021** will be via Zoom, starting at **12:00 PM**. You can log on a little early to socialize before we begin the General Membership Meeting. The speaker will start at 1:00 PM.

So far, there is no definite plan to have an annual picnic in October.

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Big SIR Notes:

From the computer of Jim Cummings

Fellow SIRs,

We had a very successful luncheon Aug 4. All went well and Steve Tremulis gave us a fine presentation regarding Preston Tucker and his attempt to create and sell a new advanced automobile.

Since that date the delta variant has grown and "prospered" and the BEC has decided to not have a luncheon or picnic in September. Even though we are all vaccinated the virus can still be carried and even cause relatively mild symptoms. While this version of the virus is not as lethal it can still cause problems even to a few of the vaccinated.

Hopefully the pandemic will calm down shortly and possibly we can meet "in-person" in October.

We WILL have a ZOOM meeting Sept 1st. Some of our members have not participated in these virtual meetings. I encourage all members to download the ZOOM app. It is very easy to use and will give all of us a chance to get together and enjoy the company.

An invitation will follow next weekend.

See you all in September via computer and hopefully at lunch in October.

Jim
cell:650-207-3609
home:650-328-2168

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Monthly Presentation for Members

September 1st, 2021 Speaker Topic:

To Be Determined

Topic Description:

To be Determined

Speaker Biography:

To be provided

Future speakers for the coming months:

October 6th, 2021 Speaker Topic:

To be determined

October 6th, 2021 Speaker Topic:

To be determined

FOR SUGGESTIONS REGARDING SPEAKERS

PLEASE CONTACT:

Steve Tremulis
(650) 598-9790

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General Interest

SIR 51 Board Meetings

Next **Board Meeting** will be held on the first Wednesday of **September, the 1st, at 11:00 AM.** For more details, please contact either Big SIR, Jim Cummings (cell:650/207-3609), or Secretary, Gerry Shebar (650/868-6124).

See the list of 2021 officers and committee chairmen at the end of this newsletter as well as the elected new 2022 officers and committee chairmen.

August board meeting had 11 attendees.

SIR 51 General Membership Meeting

Last month's August in-person General Membership Meeting was attended by 30 SIR members. Currently, we have a total of 77 members in our branch, which includes two members that have returned to the fold.

2021 Membership Roster

If you have any corrections to your profile data, please contact our Membership Chairman, Gerry Shebar, at (659) 868-6124. Also, the roster file has been archived on our branch website.

SIR 51 Website

SIR Branch 51 website provides helpful information on our activities and archives our news. Should you have inputs for our website, please contact our website master, Gerry Shebar at (650) 868-6124.

www.sirinc2.org/branch51

State SIR News

COVID-19 Waivers need to be signed by all SIR members and submitted to your branch board members. The links to the State SIR documents are given below. **Please read them** to understand what is expected of all members, branches and the state organization. To meet the insurance liability requirements, please print the Waiver form and sign it. You can turn it in at our next in-person get together, or mail it in to Big SIR, Jim Cummings.

Branch Protocols:

<https://files.constantcontact.com/686f3f04701/e2662867-a239-4f89-baac-baf50ee70e2d.pdf>

Wavier:

<https://sirinc.org/wp-content/uploads/Waiver-final.pdf>

State Protocols:

<https://files.constantcontact.com/686f3f04701/1cd5be0c-badf-4d39-8888-10283b365789.pdf>

State SIR website:

www.sirinc.org

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Craig's Current Contributions:

Courtesy of former Big SIR, Craig Carpenter

Former Big SIR, important guy. Now, not so much.

PONDER THESE:

Paraprosdokians...these are figures of speech where the latter part of the phrase is surprising or unexpected...

"Where there's a will, I want to be in it."

"The last thing I want to do is hurt you, but it's on my list."

"They begin the evening news with 'Good Evening' & then proceed to tell you why it isn't."

"I used to be indecisive. Now I'm not so sure."

"Change is inevitable, except from a vending machine."

THINK ABOUT THESE:

A whale swims all day, only eats fish, and drinks water, but is still fat.

A rabbit runs and hops and only lives 15 years, while a tortoise doesn't run, and does mostly nothing, yet it lives for 150 years. And they tell us to exercise? I don't think so.

If all is not lost, then where the heck is it?

Some days you're the top dog. Some days you're the hydrant.

If God wanted me to touch my toes, He'd have put them on my knees.

GOOD READ FOR GUYS:

The Premonition by Michael Lewis - a pandemic story, China, the CDC, etc. By the author of *The Big Short*, *Moneyball*, *The Biindside* and numerous others.

Nine Perfect Strangers by Liane Moriarty. Could ten days at a health resort really change you forever? These nine perfect strangers are about to find out.

Killing The Mob by Bill O'Reilly. Al Capone, J. Edgar Hoover, John Dillinger, 'Pretty Boy' Floyd, 'Baby Face' Nelson & more. The fight against organized crime in America.

Those Angry Days by Lynne Olson, author of *Citizens of London*. Roosevelt, Lindbergh, and America's fight over World War II, 1939-1941.

The Girls Who Stepped Out of Line by Major General Mari K. Eder. Untold stories of the women who changed the course of World War II.

Sam Meredith, former Big SIR & former important guy as well, got me on the Giants' bandwagon. DVR their games & then fast forward to watch. They seem to have the karma this year! GO GIANTS!

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ACTIVITIES

GOLF



With the state and county removed most COVID-19 restrictions, except masks, and the State SIR leadership allowing vaccinated members to be active in outdoor and indoor settings (with waivers), precautions should be taken while playing golf.

If any of you are interested in playing golf as individuals, you might want to check with the courses as to tee time availability.

The 2021 golf schedule has been arranged and a new Excel golf file was sent out in May. Check for your file copy or at the SIR 51 website. Below are the dates, times, and locations for September and October.

	Sep 08, Wed	Sep 15, Wed	Sep 22, Wed	Sep 29, Wed
SEPT	Poplar Creek	Shoreline	Crystal Springs	Sunnyvale
	10:00 AM	10:00 AM	10:00 AM	10:00 AM
	Oct 05, Tue	Oct 13, Wed	Oct 20, Wed	Oct 27, Wed
OCT	Spring Valley	Poplar Creek	San Jose	Crystal Springs
	10:00 AM	10:00 AM	10:00 AM	10:00 AM

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	10:00 AM	10:00 AM	10:00 AM	10:00 AM

Same table, but color-coded for September and October.

- Crystal Springs
- Los Lagos
- Moffett Field
- Poplar Creek
- Poppy Hills
- San Jose
- Shoreline
- Spring Valley
- Sunnyvale

Courtesy of Golf Course Coordinator:

KAI JOHANSEN
(650) 380-9493

Also, contact Big SIR, Jim Cummings, as a mutual supporter for golf news.

JIM CUMMINGS
home: (650) 328-2168
cell: (650) 207-3609

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Check if the following activities are going to occur with the recent COVID-19 and State SIR removed restrictions. Do keep in mind, however, some restrictions are still in place.

COMPUSIR



COMPUSIR is a self-help Computer discussion group. Normally, it meets monthly at the PALO ALTO ELKS LODGE 4249 EL CAMINO REAL, PALO ALTO. Check first if meetings are being held by Zoom, or not at all. When in-person meetings can be held access is by the following method. For entry, use the announce button on the pedestal to the left of the Front door. **COMPUSIR** is now part of SPAUG (the Stanford – Palo Alto Users Group). SPAUG Meetings are still held the **SECOND WEDNESDAY** of each month at 7:00 pm, when possible, in-person, at PA Elks Lodge (address above). The meeting is upstairs (elevator available past the stairway). More information at www.spaug.net.

MACINTOSH USERS

Contact Skip Ross to join this e-mail group where SIR members in all branches can exchange MAC-related news, get answers to questions and share experiences.

SKIP ROSS (541) 857-6224

INDOOR BOWLING

(BRANCHES 5, 35 & 51)



We bowl on a handicap system, so all have an equal chance. Each season teams are revised and always have a mix of players by ability. When possible with less COVID-19 restrictions, we meet on **Tuesdays at Homestead Lanes: Homestead and Stelling in Sunnyvale from 1-3 PM.** Be there by **12.45 PM.** New bowlers are always welcome at any level of experience. If you're new, it's easier if you call me (Bob Taggart) in advance so we will be prepared. Spouses, women friends are welcome – there are now 10 co-ed teams.

YOU CAN JOIN ANYTIME

A ball and shoes are available at the bowling lanes. Looking for some exercise that does not rely on good weather? Indoor 10-pin bowling is a fun, low-impact bowling skill that comes back after a long lay-off. Many have not bowled since they were youngsters. For more information, contact:

BOB TAGGART (650) 321-2654, Br 35

LAWN BOWLING:



Check if Lawn Bowling is able to meet and play. We meet on Tuesday, Thursday, and Saturday at 9:30 AM at Palo Alto Lawn Bowls Club, 474 Embarcadero Road, Palo Alto. Players need to be 15 minutes early to be entered into the draw for teams. Free coaching is available for new players. Contact:

DON HUGHES (650) 323-9916

TENNIS:



When possible, during the COVID-19 pandemic, check first to see if our tennis group meets which happens on Mondays and Thursdays at Rinconada Park in Palo Alto. Please be there by 8:30 AM when doubles teams will be formed. Late arrivals will play as sets are completed. We play an open spin-in doubles format. Play level is about 2.5. We welcome non-SIRS, so bring a friend.

BILL KAMIN (650) 322-4300

CYCLING:

SIR Bicycle Group **September 2021 Ride**

2nd Thursday, September 9th, 2021, 11:00 a.m.

Wives and guests are welcome. Rain cancels ride, helmet mandatory. Most riders will have with them masks. This is a SIR ride and COVID waivers are mandatory. SIR Bicycle Ride Protocols are to be followed.

We would like to see new people come out for this ride

MOUNTAIN VIEW to ALVISO RIDE

This ride has more packed dirt than the asphalt paths we normally ride on.

GPS coordinates: 37.429810, -122.077678

THE RIDE: New starting place. Go through the entrance of Shoreline Park and on the right there soon will be the parking lot for Kite Park Lot. Park there. We will cut across the field to the bike path. We then ride 3.5 miles on the levees and old service

roads as we cross the waters north of Moffett Field. We follow the trail to downtown Alviso. We then find a place to buy lunch, or continue on to the Alviso Marina parking lot and eat what we had brought. The ride is 8.5 miles one way. We will return on the same route for a roundtrip of 17 miles. There are no optional shortcuts. (There are some optional ways that have streets.) We may split up for a short distance.

DIRECTIONS: From the intersection of Hwy 101 and Shoreline Blvd, head north on Shoreline Blvd. Enter Shoreline Park and go to Kite Park Lot. Meet at Kite Park Lot. (Also known as Kite Lot.)

If there are any questions, contact me, James Lunt at (408) 252-6804, cell: (408) 921-5085, or jamesdlunt@yahoo.com or Gordon Tong at (408) 242-0557, gordy6850@gmail.com. Let us know if you are riding so we can wait for you. Traffic is sometime unpredictable. FYI, please read the new bicycle protocols.

Revised SIR Branch 35 Riding Group Protocols:

1. All riders are encouraged (but not mandatory) to receive the first and second Covid-19 vaccine injections.
2. All riders are **not** to carpool to designated rides. Biking to designated starting points of rides is acceptable.
3. For the safety of all riders, ride only if one is feeling 100% healthy.
4. Riders must wear a biking helmet and some type of face mask. Riders are encouraged to bring hand sanitizer because public restrooms may not always be open.
5. We will designate a lead rider at the front of the group and a designated sweeper behind the last rider. All riders will stay between the designated lead and sweeper.
6. We will stagger riders in groups of 2 - 3 with the first group departing, followed by the next group of riders 2-3 minutes later and continue with this staggered process until all riders have departed.
7. Riders will ride single file and maintain a minimum 50' distance from the rider immediately in front. Riders can pass each other as long as there is a safe margin to pass.

8. When the designated lead rider stops for a group water or restroom break, all riders will stop and maintain a minimum 6 feet distance from each other.
9. Riders are encouraged to bring their lunch or order takeout food. The designated lead rider will find a suitable area to eat lunch and ensure proper social distancing.
10. When riders are eating lunch with their mask off, the minimum distance from each other will be 10 feet.
11. Ride back to our designated ride starting point in the same manner.

This is the **Master Riding List for 2021**. It may change as the year goes by, so the final word is in the SIR Branch 35 month's newsletter.

~~**January 14, 2021**~~

~~Stevens Creek/Shoreline Park (Mt. View), no ride~~

~~**February 11, 2021**~~

~~Coyote Creek (South San Jose), no ride~~

~~**March 11, 2021**~~

~~Coyote Hills-Alameda Creek (Fremont/Niles), Michael's (Mt. V) to Univ Ave/Hwy 84 (Menlo Park). See above.~~

~~**April 8, 2021**~~

~~Foster City Bay Trail~~

~~**May 13, 2021**~~

~~Brisbane Bayshore Trail~~

~~**June 10, 2021**~~

~~Guadalupe Trail (Alviso to San Jose)~~

~~**July 8, 2021**~~

~~Sawyer Camp Trail / San Andreas Trail~~

~~**August 12, 2021**~~

~~San Leandro-Alameda Ride~~

September 9, 2021

Mt. View to Alviso Ride

October 14, 2021

Half Moon Bay

November 11, 2021

Los Gatos Creek Trail

December 2021 No ride

(If the weather is good, the riders may pick a ride)

NON-RESPOSIBILITY DECLARATION:

All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc., and its Branches do not assume any responsibility for the well-being or safety of the participants or their property, in any matters pertaining to said activities.

STATE SIR TRAVEL INFORMATION



For information on State SIR travel, go to the State SIR website listed below, and click on “Region and Area Info”, click on “Resources”, click on “More Information”, then look for “Travel Management Information” section which has sub-links to travel agencies, bus companies, and a travel handbook. Also, one can use “Search Here” box at the base of the page using the word “travel”.

STATE SIR WEBSITE

www.sirinc.org

SIR BRANCH 51 NEWSLETTER

If you have any inputs, suggestions or feedback to add or improve the newsletter, please let me know.

Also, if you wish to add material to the newsletter, inputs for the next newsletter should be submitted between the 15th and 20th of the month prior to the next newsletter.

Newsletter Editor:

Richard Jamison
(650) 868-3723

2021 SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN

EXECUTIVE COMMITTEE

Big SIR: Jim Cummings 328-2168
Little SIR: (Open)
Secretary: Gerry Shebar 868-6124
Asst. Secretary: Richard Jamison 868-3723
Treasurer: Kingsley Wood 799-8420
Asst. Treasurer: Kevin Wheaton 485-2276

DIRECTORS

Director: Joe Grippo 948-2130
Director: Sam Meredith 325-4152
Director: Craig Carpenter 325-4152

ACTIVITIES CHAIRMEN

Indoor Bowling: Bob Taggart (Br 35) 321-2654
Lawn Bowling: Don Hughes 323-9916
Cycling: Jim Lunt (Br. 35) (408) 252-6804
Tennis: Bill Kamin 322-4300
Golf: Kai Johansen 380-9493
Jim Cummings 328-2168
Travel: State SIR Travel: www.sirinc.org
Compusir: Stanford-PA Users Group www.spaug.net
Macintosh Users: Skip Ross (541) 857-6224
Historian: (Open)

New Board Members

Jeff Gardiner 561-9661
Ray Klinke 924-0734
Mike McMahan 493-7392

ADMINISTRATIVE CHAIRMEN

Attendance: Kingsley Wood	799-8420	Luncheon Programs: Steve Tremulis	598-9790
Audit: Sam Meredith	325-4152	Membership: Gerry Shebar	868-6124
Russ Porter	234-1212	Asst. Membership: (Open)	
Website: Gerry Shebar	868-6124	Greeter: Al Runge	592-1345
Asst. Website: Art Lewis	964-3223	Special Events: (Open)	
Newsletter: Richard Jamison	868-3723	Nominating Committee: Jim Cummings	328-2168
Good Samaritan: Bob Guffey	593-3496	Steve Tremulis	598-9790
Member Orientation: Bob Guffey	593-3496	Craig Carpenter	325-4152

All telephone numbers are in the 650-area code, except where noted differently.

All changes in address, telephone number, and e-mail address needs to be reported to the SIR Branch 51,
Acting Membership Committee Chairman:

Gerry Shebar,
3345 Stockton PL.,
Palo Alto, CA 94303
(650) 868-6124

“All the news that fits we print”

Anonymous

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Membership Committee Chairman:

Jeff Gardiner,
2152 Sand Hill Road,
Menlo Park, CA 94025
(650) 561-9661

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Anonymous