Mid-Peninsula Sons In Retirement Branch #51

Website: www.sirinc2.org/branch51

No. 541
A Non-Profit Organization
For Retired Men



August 2021
Devoted to the Promotion of Independence and Dignity of Retirement

LUNCHEON: 12 PM - FIRST WEDNESDAY - FREMONT HILLS CC, 12889 VISCAINO PL., LOS ALTOS, CA

General Membership:

Great news, Return of In-person SIR 51 Luncheon on August 4th

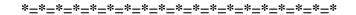
As it currently stands, we can meet in-person for our luncheon, speaker presentation, and the Board meeting. State SIR has given permission to meet inperson. Keep in mind that your SIR COVID-19 waiver needs to be signed and given to the one of our board members after showing your valid vaccination card or recent negative COVID-19 test result. See links later in this newsletter to find a copy of the waiver to print out and sign. Masks are recommended (and soon may be required) by businesses, cities, counties, and the state, even if you are fully vaccinated when indoors in a public setting. The Delta variant is causing havoc throughout the country and world. Fully vaccinated people can carry the Delta variant and, unknowingly, spread it to others to cause mild to serious infections for the unvaccinated or via breakthrough infections.

COVID-19 data for US and CA, as of the $27^{\frac{th}{2}}$ of July, vaccinations are improving with the nation at 49% being fully vaccinated, and 57% having received at least one shot. For Californians 12 years or older, 52% have been fully vaccinated. In addition, 64% have at least one shot of vaccine.

COVID-19 variants are not done with us. Keep your guard up, still take precautions to protect yourself, your family, and others.

Next SIR General Membership Meeting (all members) for Wednesday, 4th of August 2021 will be in-person, starting at 12:00 PM. You can arrive a little early to socialize before we begin the luncheon. The speaker will start at 1:00 PM.

For September, there may be an annual picnic. This is to be determined yet. Stay tuned.



Big SIR Notes:

From the computer of Jim Cummings

Fellow SIRs,

It looks like we can finally have lunch together. We will meet on Wednesday, August 4. Please remember that the virus is still floating around so we must follow some protocols developed by the state leadership. One time only you must bring your vaccination card or a copy or a picture in your phone. We already have the card information from those who have participated in other SIR activities.

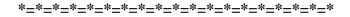
We will also need you to sign the waiver that is attached to this newsletter to satisfy legal and insurance requirements. Again, these requirements are one-time only. It is the branches' responsibility to record your fulfilling of these procedures and we will do so.

Some of you have objected to the above requirements but the virus is still around so these

procedures are for our protection and will be around for longer than we all would like. We may even have to have booster shots. Take comfort in only having to do it once.

See you Aug 4.

Jim cell:650-207-3609 home:650-328-2168



Monthly Presentation for Members

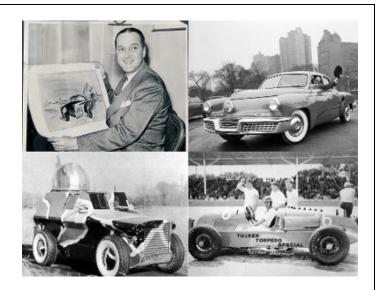
August 4th, 2021 Speaker Topic:

Preston Tucker's Life and his Pursuit of his Dream Car

Topic Description:

Talking about Preston Tucker's life and his pursuit of his dream car. He is most remembered for his Tucker 48 sedan, initially nicknamed the "Tucker Torpedo", an automobile which introduced many features that have since become widely used in modern cars. Production of the Tucker '48 was shut down amidst scandal and controversial accusations of stock fraud on March 3, 1949. The 1988 movie Tucker: The Man and His Dream is based on Tucker's spirit and the saga surrounding the car's production.

Lots of vintage photos and stories about his trials and tribulations in building an upstart car company, not so unlike Elon Musk and Tesla.



Speaker Biography:

Steve Tremulis, former Big SIR of Branch 51

Future speakers for the coming months:

September 1st, 2021 Speaker Topic:

No speaker due to possible branch picnic

October 6th, 2021 Speaker Topic:

To be determined

FOR SUGGESTIONS REGARDING SPEAKERS

PLEASE CONTACT:

Steve Tremulis

(650) 598-9790 *_*_*_*_*_*_*_*

General Interest

SIR 51 Board Meetings

Next **Board Meeting** will be held on the first Wednesday of August, the 4th, at 11:00 AM. For more details, please contact either Big SIR, Jim Cummings (cell:650/207-3609), or Secretary, Gerry Shebar (650/868-6124).

See the list of 2021 officers and committee chairmen at the end of this newsletter.

July's board meeting had 12 attendees.

SIR 51 General Membership Meeting

Last month's July General Membership Zoom meeting was attended by 15 SIR members. Currently, we have a total of 75 members in our branch.

2021 Membership Roster

If you have any corrections to your profile data, please contact our Membership Chairman, Gerry Shebar, at (659) 868-6124. Also, the roster file has been archived on our branch website.

SIR 51 Website

SIR Branch 51 website provides helpful information on our activities and archives our news. Should you have inputs for our website, please contact our website master, Gerry Shebar at (650) 868-6124.

www.sirinc2.org/branch51

State SIR News

COVID-19 Waivers need to be signed by all SIR members and submitted to your branch board members. The links to the State SIR documents are given below. Please read them to understand what is expected of all members, branches and the state organization. To meet the insurance liability requirements, please print the Waiver form and sign it. You can turn it in at our first in-person get together in August.

Branch Protocols:

https://files.constantcontact.com/686f3f04701/e266 2867-a239-4f89-baac-baf50ee70e2d.pdf

Wavier:

 $\underline{https://sirinc.org/wp\text{-}content/uploads/Waiver-}\underline{final.pdf}$

State Protocols:

https://files.constantcontact.com/686f3f04701/1cd5be0c-badf-4d39-8888-10283b365789.pdf

State SIR website:

www.sirinc.org



Craig's Current Contributions:

Courtesy of former Big SIR, Craig Carpenter

Former Big SIR, important guy. That was then, this is now.

THOUGHTS TO PONDER:

- 1. Ever wonder about those people who spend \$2 apiece on those little bottles of Evian water? Hint: spell Evian backwards...NAIVE;
- 2. OK, so if the Jacksonville Jaguars are known as the 'Jags' and the Tampa Bay Buccaneers are known as the 'Bucs', what does that make the Tennessee Titans?
- 3. If a pig loses its voice is it disgruntled?
- 4. If lawyers are disbarred and clergymen defrocked, doesn't it follow that electricians can be delighted, musicians denoted, cowboys deranged, models deposed, tree surgeons debarked & dry cleaners depressed?
- 5. If it is true that we are here to help others, then what exactly are the others here for?
- 6. If 4 out of 5 people SUFFER from diarrhea does that mean that one enjoys it?

GOOD READS FOR GUYS:

- 1. *Sooley* by John Grisham (fiction). In the summer of his seventeenth year, Samuel Sooleymon gets the chance of a lifetime: a trip to the United States with his South Sudanese teammates to play in a showcase basketball tournament. A story about a poor African kid, big money in sports, agents and strife in his far away country. If you like Grisham and/or sports, you will enjoy this book.
- 2. *The Immortal Life of Henrietta Lacks* by Rebecca Skloot (nonfiction). Doctors took her cells without asking. Those cells never died. They

launched a medical revolution and a multimillion-dollar industry. More than twenty years later, her children found out. Their lives would never be the same.

- 3. *The Boys in the Boat* by Daniel James Brown (nonfiction). You have all probably read this book BUT, if you haven't, please read it. This book and *The Power of One* by Bryce Courtenay are the two best books about boys/men/males growing up...some in the state of Washington and one in South Africa in the 1930's.
- 4. Facing the Mountain a true story of Japanese American heroes in WWII (nonfiction) by Daniel James Brown.

Draws on extensive interviews with the families of four soldiers to chronicle the special Japanese-American Army unit that overcame brutal odds in Europe while their parents were forced to surrender their homes and submit to life in concentration camps on American soil.

5. The girls who stepped out of line: Untold stories of the women who changed the course of World War II" by Mari K. Eder.

This book takes you inside the lives and experiences of 15 unknown women heroes from the Greatest Generation, the women who served, fought, struggled, and made things happen during WWII - in and out of uniform, for theirs is a legacy destined to embolden generations of women to come.

ON THE TUBE:

- 1. The **Tokyo Olympics**...thru August 8th
- 2. **Ted Lasso**, Season 2 on Apple+ TV. My wife & I both loved season 1 and season 2 just commenced.
- 3. **Virgin River**, season 2 on Netflix. Your wife will love it...you will too. Hint: "Happy wife, happy life".

The San Francisco Giants are on fire with the best record in baseball & the 49ers training camp is coming up soon! Life is good in the Bay Area.

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ACTIVITIES

GOLF



With the state and county removed most COVID-19 restrictions, except masks, and the State SIR leadership allowing vaccinated members to be active in outdoor and indoor settings (with waivers), precautions should be

taken while playing golf.

If any of you are interested in playing golf as individuals, you might want to check with the courses as to tee time availability.

The 2021 golf schedule has been arranged and a new Excel golf file was sent out in May. Check for your file copy or at the SIR 51 website. Below are the dates, times, and locations for August and September.

	Aug 03, Tue	Aug 11, Wed	Aug 18, Wed	Aug 25, Wed	Aug 31, Tue
AUG	Sunnyvale	Los Lagos	Poppy Hills	Moffett Field	Spring Valley
	10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM
	Sep 08, Wed	Sep 15, Wed	Sep 22, Wed	Sep 29, Wed	
SEPT	Poplar Creek	Shoreline	Crystal Springs	Sunnyvale	
	10:00 AM	10:00 AM	10:00 AM	10:00 AM	

Same table, but color-coded for August and September.

	Aug 03, Tue	Aug 11, Wed	Aug 18, Wed	Aug 25, Wed	Aug 31, Tue
			Poppy	Moffett	Spring
AUG	Sunnyvale	Los Lagos	Hills	Field	Valley
	, , ,		10:00		10:00
	10:00 AM	10:00 AM	AM	10:00 AM	AM
	Sep 08, Wed	Sep 15, Wed	Sep 22, Wed	Sep 29, Wed	
	Poplar		Crystal		
SEPT	Creek	Shoreline	Springs	Sunnyvale	
	10:00 AM	10.00 414	10:00 AM	10:00 AM	

Crystal Springs

Los Lagos

Moffett Field

Poplar Creek

Poppy Hills

San Jose

Shoreline

Spring Valley

Sunnyvale

urtesy of Golf Course Coordinator:

KAI JOHANSEN

(650) 380-9493

Also, contact Big SIR, Jim Cummings, as a mutual supporter for golf news.

JIM CUMMINGS

home: (650) 328-2168 cell: (650) 207-3609

Check if the <u>following activities</u> are going to occur with the recent COVID-19 and State SIR removed restrictions. Do keep in mind, however, some restrictions are still in place.

COMPUSIR



COMPUSIR is a self-help Computer discussion group. Normally, it meets monthly at the PALO ALTO ELKS LODGE 4249 EL

CAMINO REAL, PALO ALTO. Check first if meetings are being held by Zoom, or not at all. When in-person meetings can be held access is by the following method. For entry, use the announce button on the pedestal to the left of the Front door. **COMPUSIR** is now part of SPAUG (the Stanford – Palo Alto Users Group). SPAUG Meetings are still held the SECOND WEDNESDAY of each month at 7:00 pm, when possible, in-person, at PA Elks Lodge (address above). The meeting is upstairs (elevator available past the stairway). More information at www.spaug.net.

MACINTOSH USERS

Contact Skip Ross to join this e-mail group where SIR members in all branches can exchange MAC-related news, get answers to questions and share experiences.

SKIP ROSS (541) 857-6224

INDOOR BOWLING

(BRANCHES 5, 35 & 51)



We bowl on a handicap system, so all have an equal chance. Each season teams are revised and always have a mix of players by

ability. When possible with less COVID-19 restrictions, we meet on **Tuesdays at Homestead Lanes:**

Homestead and Stelling in Sunnyvale from 1-3 PM.

Be there by **12.45 PM**. New bowlers are always welcome at any level of experience. If you're new, it's easier if you call me (Bob Taggart) in advance so we will be prepared. Spouses, women friends are welcome – there are now 10 co-ed teams.

YOU CAN JOIN ANYTIME

A ball and shoes are available at the bowling lanes. Looking for some exercise that does not rely on good weather? Indoor 10-pin bowling is a fun, low-impact bowling skill that comes back after a long lay-off. Many have not bowled since they were youngsters. For more information, contact:

BOB TAGGART (650) 321-2654, Br 35

LAWN BOWLING:



Check if Lawn Bowling is able to meet and play. We meet on Tuesday, Thursday, and Saturday at 9:30 AM at

Palo Alto Lawn Bowls Club, 474 Embarcadero Road, Palo Alto. Players need to be 15 minutes early to be entered into the draw for teams. Free coaching is available for new players. Contact:

DON HUGHES (650) 323-9916

TENNIS:



When possible, during the COVID-19 pandemic, check first to see if our tennis group meets which happens on Mondays and Thursdays at Rinconada Park in Palo Alto.

Please be there by 8:30 AM when doubles teams will be formed. Late arrivals will play as sets are completed. We

play an open spin-in doubles format. Play level is about 2.5. We welcome non-SIRS, so bring a friend.

BILL KAMIN (650) 322-4300

CYCLING:

SIR Bicycle Group August 2021 Ride

 $2^{\underline{nd}}$ Thursday, August $12^{\underline{th}}$, 2021, 11:00 a.m.

Wives and guests are welcome. Rain cancels ride, helmet mandatory.

This is a SIR ride and COVID waivers are mandatory.

We would like to see new people come out for this ride

SIR Bicycle Ride Protocols are to be followed.

SAN LORENZO BAY TRAIL RIDE

The nomenclature of this ride is not clear. The ride is the San Lorenzo Bay Trail Ride, 2567 Grant Ave. San Lorenzo. The address of the parking Lot 2639 Grant Ave, San Lorenzo.

GPS coordinates: 37.669465, -122.157571

<u>Directions:</u> San Lorenzo Bay Trail Ride: The ride is from San Lorenzo to Oakland Airport to Bay Farm Island. It is a very scenic, bay front trail that's paved and level (including 1-2 miles of riding through quiet residential streets)-about 22 miles round trip. We stop about half way for lunch and a little social time. The trail can get a bay breeze so please bring light windbreaker or vest. This ride is much like the Oracle Redwood Shores ride, but on the East Bay.

<u>Driving Directions:</u> From Silicon Valley take I-880 heading North, exit on Hesperian Blvd (about 20 miles from Mt View/Palo Alto) turning left on to Hesperian Blvd, then right on Grant Avenue and turn right into the trail parking lot (near the end of Grant).

Please open the link below to see Maps #8 and #9

which show the trail we'll be riding. At the top of Map #8 it shows where the paved trail starts at Grant Avenue in San Lorenzo, http://baytrail.org/get-on-the-trail/map-by-number/san-leandro-to-bay-farm-island

If there are any questions, contact me, James Lunt at (408) 252-6804, cell: (408) 921-5085 or Gordon Tong at (408) 242-0557. Let us know it you are riding so we can wait for you.

For your information, the new bicycle protocols are:

Revised SIR Branch 35 Riding Group Protocols:

- 1. All riders are encouraged (but not mandatory) to receive the first and second Covid-19 vaccine injections.
- 2. All riders are **not** to carpool to designated rides. Biking to designated starting points of rides is acceptable.
- 3. For the safety of all riders, ride only if one is feeling 100% healthy.
- 4. Riders must wear a biking helmet and some type of face mask. Riders are encouraged to bring hand sanitizer because public restrooms may not always be open.
- 5. We will designate a lead rider at the front of the group and a designated sweeper behind the last rider. All riders will stay between the designated lead and sweeper.
- 6. We will stagger riders in groups of 2 3 with the first group departing, followed by the next group of riders 2-3 minutes later and continue with this staggered process until all riders have departed.
- 7. Riders will ride single file and maintain a minimum 50' distance from the rider immediately in front. Riders can pass each other as long as there is a safe margin to pass.
- 8. When the designated lead rider stops for a group water or restroom break, all riders will stop and maintain a minimum 6 feet distance from each other.
- 9. Riders are encouraged to bring their lunch or order takeout food. The designated lead rider will find a suitable area to eat lunch and ensure proper social distancing.

- 10. When riders are eating lunch with their mask off, the minimum distance from each other will be 10 feet.
- 11. Ride back to our designated ride starting point in the same manner.

This is the **Master Riding List for 2021**. It may change as the year goes by, so the final word is in the SIR Branch 35 month's newsletter.

January 14, 2021

Stevens Creek/Shoreline Park (Mt. View), no ride

February 11, 2021

Coyote Creek (South San Jose), no ride

March 11, 2021

Coyote Hills-Alameda Creek (Fremont/Niles), Michael's (Mt. V) to Univ Ave/Hway 84 (Menlo Park). See above.

April 8, 2021

Foster City Bay Trail

May 13, 2021

Brisbane Bayshore Trail

June 10, 2021

Guadalupe Trail--(Alviso to San Jose)

July 8, 2021

Sawyer Camp Trail / San Andreas Trail

August 12, 2021

San Leandro-Alameda Ride

September 9, 2021

Mt. View to Alviso

October 14, 2021

Half Moon Bay

November 11, 2021

Los Gatos Creek Trail

December 2021 No ride

(If the weather is good, the riders may pick a ride)

Again, if you have questions, please contact Jim Lunt or Gordon Tong as per below.

James Lunt: (408) 252-6804, Cell: (408) 921-5085

Gordon Tong: (408) 242-0557

NON-RESPOSIBILITY DECLARATION:

All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc., and its Branches do not assume any responsibility for the well-being or safety of the participants or their property, in any matters pertaining to said activities.

STATE SIR TRAVEL INFORMATION



For information on State SIR travel, go to the State SIR website listed below, and click on "Region and Area Info", click on "Resources", click on "More Information", then look for "Travel Management Information" section which has sub-links to travel agencies, bus companies, and a travel handbook. Also, one can use "Search Here" box at the base of the page using the word "travel".

STATE SIR WEBSITE

www.sirinc.org

SIR BRANCH 51 NEWSLETTER

If you have any inputs, suggestions or feedback to add or improve the newsletter, please let me know.

Also, if you wish to add material to the newsletter, inputs for the next newsletter should be submitted between the 15th and 20th of the month prior to the next newsletter.

Newsletter Editor:

Richard Jamison (650) 868-3723

2021 SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN

EXECUTIVE COMMITTEE

ACTIVITIES CHAIRMEN

Big SIR: Jim Cummings	328-2168	Indoor Bowling; Bob Taggart (Br 35)	321-2654
Little SIR: (Open)		Lawn Bowling: Don Hughes	323-9916
Secretary: Gerry Shebar	868-6124	Cycling: Jim Lunt (Br. 35)	(408) 252-6804
Asst. Secretary: Richard Jamison	868-3723	Tennis: Bill Kamin	322-4300
Treasurer: Kingsley Wood	799-8420	Golf: Kai Johansen	380-9493
Asst. Treasurer: Kevin Wheaton	485-2276	Jim Cummings	328-2168
		Travel: State SIR Travel:	www.sirinc.org
<u>DIRECTORS</u>		Compusir: Stanford-PA Users Group	pwww.spaug.net
		Macintosh Users: Skip Ross	(541) 857-6224
Director: Joe Grippo	948-2130	Historian: (Open)	
Director: Sam Meredith	325-4152	` ' /	
Director: Craig Carpenter	325-4152	New Board Members	
		Jeff Gardiner	561-9661
		Ray Klinke	924-0734
		Mike McMahon	493-7392

ADMINISTRATIVE CHAIRMEN

Attendance: Kingsley Wood	799-8420	Luncheon Programs: Steve Tremulis	598-9790
Audit: Sam Meredith	325-4152	Membership: Gerry Shebar	868-6124
Russ Porter	234-1212	Asst. Membership: (Open)	
Website: Gerry Shebar	868-6124	Greeter: Al Runge	592-1345
Asst. Website: Art Lewis	964-3223	Special Events: (Open)	
Newsletter: Richard Jamison	868-3723	Nominating Committee: Jim Cummings	328-2168
Good Samaritan: Bob Guffey	593-3496	Steve Tremulis	598-9790
Member Orientation: Bob Guffey	593-3496	Craig Carpente	er325-4152

All telephone numbers are in the 650-area code, except where noted differently.

All changes in address, telephone number, and e-mail address needs to be reported to the SIR Branch 51, Acting Membership Committee Chairman:

Gerry Shebar, 3345 Stockton PL., Palo Alto, CA 94303 (650) 868-6124

"All the news that fits we print"

Anonymous