

Mid-Peninsula Sons In Retirement

Branch #51

Website: www.sirinc2.org/branch51

No. 539
A Non-Profit Organization
For Retired Men



June 2021
Devoted to the Promotion of
Independence and Dignity of Retirement

LUNCHEON: 12 PM – FIRST WEDNESDAY – FREMONT HILLS CC, 12889 VISCAINO PL., LOS ALTOS, CA

General Membership:

Normalcy, June 15th?

With the nation at 40% fully vaccinated, and 50% having received at least one shot, that's progress. For Californians 18 years or older, 50% have been fully vaccinated. In addition, 68% that have at least one shot of vaccine. For CA residents who are 65 years old and older, ~90% have at least one shot and ~71% are fully vaccinated. The overall goal for the nation is to have 70% of the population at least vaccinated with one shot by the July 4th.

Governor Newsom announced that he expects that California will be able to open the state's full economy for business, commerce, and social activities on June 15th, provided the public stays on its current course of reduced infections, increased vaccinations, and keeping to our present health protocols.

Even though restrictions still exist, it looks like we are on our way toward getting back to a "normal" life again.

Bottom line, make sure to get your vaccine shots. Protect yourself, your family and others as best as you can.

Next SIR General Membership Meeting (all members) for Wednesday, 2nd of June 2021 will be via Zoom with the General Membership Meeting starting with a half hour social meeting at 12:30 PM after which our main meeting begins at:

1:00 PM

Social and General Membership Meetings are on the first Wednesday of the month. For next month,

Social Mtg – July 7th, 2021, @12:30 PM.
Gen. Mtg – July 7th, 2021, @1:00 PM.

For more information on our Zoom video conference meetings, check within this newsletter for details. Please keep your version of the Zoom application up to date with the latest changes, since the Zoom company is always upgrading their software. The improvements they make can affect your use of the app.

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Big SIR Notes:

From the computer of Jim Cummings

Fellow SIRs,

We have news regarding luncheons and protocols for luncheons and other activities. We cannot have lunch together until the county allows the club to allow us to meet there. Currently the club can serve their members but not groups such as ours. The earliest we can meet will be in July - we will keep you all posted.

All of you should have received via e-mail the protocols we have to follow for our lunches and activities. In essence INSURANCE requires at this time that participating in any group activity requires

proof of completed vaccinations or a negative COVID test completed within 3 days of the meeting or activity. We only need to see your vaccine card ONE TIME only and you must sign a waiver ONE TIME only which is intended to absolve SIR of any liability for contracting covid.

We are sure you all understand the need for the above actions and we will make the process as easy as possible. In order to protect all our members, we cannot admit anyone to our activities who has not been vaccinated or has evidence of negative tests within 3 days. This protocol will be in force until further notice which may be a long time.

As a retired pharmacist I believe that covid will be around for a long time and like other flu viruses you can expect mutations and variations which may or may not lead to the need of more vaccinations over time. Hopefully the politicians and news people will deal with these viruses in a logical and scientific manner and we will be given sensible information rather than sensationalistic headlines and simplistic nonsense. There are too many ignorant people commenting on this subject and too many people who have no knowledge who belittle people who do know.

Jim
cell:650-207-3609
home:650-328-2168

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Monthly Presentation for Members

June 2nd, 2021 Speaker Topic:

Bay Area's Water Supply Issues

Topic Description:

To be announced.

Speaker Biography:



Thomas (Tom) Francis
Water Resources Manager

Thomas (Tom) Francis is the Water Resources Manager of the Bay Area Water Supply & Conservation Agency (BAWSCA), comprising 26 utilities that purchase water from the San Francisco Public Utilities Commission (SFPUC) for resale to their local service areas, that if totaled include over 1.7 million customers. The Agency represents its members' collective interests in their relationship with the SFPUC on matters related to water supply, facility reliability, operations, water quality and wholesale water rates. Mr. Francis joined BAWSCA in 2016.

In his role as the Water Resources Manager, Mr. Francis oversees BAWSCA's water supply management efforts including water reliability planning, supply acquisition and water conservation. Reporting to the Chief Executive Officer, he is responsible for the implementation of the Long-Term Reliable Water Supply Strategy, and oversees the SFPUC's \$4.6 billion Water System Improvement Program (WSIP) on behalf of the BAWSCA agencies. Mr. Francis also manages the design and execution of BAWSCA's award winning regional water conservation programs and other regional supply planning activities with the SFPUC and surrounding water agencies.

Future speakers for the coming months:

July 7th, 2021 Speaker Topic:

To be determined

**FOR SUGGESTIONS REGARDING
SPEAKERS**

PLEASE CONTACT:

Steve Tremulis
(650) 598-9790

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General Interest

SIR 51 Board Meetings

Next virtual **Board Meeting** will be held on the first Wednesday of **June, the 2nd, at 11:00 AM.** Please start logging into the virtual meeting at 10:45 AM. For more details, please contact either Big SIR, Jim Cummings (cell:650/207-3609), or Secretary, Gerry Shebar (650/868-6124).

See the list of 2021 officers and committee chairmen at the end of this newsletter.

May's board meeting had 12 attendees.

SIR 51 General Membership Meeting

A Zoom invitation will be sent for the **June** meeting for you to click a link to join the scheduled meeting. Last month's May General Membership Zoom meeting was attended by 20 SIR members.

Try to join our June General Membership Zoom meeting to see and talk with your fellow members. It is fun and interesting for all. **Please remember to avoid making background noise or, easier, just mute your sound while in the meeting to help the video meeting be more enjoyable for all.** Note, do keep your version of Zoom app current. Zoom releases their latest updates without notifying their users.

2021 Membership Roster

As a reminder, the SIR Branch 51 **Membership Roster** has been updated and is available only in electronic form. Members were sent electronic file versions of the roster. If you have any corrections to your profile data, please contact our Membership Chairman, Gerry Shebar at (659) 868-6124. Also,

the roster file has been archived on our branch website.

SIR 51 Website

SIR Branch 51 website provides helpful information on our activities and archives our news. Should you have inputs for our website, please contact our website master, Gerry Shebar at (650) 868-6124.

www.sirinc2.org/branch51

State SIR News

First Topic:

The State SIR President and Insurance Chairman explained the changes to COVID-19 Re-Opening Protocols and the need for **Waivers to be signed by all SIR members.** The links to these State SIR documents are given below. **Please read them** to understand what is expected of all members, branches and the state organization. To meet the insurance liability requirements, please print the Waiver form and sign it. You can turn it in at our first in-person get together which we hope will be coming soon.

Branch Protocols:

<https://files.constantcontact.com/686f3f04701/e2662867-a239-4f89-baac-baf50ee70e2d.pdf>

Wavier:

<https://sirinc.org/wp-content/uploads/Waiver-final.pdf>

State Protocols:

<https://files.constantcontact.com/686f3f04701/1cd5be0c-badf-4d39-8888-10283b365789.pdf>

State SIR website:

www.sirinc.org

Second Topic:

In addition, the State SIR Board has an Activity Committee that has decided to align with UCSF to create **SIRs Helping Medical Science** activity. This effort is a follow-up to the earlier UCSF survey of SIR members' health status and care. Each SIR

member should have received recently an email message regarding this activity in which you can sign up for participation in this collaborative effort. Check your inbox for Co-Activity Chairman Dave Gonzales's email dated the 25th of May 2021 at 4:16 PM (yogonzo@yahoo.com@ccsend.com). Details of this participation effort are given in the email message. Your participation in this health study should be interesting and rewarding.

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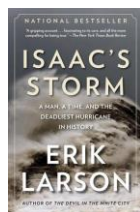
Craig's Current Contributions:

Courtesy of former Big SIR, Craig Carpenter

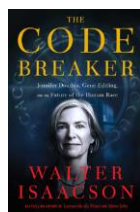
WAY TO GO PHIL MICKELSON! THERE'S HOPE FOR US OLD GUYS ON THE GOLF COURSE.

GOOD READS FOR GUYS:

Isaac's Storm: A Man, a Time, and the Deadliest Hurricane in History by Eric Larson



The Code Breaker, Jennifer Doudna, Gene Editing, and the Future of the Human Race by Walter Isaacson



The Four Winds by Kristin Hannah. a novel of love and heroism during the Great Depression's Dust Bowl.



STUFF TO WATCH ON THE TUBE:

Watch *The Atlantic Crossing* on PBS. Fantastic, occurs at the outbreak of WW II involving the USA & Norway.

The third and final season of *The Kominsky Method*, premieres this Friday, May 28th on Netflix.

QUOTES:

Tommy Lasorda, LA Dodgers Manager: "I found out that it's not good to talk about my troubles. Eighty percent of the people who hear them don't care and the other twenty percent are glad I'm having them".

Walt Garrison, Dallas Cowboys fullback when asked if Tom Landry ever smiles: "I don't know I only played there for nine years".

If a woman says "first of all" during an argument, run away because she has prepared research, data, charts and she will destroy you.

Arguing with a woman is like reading the software license agreement. In the end you have to ignore everything and click "I agree".

STATUS:

We are in Park City, Utah. No masks required here.

See you all at the next SIR Zoom on Wednesday, June 2nd.

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ACTIVITIES

GOLF



With the state and county removing more COVID-19 restrictions, and the State SIR leadership allowing vaccinated members to be active in outdoor and indoor settings, with precautions still, for golf to be played.

If any of you are interested in playing as individuals, you might want to check with the courses as to tee time availability.

The 2021 golf schedule has been arranged and a new Excel golf file was sent out in May. Check for your file copy or at the SIR 51 website. Below are the dates, times, and locations for June and July.

	Jun 01, Tue	Jun 09, Wed	Jun 16, Wed	Jun 23, Wed	Jun 30, Wed
JUNE	San Jose	Spring Valley	Los Lagos	Shoreline	Poplar Creek
	10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM
	Jul 06, Tue	Jul 14, Wed	Jul 21, Wed	Jul 28, Wed	
JULY	Moffett Field	San Jose	Crystal Springs	Spring Valley	
	10:00 AM	10:00 AM	10:00 AM	10:00 AM	

Same table, but color-coded for June and July.

	Jun 01, Tue	Jun 09, Wed	Jun 16, Wed	Jun 23, Wed	Jun 30, Wed
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Crystal Springs
Los Lagos
Moffett Field
Poplar Creek
Poppy Hills
San Jose
Shoreline
Spring Valley
Sunnyvale

Courtesy of Golf Course Coordinator:

KAI JOHANSEN
(650) 380-9493

Also, contact Big SIR, Jim Cummings, as a mutual supporter for golf news.

JIM CUMMINGS
home: (650) 328-2168
cell: (650) 207-3609

Check if the following activities are going to occur with the recent COVID-19 and State SIR reduced restrictions. Do keep in mind, however, some restrictions are still in place.

COMPUSIR



COMPUSIR is a self-help Computer discussion group. Normally, it meets monthly at the PALO ALTO ELKS LODGE 4249 EL CAMINO REAL, PALO ALTO. Check first if meetings are being held by Zoom, or not at all. When in-person meetings can be held access is by the following method. For entry, use the announce button on the pedestal to the left of the Front door. **COMPUSIR** is now part of SPAUG (the **S**tanford – **P**alo **A**lto **U**sers **G**roup). SPAUG Meetings are still held the **SECOND WEDNESDAY** of each month at 7:00 pm, when possible, in-person, at PA Elks Lodge (address above). The meeting is upstairs (elevator available past the stairway). More information at www.spaug.net.

MACINTOSH USERS

Contact Skip Ross to join this e-mail group where SIR members in all branches can exchange MAC-related news, get answers to questions and share experiences.

SKIP ROSS (541) 857-6224

INDOOR BOWLING (BRANCHES 5, 35 & 51)



We bowl on a handicap system, so all have an equal chance. Each season teams are revised and always have a mix of players by ability. When possible with less COVID-19 restrictions,

we meet on **Tuesdays at Homestead Lanes: Homestead and Stelling in Sunnyvale from 1-3 PM.** Be there by **12.45 PM.** New bowlers are always welcome at any level of experience. If you're new, it's easier if you call me (Bob Taggart) in advance so we will be prepared. Spouses, women friends are welcome – there are now 10 co-ed teams.

YOU CAN JOIN ANYTIME

A ball and shoes are available at the bowling lanes. Looking for some exercise that does not rely on good weather? Indoor 10-pin bowling is a fun, low-impact bowling skill that comes back after a long lay-off. Many have not bowled since they were youngsters. For more information, contact:

BOB TAGGART (650) 321-2654, Br 35

LAWN BOWLING:



Check if Lawn Bowling is able to meet and play. We meet on Tuesday, Thursday, and Saturday at 9:30 AM at Palo Alto Lawn Bowls Club, 474 Embarcadero Road, Palo Alto. Players need to be 15 minutes early to be entered into the draw for teams. Free coaching is available for new players. Contact:

DON HUGHES (650) 323-9916

TENNIS:



When possible, during the COVID-19 pandemic, check first to see if our tennis group meets which happens on Mondays and Thursdays at Rinconada Park in Palo Alto. Please be there by 8:30 AM when doubles teams will be formed. Late arrivals will play as sets are completed. We play an open spin-in doubles format. Play level is about 2.5. We welcome non-SIRS, so bring a friend.

BILL KAMIN (650) 322-4300

CYCLING:

SIRS ON BIKES:

SIR Bicycle Group **June 2021 Ride**

2nd Thursday, June 13th, 2021, 11:00 a.m.

Wives and guests are welcome. Rain cancels, helmet required.

We would like to see new people come out for this ride. It is flat except for a few underpasses. Just use the bicycle you have, make sure the tires can hold air, bring a helmet, have fun with us.

SIR Bicycle Ride Protocols are to be followed.

Guadalupe River Trail – Alviso to Downtown San Jose

GPS: 37.421898, -121.975858

Ride: We begin the ride at the trail head on Gold Street in Alviso and follow the paved trail past San Jose Mineta Airport, and then onto Coleman Avenue where we will have lunch at Panera Bakery. We will return on the same route for a round trip of approximately 17 miles.

New Directions: Take Highway 101 south to eastbound Highway 237 (toward Alviso and Milpitas). Go 2 1/2 miles and take the exit marked “Lafayette and Great America Parkway.” At the intersection, turn left on Lafayette and then immediately get into the right turn lane. The next traffic light intersection is “Gold St. Connector”. Turn right. Go about 1/4 mile to another traffic light. This is Gold Street. Turn left, and go about 1/4 mile. When you see a yellow traffic sign that warns of a “Narrow Bridge Ahead” prepare to turn right into the new Alviso Educational Center parking lot. Park there.

If there are any questions, contact me, James Lunt at (408) 252-6804 or Gordon Tong at (408) 242-0557. Let us know if you are riding so we can wait for you.

The new, bicycle protocols are:

Revised SIR Branch 35 Riding Group Protocols:

1. All riders are encouraged (but not mandatory) to receive the first and second Covid-19 vaccine injections.
2. All riders are **not** to carpool to designated rides. Biking to designated starting points of rides is acceptable.

3. For the safety of all riders, ride only if one is feeling 100% healthy.

4. Riders must wear a biking helmet and some type of face mask. Riders are encouraged to bring hand sanitizer because public restrooms may not always be open.

5. We will designate a lead rider at the front of the group and a designated sweeper behind the last rider. All riders will stay between the designated lead and sweeper.

6. We will stagger riders in groups of 2 - 3 with the first group departing, followed by the next group of riders 2-3 minutes later and continue with this staggered process until all riders have departed.

7. Riders will ride single file and maintain a minimum 50' distance from the rider immediately in front. Riders can pass each other as long as there is a safe margin to pass.

8. When the designated lead rider stops for a group water or restroom break, all riders will stop and maintain a minimum 6 feet distance from each other.

9. Riders are encouraged to bring their lunch or order takeout food. The designated lead rider will find a suitable area to eat lunch and ensure proper social distancing.

10. When riders are eating lunch with their mask off, the minimum distance from each other will be 10 feet.

11. Ride back to our designated ride starting point in the same manner.

This is the **Master Riding List for 2021**. It may change as the year goes by, so the final word is in the SIR Branch 35 month's newsletter.

~~**January 14, 2021**~~

~~Stevens Creek/Shoreline Park (Mt. View), no ride~~

~~**February 11, 2021**~~

~~Coyote Creek (South San Jose), no ride~~

~~**March 11, 2021**~~

~~Coyote Hills-Alameda Creek (Fremont/Niles), Michael's (Mt. V) to Univ Ave/Hwy 84 (Menlo Park). See above.~~

~~**April 8, 2021**~~

~~Foster City Bay Trail~~

~~**May 13, 2021**~~

~~Brisbane Bayshore Trail~~

June 10, 2021

Guadalupe Trail--(Alviso to San Jose)

July 8, 2021

Sawyer Camp Trail / San Andreas Trail

August 12, 2021

San Leandro-Alameda Ride

September 9, 2021

Mt. View to Alviso

October 14, 2021

Half Moon Bay

November 11, 2021

Los Gatos Creek Trail

December 2021 No ride

(If the weather is good, the riders may pick a ride)

Again, if you have questions, please contact Jim Lunt or Gordon Tong as per below.

JAMES LUNT (408) 252-6804, Cell: (408) 921-5085
GORDON TONG (408) 242-0557

NON-RESPONSIBILITY DECLARATION:

All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc., and its Branches do not assume any responsibility for the well-being or safety of the participants or their property, in any matters pertaining to said activities.

STATE SIR TRAVEL INFORMATION



For information on State SIR travel, go to the State SIR website listed below, and click on "Region and Area Info", click on "Resources", click on "More Information", then look for "Travel Management Information" section which has sub-links to travel agencies, bus companies, and a travel handbook. Also, one can use "Search Here" box at the base of the page using the word "travel".

STATE SIR WEBSITE

www.sirinc.org

SIR BRANCH 51 NEWSLETTER

If you have any inputs, suggestions or feedback to add or improve the newsletter, please let me know.

Also, if you wish to add material to the newsletter, inputs for the next newsletter should be submitted between the 15th and 20th of the month prior to the next newsletter.

Newsletter Editor:

Richard Jamison
(650) 868-3723

2021 SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN

EXECUTIVE COMMITTEE

Big SIR: Jim Cummings 328-2168
Little SIR: (Open)
Secretary: Gerry Shebar 868-6124
Asst. Secretary: Richard Jamison 868-3723
Treasurer: Kingsley Wood 799-8420
Asst. Treasurer: Kevin Wheaton 485-2276

DIRECTORS

Director: Joe Grippo 948-2130
Director: Sam Meredith 325-4152
Director: Craig Carpenter 325-4152

ACTIVITIES CHAIRMEN

Indoor Bowling: Bob Taggart (Br 35) 321-2654
Lawn Bowling: Don Hughes 323-9916
Cycling: Jim Lunt (Br. 35) (408) 252-6804
Tennis: Bill Kamin 322-4300
Golf: Kai Johansen 380-9493
Jim Cummings 328-2168
Travel: State SIR Travel: www.sirinc.org
Compusir: Stanford-PA Users Group www.spaug.net
Macintosh Users: Skip Ross (541) 857-6224
Historian: (Open)

New Board Members

Jeff Gardiner 561-9661
Ray Klinke 924-0734
Mike McMahan 493-7392

ADMINISTRATIVE CHAIRMEN

Attendance: Kingsley Wood	799-8420	Luncheon Programs: Steve Tremulis	598-9790
Audit: Sam Meredith	325-4152	Membership: Gerry Shebar	868-6124
Russ Porter	234-1212	Asst. Membership: (Open)	
Website: Gerry Shebar	868-6124	Greeter: Al Runge	592-1345
Asst. Website: Art Lewis	964-3223	Special Events: (Open)	
Newsletter: Richard Jamison	868-3723	Nominating Committee: Jim Cummings	328-2168
Good Samaritan: Bob Guffey	593-3496	Steve Tremulis	598-9790
Member Orientation: Bob Guffey	593-3496	Craig Carpenter	325-4152

All telephone numbers are in the 650-area code, except where noted differently.

All changes in address, telephone number, and e-mail address needs to be reported to the SIR Branch 51,
Acting Membership Committee Chairman:

Gerry Shebar,
3345 Stockton PL.,
Palo Alto, CA 94303
(650) 868-6124

“All the news that fits we print”

Anonymous