









## ACTIVITIES

### GOLF



**With the state and county removing more COVID-19 restrictions, and the State SIR leadership allowing vaccinated members to be active in outdoor and indoor settings, with precautions still, for golf to be played.**

If any of you are interested in playing as individuals, you might want to check with the courses as to tee time availability.

The 2021 golf schedule has been arranged and a new Excel golf file was sent out in May. Check for your file copy or at the SIR 51 website. Below are the dates, times, and locations for June and July.

	Jun 01, <b>Tue</b>	Jun 09, Wed	Jun 16, Wed	Jun 23, Wed	Jun 30, Wed
<b>JUNE</b>	San Jose	Spring Valley	Los Lagos	Shoreline	Poplar Creek
	10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM
	Jul 06, <b>Tue</b>	Jul 14, Wed	Jul 21, Wed	Jul 28, Wed	
<b>JULY</b>	Moffett Field	San Jose	Crystal Springs	Spring Valley	
	10:00 AM	10:00 AM	10:00 AM	10:00 AM	

Same table, but color-coded for June and July.

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	10:00 AM	10:00 AM	10:00 AM	10:00 AM

Crystal Springs
Los Lagos
Moffett Field
Poplar Creek
Poppy Hills
San Jose
Shoreline
Spring Valley
Sunnyvale

*Courtesy of Golf Course Coordinator:*

**KAI JOHANSEN**  
(650) 380-9493

Also, contact Big SIR, Jim Cummings, as a mutual supporter for golf news.

**JIM CUMMINGS**  
home: (650) 328-2168  
cell: (650) 207-3609

**Check if the following activities are going to occur with the recent COVID-19 and State SIR reduced restrictions. Do keep in mind, however, some restrictions are still in place.**

### COMPUSIR



COMPUSIR is a self-help Computer discussion group. Normally, it meets monthly at the PALO ALTO ELKS LODGE 4249 EL CAMINO REAL, PALO ALTO. Check first if meetings are being held by Zoom, or not at all. When in-person meetings can be held access is by the following method. For entry, use the announce button on the pedestal to the left of the Front door. **COMPUSIR** is now part of SPAUG (the Stanford – Palo Alto Users Group). SPAUG Meetings are still held the **SECOND WEDNESDAY** of each month at 7:00 pm, when possible, in-person, at PA Elks Lodge (address above). The meeting is upstairs (elevator available past the stairway). More information at [www.spaug.net](http://www.spaug.net).

### MACINTOSH USERS

Contact Skip Ross to join this e-mail group where SIR members in all branches can exchange MAC-related news, get answers to questions and share experiences.

**SKIP ROSS** (541) 857-6224

### INDOOR BOWLING (BRANCHES 5, 35 & 51)



We bowl on a handicap system, so all have an equal chance. Each season teams are revised and always have a mix of players by ability. When possible with less COVID-19 restrictions,

we meet on **Tuesdays at Homestead Lanes: Homestead and Stelling in Sunnyvale from 1-3 PM.** Be there by **12.45 PM.** New bowlers are always welcome at any level of experience. If you're new, it's easier if you call me (Bob Taggart) in advance so we will be prepared. Spouses, women friends are welcome – there are now 10 co-ed teams.

#### **YOU CAN JOIN ANYTIME**

A ball and shoes are available at the bowling lanes. Looking for some exercise that does not rely on good weather? Indoor 10-pin bowling is a fun, low-impact bowling skill that comes back after a long lay-off. Many have not bowled since they were youngsters. For more information, contact:

**BOB TAGGART** (650) 321-2654, Br 35

#### **LAWN BOWLING:**



Check if Lawn Bowling is able to meet and play. We meet on Tuesday, Thursday, and Saturday at 9:30 AM at Palo Alto Lawn Bowls Club, 474 Embarcadero Road, Palo Alto. Players need to be 15 minutes early to be entered into the draw for teams. Free coaching is available for new players. Contact:

**DON HUGHES** (650) 323-9916

#### **TENNIS:**



When possible, during the COVID-19 pandemic, check first to see if our tennis group meets which happens on Mondays and Thursdays at Rinconada Park in Palo Alto. Please be there by 8:30 AM when doubles teams will be formed. Late arrivals will play as sets are completed. We play an open spin-in doubles format. Play level is about 2.5. We welcome non-SIRS, so bring a friend.

**BILL KAMIN** (650) 322-4300

#### **CYCLING:**

##### **SIRS ON BIKES:**

SIR Bicycle Group **June 2021 Ride**

2<sup>nd</sup> Thursday, June 13<sup>th</sup>, 2021, 11:00 a.m.

Wives and guests are welcome. Rain cancels, helmet required.

We would like to see new people come out for this ride. It is flat except for a few underpasses. Just use the bicycle you have, make sure the tires can hold air, bring a helmet, have fun with us.

SIR Bicycle Ride Protocols are to be followed.

#### **Guadalupe River Trail – Alviso to Downtown San Jose**

GPS: 37.421898, -121.975858

**Ride:** We begin the ride at the trail head on Gold Street in Alviso and follow the paved trail past San Jose Mineta Airport, and then onto Coleman Avenue where we will have lunch at Panera Bakery. We will return on the same route for a round trip of approximately 17 miles.

**New Directions:** Take Highway 101 south to eastbound Highway 237 (toward Alviso and Milpitas). Go 2 1/2 miles and take the exit marked “Lafayette and Great America Parkway.” At the intersection, turn left on Lafayette and then immediately get into the right turn lane. The next traffic light intersection is “Gold St. Connector”. Turn right. Go about ¼ mile to another traffic light. This is Gold Street. Turn left, and go about ¼ mile. When you see a yellow traffic sign that warns of a “Narrow Bridge Ahead” prepare to turn right into the new Alviso Educational Center parking lot. Park there.

If there are any questions, contact me, James Lunt at (408) 252-6804 or Gordon Tong at (408) 242-0557. Let us know if you are riding so we can wait for you.

The new, bicycle protocols are:

#### **Revised SIR Branch 35 Riding Group Protocols:**

1. All riders are encouraged (but not mandatory) to receive the first and second Covid-19 vaccine injections.
2. All riders are **not** to carpool to designated rides. Biking to designated starting points of rides is acceptable.

3. For the safety of all riders, ride only if one is feeling 100% healthy.
4. Riders must wear a biking helmet and some type of face mask. Riders are encouraged to bring hand sanitizer because public restrooms may not always be open.
5. We will designate a lead rider at the front of the group and a designated sweeper behind the last rider. All riders will stay between the designated lead and sweeper.
6. We will stagger riders in groups of 2 - 3 with the first group departing, followed by the next group of riders 2-3 minutes later and continue with this staggered process until all riders have departed.
7. Riders will ride single file and maintain a minimum 50' distance from the rider immediately in front. Riders can pass each other as long as there is a safe margin to pass.
8. When the designated lead rider stops for a group water or restroom break, all riders will stop and maintain a minimum 6 feet distance from each other.
9. Riders are encouraged to bring their lunch or order takeout food. The designated lead rider will find a suitable area to eat lunch and ensure proper social distancing.
10. When riders are eating lunch with their mask off, the minimum distance from each other will be 10 feet.
11. Ride back to our designated ride starting point in the same manner.

This is the **Master Riding List for 2021**. It may change as the year goes by, so the final word is in the SIR Branch 35 month's newsletter.

~~**January 14, 2021**~~

~~Stevens Creek/Shoreline Park (Mt. View), no ride~~

~~**February 11, 2021**~~

~~Coyote Creek (South San Jose), no ride~~

~~**March 11, 2021**~~

~~Coyote Hills-Alameda Creek (Fremont/Niles), Michael's (Mt. V) to Univ Ave/Hwy 84 (Menlo Park). See above.~~

~~**April 8, 2021**~~

~~Foster City Bay Trail~~

~~**May 13, 2021**~~

~~Brisbane Bayshore Trail~~

**June 10, 2021**

Guadalupe Trail--(Alviso to San Jose)

**July 8, 2021**

Sawyer Camp Trail / San Andreas Trail

**August 12, 2021**

San Leandro-Alameda Ride

**September 9, 2021**

Mt. View to Alviso

**October 14, 2021**

Half Moon Bay

**November 11, 2021**

Los Gatos Creek Trail

**December 2021** No ride

(If the weather is good, the riders may pick a ride)

Again, if you have questions, please contact Jim Lunt or Gordon Tong as per below.

**JAMES LUNT** (408) 252-6804, Cell: (408) 921-5085  
**GORDON TONG** (408) 242-0557

**NON-RESPOSIBILITY DECLARATION:**

All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc., and its Branches do not assume any responsibility for the well-being or safety of the participants or their property, in any matters pertaining to said activities.

**STATE SIR TRAVEL INFORMATION**



For information on State SIR travel, go to the State SIR website listed below, and click on "Region and Area Info", click on "Resources", click on "More Information", then look for "Travel Management Information" section which has sub-links to travel agencies, bus companies, and a travel handbook. Also, one can use "Search Here" box at the base of the page using the word "travel".

**STATE SIR WEBSITE**

[www.sirinc.org](http://www.sirinc.org)

**SIR BRANCH 51 NEWSLETTER**

If you have any inputs, suggestions or feedback to add or improve the newsletter, please let me know.

Also, if you wish to add material to the newsletter, inputs for the next newsletter should be submitted between the 15<sup>th</sup> and 20<sup>th</sup> of the month prior to the next newsletter.

**Newsletter Editor:**

Richard Jamison  
(650) 868-3723

## 2021 SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN

### EXECUTIVE COMMITTEE

Big SIR: Jim Cummings 328-2168  
Little SIR: (Open)  
Secretary: Gerry Shebar 868-6124  
Asst. Secretary: Richard Jamison 868-3723  
Treasurer: Kingsley Wood 799-8420  
Asst. Treasurer: Kevin Wheaton 485-2276

### DIRECTORS

Director: Joe Grippo 948-2130  
Director: Sam Meredith 325-4152  
Director: Craig Carpenter 325-4152

### ACTIVITIES CHAIRMEN

Indoor Bowling: Bob Taggart (Br 35) 321-2654  
Lawn Bowling: Don Hughes 323-9916  
Cycling: Jim Lunt (Br. 35) (408) 252-6804  
Tennis: Bill Kamin 322-4300  
Golf: Kai Johansen 380-9493  
Jim Cummings 328-2168  
Travel: State SIR Travel: [www.sirinc.org](http://www.sirinc.org)  
Compusir: Stanford-PA Users Group [www.spaug.net](http://www.spaug.net)  
Macintosh Users: Skip Ross (541) 857-6224  
Historian: (Open)

### **New Board Members**

Jeff Gardiner 561-9661  
Ray Klinke 924-0734  
Mike McMahan 493-7392

### ADMINISTRATIVE CHAIRMEN

Attendance: Kingsley Wood	799-8420	Luncheon Programs: Steve Tremulis	598-9790
Audit: Sam Meredith	325-4152	Membership: Gerry Shebar	868-6124
Russ Porter	234-1212	Asst. Membership: (Open)	
Website: Gerry Shebar	868-6124	Greeter: Al Runge	592-1345
Asst. Website: Art Lewis	964-3223	Special Events: (Open)	
Newsletter: Richard Jamison	868-3723	Nominating Committee: Jim Cummings	328-2168
Good Samaritan: Bob Guffey	593-3496	Steve Tremulis	598-9790
Member Orientation: Bob Guffey	593-3496	Craig Carpenter	325-4152

All telephone numbers are in the 650-area code, except where noted differently.

All changes in address, telephone number, and e-mail address needs to be reported to the SIR Branch 51,  
Acting Membership Committee Chairman:

Gerry Shebar,  
3345 Stockton PL.,  
Palo Alto, CA 94303  
(650) 868-6124

“All the news that fits we print”

*Anonymous*