# Mid-Peninsula Sons In Retirement Branch #51

Website: <a href="https://www.sirinc2.org/branch51">www.sirinc2.org/branch51</a>

No. 538
A Non-Profit Organization
For Retired Men



# May 2021 Devoted to the Promotion of Independence and Dignity of Retirement

LUNCHEON: 12 PM - FIRST WEDNESDAY - FREMONT HILLS CC, 12889 VISCAINO PL., LOS ALTOS, CA

## **General Membership:**

## **Getting Closer to Normalcy**

With the latest COVID-19 news, we are beginning to see the light at the end of the tunnel and it is not the headlight of an approaching locomotive!

For fully vaccinated people, they do not have to wear masks outside, whether walking, cycling, jogging, etc. They can meet in small groups without masks with others who are fully vaccinated. However, when mixing within large groups of people, among which individuals may be partially vaccinated or not vaccinated at all, masks are still required, e.g., places such as retail stores, gyms, sporting events, concerts or other entertainment events. Outdoor dining is still recommended, but now indoor dining is allowed with larger capacity (50%). Personal travel requires masks for flying, rail, and public transportation, etc. When cruise lines are restarted for travel, the cruise lines will require fully vaccinated travelers or be test-proof free of COVID-19. Currently, the US has 100 million-plus adults fully vaccinated. There has been a 25% drop in people getting vaccinated that should be vaccinated. If you want to enjoy the more relaxed restrictions around COVID-19, it should be a great incentive to get the complete shots of vaccine as soon as possible. Encourage your younger family members and friends to get vaccinated to help us all survive this pandemic.

Unfortunately, there are areas of the US (WA, OR, MI, plus other states) and other parts to the world (India, Brazil, South Africa, etc.) that are seeing a

surge in infections and deaths. It doesn't help that more variants are occurring in these regions as well. With the seriousness of India's massive surge in infections, the Biden administration has banned travelers from India from entering the US, although special exceptions do exist (e.g., US citizens).

Currently, all bay area counties are in the orange tier restriction for COVID-19, except for Solano County which is still in the red tier. California, as well as the federal government, has allowed those who are 16 years of age or older now can qualify to get vaccine shots. Some vaccine producers are testing and applying for CDC and FDA approval for 12 years and up, and some are testing vaccine safety for children even five-years old and up. Fortunately, the ability to get an appointment for the vaccine is getting easier with walk-in openings being allowed.

Governor Newsom announced that he expects that California will be able to open the state's full economy for business, commerce, and social activities on June 15<sup>th</sup>, provided the public stays on its current course of reduced infections, increased vaccinations, and keeping to our present health protocols.

Bottom line, get your vaccine shots, protect yourself and others as best as you can.

Next SIR General Membership Meeting (all members) for Wednesday, 5<sup>th</sup> of May 2021 will be via Zoom with the General Membership Meeting starting with a half hour social meeting at 12:30 PM after which our main meeting begins at:

1:00 PM

Social and General Membership Meetings are on the first Wednesday of the month. For next month,

Social Mtg – June  $2^{\underline{nd}}$ , 2021, @12:30 PM. Gen. Mtg – June  $2^{\underline{nd}}$ , 2021, @1:00 PM.

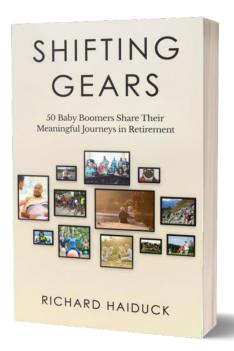
For more information on our Zoom video conference meetings, check within this newsletter for details. Please keep your version of the Zoom application up to date with the latest changes, since the Zoom company is always upgrading their software and the improvements they make can affect your use of the app.

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## **Monthly Presentation for Members**

May 5th, 2021 Speaker Topic:

**Shifting Gears** 



## **Topic Description:**

Shifting Gears book is based on interviews with retirees, telling how they are shifting gears in their retirement. Sometimes they shift smoothly, sometimes they grind the gears, and often they take some time to find their groove. The stories reveal the rich abundance of retirement ventures, from the exotic to the mundane. Discover their joys, challenges, and inspirations that were part of their journey in this next stage of life.

Ranked #1, New Release on Amazon (Gerontology)

**Speaker Biography:** – To be announced.

Dick Haiduck, Author of Shifting Gears

Courtesy of website:

https://richardhaiduck.com

## **Future speakers for the coming months:**

June 2, 2021 Speaker Topic:

Bay Area's Water Supply Issues

## **Topic Description:**

To be announced.

## Speaker Biography:



Thomas (Tom) Francis Water Resources Manager

Thomas (Tom) Francis is the Water Resources Manager of the Bay Area Water Supply & Conservation Agency (BAWSCA), comprising 26 utilities that purchase water from the San Francisco Public Utilities Commission (SFPUC) for resale to their local service areas, that if totaled include over 1.7 million customers. The Agency represents its members' collective interests in their relationship with the SFPUC on matters related to water supply, facility reliability, operations, water quality and wholesale water rates. Mr. Francis joined BAWSCA in 2016.

In his role as the Water Resources Manager, Mr. Francis oversees BAWSCA's water supply management efforts including water reliability planning, supply acquisition and water conservation. Reporting to the Chief Executive Officer, he is responsible for the implementation of the Long-Term Reliable Water Supply Strategy, and oversees the SFPUC's \$4.6 billion Water System Improvement Program (WSIP) on behalf of the BAWSCA agencies. Mr. Francis also manages the design and execution of BAWSCA's award winning regional water conservation programs and other regional supply planning activities with the SFPUC and surrounding water agencies.

# FOR SUGGESTIONS REGARDING SPEAKERS

#### **PLEASE CONTACT:**

**Steve Tremulis** (650) 598-9790

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## **General Interest**

## **SIR 51 Board Meetings**

Next virtual **Board Meeting** will be held on the first Wednesday of May, the 5<sup>th</sup>, at 11:00 AM. Please start logging into the virtual meeting at 10:45 AM. For more details, please contact either Big SIR, Jim Cummings (cell:650/207-3609), or Secretary, Gerry Shebar (650/868-6124).

See the list of 2021 officers and committee chairmen at the end of this newsletter.

April's board meeting had 14 attendees.

## **SIR 51 General Membership Meeting**

A Zoom invitation will be sent for the **May** meeting for you to click a link to join the scheduled meeting. Last month's April General Membership Zoom meeting was attended by 20 SIR members.

Try to join our May General Membership Zoom meeting to see and talk with your fellow members. It is fun and interesting for all. Please remember to avoid making background noise or, easier, just mute your sound while in the meeting to help the video meeting be more enjoyable for all.

## **2021 Membership Roster**

As a reminder, the SIR Branch 51 **Membership Roster** has been updated and is available only in electronic form. Members were sent electronic file versions of the roster. If you have any corrections to your profile data, please contact our Membership Chairman, Gerry Shebar at (659) 868-6124. Also, the roster file has been archived on our branch website.

## SIR 51 Website

SIR Branch 51 website provides helpful information on our activities and archives our news. Should you have inputs for our website, please contact our website master, Gerry Shebar at (650) 868-6124.

www.sirinc2.org/branch51

## **State SIR News**

Last month, the State SIR President, Stu Williams, and Craig Hoffhines, State Insurance Chairman, held a virtual Town Hall Meeting that explained the changes to COVID-19 Re-Opening Protocols and the need for Waivers to be signed by all SIR members. The links to these State SIR documents are given below. Please read them to understand what is expected of all members, branches and the state organization.

#### **Branch Protocols:**

https://files.constantcontact.com/686f3f04701/e266 2867-a239-4f89-baac-baf50ee70e2d.pdf

#### Wavier:

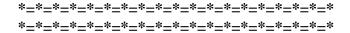
https://sirinc.org/wp-content/uploads/Waiverfinal.pdf

#### **State Protocols:**

https://files.constantcontact.com/686f3f04701/1cd5 be0c-badf-4d39-8888-10283b365789.pdf

#### **State SIR website:**

www.sirinc.org



## **ACTIVITIES**

#### **GOLF**



With the state and county removing more **COVID-19 restrictions, and the State SIR** leadership allowing outdoor and protected indoor activities, golf is now allowed to be played.

If any of you are interested in playing as individuals, you might want to check with the courses as to tee time availability.

The 2021 golf schedule has been arranged and the Excel golf file was sent out in February. Check for your file copy or at the SIR 51 website. Below are the dates, times, and locations for May and June.

	May 04, Tue	May 12, Wed	May 19, Wed	May 26, Wed	
MAY	Crystal Springs	Spring Valley	Sunnyvale	Moffett Field	
	10:00 AM	10:00 AM	10:00 AM	10:00 AM	
	Jun 01, Tue	Jun 09, Wed	Jun 16, Wed	Jun 23, Wed	Jun 30, Wed
JUNE	TBD	Spring Valley	Los Lagos	Shoreline	Poplar Creek
	10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM

Same table, but color-coded for May and June.

	May 04, Tue	May 12, Wed	May 19, Wed	May 26, Wed	
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	Jun 01, Tue	Jun 09, Wed	Jun 16, Wed	Jun 23, Wed	Jun 30, Wed
JUNE	Jun 01, Tue	Jun 09, Wed Spring Valley			Jun 30, Wed Poplar Creek

Crystal Springs Los Lagos Moffett Field Poplar Creek Poppy Hills San Jose Shoreline Spring Valley Sunnyvale

#### Courtesy of Golf Course Coordinator:

#### KALJOHANSEN

(650) 380-9493

Also, contact Big SIR, Jim Cummings, as a mutual supporter for golf news.

#### **JIM CUMMINGS**

home: (650) 328-2168 cell: (650) 207-3609

Check if the following activities are going to occur with the recent COVID-19 and State SIR reduced restrictions. Do keep in mind, however, some restrictions are still in place.

#### **COMPUSIR**



COMPUSIR is a self-help Computer discussion group. Normally, it meets monthly at the PALO ALTO ELKS LODGE 4249 EL

CAMINO REAL, PALO ALTO. Check first if meetings are being held by Zoom, or not at all. When in-person meetings can be held access is by the following method. For entry, use the announce button on the pedestal to the left of the Front door. **COMPUSIR** is now part of SPAUG (the Stanford – Palo Alto Users Group). SPAUG Meetings are still held the SECOND

WEDNESDAY of each month at 7:00 pm, when possible in-person, at PA Elks Lodge (address above). The meeting is upstairs (elevator available past the stairway). More information at <a href="https://www.spaug.net">www.spaug.net</a>.

#### **MACINTOSH USERS**

Contact Skip Ross to join this e-mail group where SIR members in all branches can exchange MAC-related news, get answers to questions and share experiences.

SKIP ROSS (541) 857-6224

#### **INDOOR BOWLING**

(BRANCHES 5, 35 & 51)

there are now 10 co-ed teams.



We bowl on a handicap system, so all have an equal chance. Each season teams are revised and always have a mix of players by

ability. When possible with less COVID-19 restrictions, we meet on **Tuesdays at Homestead Lanes: Homestead and Stelling in Sunnyvale from 1-3 PM.**Be there by **12.45 PM.** New bowlers are always welcome at any level of experience. If you're new, it's easier if you call me (Bob Taggart) in advance so we will be prepared. Spouses, women friends are welcome –

#### YOU CAN JOIN ANYTIME

A ball and shoes are available at the bowling lanes. Looking for some exercise that does not rely on good weather? Indoor 10-pin bowling is a fun, low-impact bowling skill that comes back after a long lay-off. Many have not bowled since they were youngsters. For more information, contact:

**BOB TAGGART** (650) 321-2654, Br 35

#### **LAWN BOWLING:**



Check if Lawn Bowling is able to meet and play. We meet on Tuesday, Thursday, and Saturday at 9:30 AM at

Palo Alto Lawn Bowls Club, 474 Embarcadero Road, Palo Alto. Players need to be 15 minutes early to be entered into the draw for teams. Free coaching is available for new players. Contact:

**DON HUGHES** (650) 323-9916

#### **TENNIS:**



When possible, during the COVID-19 pandemic, check first to see if our tennis group meets which happens on Mondays and Thursdays at Rinconada Park in Palo Alto.

Please be there by 8:30 AM when doubles teams will be formed. Late arrivals will play as sets are completed. We play an open spin-in doubles format. Play level is about 2.5. We welcome non-SIRS, so bring a friend.

BILL KAMIN (650) 322-4300

#### **CYCLING:**

#### **SIRS ON BIKES:**

SIR Bicycle Group May 2021 Ride

2<sup>nd</sup> Thursday, May 14<sup>th</sup>, 2021, 11:00 a.m. Wives and guests are welcome. Rain cancels, Helmet required, mask required.

SIR Bicycle Ride Protocols are to be Followed.

#### **BRISBANE BAYSHORE TRAIL**

**Ride:** We will ride the flat Bay Trail along San Francisco Bay for about 7.5 miles going south starting from the parking lot next to the empty former Walmart Tower building in Brisbane, and ending at South Airport Blvd. (next to SFO) where we will have lunch at a sandwich shop, then ride back for a total of about 15 miles.

<u>Directions:</u> Take 101 north past SFO to Sierra Pt. Parkway (2<sup>nd</sup> exit past the Oyster Point Blvd. exit). At the first intersection, stop, and turn right, then, immediately stop at the next intersection and turn left, which is Marina Blvd., going left. Follow Marina Blvd. around a big curve and just past the former Walmart Tower building (looks like a big ship) on the left side, turn left into a large public parking lot with a short boulevard entrance. We will meet there.

If there are any questions, contact me, James Lunt at (408) 252-6804) or Gordon Tong at (408) 242-0557. Let us know it you are riding so we can wait for you.

The new, bicycle protocols are:

## Revised SIR Branch 35 Riding Group Protocols:

- 1. All riders are encouraged (but not mandatory) to receive the first and second Covid-19 vaccine injections.
- 2. All riders are **not** to carpool to designated rides. Biking to designated starting points of rides is acceptable.
- 3. For the safety of all riders, ride only if one is feeling 100% healthy.
- 4. Riders must wear a biking helmet and some type of face mask. Riders are encouraged to bring hand sanitizer because public restrooms may not always be open.
- 5. We will designate a lead rider at the front of the group and a designated sweeper behind the last rider. All riders will stay between the designated lead and sweeper.
- 6. We will stagger riders in groups of 2 3 with the first group departing, followed by the next group of riders 2-3 minutes later and continue with this staggered process until all riders have departed.
- 7. Riders will ride single file and maintain a minimum 50' distance from the rider immediately in front. Riders can pass each other as long as there is a safe margin to pass.
- 8. When the designated lead rider stops for a group water or restroom break, all riders will stop and maintain a minimum 6 feet distance from each other.
- 9. Riders are encouraged to bring their lunch or order takeout food. The designated lead rider will find a suitable area to eat lunch and ensure proper social distancing.
- 10. When riders are eating lunch with their mask off, the minimum distance from each other will be 10 feet.
- 11. Ride back to our designated ride starting point in the same manner.

This is the riding master list for 2021. It may change as the year goes by, so the final word is in the month's newsletter. January 14, 2021

Stevens Creek/Shoreline Park (Mt. View), no ride

February 11, 2021

Coyote Creek (South San Jose), no ride

**March** 11, 2021

Coyote Hills-Alameda Creek (Fremont/Niles), Michael's (Mt. V) to Univ Ave/Hway 84 (Menlo Park). See above.

April 8, 2021

Foster City Bay Trail

**May** 13, 2021

Brisbane Bayshore Trail

**June** 10, 2021

Guadalupe Trail--(Alviso to San Jose)

**July** 8, 2021

Sawyer Camp Trail / San Andreas Trail

<u>August</u> 12, 2021

San Leandro-Alameda Ride

September 9, 2021

Mt. View to Alviso

<u>October</u> 14, 2021

Half Moon Bay

**November** 11, 2021

Los Gatos Creek Trail

**December** 2021 No ride

(If the weather is good, the riders may pick a ride)

Again, if you have questions, please contact Jim Lunt or Gordon Tong as per below.

**JAMES LUNT** (408) 252-6804, Cell: (408) 921-5085 **GORDON TONG** (408) 242-0557

#### **NON-RESPOSIBILITY DECLARATION:**

All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc., and its Branches do not assume any responsibility for the well-being or safety of the participants or their property, in any matters pertaining to said activities.

#### **STATE SIR TRAVEL INFORMATION**



For information on State SIR travel, go to the State SIR website listed below, and click on "Region and Area Info", click on "Resources", click on "More Information", then look for "Travel Management Information" section which has sub-links to travel agencies, bus companies, and a travel handbook. Also, one can use "Search Here" box at the base of the page using the word "travel".

#### **STATE SIR WEBSITE**

www.sirinc.org

#### **SIR BRANCH 51 NEWSLETTER**

If you have any inputs, suggestions or feedback to add or improve the newsletter, please let me know.

Also, if you wish to add material to the newsletter, inputs for the next newsletter should be submitted between the  $15^{th}$  and  $20^{th}$  of the month prior to the next newsletter.

#### **Newsletter Editor:**

Richard Jamison (650) 868-3723

## **2021 SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN**

#### **EXECUTIVE COMMITTEE**

#### **ACTIVITIES CHAIRMEN**

Big SIR: Jim Cummings	328-2168	Indoor Bowling; Bob Taggart (Br 35	) 321-2654
Little SIR: (Open)		Lawn Bowling: Don Hughes	323-9916
Secretary: Gerry Shebar	868-6124	Cycling: Jim Lunt (Br. 35)	(408) 252-6804
Asst. Secretary: Richard Jamison	868-3723	Tennis: Bill Kamin	322-4300
Treasurer: Kingsley Wood	799-8420	Golf: Kai Johansen	380-9493
Asst. Treasurer: Kevin Wheaton	485-2276	Jim Cummings	328-2168
		Travel: State SIR Travel:	www.sirinc.org
DIRECTORS		Compusir: Stanford-PA Users Grou	pwww.spaug.net
		Macintosh Users: Skip Ross	(541) 857-6224
Director: Joe Grippo	948-2130	Historian: (Open)	
Director: Sam Meredith	325-4152	, ,	
Director: Craig Carpenter	325-4152	New Board Members	
		Jeff Gardiner	561-9661
		Ray Klinke	924-0734
		Mike McMahon	493-7392

#### **ADMINISTRATIVE CHAIRMEN**

Attendance: Kingsley Wood	799-8420	Luncheon Programs: Steve Tremulis	598-9790
Audit: Sam Meredith	325-4152	Membership: Gerry Shebar	868-6124
Russ Porter	234-1212	Asst. Membership: (Open)	
Website: Gerry Shebar	868-6124	Greeter: Al Runge	592-1345
Asst. Website: Art Lewis	964-3223	Special Events: (Open)	
Newsletter: Richard Jamison	868-3723	Nominating Committee: Jim Cummings	328-2168
Good Samaritan: Bob Guffey	593-3496	Steve Tremulis	598-9790
Member Orientation: Bob Guffey	593-3496	Craig Carpente	er325-4152

All telephone numbers are in the 650 area code, except where noted differently.

All changes in address, telephone number, and e-mail address needs to be reported to the SIR Branch 51, Acting Membership Committee Chairman:

Gerry Shebar, 3345 Stockton PL., Palo Alto, CA 94303 (650) 868-6124

"All the news that fits we print"

**Anonymous**