



## General Interest

### SIR 51 Future Board Meetings

On a temporary basis, board meetings will be conducted remotely via teleconferencing with Zoom video conferencing application. Once the Coronavirus restrictions have been relaxed or removed, the board will meet in-person at our Fremont Hills Country Club. Next virtual board meeting will be held on the first Wednesday of August, the 5<sup>th</sup>, at 11:00 AM. Please start logging into the virtual meeting at 10:45 AM. For details, please contact Big SIR, Jim Cummings ([jimcumm@msn.com](mailto:jimcumm@msn.com)), or Secretary, Gerry Shebar ([gshebar@yahoo.com](mailto:gshebar@yahoo.com)).

### Important Alert for All SIR 51 Members

### SIR 51 General Membership Meeting

The Board has decided to use ZOOM for our full membership meeting as a way to meet during the current COVID-19 restrictions. Many of you may have used ZOOM video conferencing application to communicate with family and friends. If you are not familiar with ZOOM app, not to worry, it is fairly easy to use. The State SIR group has provided training information for you to review to help you become more proficient with this video application. The link to this training material is:

<https://sirinc.org/Zoom/LearningZoom.pdf>

On Wednesday, August 5<sup>th</sup> at 12:30 PM, we will meet on-line using ZOOM.

An "invitation" will be sent for the August meeting for you to click a link to join the scheduled meeting. If you have not already downloaded the app from ZOOM.us, do so well before the meeting to get familiar with application. Please start logging into the Zoom meeting at 12:15 PM so the meeting can start at 12:30 PM. You can use your computer, or a tablet, or a cell phone for use with the on-line

meeting. You will need to use your built-in camera on your computer, tablet or smartphone.

Last month's July general membership Zoom meeting was attended by 34 members and was a successful meeting. Try to join our August general membership Zoom meeting to see and talk with your fellow members. It is fun for all. Please remember to avoid your background noise or mute your sound, if necessary, while in the meeting to help the video meeting be more enjoyable for all.

### SIR 51 Website

SIR Branch 51 website provides helpful information on our activities and archives our news.

[www.sirinc2.org/branch51](http://www.sirinc2.org/branch51)

### State SIR Website

See State SIR redesigned website: [www.sirinc.org](http://www.sirinc.org)

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## ACTIVITIES



### GOLF

Golf courses are beginning to make arrangements for groups and some of our players are taking advantage of it.

We have to send playlists earlier than in the past and we cannot gather together and socialize prior to or after play. Neither the SIR higher ups, nor most of us, nor the courses want to have people join crowds.

It is important that all players post their own scores. Courses have closed up their posting kiosks so it is wise to download the NCGA posting application. The application is easy to use and for those

who have difficulty with the new-score adjusting rules you can post scores hole-by-hole and the software will make the adjustments.

See you all on the short grass soon.

Watch your e-mails to determine when our county bosses will let us play again and have lunch together. We will be paroled eventually from jail.

All of the golf courses we play require a player count 7-14 days prior to play date.

Please call or e-mail **JIM CUMMINGS** (650) 328-2168, [jimcumm@msn.com](mailto:jimcumm@msn.com), if your play or no-play commitment changes. Golf course coordinator:

**KAI JOHANSEN**

(650) 853-2493

[kai.johansen@sbcglobal.net](mailto:kai.johansen@sbcglobal.net)

**Check if the following activities are going to occur while under reduced or removed COVID-19 state, county, or municipality restrictions.**



**COMPUSIR** is a self-help Computer discussion group. Meets monthly at the PALO ALTO ELKS LODGE 4249 EL CAMINO REAL, PALO ALTO. For entry, use the announce button on the pedestal to the left of the Front door. **COMPUSIR** is now part of SPAUG (the Stanford – Palo Alto Users Group). SPAUG Meetings are still held the **SECOND WEDNESDAY** of each month at 7:00 pm. at PA Elks Lodge (address above). The meeting is upstairs (elevator available past the stairway). More information at [www.spaug.net](http://www.spaug.net).

### **MACINTOSH USERS**

Contact Skip Ross to join this e-mail group where SIR members in all branches can exchange MAC-related news, get answers to questions and share experiences.

**SKIP ROSS** (541) 857-6224

[waross@cloreach.com](mailto:waross@cloreach.com)



**INDOOR BOWLING:** (BRANCHES 5, 35 & 51) We bowl on a handicap system,

so all have an equal chance. Each season teams are revised and always have a mix of players by ability. **Tuesdays at Homestead Lanes: Homestead and Stelling in Sunnyvale from 1-3 PM.** Be there by **12.45 PM.** New bowlers are always welcome at any level of experience. If you're new, it's easier if you call me in advance so we will be prepared. Spouses, women friends are welcome – there are now 10 co-ed teams.

### **YOU CAN JOIN ANYTIME**

A ball and shoes are available at the bowling lanes. Looking for some exercise that does not rely on good weather? Indoor 10-pin bowling is a fun low-impact activity. Most SIR bowlers are surprised at how fast bowling skills come back to them after a long lay-off. Many have not bowled since they were youngsters. For more information, contact:

**TIM EASTHAM** (650) 366-2449

[wteastham@comcast.net](mailto:wteastham@comcast.net)



**LAWN BOWLING:** Tuesday,

Thursday, and Saturday at 9:30 AM at Palo Alto Lawn Bowls Club, 474 Embarcadero Road, Palo Alto. Players need to be 15 minutes early to be entered into the draw for teams. Free coaching is available for new players. Contact:

**DON HUGHES** (650) 323-9916



**TENNIS:** Our tennis group meets Mondays and Thursdays at Rinconada Park in Palo Alto. Please be there by 8:30 AM when doubles teams will be formed. Late arrivals will play as sets are completed. We play an open spin-in doubles format. Play level is about 2.5. We welcome non-SIRS, so bring a friend.

**BILL KAMIN** (650) 322-4300

[billkamin@att.net](mailto:billkamin@att.net)

### **CYCLING:**

### **SIRS ON BIKES:**

**NEW FROM LAST YEAR , SIR PROTOCOL AND MASK ARE REQUIRED**



SIR Area #16 bike rides regularly start at 11:00 AM, the 2<sup>nd</sup> Thursday of the month. Wives and guests are welcome. Bring bike, helmet and a jacket if it is windy. Rain cancels.

The SIR Branch 35 monthly bicycling is a combined activity with all SIR Branches in Area 16. The objectives of the monthly rides are to continue to promote fellowship, share experiences, get some exercise and above all, have FUN! Planned SIR rides are announced in each SIR Monthly Newsletter and by email to all interested members. We ask that all participants exhibit a positive attitude, exercise good judgment when riding such as maintaining a safe distance between riders, obeying all traffic signs and stop lights, etc.

There are 10 standard SIR bike trails - all very scenic from South San Jose to South San Francisco and from Half Moon Bay to Fremont all between 15 to 20 miles round trip on paved, level bicycle trails. Some trails will have optional 4-5 mile extensions. The riding pace is moderate between 9 to 13 mph depending on oncoming headwinds. Riding on streets is kept to a minimum. Planned rides will have short restroom/water breaks and lunch is at a known restaurant at the halfway point of the ride.

Some of the SIR bicyclists have been experimenting with establishing rides on each Thursday of the month. These rides will be more unstructured with the objective of finding new, paved and safe biking trails to add to the standard 10 SIR ride list. Some of these new trails may be outside of the Immediate Bay Area. The riding pace is a little faster depending on the riders, bike trails are new to the riders so there may be some backtracking and are not always well marked/identified so it makes for a more adventurous ride.

If you plan to ride or have questions please contact Jim Lunt or Gordon Tong as per below.

**JAMES LUNT** (408) 252-6804, Cell: (408) 921-5085  
[jamesdlunt@yahoo.com](mailto:jamesdlunt@yahoo.com)

**GORDON TONG** (408) 242-0557  
[gordy6850@gmail.com](mailto:gordy6850@gmail.com)

**According to Branch 35, the State SIR restrictions have been modified and allow cycling groups to ride. See the required restrictions listed below. Check with Jim**

**Lunt or Gordon Tong listed above for any questions or other details.**

These are the eight points that state SIR approved to re-open the bicycle activities. See protocols below:

1. For the safety of all of our riders, ride only if one is feeling 100% healthy.
2. We will designate a lead rider at the front of the group and a designated sweeper behind the last rider. All riders will stay between the designated lead and sweeper.
3. Riders must wear a biking helmet and some type of face mask. Riders are encouraged to bring a hand sanitizer because public restrooms may not always be open.
4. We will stagger riders in groups of 2-3 with the first group departing, followed by the next group of riders 2-3 minutes later and continue with this staggered process until all riders have departed.
5. Riders will ride single file and maintain a minimum 50' distance from the rider immediately in front. Riders can pass each other as long as there is a safe margin to pass.
6. When the lead rider stops for a group water or restroom break, all riders will stop and maintain a minimum 6' distance from each other.
7. Riders are encouraged to bring their lunch or order takeout food. The designated lead rider will find a suitable area to eat lunch and ensure proper social distancing.
8. Ride back to our designated ride starting point in the same manner.

**2<sup>nd</sup> Thursday, August 13<sup>th</sup> at 11:00 AM**

**Location: San Lorenzo**

**Ride:** The ride is from San Lorenzo to Oakland Airport to Bay Farm Island. It is a very scenic, bay front trail that is paved and level (including 1- 2 miles of riding through quiet residential streets) - about 22 miles round trip. We stop about half way for lunch and a little social time. The trail can get a bay breeze so please bring light windbreaker or

vest. This ride is much like the Oracle Redwood Shores ride, but on the East Bay.

**Directions:** From Silicon Valley take I-880 heading North, exit on Hesperian Blvd (about 20 miles from Mt View/Palo Alto) turning left on to Hesperian Blvd, then right on Grant Avenue and turn right into the trail parking lot (near the end of Grant).

Please open the link below to see Maps #8 and #9 which show the trail we'll be riding. At the top of Map #8 it shows where the paved trail starts at Grant Avenue in San Lorenzo.

<http://baytrail.org/get-on-the-trail/map-by-number/san-leandro-to-bay-farm-island/>

If you plan to ride or have questions, please contact Jim Lunt or Gordon Tong as listed above

### **The next ride for SIRS on Bikes**

**September:** Mt. View to Alviso Ride

#### **Cycling Schedule for 2020**

~~January, Stevens Creek/Shoreline Park (M.V.)~~

~~February, Coyote Creek (So. San Jose)~~

~~March, Coyote Hills-Alameda Creek  
(Fremont/Niles)~~

~~April, Foster City Bay Trail~~

~~May, Brisbane Bayshore Trail~~

~~June, Guadalupe Trail (Alviso to San Jose)~~

~~July, Sawyer Camp Trail/ San Andreas trail  
(new ride)~~

August, San Lorenzo-Alameda Ride

September, Mt. View to Alviso

October, Half Moon Bay

November, Los Gatos Creek Trail

December, no ride (members may call for a ride)

### **NON-RESPOSIBILITY DECLARATION:**

All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc., and its Branches do not assume any responsibility for the well-being or safety of the participants or their property, in any matters pertaining to said activities.

### **STATE SIR TRAVEL INFORMATION**



For information on State SIR travel, go to the State SIR website listed below, and click on "Region and Area Info", click on "Resources", click on "More Information", then look for "Travel Management Information" section which has sub-links to travel agencies, bus companies, and a travel handbook. Also, one can use "Search Here" box at the base of the page using the word "travel".

### **STATE SIR WEBSITE**

See redesigned website: [www.sirinc.org](http://www.sirinc.org)

### **SIR BRANCH 51 NEWSLETTER**

If you have any inputs, suggestions or feedback to add or improve the newsletter, please let me know. Also, if you wish to add material to the newsletter, inputs for the next newsletter should be submitted between the 15<sup>th</sup> and 20<sup>th</sup> of the month prior to the next newsletter.

#### **Newsletter Editor:**

Richard Jamison

(650) 868-3723

[rsjamison@aol.com](mailto:rsjamison@aol.com)

## 2020 SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN

### EXECUTIVE COMMITTEE

Big SIR: Jim Cummings 328-2168  
Little SIR: Tim Eastham 366-2449  
Secretary: Gerry Shebar 868-6124  
Asst. Secretary: Richard Jamison 868-3723  
Treasurer: Kingsley Wood 799-8420  
Asst. Treasurer: Kevin Wheaton 485-2276

### DIRECTORS

Director: Joe Grippo 948-2130  
Director: Sam Meredith 325-4152  
Director: Craig Carpenter 325-4152

### ACTIVITIES CHAIRMEN

Indoor Bowling: Tim Eastham 366-2449  
Lawn Bowling: Don Hughes 323-9916  
Cycling: Jim Lunt (Br. 35) 408-252-6804  
Tennis: Bill Kamin 322-4300  
Golf: Kai Johansen 853-2493  
Jim Cummings 328-2168  
Travel: State SIR Travel: [www.sirinc.org](http://www.sirinc.org)  
Compusir: Stanford-PA Users Group [www.spaug.net](http://www.spaug.net)  
Macintosh Users: Skip Ross 541-857-6224  
Historian:

### ADMINISTRATIVE CHAIRMEN

Attendance: Kingsley Wood 799-8420  
Audit: Sam Meredith 325-4152  
Russ Porter 234-1212  
Website: Gerry Shebar 868-6124  
Art Lewis 964-3223  
Newsletter: Richard Jamison 868-3723  
Good Samaritan: Bob Guffey 593-3496  
Member Orientation: Bob Guffey 593-3496  
Luncheon Programs: Walt McCullough 303-8194  
Membership: Tim Eastham 366-2449  
Membership Assistant: Gerry Shebar 868-6124  
Greeter: Al Runge 592-1345  
Special Events: (Open)  
Nominating Committee: Jim Cummings 328-2168  
Steve Tremulis 598-9790  
Craig Carpenter 325-4152

All telephone numbers are in the 650 area code, except where noted differently.

All changes in address, telephone number, and e-mail address needs to be reported to the SIR Branch 51,  
Membership Committee Chairman:

Tim Eastham,  
2110 Ward Way,  
Woodside, CA 94062  
(650) 366-2449  
[wteastham@comcast.net](mailto:wteastham@comcast.net)

“All the news that fits we print”

*Anonymous*