Mid-Peninsula Sons In Retirement Branch #51

Website: www.sirinc2.org/branch51

No. 527
A Non-Profit Organization
For Retired Men



June 2020 Devoted to the Promotion of Independence and Dignity of Retirement

LUNCHEON: 12 PM - FIRST WEDNESDAY - FREMONT HILLS CC, 12889 VISCAINO PL., LOS ALTOS, CA

Please Note: Next SIR
General Meeting for 3rd of
June 2020 will be a trial,
on-line meeting via Zoom
video conferencing
application. For more information
on this Zoom meeting, check within this
newsletter for details.

==*=*=*=*=*=*=*=*=

Reminder: The BBQ/picnic on June 3rd has been cancelled due to current COVID-19 restrictions. For the future, it has yet to be determined whether we will meet for the Wednesday luncheon on the 1st of July 2020. The SIR 51 board will decide and announce their decision to our fellow members through an e-mail message and this newsletter.

<u>Topic:</u> There will be no presentations until further notice

Topic Description & Speaker Biography:

There will be no speakers until we can reconvene as an in-person or video conferencing group.

Future speakers for the coming months:

Currently, speakers are on hold.

<u>June 3</u> – SIR 51 June BBQ/Picnic has been cancelled.

<u>July 1</u> – SIR 51 Luncheon to be determined,

FOR SUGGESTIONS REGARDING SPEAKERS

PLEASE CONTACT: Walt McCullough

mystkbrkr@comcast.net (650)-303-8194

==*=*=*=*=*=*=*=*=*=*=

General Interest

SIR 51 Future Board Meetings

On a temporary basis, future board meetings will be conducted remotely via teleconferencing with Zoom video conferencing application. Once the Coronavirus restrictions have been relaxed or removed, the board will meet in-person at our Fremont Hills Country Club. Next virtual board meeting will be on the first Wednesday of June, the 3rd, at 11:00 AM. For details, please contact Big SIR, Jim Cummings (jimcumm@msn.com), or Secretary, Gerry Shebar (gshebar@yahoo.com).

Important Alert for All SIR 51 Members

SIR 51 General Membership Meeting

The Board has decided to try to use ZOOM for our full membership meeting as a way to meet during the current COVID-19 restrictions. Many of you may have used ZOOM video conferencing application to communicate with family and friends. If you are not familiar with ZOOM app, not to worry, it is fairly easy to use. The State SIR group has provided training information for you to review to help you become more proficient with this video application. The link to this training material is:

https://sirinc.org/Zoom/LearningZoom.pdf

On Wednesday, June 3rd at 12:00 PM, we will meet on-line using ZOOM. This first trial ZOOM meeting will be to see how this method of meeting will work for us and gain experience with the app.

More details will follow soon and an "invitation" will be sent in time before the June meeting for you to use to join the scheduled meeting. Beforehand, you will need to download the app from ZOOM.us using your computer, or a tablet, or a cell phone for use with the on-line meeting. You will need to use your built-in camera on your computer, tablet or smartphone.

SIR 51 Website

SIR Branch 51 website provides helpful information on our activities and archives our news.

www.sirinc2.org/branch51

For the future, when we meet again inperson and if you are a late arrival for the luncheon

Please note for those who arrive to the SIR luncheon after 12:00 PM, the payment table will be closed for the lunch and speaker presentation. In order to pay for your meal, please find Kevin

Wheaton, Assistant Treasurer, to ensure you have been counted and have paid for your lunch.

Reception Table Volunteers

If we meet in July, we will need volunteers that will help register members and collect their payments for the lunch at the reception table. Please volunteer by contacting Kingsley Wood, kingsleykwood@gmail.com (650) 799-8420

And...

Our annual BBQ picnic

Our June BBQ picnic has been cancelled.

Santa Clara county, the Fremont Hills Country Club, and SIR 51 Board will decide when we can restart meeting in-person and, possibly, have our next, special social events.

Plus...

If you did not get a new 2020 Membership Roster booklet, try to remember to get your booklet at the next, to-be-determined, in-person luncheon meeting.



Craig's Current Contributions

Former Big SIR, very important guy, now sheltering in place since mid-March...no life. Played golf with Walt & Sam today...I was beaten like a rug. I hate those guys. Miss the lunches with all my pals...I'll bet you do as well.

Good Reads For Guys:

The Accidental President: Harry Truman and the Four Months That Changed the World by A.J.

Baime. Not sure if I recommended this book before but a "must read".

Diary of a Dead Man on Leave by David Downing

The Plaza: The Secret Life of America's Most Famous Hotel by Julie Satow

Travels in a Thin Country: A Journey Through Chile by Sara Wheeler

What To Watch On TV:

Dead To Me on Netflix
Fauda on Netflix
Boss with Kelsey Grammer on Amazon Prime
Wine Country on Netflix
The Big Sick on Amazon Prime

Thoughts To Ponder:

(Selfishly plagiarized from Walt & Tom Cooper who, in turn, stole these from someone else...just sayin')

"Last week I stated this woman was the ugliest woman I had ever seen. I have since been visited by her sister and now wish to withdraw that statement". **Mark Twain**

"I was married by a judge. I should have asked for a jury". **Groucho Marx**

"I have never hated a man enough to give his diamonds back". **Zsa Zsa Gabor**

"Only Irish coffee provides in a single glass all four essential food groups: alcohol, sugar, caffeine and fat". **Alex Levine**

"Until I was thirteen, I thought my name was 'shut up'". **Joe Namath**

"I don't feel old. I don't feel anything until noon. Then it's time for my nap". **Bob Hope**

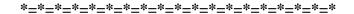
And the cardiologist's diet: - if it tastes good, spit it out.

In conclusion...

"May your troubles be less, may your blessings be more, and may nothing but happiness come through your door"

Stay safe & hope to see you all soon!

Courtesy of former Big SIR, Craig Carpenter



ACTIVITIES



GOLF

There is no organized golf at this time because all of the local courses are still not allowing any large groups because of state and county rules.

Watch your emails for any updates.

2020 Schedule (To be developed)

When we can meet to play golf again, please be at the course at least **ONE HOUR BEFORE** the first tee time.

Future Leader Board

GROSS X

Watch your e-mails to determine when our county bosses will let us play again and have lunch together. We will be paroled eventually from jail.

All of the golf courses we play require a player count 7-14 days prior to play date.

Please call or e-mail **JIM CUMMINGS** (650) 328-2168, <u>jimcumm@msn.com</u>, if your play or no-play commitment changes. Golf course coordinator:

KAI JOHANSEN

(650) 853-2493

kai.johansen@sbcglobal.net

Check if the <u>following activities</u> are going to occur while under reduced or removed COVID-19 state, county, or municipality restrictions.



<u>COMPUSIR</u> is a self-help Computer discussion group. Meets monthly at the PALO ALTO ELKS LODGE 4249 EL CAMINO

REAL, PALO ALTO. For entry, use the announce button on the pedestal to the left of the Front door. **COMPUSIR** is now part of SPAUG (the <u>S</u>tanford – <u>Palo Alto Users Group</u>). SPAUG Meetings are still held the SECOND WEDNESDAY of each month at 7:00 pm. at PA Elks Lodge (address above). The meeting is upstairs (elevator available past the stairway). More information at <u>www.spaug.net</u>.

MACINTOSH USERS

Contact Skip Ross to join this e-mail group where SIR members in all branches can exchange MAC-related news, get answers to questions and share experiences.

SKIP ROSS (541) 857-6224 waross@closereach.com



INDOOR BOWLING: (BRANCHES 5,

35 & 51) We bowl on a handicap system,

so all have an equal chance. Each season teams are revised and always have a mix of players by ability. Tuesdays at Homestead Lanes: Homestead and Stelling in Sunnyvale from 1-3 PM. Be there by 12.45 PM. New bowlers are always welcome at any level of experience. If you're new, it's easier if you call me in advance so we will be prepared. Spouses, women friends are welcome –there are now 10 co-ed teams.

YOU CAN JOIN ANYTIME

A ball & shoes are available at the bowling lanes. Looking for some exercise that does not rely on good weather? Indoor 10-pin bowling is a fun low impact activity. Most SIR bowlers are surprised at how fast bowling skills come back to them after a long lay-off. Many have not bowled since they were youngsters. For more information, contact:

TIM EASTHAM (650) 366-2449 wteastham@comcast.net

LAWN BOWLING: Tuesday,
Thursday, and Saturday at 9:30 AM at
Palo Alto Lawn Bowls Club, 474 Embarcadero Road,
Palo Alto. Players need to be 15 minutes early to be
entered into the draw for teams. Free coaching is
available for new players. Contact:

DON HUGHES (650) 323-9916

TENNIS: Our tennis group meets Mondays and Thursdays at Rinconada Park in Palo Alto. Please be there by 8:30 AM when doubles teams will be formed. Late arrivals will play as sets are completed. We play an open spin-in doubles format. Play level is about 2.5. We welcome non-SIRS, so bring a friend.

BILL KAMIN (650) 322-4300 billkamin@att.net

CYCLING:

SIRS ON BIKES:



SIR Area #16 bike rides regularly start at 11:00 AM, the 2nd Thursday of the month. Wives and guests are welcome. Bring bike, helmet and a jacket if it is windy. Rain

cancels.

The SIR Branch 35 monthly bicycling is a combined activity with all SIR Branches in Area 16. The objectives of the monthly rides are to continue to promote fellowship, share experiences, get some exercise and above all, have FUN! Planned SIR rides are announced in each SIR Monthly Newsletter and by email to all interested members. We ask that all participants exhibit a positive attitude, exercise good judgment when riding such as maintaining a safe distance between riders, obeying all traffic signs and stop lights, etc.

There are 10 standard SIR bike trails - all very scenic from South San Jose to South San Francisco and from Half Moon Bay to Fremont all between 15 to 20 miles round trip on paved, level bicycle trails. Some trails will have optional 4-5 mile extensions. The riding pace is moderate between 9 to 13 mph depending on oncoming

headwinds. Riding on streets is kept to a minimum. Planned rides will have short restroom/water breaks and lunch is at a known restaurant at the halfway point of the ride.

Some of the SIR bicyclists have been experimenting with establishing rides on each Thursday of the month. These rides will be more unstructured with the objective of finding new, paved and safe biking trails to add to the standard 10 SIR ride list. Some of these new trails may be outside of the Immediate Bay Area. The riding pace is a little faster depending on the riders, bike trails are new to the riders so there may be some backtracking and are not always well marked/identified so it makes for a more adventurous ride.

If you plan to ride or have questions please contact Jim Lunt or Gordon Tong as per below.

JAMES LUNT (408) 252-6804, Cell: (408) 921-5085 jamesdlunt@yahoo.com

GORDON TONG (408) 242-0557 gordy6850@gmail.com

According to Branch 35, the State SIR restrictions have been modified and allow cycling groups to ride. See the required restrictions listed below. Check with Jim Lunt or Gordon Tong listed above for any questions or other details.

These are the eight points that state SIR approved to re-open the bicycle activities. See protocols below:

- 1. For the safety of all of our riders, ride only if one is feeling 100% healthy.
- 2. We will designate a lead rider at the front of the group and a designated sweeper behind the last rider. All riders will stay between the designated lead and sweeper.
- 3. Riders must wear a biking helmet and some type of face mask. Riders are encouraged to bring a hand sanitizer because public restrooms may not always be open.
- 4. We will stagger riders in groups of 2-3 with the first group departing, followed by the next group of riders 2-3 minutes later and continue with this staggered process until all riders have departed.

- 5. Riders will ride single file and maintain a minimum 50' distance from the rider immediately in front. Riders can pass each other as long as there is a safe margin to pass.
- 6. When the lead rider stops for a group water or restroom break, all riders will stop and maintain a minimum 6' distance from each other.
- 7. Riders are encouraged to bring their lunch or order takeout food. The designated lead rider will find a suitable area to eat lunch and ensure proper social distancing.
- 8. Ride back to our designated ride starting point in the same manner.

2nd Thursday, June 11th at 11:00 AM

Location: Guadalupe River Trail – Alviso to Downtown San Jose

Ride: We would like to see new people come out for this ride. It is flat except for a few underpasses. Just use the bicycle you have, make sure the tires can hold air, bring a helmet, have fun with us.

We begin the ride at the trail head on Gold Street in Alviso and follow the paved trail past San Jose Mineta Airport, and on to Coleman Avenue where we will have lunch at Panera Bakery. We will return on the same route for a round trip of approximately 17 miles.

New Directions: Take Highway 101 south, to eastbound Highway 237 (toward Alviso and Milpitas). Go 2 1/2 miles and take the exit marked "Lafayette and Great America Parkway." At the intersection, turn Left on Lafayette and then immediately get into the right turn lane. The next traffic light intersection is "Gold St. Connector". Turn right. Go about ½ mile to another traffic light. This is Gold Street. Turn left, and go about ¼ mile. When you see a yellow traffic sign that warns of a "Narrow Bridge Ahead" prepare to turn right into the new Alviso Educational Center parking lot. Park there.

If you plan to ride or have questions, please contact Jim Lunt or Gordon Tong as listed above

The next ride for SIRS on Bikes

July: Sawyer Camp Trail / San Andreas Trail (new ride)

Cycling Schedule for 2020

January, Stevens Creek/Shoreline Park (M.V.) February, Coyote Creek (So. San Jose) March, Coyote Hills-AlamedaCreek (Fremont/Niles)

April, Foster City Bay Trail May, Brisbane Bayshore Trail June, Guadalupe Trail--(Alviso to San Jose) July, Sawyer Camp Trail/ San Andreas trail (new ride)

August, San Leandro-Alameda Ride September, Mt. View to Alviso October, Half Moon Bay November, Los Gatos Creek Trail December, no ride (members may call for a ride)

NON-RESPOSIBILITY DECLARATION:

All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc., and its Branches do not assume any responsibility

for the well-being or safety of the participants or their property, in any matters pertaining to said activities.

BRANCHES 5, 16, 35 & 51 TRAVEL NEWS



Numerous Trips are available through SIR statewide. Check the state publication, then click on Travel.

STATE SIR HAPPENINGS at www.sirinc.org

SIR BRANCH 51 NEWSLETTER

If you have any inputs, suggestions or feedback to add or improve the newsletter, please let me know. Also, if you wish to add material to the newsletter, inputs for the next newsletter should be submitted between the 15^{th} and 20^{th} of the month prior to the next newsletter.

Newsletter Editor:

Richard Jamison (650) 868-3723 rsjamison@aol.com

2020 SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN

EXECUTIVE COMMITTEE

Director: Craig Carpenter

ACTIVITIES CHAIRMEN

Big SIR: Jim Cummings	328-2168	Indoor Bowling; Tim Eastham	366-2449
Little SIR: Tim Eastham	366-2449	Lawn Bowling: Don Hughes	323-9916
Secretary: Gerry Shebar	868-6124	Cycling: Jim Lunt (Br. 35)	408-252-6804
Asst. Secretary: Richard Jamison	868-3723	Tennis: Bill Kamin	322-4300
Treasurer: Kingsley Wood	799-8420	Golf: Kai Johansen	853-2493
Asst. Treasurer: Kevin Wheaton	485-2276	Jim Cummings	328-2168
		Travel: State SIR Travel:	www.sirinc.org
<u>DIRECTORS</u>		Compusir: Stanford-PA Users Groupwww.spaug.net	
		Macintosh Users: Skip Ross	541-857-6224
Director: Joe Grippo	948-2130	Historian:	
Director: Sam Meredith	325-4152		

ADMINISTRATIVE CHAIRMEN

Attendance: Kingsley Wood	799-8420	Luncheon Programs: Walt McCullough	303-8194
Audit: Sam Meredith	325-4152	Membership: Tim Eastham	366-2449
Russ Porter	234-1212	Membership Assistant: Gerry Shebar	868-6124
Website: Gerry Shebar	868-6124	Greeter: Al Runge	592-1345
Art Lewis	964-3223	Special Events: (Open)	
Newsletter: Richard Jamison	868-3723	Nominating Committee: Jim Cummings	328-2168
Good Samaritan: Bob Guffey	593-3496	Steve Tremulis	598-9790
Member Orientation: Bob Guffey	593-3496	Craig Carpente	r325-4152

325-4152

All telephone numbers are in the 650 area code, except where noted differently.

All changes in address, telephone number, and e-mail address needs to be reported to the SIR Branch 51, Membership Committee Chairman:

Tim Eastham, 2110 Ward Way, Woodside, CA 94062 (650) 366-2449 wteastham@comcast.net

"All the news that fits we print"

Anonymous