

If you are a late arrival for the luncheon...

Please note for those who arrive to the SIR luncheon after 12:00 PM, the payment table will be closed for the lunch and speaker presentation. In order to pay for your meal, **please find Kevin Wheaton**, Assistant Treasurer, to ensure you have been counted and have paid for your lunch.

March's Reception Table Volunteers

March volunteers that will help register members and collect their payments for the lunch at the reception table are:

John Preston,
Chuck Steele,
Al Runge

If there are any questions regarding your receiving duties, please contact Kingsley Wood,
kingsleykwood@gmail.com
(650) 799-8420

And...

Dues are Due:

For the up-coming 2020 year, the yearly \$25 SIR Branch 51 **dues** are **due** by March 31, 2020. Don't wait and forget, get it paid early and be done with it. Fortunately, all golfers have paid their golf organization membership dues for 2020. Send your SIR dues by check or pay in-person (exact cash only) to:

Kingsley Wood, Treasurer
1009 Forest Court
Palo Alto, CA 94301
(650) 799-8420
kingsleykwood@gmail.com

Need SIR Branch 51 Special Events Coordinator

If you enjoyed our yearly BBQs and Holiday Luncheons, we need one good man to step up and **volunteer to be our Special Events Coordinator** for 2020. Here's your chance to contribute to our Branch and keep the tradition alive. Please contact Big SIR, Jim Cummings, if you can help us with these events. Our SIR's group will be thankful.

Jim Cummings,
Home: (650) 328-2168
Cell: (650) 207-3609
jimcumm@msn.com

FYI, ...

Here are three up-coming, fun events.

1) State SIR 2020 golf tournament

State SIR 2020 golf tournament is coming up. Mark Stuart, SIR State Golf Committee Chair, has announced that the tournament will be held in Napa on the 20th and 21st of April 2020. Entry fee is \$160 per person and the deadline to enter is 1st of April. Follow the links below for more detailed tournament information as well as the State SIR Golf Website.

Tournament Info and Registration Form:

<https://files.constantcontact.com/686f3f04701/37103cb6-8de2-4c3e-b16a-ad60c2de6c07.pdf>

or click on the attached file: **Golf Napa**

(n.b. The form fields to enter your information within the pdf file that is provided in the above link may not work correctly if it does not support forms. Open the file with a different viewer. Or click on the attached file listed above and use Adobe Acrobat Reader DC viewer software. That should solve the problem, but if the problem still exists, print the form, fill it in by hand, include check and mail to State Golf Committee c/o Pete Morelli.)

State SIR Golf Website:

<https://www.sirinc2.org/golf2018/>

2) **Baseball's Battle of the Bay**

Save the date, 7th of June 2020, for a SIR baseball outing coordinated by SIR State Sporting Events Committee.



The Committee has arranged for tickets for the **Battle of the Bay**, A's vs. Giants on Sunday, June 7th at 1:00 PM at the Oakland Coliseum. These events are a lot of fun as well as it is a way to get to meet fellow SIR members from different branches and to get the SIR organization known. See the link below for detailed information on this event. Cost is \$55/ticket. Deadline is 5th of May 2020. If you have any questions, please contact the chairman, Lee Moy at leehealthstudio@gmail.com, or by phone at 559-709-9851.

Battle of the Bay, A's vs. Giants link:
<https://files.constantcontact.com/686f3f04701/34ba-ca14-568a-45a5-a07a-61e273d10560.pdf>

Or see the attached file: **A_s.pdf**

3) **SIR Day at the Horse Races**



Golden Gate Fields:

11 AM, Friday, 3/27/2020,
\$ 41, Deadline 20th of March 2020
Send group check with branch number to:
Sheri Espique, GGF Group Sales Asst. Mgr,
1100 Eastshore Hwy, Berkeley, CA 94710

See the attached file:

Two Fabulous SIR Days--2020.pdf

Plus...

Corona Virus Information:

From the desk of SIR State President, Ed Benson, there is a YouTube video on the current world-wide Corona Virus threat to human health. Click the following link to watch this informative video. It is about five minutes in length of time. Share the video with your family and friends.

<https://www.youtube.com/watch?v=kIL5m5XznNY>

In addition, ...

Words of wisdom from Steve Tremulis, former Big SIR, on enjoying life as a SIR member.

"It's a great lesson to keep trying new things out of your "comfort zone" and join in on some of the

Please call or e-mail **JIM CUMMINGS** (650) 328-2168, jimcumm@msn.com, if your play or no-play commitment changes. Golf course coordinator:

KAI JOHANSEN
(650) 853-2493

kai.johansen@sbcglobal.net



COMPUSIR is a self-help Computer discussion group. Meets monthly at the PALO ALTO ELKS LODGE 4249 EL CAMINO REAL, PALO ALTO. For entry, use the announce button on the pedestal to the left of the Front door. **COMPUSIR** is now part of SPAUG (the Stanford – Palo Alto Users Group). SPAUG Meetings are still held the **SECOND WEDNESDAY** of each month at 7:00 pm. at PA Elks Lodge (address above). The meeting is upstairs (elevator available past the stairway). More information at www.spaug.net.

MACINTOSH USERS

Contact Skip Ross to join this e-mail group where SIR members in all branches can exchange MAC-related news, get answers to questions and share experiences.

SKIP ROSS (541) 857-6224
waross@closereach.com



INDOOR BOWLING: (BRANCHES 5, 35 & 51) We bowl on a handicap system, so all have an equal chance. Each season teams are revised and always have a mix of players by ability. **Tuesdays at Homestead Lanes: Homestead and Stelling in Sunnyvale from 1-3 PM.** Be there by **12.45 PM.** New bowlers are always welcome at any level of experience. If you're new, it's easier if you call me in advance so we will be prepared. Spouses, women friends are welcome –there are now 10 co-ed teams.

YOU CAN JOIN ANYTIME

A ball & shoes are available at the bowling lanes. Looking for some exercise that does not rely on good weather? Indoor 10-pin bowling is a fun low impact activity. Most SIR bowlers are surprised at how fast bowling skills come back to them after a long lay-off. Many have not bowled since they were youngsters. For more information, contact:

TIM EASTHAM (650) 366-2449
wteastham@comcast.net



LAWN BOWLING: Tuesday, Thursday, and Saturday at 9:30 AM at Palo Alto Lawn Bowls Club, 474 Embarcadero Road, Palo Alto. Players need to be 15 minutes early to be entered into the draw for teams. Free coaching is available for new players. Contact:

DON HUGHES (650) 323-9916



TENNIS: Our tennis group meets Mondays and Thursdays at Rinconada Park in Palo Alto. Please be there by 8:30 AM when doubles teams will be formed. Late arrivals will play as sets are completed. We play an open spin-in doubles format. Play level is about 2.5. We welcome non-SIRS, so bring a friend.

BILL KAMIN (650) 322-4300
billkamin@att.net

CYCLING:

SIRS ON BIKES:



SIR Area #16 **bike rides regularly start at 11:00 AM, the 2nd Thursday of the month.** Wives and guests are welcome. Bring bike, helmet and a jacket if it is windy. Rain cancels.

The SIR Branch 35 monthly bicycling is a combined activity with all SIR Branches in Area 16. The objectives of the monthly rides are to continue to promote fellowship, share experiences, get some exercise and above all, have FUN! Planned SIR rides are announced in each SIR Monthly Newsletter and by email to all interested members. We ask that all participants exhibit a positive attitude, exercise good judgment when riding such as maintaining a safe distance between riders, obeying all traffic signs and stop lights, etc.

There are 10 standard SIR bike trails - all very scenic from South San Jose to South San Francisco and from Half Moon Bay to Fremont all between 15 to 20 miles round trip on paved, level bicycle trails. Some trails will have optional 4-5 mile extensions. The riding pace is moderate between 9 to 13 mph depending on oncoming headwinds. Riding on streets is kept to a minimum. Planned rides will have short restroom/water breaks and lunch is at a known restaurant at the halfway point of the ride.

Some of the SIR bicyclists have been experimenting with establishing rides on each Thursday of the month. These rides will be more unstructured with the objective of finding new, paved and safe biking trails to add to the standard 10 SIR ride list. Some of these new trails may be outside of the Immediate Bay Area. The riding pace is a little faster depending on the riders, bike trails are new to the riders so there may be some backtracking and are not always well marked/identified so it makes for a more adventurous ride.

If you plan to ride or have questions please contact Jim Lunt or Gordon Tong as per below.

JAMES LUNT (408) 252-6804, Cell: (408) 921-5085
jamesdlunt@yahoo.com

GORDON TONG (408) 242-0557
gordy6850@gmail.com

2nd Thursday, March 12th at 11:00 AM

Coyote Hills / Alameda Creek -- Niles/Fremont

The Ride: We will begin the ride at the Coyote Hills Park and continue on the Alameda Trail to Niles where we will have lunch at a restaurant in downtown Niles. The ride is flat (at the start there are some rolling hills) and approximately 9 miles each way, with an optional loop of a scenic view of the bay that adds about one mile (a total ride of 19 miles).

Directions: Take Highway 84 across the Dumbarton Bridge past the toll booth to the first exit, which is Paseo Padre Parkway. Turn left and go one mile to Paterson Ranch Road; turn left. This is the entrance to Coyote Hills Park (there is a small sign). Go 1/2 mile to the park toll booth (\$5 per car or use your East Bay Regional Park District season pass). Continue another 1/2 mile over several speed bumps to the park office and museum; park there. If you plan to ride, or have questions, please contact James Lunt or Gordon Tong so we can know when all have arrived at the start.

The next ride for SIRS on Bikes

April: Foster City Bay Trail

Cycling Schedule for 2020

January, Stevens Creek/Shoreline Park (M.V.)
February, Coyote Creek (So. San Jose)
March, Coyote Hills-AlamedaCreek
(Fremont/Niles)
April, Foster City Bay Trail
May, Brisbane Bayshore Trail
June, Guadalupe Trail--(Alviso to San Jose)
July, Sawyer Camp Trail/ San Andreas trail
(new ride)
August, San Leandro-Alameda Ride
September, Mt. View to Alviso
October, Half Moon Bay
November, Los Gatos Creek Trail
December, no ride (members may call for a ride)

NON-RESPOSIBILITY DECLARATION:

All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc., and its Branches do not assume any responsibility for the well-being or safety of the participants or their property, in any matters pertaining to said activities.

BRANCHES 5, 16, 35 & 51 TRAVEL NEWS



Numerous Trips are available through SIR statewide. Check the state publication, then click on Travel.

STATE SIR HAPPENINGS at www.sirinc.org

SIR BRANCH 51 NEWSLETTER

If you have any inputs, suggestions or feedback to add or improve the newsletter, please let me know. Also, if you wish to add material to the newsletter, inputs for the next newsletter should be submitted between the 15th and 20th of the month prior to the next newsletter.

Newsletter Editor:

Richard Jamison

(650) 868-3723

rsjamison@aol.com

2020 SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN

EXECUTIVE COMMITTEE

Big SIR: Jim Cummings 328-2168
Little SIR: Tim Eastham 366-2449
Secretary: Gerry Shebar 868-6124
Asst. Secretary: Richard Jamison 868-3723
Treasurer: Kingsley Wood 799-8420
Asst. Treasurer: Kevin Wheaton 485-2276

DIRECTORS

Director: Joe Grippo 948-2130
Director: Sam Meredith 325-4152
Director: Craig Carpenter 325-4152

ACTIVITIES CHAIRMEN

Indoor Bowling: Tim Eastham 366-2449
Lawn Bowling: Don Hughes 323-9916
Cycling: Jim Lunt (Br. 35) 408-252-6804
Tennis: Bill Kamin 322-4300
Golf: Kai Johansen 853-2493
Jim Cummings 328-2168
Travel: State SIR Travel: www.sirinc.org
Compuser: Stanford-PA Users Group www.spaug.net
Macintosh Users: Skip Ross 541-857-6224
Historian:

ADMINISTRATIVE CHAIRMEN

Attendance: Kingsley Wood 799-8420
Audit: Sam Meredith 325-4152
Russ Porter 234-1212
Website: Gerry Shebar 868-6124
Art Lewis 964-3223
Newsletter: Richard Jamison 868-3723
Good Samaritan: Bob Guffey 593-3496
Member Orientation: Bob Guffey 593-3496
Luncheon Programs: Walt McCullough 303-8194
Membership: Tim Eastham 366-2449
Membership Assistant: Gerry Shebar 868-6124
Greeter: Al Runge 592-1345
Special Events:
Nominating Committee: Jim Cummings 328-2168
Steve Tremulis 598-9790
Craig Carpenter 325-4152

All telephone numbers are in the 650 area code, except where noted differently.

All changes in address, telephone number, and e-mail address needs to be reported to the SIR Branch 51,
Membership Committee Chairman:

Tim Eastham,
2110 Ward Way,
Woodside, CA 94062
(650) 366-2449
wteastham@comcast.net

“All the news that fits we print”

Anonymous