## Mid-Peninsula Sons In Retirement Branch #51

Website: www.sirinc2.org/branch51

No. 524
A Non-Profit Organization
For Retired Men



#### March 2020

Devoted to the Promotion of Independence and Dignity of Retirement

LUNCHEON: 12 PM - FIRST WEDNESDAY - FREMONT HILLS CC, 12889 VISCAINO PL., LOS ALTOS, CA

# Reminder: Next SIR Luncheon is on Wed, the 4th of March 2020

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For March 2020 luncheon, the speaker will be Ray Swartz, a solo bicyclist who will share his experiences on major travels while bicycling.

#### **Topic:**

## **Traveling Solo by Bicycle**

#### **Topic Description:**

Ray Swartz who has traveled throughout Europe solo on a bicycle. Ray has biked the Swiss Alps to Florence; from Bolzano to Vienna, over the Dolomites and even over the Glossglockner Pass, the highest paved pass in Austria. This an interesting talk to hear and enjoy.

#### **Speaker Biography:**

To be explained at the luncheon.

#### **Future speakers for the coming months:**

**April 1** – Adina Ardelleen - "Trade and Tariffs"

<u>May 6</u> – Jon Haveman, PhD - "Economics of Climate Change"

June 3 – SIR 51 Summer BBQ Picnic

## FOR SUGGESTIONS REGARDING SPEAKERS

## PLEASE CONTACT: Walt McCullough

mystkbrkr@comcast.net (650)-303-8194

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#### **General Interest**

#### SIR 51 Website

If you have not done so yet, check out our SIR Branch 51 website.

www.sirinc2.org/branch51

#### If you are a late arrival for the luncheon...

Please note for those who arrive to the SIR luncheon after 12:00 PM, the payment table will be closed for the lunch and speaker presentation. In order to pay for your meal, please find Kevin Wheaton, Assistant Treasurer, to ensure you have been counted and have paid for your lunch.

#### March's Reception Table Volunteers

March volunteers that will help register members and collect their payments for the lunch at the reception table are:

John Preston, Chuck Steele, Al Runge

If there are any questions regarding your receiving duties, please contact Kingsley Wood, <a href="mailto:kingsleykwood@gmail.com">kingsleykwood@gmail.com</a> (650) 799-8420

And...

#### **Dues are Due:**

For the up-coming 2020 year, the yearly \$25 SIR Branch 51 <u>dues</u> are <u>due</u> by March 31, 2020. Don't wait and forget, get it paid early and be done with it. Fortunately, all golfers have paid their golf organization membership dues for 2020. Send your SIR dues by check or pay in-person (exact cash only) to:

Kingsley Wood, Treasurer 1009 Forest Court Palo Alto, CA 94301 (650) 799-8420 kingsleykwood@gmail.com

#### **Need SIR Branch 51 Special Events Coordinator**

If you enjoyed our yearly BBQs and Holiday Luncheons, we need one good man to step up and volunteer to be our Special Events Coordinator for 2020. Here's your chance to contribute to our Branch and keep the tradition alive. Please contact Big SIR, Jim Cummings, if you can help us with these events. Our SIR's group will be thankful.

Jim Cummings,

Home: (650) 328-2168 Cell: (650) 207-3609 jimcumm@msn.com

**FYI, ...** 

#### Here are three up-coming, fun events.

#### 1) State SIR 2020 golf tournament

State SIR 2020 golf tournament is coming up. Mark Stuart, SIR State Golf Committee Chair, has announced that the tournament will be held in Napa on the 20<sup>th</sup> and 21<sup>st</sup> of April 2020. Entry fee is \$160 per person and the deadline to enter is 1<sup>st</sup> of April. Follow the links below for more detailed tournament information as well as the State SIR Golf Website.

#### **Tournament Info and Registration Form:**

 $\frac{https://files.constantcontact.com/686f3f04701/3710}{3cb6-8de2-4c3e-b16a-ad60c2de6c07.pdf}$ 

or click on the attached file: Golf Napa

(**n.b.** The form fields to enter your information within the pdf file that is provided in the above link may not work correctly if it does not support forms. Open the file with a different viewer. Or click on the attached file listed above and use Adobe Acrobat Reader DC viewer software. That should solve the problem, but if the problem still exists, print the form, fill it in by hand, include check and mail to State Golf Committee c/o Pete Morelli.)

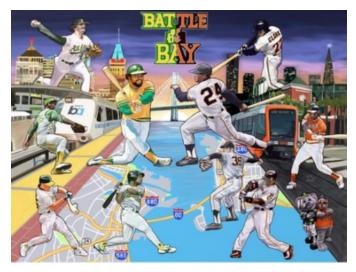
#### **State SIR Golf Website:**

https://www.sirinc2.org/golf2018/

#### 2) Baseball's Battle of the Bay

Save the date, 7<sup>th</sup> of June 2020, for a SIR baseball outing coordinated by SIR State Sporting Events Committee.





The Committee has arranged for tickets for the **Battle of the Bay**, A's vs. Giants on Sunday, June 7<sup>th</sup> at 1:00 PM at the Oakland Coliseum. These events are a lot of fun as well as it is a way to get to meet fellow SIR members from different branches and to get the SIR organization known. See the link below for detailed information on this event. Cost is \$55/ticket. Deadline is 5<sup>th</sup> of May 2020. If you have any questions, please contact the chairman, Lee Moy at <a href="leehealthstudio@gmail.com">leehealthstudio@gmail.com</a>, or by phone at 559-709-9851.

Battle of the Bay, A's vs. Giants link:

https://files.constantcontact.com/686f3f04701/34ba ca14-568a-45a5-a07a-61e273d10560.pdf

Or see the attached file: A\_s.pdf

#### 3) SIR Day at the Horse Races



#### **Golden Gate Fields:**

11 AM, Friday, 3/27/2020, \$ 41, Deadline 20<sup>th</sup> of March 2020 Send group check with branch number to: Sheri Espique, GGF Group Sales Asst. Mgr, 1100 Eastshore Hwy, Berkeley, CA 94710

See the attached file:

Two Fabulous SIR Days--2020.pdf

Plus...

#### **Corona Virus Information:**

From the desk of SIR State President, Ed Benson, there is a YouTube video on the current world-wide Corona Virus threat to human health. Click the following link to watch this informative video. It is about five minutes in length of time. Share the video with your family and friends.

https://www.youtube.com/watch?v=kIL5m5XznNY

In addition, ...

Words of wisdom from Steve Tremulis, former Big SIR, on enjoying life as a SIR member.

"It's a great lesson to keep trying new things out of your "comfort zone" and join in on some of the many other activities that SIR offers to its members. You never know, you might just find a new skill that had been hiding all these years!"



### **Craig's Current Contributions**

Former Big SIR, important guy, big shot. Now seeking new knee advice from Kevin Wheaton, dental advice from Jim Cunningham, legal advice from Sam Meredith, putting advice from Aaron, plagiarizing jokes from Dave Mason, Walt McCullough, Tom Cooper & Bob Guffey.

#### Thoughts on What To Watch on TV

The Sinner
Outsider
Narcos: Mexico
Fleabag
Mindhunter
Succession

#### **At The Movies**

*Emma* - chick flick but your wife will love you *Parasite* - some guys I've talked to loved it (Jim Cunningham). Others, not so much. It got Best Picture though at the Oscars.

#### **Good Reads For Guys**

One Good Deed by David Baldacci
The Tattooist of Auschwitz by Heather Morris
Before We Were Yours by Lisa Wingate
Little Fires Everywhere by Celeste Ng

#### **Thoughts To Ponder**

(courtesy of Bob Guffey, Tom Cooper, & Walt McCullough)

Growing old should have taken longer.

"In style" are the clothes that still fit.

Lately, you've noticed people your age are so much older than you.

"One for the road" means peeing before you leave the house. There are two ways of arguing with a woman. Neither one works.

I thought the dryer made my clothes shrink. Turns out it was the refrigerator.

Exercise makes you look better naked. So does alcohol. Your choice.

I visited a monastery and as I walked past the kitchen, I saw a man frying chips. I asked him "Are you the friar?" He replied, "no, I'm the chip monk".

Hey guys...bring a friend to our next SIR meeting on March 4th. Let's boost our membership back above 100! The surroundings are great, the food is excellent, the speakers rock & you know male bonding is good for you. Do your part to keep SIR 51 successful!

Courtesy of former Big SIR, Craig Carpenter



#### **ACTIVITIES**



#### **GOLF** Two Month Schedule:

<u>MARCH</u>			<u>APRIL</u>		
03	TUE	Poplar Creek	10:00	08 Wed Moffett Field	10:00
11	Wed	Spring Valley	10:00	15 Wed Sunnyvale	10:00
18	Wed	Shoreline	10:00	22 Wed Los Lagos	10:00
25	Wed	San Jose Muny	10:00	29 Wed Poplar Creek	10:00
31	TUE	Crustal Springs	10:00		

## PLEASE BE AT THE COURSE AT LEAST <u>ONE HOUR</u> BEFORE THE FIRST TEE TIME.

#### **JANUARY Leader Board**

<b>GROSS</b>	<u>NET</u>	
1-Steve Tremulis	80 1-Rob Harrell	63
2-Ned Miller	83 2-Gerry Shebar	64
3-Ray Klinke	84 3-Kai Johansen	65
4-Jeff Gardiner	86 4-Bob Guffey	66
5-Jim Cummings	88 Ned Miller	66
6-Gerry Shebar	90 6-Greg Schaem	67
7-Mike McMahon	92 Jeff Kaufman	67
Kai Johansen	92 Mike McMahon	67

All of the golf courses we play require a player count 7-14 days prior to play date.

Please call or e-mail **JIM CUMMINGS** (650) 328-2168, jimcumm@msn.com, if your play or no-play commitment changes. Golf course coordinator:

#### KAI JOHANSEN

(650) 853-2493

kai.johansen@sbcglobal.net



**COMPUSIR** is a self-help Computer discussion group. Meets monthly at the PALO ALTO ELKS LODGE 4249 EL CAMINO

REAL, PALO ALTO. For entry, use the announce button on the pedestal to the left of the Front door. **COMPUSIR** is now part of SPAUG (the Stanford – Palo Alto Users Group). SPAUG Meetings are still held the SECOND WEDNESDAY of each month at 7:00 pm. at PA Elks Lodge (address above). The meeting is upstairs (elevator available past the stairway). More information at www.spaug.net.

#### **MACINTOSH USERS**

Contact Skip Ross to join this e-mail group where SIR members in all branches can exchange MAC-related news, get answers to questions and share experiences.

SKIP ROSS (541) 857-6224 waross@closereach.com



#### **INDOOR BOWLING: (BRANCHES 5,** 35 & 51) We bowl on a handicap system,

so all have an equal chance. Each season teams are revised and always have a mix of players by ability. Tuesdays at Homestead Lanes: Homestead and Stelling in Sunnyvale from 1-3 PM. Be there by 12.45 PM. New bowlers are always welcome at any level of experience. If you're new, it's easier if you call me in advance so we will be prepared. Spouses, women friends are welcome –there are now 10 co-ed teams.

#### YOU CAN JOIN ANYTIME

A ball & shoes are available at the bowling lanes. Looking for some exercise that does not rely on good weather? Indoor 10-pin bowling is a fun low impact activity. Most SIR bowlers are surprised at how fast bowling skills come back to them after a long lay-off. Many have not bowled since they were youngsters. For more information, contact:

TIM EASTHAM (650) 366-2449

wteastham@comcast.net

BOWLING LAWN BOWLING: Tuesday, Thursday, and Saturday at 9:30 AM at

Palo Alto Lawn Bowls Club, 474 Embarcadero Road. Palo Alto. Players need to be 15 minutes early to be entered into the draw for teams. Free coaching is available for new players. Contact:

**DON HUGHES** (650) 323-9916



**TENNIS:** Our tennis group meets Mondays and Thursdays at Rinconada Park in Palo Alto. Please be there by 8:30 AM when doubles teams will be formed. Late arrivals will play as

sets are completed. We play an open spin-in doubles format. Play level is about 2.5. We welcome non-SIRS, so bring a friend.

> BILL KAMIN (650) 322-4300 billkamin@att.net

#### **CYCLING:**

#### SIRS ON BIKES:



SIR Area #16 bike rides regularly start at 11:00 AM, the 2<sup>nd</sup> Thursday of the month. Wives and guests are welcome. Bring bike, helmet and a jacket if it is windy. Rain

cancels.

The SIR Branch 35 monthly bicycling is a combined activity with all SIR Branches in Area 16. The objectives of the monthly rides are to continue to promote fellowship, share experiences, get some exercise and above all, have FUN! Planned SIR rides are announced in each SIR Monthly Newsletter and by email to all interested members. We ask that all participants exhibit a positive attitude, exercise good judgment when riding such as maintaining a safe distance between riders, obeying all traffic signs and stop lights, etc.

There are 10 standard SIR bike trails - all very scenic from South San Jose to South San Francisco and from Half Moon Bay to Fremont all between 15 to 20 miles round trip on paved, level bicycle trails. Some trails will have optional 4-5 mile extensions. The riding pace is moderate between 9 to 13 mph depending on oncoming headwinds. Riding on streets is kept to a minimum. Planned rides will have short restroom/water breaks and lunch is at a known restaurant at the halfway point of the ride.

Some of the SIR bicyclists have been experimenting with establishing rides on each Thursday of the month. These rides will be more unstructured with the objective of finding new, paved and safe biking trails to add to the standard 10 SIR ride list. Some of these new trails may be outside of the Immediate Bay Area. The riding pace is a little faster depending on the riders, bike trails are new to the riders so there may be some backtracking and are not always well marked/identified so it makes for a more adventurous ride.

If you plan to ride or have questions please contact Jim Lunt or Gordon Tong as per below.

**JAMES LUNT** (408) 252-6804, Cell: (408) 921-5085 <a href="mailto:jamesdlunt@yahoo.com">jamesdlunt@yahoo.com</a>

GORDON TONG (408) 242-0557 gordy6850@gmail.com

#### 2<sup>nd</sup> Thursday, March 12<sup>th</sup> at 11:00 AM

#### Coyote Hills / Alameda Creek -- Niles/Fremont

<u>The Ride:</u> We will begin the ride at the Coyote Hills Park and continue on the Alameda Trail to Niles where we will have lunch at a restaurant in downtown Niles. The ride is flat (at the start there are some rolling hills) and approximately 9 miles each way, with an optional loop of a scenic view of the bay that adds about one mile (a total ride of 19 miles).

**Directions:** Take Highway 84 across the Dumbarton Bridge past the toll booth to the first exit, which is Paseo Padre Parkway. Turn left and go one mile to Paterson Ranch Road; turn left. This is the entrance to Coyote Hills Park (there is a small sign). Go 1/2 mile to the park toll booth (\$5 per car or use your East Bay Regional Park District season pass). Continue another 1/2 mile over several speed bumps to the park office and museum; park there. If you plan to ride, or have questions, please contact James Lunt or Gordon Tong so we can know when all have arrived at the start.

#### The next ride for SIRS on Bikes

**April:** Foster City Bay Trail

#### **Cycling Schedule for 2020**

January, Stevens Creek/Shoreline Park (M.V.) February, Coyote Creek (So. San Jose) March, Coyote Hills-AlamedaCreek (Fremont/Niles)

April, Foster City Bay Trail May, Brisbane Bayshore Trail June, Guadalupe Trail--(Alviso to San Jose) July, Sawyer Camp Trail/ San Andreas trail (new ride)

August, San Leandro-Alameda Ride September, Mt. View to Alviso October, Half Moon Bay November, Los Gatos Creek Trail December, no ride (members may call for a ride)

#### NON-RESPOSIBILITY DECLARATION:

All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc., and its Branches do not assume any responsibility for the well-being or safety of the participants or their property, in any matters pertaining to said activities.

#### BRANCHES 5, 16, 35 & 51 TRAVEL NEWS



Numerous Trips are available through SIR statewide. Check the state publication, then click on Travel.

STATE SIR HAPPENINGS at www.sirinc.org

#### **SIR BRANCH 51 NEWSLETTER**

If you have any inputs, suggestions or feedback to add or improve the newsletter, please let me know. Also, if you wish to add material to the newsletter, inputs for the next newsletter should be submitted between the  $15^{\text{th}}$  and  $20^{\text{th}}$  of the month prior to the next newsletter.

**Newsletter Editor:** 

Richard Jamison (650) 868-3723 rsjamison@aol.com

#### 2020 SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN

#### **EXECUTIVE COMMITTEE**

#### **ACTIVITIES CHAIRMEN**

	Big SIR: Jim Cummings	328-2168	Indoor Bowling; Tim Eastham	366-2449	
	Little SIR: Tim Eastham	366-2449	Lawn Bowling: Don Hughes	323-9916	
	Secretary: Gerry Shebar	868-6124	Cycling: Jim Lunt (Br. 35)	408-252-6804	
	Asst. Secretary: Richard Jamison	868-3723	Tennis: Bill Kamin	322-4300	
	Treasurer: Kingsley Wood	799-8420	Golf: Kai Johansen	853-2493	
	Asst. Treasurer: Kevin Wheaton	485-2276	Jim Cummings	328-2168	
			Travel: State SIR Travel:	www.sirinc.org	
DIRECTORS			Compusir: Stanford-PA Users Groupwww.spaug.net		
			Macintosh Users: Skip Ross	541-857-6224	
	Director: Joe Grippo	948-2130	Historian:		
	Director: Sam Meredith	325-4152			
	Director: Craig Carpenter	325-4152			

#### **ADMINISTRATIVE CHAIRMEN**

Attendance: Kingsley Wood Audit: Sam Meredith	799-8420 325-4152	Luncheon Programs: Walt McCullough Membership: Tim Eastham	303-8194 366-2449
Russ Porter	234-1212	Membership Assistant: Gerry Shebar	868-6124
Website: Gerry Shebar	868-6124	Greeter: Al Runge	592-1345
Art Lewis	964-3223	Special Events:	
Newsletter: Richard Jamison	868-3723	Nominating Committee: Jim Cummings	328-2168
Good Samaritan: Bob Guffey	593-3496	Steve Tremulis	598-9790
Member Orientation: Bob Guffey	593-3496	Craig Carpente	r325-4152

All telephone numbers are in the 650 area code, except where noted differently.

All changes in address, telephone number, and e-mail address needs to be reported to the SIR Branch 51, Membership Committee Chairman:

Tim Eastham, 2110 Ward Way, Woodside, CA 94062 (650) 366-2449 wteastham@comcast.net

"All the news that fits we print"

Anonymous