

Stelling in Sunnyvale from 1-3 PM. Be there by **12.45 PM.** New bowlers are always welcome at any level of experience. If you're new, it's easier if you call me in advance so we will be prepared. **Spouses, women friends, are welcome –there are now 10 co-ed teams.**

YOU CAN JOIN ANYTIME

A ball & shoes are available at the bowling lanes. Looking for some exercise that does not rely on good weather? Indoor 10-pin bowling is a fun low impact activity. Most SIR bowlers are surprised at how fast bowling skills come back to them after a long lay-off. Many have not bowled since they were youngsters. For more information, contact:

TIM EASTHAM (650) 366-2449
wteastham@comcast.net



LAWN BOWLING: Tuesday, Thursday, and Saturday at 9:30 AM at Palo Alto Lawn Bowls Club, 474 Embarcadero Road, Palo Alto. Players need to be 15 minutes early to be entered into the draw for teams. Free coaching is available for new players. Contact:

DON HUGHES (650) 323-9916



TENNIS: Our tennis group meets Mondays and Thursdays at Rinconada Park in Palo Alto. Please be there by 8:30 AM when doubles teams will be formed. Late arrivals will play as sets are completed. We play an open spin-in doubles format. Play level is about 2.5. We welcome non-SIRS, so bring a friend.

BILL KAMIN (650) 322-4300
billkamin@att.net

CYCLING:

SIRS ON BIKES:



SIR Area #16 **bike rides regularly start at 11:00 AM, the 2nd Thursday of the month.** Wives and guests are welcome. Bring bike, helmet and a jacket if it is windy. Rain cancels.

The SIR Branch 35 monthly bicycling is a combined activity with all SIR Branches in Area 16. The objectives of the monthly rides are to continue to promote fellowship, share experiences, get some exercise and above all, have FUN! Planned SIR rides are announced

in each SIR Monthly Newsletter and by email to all interested members. We ask that all participants exhibit a positive attitude, exercise good judgment when riding such as maintaining a safe distance between riders, obeying all traffic signs and stop lights, etc.

There are 10 standard SIR bike trails - all very scenic from South San Jose to South San Francisco and from Half Moon Bay to Fremont all between 15 to 20 miles round trip on paved, level bicycle trails. Some trails will have optional 4-5 mile extensions. The riding pace is moderate between 9 to 13 mph depending on oncoming headwinds. Riding on streets is kept to a minimum. Planned rides will have short restroom/water breaks and lunch is at a known restaurant at the halfway point of the ride.

Some of the SIR bicyclists have been experimenting with establishing rides on each Thursday of the month. These rides will be more unstructured with the objective of finding new, paved and safe biking trails to add to the standard 10 SIR ride list. Some of these new trails may be outside of the Immediate Bay Area. The riding pace is a little faster depending on the riders, bike trails are new to the riders so there may be some backtracking and are not always well marked/identified so it makes for a more adventurous ride.

If you plan to ride or have questions please contact Jim Lunt or Gordon Tong as per below.

JAMES LUNT (408) 252-6804, Cell: (408) 921-5085
jamesdlunt@yahoo.com

GORDON TONG (408) 242-0557
gordy6850@gmail.com

2nd Thursday, February 13th at 11:00 AM

Coyote Creek Trail (South San Jose)

Ride: We will ride the Coyote Creek Trail starting from the Wyndham Garden Hotel at 399 Silicon Valley Rd., San Jose. The ride will be about 6 miles to the Coyote Creek Golf Course. We will go past the golf course another 3 miles to a model airplane launching site, then double back to the golf course club house for lunch. After lunch we will ride back to the hotel parking lot for a total of 18 flat miles, round trip. For those who want a shorter ride, they may omit the ride to the airplane site, thus reducing the round trip to 6 miles.

Directions: The Wyndham Garden Hotel is located south of San Jose, one block east of highway 101 and just north of the highway 101/ 85 interchange. The directions are the same whether coming on highway 101 or 85: Take the Bernal Rd. exit. Turn left on Bernal Rd., which becomes Silicon Valley Blvd. after crossing under 101. Turn left on Rue Ferrari Rd., the service road next to the hotel, and park in the hotel parking lot behind the furthest hotel building on the right.

This is the new **cycling events' master list for 2020**. It may change as the year goes by, so the final word is in the month's newsletter and the reminder the weekend before the Thursday ride.

Cycling Schedule for 2020

January, Stevens Creek/Shoreline Park (M.V.)
February, Coyote Creek (So. San Jose)
March, Coyote Hills-AlamedaCreek
(Fremont/Niles)
April, Foster City Bay Trail
May, Brisbane Bayshore Trail
June, Guadalupe Trail--(Alviso to San Jose)
July, Sawyer Camp Trail/ San Andreas trail
(new ride)
August, San Leandro-Alameda Ride
September, Mt. View to Alviso
October, Half Moon Bay
November, Los Gatos Creek Trail
December, no ride (members may call for a ride)

NON-RESPOSIBILITY DECLARATION:

All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc., and its Branches do not assume any responsibility for the well-being or safety of the participants or their property, in any matters pertaining to said activities.

BRANCHES 5, 16, 35 & 51 TRAVEL NEWS



Numerous Trips are available through SIR statewide. Check the state publication, then click on Travel.

STATE SIR HAPPENINGS at www.sirinc.org

SIR BRANCH 51 NEWSLETTER

If you have any inputs, suggestions or feedback to add or improve the newsletter, please let me know.

Newsletter Editor:
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rsjamison@aol.com

2020 SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN

EXECUTIVE COMMITTEE

Big SIR: Jim Cummings 328-2168
Little SIR: Tim Eastham 366-2449
Secretary: Gerry Shebar 868-6124
Asst. Secretary: Richard Jamison 868-3723
Treasurer: Kingsley Wood 799-8420
Asst. Treasurer: Kevin Wheaton 485-2276

DIRECTORS

Director: Joe Grippo 948-2130
Director: Sam Meredith 325-4152
Director: Craig Carpenter 325-4152

ACTIVITIES CHAIRMEN

Indoor Bowling: Tim Eastham 366-2449
Lawn Bowling: Don Hughes 323-9916
Cycling: Jim Lunt (Br. 35) 408-252-6804
Tennis: Bill Kamin 322-4300
Golf: Kai Johansen 853-2493
Jim Cummings 328-2168
Travel: State SIR Travel: www.sirinc.org
Compuser: Stanford-PA Users Group www.spaug.net
Macintosh Users: Skip Ross 541-857-6224
Historian:

ADMINISTRATIVE CHAIRMEN

Attendance: Kingsley Wood 799-8420
Audit: Sam Meredith 325-4152
Russ Porter 234-1212
Website: Gerry Shebar 868-6124
Art Lewis 964-3223
Newsletter: Richard Jamison 868-3723
Good Samaritan: Bob Guffey 593-3496
Member Orientation: Bob Guffey 593-3496
Luncheon Programs: Walt McCullough 303-8194
Membership: Tim Eastham 366-2449
Membership Assistant: Gerry Shebar 868-6124
Greeter: Al Runge 592-1345
Special Events:
Nominating Committee: Jim Cummings 328-2168
Steve Tremulis 598-9790
Craig Carpenter 325-4152

All telephone numbers are in the 650 area code, except where noted differently.

All changes in address, telephone number, and e-mail address needs to be reported to the SIR Branch 51,
Membership Committee Chairman:

Tim Eastham,
2110 Ward Way,
Woodside, CA 94062
(650) 366-2449
wteastham@comcast.net

“All the news that fits we print”

Anonymous