

experience. If you're new, it's easier if you call me in advance so we will be prepared. Spouses, women friends, are welcome –there are now 10 co-ed teams.

YOU CAN JOIN ANYTIME

A ball & shoes are available at the bowling lanes. Looking for some exercise that does not rely on good weather? Indoor 10-pin bowling is a fun low impact activity. Most SIR bowlers are surprised at how fast bowling skills come back to them after a long lay-off. Many have not bowled since they were youngsters. For more information, contact:

TIM EASTHAM (650) 366-2449
weastham@comcast.net



LAWN BOWLING: Tuesday, Thursday, and Saturday at 9:30 AM at

Palo Alto Lawn Bowls Club, 474 Embarcadero Road, Palo Alto. Players need to be 15 minutes early to be entered into the draw for teams. Free coaching is available for new players. Contact:

DON HUGHES (650) 323-9916



TENNIS: Our tennis group meets Mondays and Thursdays at Rinconada Park in Palo Alto. Please be there by 8:30 AM when doubles teams will be formed. Late arrivals will play as sets are completed. We play an open spin-in doubles format. Play level is about 2.5. We welcome non-SIRS, so bring a friend.

BILL KAMIN (650) 322-4300
billkamin@att.net

CYCLING:

SIRS ON BIKES:



SIR Area #16 bike rides regularly start at 11:00 AM, the 2nd Thursday of the month. Wives and guests are welcome. Bring bike, helmet and a jacket if it is windy.

The SIR Branch 35 monthly bicycling is a combined activity with all SIR Branches in Area 16. The objectives of the monthly rides are to continue to promote fellowship, share experiences, get some exercise and above all, have FUN! Planned SIR rides are announced

in each SIR Monthly Newsletter and by email to all interested members. The rides are on the 2nd Thursday of each month. Wives and guest are welcome. All that a bicyclist needs are a bike, bicycling helmet, and a jacket or vest, if it is windy. Rain will cancel the planned ride. We ask that all participants exhibit a positive attitude, exercise good judgment when riding such as maintaining a safe distance between riders, obeying all traffic signs and stop lights, etc. If you plan to ride or have questions please contact Jim Lunt or Gordon Tong as per below.

JAMES LUNT (408) 252-6804, Cell: (408) 921-5085
jamesdlunt@yahoo.com

GORDON TONG (408) 242-0557
gordy6850@gmail.com

2nd Thursday, October 10, 2019, 11:00 AM

Wives and guests welcome
Rain cancels
Helmet required

Half Moon Bay/Pillar Point

Ride Location: We will ride the paved flat trail along the ocean shore for about 6.5 miles from Poplar beach, located south of Half Moon Bay, to Pillar Point, to just past the town of Princeton. (Sometimes we go along the airport road to another place to eat. This adds about 5 more miles to the total). We will return by the same trail back for a total ride of about 18 miles.

Ride Directions: Take I-280 north approximately 15 miles to Highway 92, then take the exit to Half Moon Bay. Continue on Highway 92 about 10 miles to the intersection with Highway 1, turn left. Go about one mile to Poplar St., turn right. Go to the end of Poplar St and park in the Poplar Beach parking lot, near the port-a-johns. Parking there will have a fee, so some find parking on the streets near the beach parking. Driving time is about 45 minutes. It may be windy and cold, so be sure to bring a wind breaker and gloves to wear. Or, it may be a lovely sunny day.

This ride can be ridden on a road bike, but there is packed gravel and some prefer a wider tire bike.

If you plan to ride or have questions, please reply to James Lunt as above or Gordon Tong (408) 242- 0557 or at gordy6850@gmail.com

Next month Ride: We have ten rides and we have ridden each one, so in November we repeat one of the rides. Best guess is the Foster City.

NON-RESPOSIBILITY DECLARATION:

All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc., and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

BRANCHES 5, 16, 35 & 51 TRAVEL NEWS



Numerous Trips are available through SIR statewide. Check the state publication, then click on Travel.

SIR HAPPENINGS at www.sirinc.org

SIR BRANCH 51 NEWSLETTER

If you have any inputs, suggestions or feedback to add or improve the newsletter, please let me know.

Newsletter Editor:

Richard Jamison

(650) 868-3723

rsjamison@aol.com

SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN

EXECUTIVE COMMITTEE

Big SIR: Steve Tremulis 598-9790
Little SIR: Jim Cummings 328-2168
Secretary: Gerry Shebar 868-6124
Treasurer: Kingsley Wood 799-8420
Asst. Treasurer: Kevin Wheaton 485-2276

Director: Joe Grippo 9482130
Director: Jim Cummings 328-2168
Director: Walt McCullough 328-2442
Director: Kingsley Wood 799-8420

ACTIVITIES CHAIRMEN

Indoor Bowling: Tim Eastham 366-2449
Lawn Bowling: Don Hughes 323-9916
Cycling: Jim Lunt (Br. 35) 408-252-6804
Compusir:
Golf: Kai Johansen 853-2493
Jim Cummings 328-2168
Tennis: Bill Kamin 322-4300
Travel:
Historian:

ADMINISTRATIVE CHAIRMEN

Attendance: Kingsley Wood 799-8420
Audit:
Newsletter: Richard Jamison 868-3723
Website: Gerry Shebar 868-6124
Art Lewis 964-3223
Good Samaritan: Bob Guffey 593-3496
Member Orientation: Bob Guffey 593-3496
Greeters: Al Runge 592-1345

Luncheon Coordinator:
Luncheon Programs: Walt McCullough 303-8194
Membership: Tim Eastham 366-2449
Membership Assistant: Gerry Shebar 868-6124
Nominating Committee: Rick McLain 408-629-8170
Sam Meredith 325-4152
Special Events: Jim Dreyer 776-8149

All telephone numbers are in the 650 area code, except where noted differently.

All changes in address, telephone number, and e-mail address must be reported to the SIR Branch 51,
Membership Committee Chairman:

Tim Eastham,
2110 Ward Way,
Woodside, CA 94062
(650) 366-2449
wteastham@comcast.net

All the news that fits we print

Anonymous