

# Mid-Peninsula Sons In Retirement Branch #51

Website: [www.sirinc2.org/branch51](http://www.sirinc2.org/branch51)

NO. 517  
A non-Profit Organization  
For Retired Men



AUGUST 2019  
Devoted to the  
Promotion of Independence and  
Dignity of Retirement

LUNCHEON: 12 PM – FIRST WEDNESDAY – FREMONT HILLS CC, 12889 VISCAINO PL., LOS ALTOS, CA

**Next SIR Luncheon is on  
1<sup>st</sup> Wednesday, August 7<sup>th</sup>**

\*\_\*\*

**For our August luncheon, the speaker will be Jenny Claytool who will speak about her work for Stanford University as Director of Championships.**

### **Biographical Background:**

Jenny Claypool is in her 29th year in the Stanford Athletics Department, and 19th year as Director of Championships, coordinating and managing all conference and NCAA events hosted by Stanford. Since assuming the position in September 2000, Jenny has hosted over 200 post-season events in 28 of Stanford's 36 varsity sports, including several national championships in men's gymnastics, men's & women's tennis (including first-ever combined event in 2006), men's volleyball, men's water polo, and women's water polo (including first-ever NCAA championship in 2001).

In 2018-19, Stanford hosted 21 events (the most ever), including Pac-12 Cross Country Championships, NCAA Men's Water Polo Championship, NCAA Women's Basketball First & Second Rounds, NCAA Women's Water Polo Championship, and NCAA Men's Golf Regionals.

Originally from the Bay Area, Jenny earned her bachelor's degree from Smith College in 1988 and a master's degree in Sport Management from the University of Massachusetts at Amherst in 1990.

\*\_\*\*

**For September luncheon, the speaker will be Chester Santos who will speak on human memory.**

### **Topic:**

### **Memory Fun 101 Memory Training for Everyone**

Memory is absolutely fundamental to learning, so improving one's memory has a profound positive impact on one's career and personal life. In this fun and entertaining presentation, U.S. Memory Champion, Chester Santos, will teach attendees the basics of memory improvement. Attendees will learn a number of memory boosting methods that will exercise their imagination and awaken their creativity. Participants will be shown how to utilize both sides of their brain in order to make information stick and become unforgettable. Attendees will participate in enjoyable exercises and will actually be able to feel their memory ability improving throughout the presentation. Everyone will leave this interactive session with sharper minds and a solid foundation in exercises and techniques that will benefit them for the rest of their lives.

**Don't forget to show up for this talk!**

## FOR SUGGESTIONS REGARDING SPEAKERS

**PLEASE CONTACT:**

**Walt McCullough**  
[mystkbrkr@comcast.net](mailto:mystkbrkr@comcast.net)  
(650)-303-8194

\*\_\*\*

## Help is needed at SIR 51

**We need a group (4-6) of rotating volunteers to staff the reception table to help register members and collect their payments for the lunch.**

**To volunteer, please contact either:**

**Kingsley Wood,**  
[kingsleykwood@gmail.com](mailto:kingsleykwood@gmail.com)

**Steve Tremulis,**  
[autogx@aol.com](mailto:autogx@aol.com)

**Jim Cummings**  
[jimcumm@msn.com](mailto:jimcumm@msn.com)

\*\_\*\*

## SIR Board News

**For the board members, going forward, the board has agreed to start the monthly meeting at 11:00 AM.**

\*\_\*\*

## General Interest

**If you have not noticed, SIR Branch 51 has a new website address:**

[www.sirinc2.org/branch51](http://www.sirinc2.org/branch51)

\*\_\*\*

## Musings From A Former Big SIR

(Craig Carpenter)

Used to be important. Not so much now.  
Sam Meredith's tennis partner  
Len Gabrielson's Uber driver  
Aaron Matityahu's caddie (only carries 3 clubs)  
John Perumattam "wanna be" for his golfing skills!  
Permanently sequestered just outside the men's room at table 17...alone.

### On Netflix:

Armistead Maupin's Tales of the city...set in San Francisco  
River...a moody British thriller  
Friends From College  
Life in the Doghouse  
Girlfriends' Guide to Divorce  
Fauda...set in Israel  
Ozark

### On HBO:

Big Little Lies  
Date Night (my wife & I watched this the other night...you will laugh out loud)

### On Amazon:

Billion Dollar Bully...a documentary exposing Yelp.  
Fleabag...12 episodes  
Forever

### At the movies:

Yesterday...both the male & female leads are engaging.  
Pavarotti (my wife loved it)

### Books for guys:

The Lost Girls of Paris  
Unscripted...Ernie Johnson, Jr., popular host of TNT's Inside the NBA  
The Great Halifax Explosion...1917 WWI explosion brought the US & Canada together  
Run Away by Harlan Coben  
Sea Stories: My life in special operations by William McRaven (courtesy Mike McMahan)  
Midway by Mitsuo Fuchida...an excellent narrative from the view of the Japanese Navy.  
If you dislike Trump:

"The Threat: How the FBI Protects America in the Age of Terror & Trump" by Andrew McCabe  
"A Higher Loyalty: Truth, Lies & Leadership" by James Comey  
If you like Trump:  
"The Case for Trump" by Victor Davis Hanson  
All three are good reads with slightly different takes. 🧐

**Miscellaneous:**

The relatively new movie theater at California & San Antonio in Mountain View is "IKON Showplace". Join their club (for free) & you get \$7 movies on Mondays & \$6 movies on Tuesdays WITH a free bag of popcorn when you purchase your tickets online. You can also have drinks & dinner if you choose as they have a bar & restaurant. What a deal! Google will tear down the movie theater at Shoreline & 101 so this will be our best bet.

**One Liners for SIR Guys:**

Patience: what you have when there are too many witnesses  
I look at people and sometimes I think...really?  
That's the sperm that won?  
My decision-making skills closely resemble those of a squirrel when crossing the road.  
Arguing with a woman is like reading the software license agreement. In the end you have to ignore everything and click "I agree".  
If a woman says "first of all" during an argument run away, because she has prepared research, data, charts, and will destroy you.

**OK guys, do this for the old Craigster...bring yourself AND a guest to our next SIR luncheon on August 7th! Our SIR Branch will only prosper with your involvement.**

\*\_\*\*

**ACTIVITIES**



**GOLF: Two Month Schedule:**

**AUGUST**

**SEPTEMBER**

06 <b>TUE</b> Sunnyvale 10:00	03 <b>TUE</b> Spring Valley 10:00
14 Wed Los Lagos 10:00	11 Wed Poplar Creek <b>10:15</b>
21 Wed Poppy Hills 10:00	18 Wed Shoreline 10:00
28 Wed Moffett Field 10:00	25 Wed Santa Clara 10:00

**PLEASE BE AT THE COURSE AT LEAST ONE HOUR BEFORE THE FIRST TEE TIME.**

**JUNE Leader Board**

<u>GROSS</u>		<u>NET</u>	
1-Steve Tremulis	80	1-Vic Para	62
2-Ray Klinke	84	2-Gerry Shebar	65
3-Jim Cummings	88	Ray Klinke	65
4-Gerry Shebar	89	4-Mike McMahon	68
5-Dick Taylor	90	Jeff Kaufman	68
6-Wayne Kullander	92	Jim Cummings	68
Craig Carpenter	92	Kai Johansen	68

All of the golf courses we play require a player count 7-14 days prior to play date.

Please call or e-mail **JIM CUMMINGS** (650) 328-2168, [jimcumm@msn.com](mailto:jimcumm@msn.com), if your play or no-play commitment changes. Golf course coordinator:

**KAI JOHANSEN**  
(650) 853-2493

[kai.johansen@sbcglobal.net](mailto:kai.johansen@sbcglobal.net)

**HOLE-IN-ONE CELEBRATION:**


July 9 will forever be remembered by one of our Branch 51 golfers as the day he got his first ever hole-in-one, one of the rarest shots in golf. It's been estimated that the odds of achieving a hole-in-one is 12,500 to 1.

All that went out the window when John Perumattam stepped onto the tee box on the 115-yard par 3, 7th hole at Moffett Field last Tuesday. John chose his 7-iron for the shot and struck it squarely. The shot had a low, penetrating trajectory that hit 20 yards in front of the severely sloping green and after two short hops, released onto the green towards the back-hole location. The ball tracked several feet to the right of the pin as it made its way back, all the while inching closer towards the pin. Still moving fairly quickly, the ball appeared to miss the pin completely but still managed to squarely hit the back of the cup, bounced straight up several inches and then came to rest at the bottom of the cup! It would be John's first hole-in-one! Congratulations, John, and hopefully just the first of many more!

(Comments and photos courtesy of Big SIR, Steve Tremulis)





 **COMPUSIR** is a self-help Computer discussion group. Meets monthly at the PALO ALTO ELKS LODGE 4249 EL CAMINO REAL, PALO ALTO. For entry, use the announce button on the pedestal to the left of the Front door. **COMPUSIR** is now part of SPAUG (the Palo Alto – Stanford User Group). SPAUG Meetings are still held the **SECOND WEDNESDAY** of each month at 7:00 pm. at PA Elks Lodge (address above). The meeting is upstairs (elevator available past the stairway). **More information at [www.spaug.net](http://www.spaug.net).**

### **MACINTOSH USERS**

Contact Skip Ross to join this e-mail group where SIR members in all branches can exchange MAC-related news, get answers to questions and share experiences.

**SKIP ROSS** (541) 857-6224  
[waross@closereach.com](mailto:waross@closereach.com)



**INDOOR BOWLING:** (BRANCHES 5, 35 & 51) We bowl on a handicap system, so all have an equal chance. Each season teams are revised and always have a mix of players by ability. **Tuesdays at Homestead Lanes: Homestead and Stelling in Sunnyvale from 1-3 PM. Be there by 12.45 PM. New bowlers are always welcome at any level of experience.** If you're new, it's easier if you call me in advance so we will be prepared. **Spouses, women friends, are welcome –there are now 10 co-ed teams.**

### **YOU CAN JOIN ANYTIME**

A ball & shoes are available at the bowling lanes. Looking for some exercise that does not rely on good weather? Indoor 10-pin bowling is a fun low impact activity. Most SIR bowlers are surprised at how fast bowling skills come back to them after a long lay-off. Many have not bowled since they were youngsters. For more information, contact:

**TIM EASTHAM** (650) 366-2449





**LAWN BOWLING:** Tuesday, Thursday, and Saturday at 9:30 AM at Palo Alto Lawn Bowls Club, 474 Embarcadero Road, Palo Alto. Players need to be 15 minutes early to be entered into the draw for teams. Free coaching is available for new players. Contact:

**DON HUGHES** (650) 323-9916



**TENNIS:** Our tennis group meets Mondays and Thursdays at Rinconada Park in Palo Alto. Please be there by 8:30 AM when doubles teams will be formed. Late arrivals will play as sets are completed. We play an open spin-in doubles format. Play level is about 2.5. We welcome non-SIRS, so bring a friend.

**BILL KAMIN** (650) 322-4300

**CYCLING:**

**SIRS ON BIKES:**



SIR Area #16 bike rides regularly start at 11:00 AM, the 2<sup>nd</sup> Thursday of the month. Wives and guests are welcome. Bring bike, helmet and a jacket if it is windy.

The SIR Branch 35 monthly bicycling is a combined activity with all SIR Branches in Area 16. The objectives of the monthly rides are to continue to promote fellowship, share experiences, get some exercise and above all, have FUN! Planned SIR rides are announced in each SIR Monthly Newsletter and by email to all interested members. The rides are on the 2<sup>nd</sup> Thursday of each month. Wives and guest are welcome. All that a bicyclist needs are a bike, bicycling helmet, and a jacket or vest, if it is windy. Rain will cancel the planned ride. We ask that all participants exhibit a positive attitude, exercise good judgment when riding such as maintaining a safe distance between riders, obeying all traffic signs and stop lights, etc. If you plan to ride or have questions please contact Jim Lunt or Gordon Tong as per below.

**JAMES LUNT** (408) 252-6804, Cell: (408) 921-5085  
[jamesdlunt@yahoo.com](mailto:jamesdlunt@yahoo.com)

**GORDON TONG** (408) 242-0557  
[gordy6850@gmail.com](mailto:gordy6850@gmail.com)

**2<sup>nd</sup> Thursday—August 8, 2019, 11:00 AM**

Wives and guests welcome  
Rain cancels  
Helmet required

**SAN LORENZO RIDE:**

About 22 miles round trip.

The ride is from San Lorenzo to Oakland Airport to Bay Farm Island. It is very scenic, bay-front trail that is paved and mostly level. We do ride about one to two miles through quiet residential streets. We stop about half way for lunch and a little social time. The trail can get a little breeze so please bring light windbreaker or vest. This ride is much like the Oracle Redwood Shores ride, but on the East Bay.

**Driving Directions:**

From Silicon Valley take I-880 heading North, exit on Hesperian Blvd (about 20 miles from Mt View/Palo Alto) turning left on to Hesperian Blvd, then right on Grant Avenue and turn right into the trail parking lot. (This is almost at the end of Grant Ave.) I believe the address is 2639 Grant Ave.

To Ride or for Information contact me as above or Gordon Tong at [gordy6850@gmail.com](mailto:gordy6850@gmail.com).

Let us know if you are coming so we can wait for you (traffic may take a little time).

If you plan to ride or have questions, please reply to James Lunt as above or Gordon Tong (408) 242-0557 or at [gordy6850@gmail.com](mailto:gordy6850@gmail.com)

**Next month:** September, Mt. View to Alviso

**NON-RESPOSIBILITY DECLARATION:**

All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc., and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

## BRANCHES 5, 16, 35 & 51 TRAVEL NEWS

Numerous Trips are available through SIR statewide.  
Check the state publication, then click on Travel.

SIR HAPPENINGS at [www.sirinc.org](http://www.sirinc.org)



## SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN

### EXECUTIVE COMMITTEE

Big SIR: Steve Tremulis	598-9790
Little SIR: Jim Cummings	328-2168
Secretary: Gerry Shebar	868-6124
Treasurer: Kingsley Wood	799-8420
Asst. Treasurer: Kevin Wheaton	485-2276
Director: Joe Grippo	9482130
Director: Jim Cummings	328-2168
Director: Walt McCullough	328-2442
Director: Kingsley Wood	799-8420

### ACTIVITIES CHAIRMEN

Indoor Bowling: Tim Eastham	366-2449
Lawn Bowling: Don Hughes	323-9916
Cycling: Jim Lunt (Br. 35)	408-252-6804
Compusir:	
Golf: Kai Johansen	853-2493
Jim Cummings	328-2168
Tennis: Bill Kamin	322-4300
Travel:	
Historian:	

### ADMINISTRATIVE CHAIRMEN

Attendance: Kingsley Wood	799-8420	Luncheon Coordinator: Erv Ericksen	369-3873
Audit: Don Hughes	323-9916	Luncheon Programs: Walt McCullough	303-8194
Newsletter: Richard Jamison	868-3723	Membership: Tim Eastham	366-2449
Website: Gerry Shebar	868-6124	Membership Assistant: Gerry Shebar	868-6124
Art Lewis	964-3223	Nominating Committee: Rick McLain	408-629-8170
Good Samaritan: Bob Guffey	593-3496	Sam Meredith	325-4152
Member Orientation: Bob Guffey	593-3496	Special Events: Jim Dreyer	776-8149
Greeters: Erv Erickson	369-3873		
Al Runge	592-1345		

All telephone numbers are in the 650 area code, except where noted differently.

All changes in address, telephone number, and e-mail address must be reported to the SIR Branch 51,  
Membership Committee Chairman:

Tim Eastham,  
2110 Ward Way,  
Woodside, CA 94062  
(650) 366-2449  
[wteastham@comcast.net](mailto:wteastham@comcast.net)

"All the news that fits we print"  
(anonymous)