MID-PENINSULA SONS IN RETIREMENT BRANCH #51

Website: www.sirinc2.org/branch51

NO. 516 A non-Profit Organization For Retired Men



JULY 2019 Devoted to the promotion of independence and Dignity of retirement

LUNCHEON: 12 PM - FIRST WEDNESDAY - FREMONT HILLS CC, 12889 VISCAINO PL., LOS ALTOS, CA

Next SIR Luncheon is on second Wed., July 10th, not on the first Wed., July 3rd

Speaker for Wednesday, 10th July 2019:

Gisela Zebroski

Her topic: The Berlin Air Lift and I

Gisela Zebroski, the author of the Books "The Baroness" and "Mephisto Waltz", was born in Latvia. At the outbreak of WW II the family was evacuated to Poland. They fled West when the Soviets broke through the German lines to escape their wrath. In Austria she was saved by a British officer who had only occupied the Alpine village where they hid out from the bombs. The "enemy" took her in his jeep to the distant hospital so that her infected appendix could be removed. From then on she loved everything "English." It took nine years before she could get on a boat to America which has been her homeland ever since.

FOR SUGGESTIONS REGARDING SPEAKERS

PLEASE CONTACT: Walt McCullough (650)-303-8194 *_*_*_*_*_*_*_*_*_*_*_*_*_*_*_*_*_*_*_*

SIR Men's Health Survey

We have a request from SIR State President, Ed Benson, for SIR members to help survey members' health on a voluntary and confidential basis. Survey deadline is July 6th. See Ed Benson's e-mail message of 12th of June 2019 for information about the survey. Link:

https://ucsf.co1.qualtrics.com/jfe/form/SV_d0XN kbPAKgTKet7

Craig's Current Contributions

(former Big SIR, used to be an important guy, now relegated to table 24 by the coffee urn, near the Men's Room, aspires to be a Greeter at Walmart)

Good Reads For Guys:

"The Sports Gene" by David Epstein, inside the science of extraordinary athletic performance.

"The only woman in the room" by Marie Benedict, Hedy Kiesler is lucky. She gets out of Austria & lands in Hollywood where she becomes Hedy Lamarr, screen star. She has two secrets...she is Jewish and a brilliant scientist with an idea that can help her new country win the war...if only someone will listen to her. **"The Storm Over Paris"** by William Ian Grubman. A Jewish family in 1942 in Nazioccupied Paris & their efforts to dangerously defy & survive Nazi-rule.

On Netflix:

Designated Survivor with Kiefer Sutherland What/If with Renee Zellweger Friends From College Dead To Me

On TV:

"The Good Fight" on CBS

Thoughts To Ponder:

"I'd kill for a Nobel Peace Prize"

"Half the people you know are below average" "A clear conscience is usually the sign of a bad memory"

"The early bird may get the worm, but the second mouse gets the cheese"

"You can tell whether a man is clever by his answers. You can tell whether a man is smart by his questions."

"It's ok if you disagree with me. I can't force you to be right". Attributed to Sam Meredith.

"Arguing with a fool proves there are two".

"Patience: what you have when there are too many witnesses".

"If you like me, then raise your hand. If not then raise your standard".

At The Movies:

If you are an Elton John fan...see "Rocketman". My wife & I both enjoyed it. If you are not an Elton John fan, don't see it. It's all about Elton John.

Late Night with Emma Thompson...go as a couple...your wife will be happy with you.

Pavarotti...the life & times of the world-famous tenor, Luciano Pavarotti. The best stories are told by fellow tenors Placido Domingo, Jose Carreras & several sopranos with whom he sang. A Ron Howard directed film. Lovers of a good opera and a good story will enjoy this paean to a unique life.

The Spy Behind Home Plate...Moe Berg was a journeyman catcher for five major league baseball teams in the 1920's and 1930's. But he was a lot more than that. He graduated from Princeton and then Columbia Law School. He spoke a dozen languages, was incredibly smart, disciplined and worked as a spy for the United States government during World War II. This documentary is a treat. Hard to find but find it and enjoy.

On Broadway, NYC:

Ain't Too Proud...the music of the Temptations is celebrated in this musical that follows the group's ups and downs over 60 years. A Tony winner. At the Imperial Theater in NYC. My wife will see the production this Summer.

On Amazon:

Bosch The Americans Mozart In The Jungle Marvelous Mrs. Maisel

For the next SIR luncheon, please bring a friend to help us grow and prosper. ♪ *=*=*=*=*=*=*=*=*=*=*=*=*=*=*=*=*=*=*

June BBQ Summary

Our annual Summer BBQ was held on June 6 at the Fremont Hills Club. We had 48 attendees who enjoyed the delicious ribs, chicken and sides served on a very pleasant day poolside. I had many people tell me they really enjoyed the BBQ and the opportunity to meet spouses and guests that accompany our members.

Jim Dreyer, Special Events

ACTIVITIES



GOLF: Two Month Schedule:

AUGUST

03 Wed Poplar Creek 10:15 09 TUE Moffett Field 10:00 17 Wed Spring Valley 10:00 24 Wed Santa Clara 10:00 31 Wed Crystal Springs10:00

JULY

06 TUE Spring Valley 10:00 14 Wed Los Lagos 10:00 21 Wed Poppy Hills 10:00 28 Wed Moffett Field 10:00

PLEASE BE AT THE COURSE AT LEAST ONE HOUR **BEFORE THE FIRST TEE TIME.**

MAY Leader Board

GROSS	<u>NET</u>	
1-Steve Tremulis	79 1-Tom Kramer	65
2-Phil Maresca	84 2-Jim Stanford	67
3-Jim Stanford	88 Kai Johansen	67
4-Kingsley Wood	89 4-Mike McMahon	69
5-Tom Kramer	90 Vic Para	69
6-Kai Johansen	94 6-Ron Rosenfeld	70
Mike McMahon	94	
8-Ron Rosenfeld	95	

All of the golf courses we play require a player count 7-14 days prior to play date.

Please call or e-mail JIM CUMMINGS (650) 328-2168 if your play or no-play commitment changes.

KAI JOHANSEN (650) 853-2493

COMPUSIR is a self-help Computer discussion group. Meets monthly at the PALO ALTO ELKS LODGE 4249 EL CAMINO REAL, PALO ALTO. For entry, use the announce button on the pedestal to the left of the Front door. COMPUSIR is now part of SPAUG (the Palo Alto -Stanford Users Group). SPAUG Meetings are still held the SECOND WEDNESDAY of each month at 7:00 pm. at PA Elks Lodge (address above). The meeting is upstairs (elevator available past the stairway). **More** information at www.spaug.net.

MACINTOSH USERS

Contact Skip Ross to join this e-mail group where SIR members in all branches can exchange MAC-related news, get answers to questions and share experiences.

> SKIP ROSS (541) 857-6224 waross@closereach.com



INDOOR BOWLING: (BRANCHES 5,

35 & 51) We bowl on a handicap system. so all have an equal chance. Each season teams are revised and always have a mix of players by ability. **Tuesdays at Homestead Lanes: Homestead and** Stelling in Sunnyvale from 1-3 PM. Be there by 12.45 **PM**. New bowlers are always welcome at any level of experience. If you're new, it's easier if you call me in advance so we will be prepared. Spouses, women friends, are welcome –there are now 10 co-ed teams.

YOU CAN JOIN ANYTIME

A ball & shoes are available at the bowling lanes. Looking for some exercise that does not rely on good weather? Indoor 10-pin bowling is a fun low impact activity. Most SIR bowlers are surprised at how fast bowling skills come back to them after a long lay-off. Many have not bowled since they were youngsters. For more information, contact:

TIM EASTHAM (650) 366-2449



LAWN BOWLING: Tuesday,

Thursday, and Saturday at 9:30 AM at Palo Alto Lawn Bowls Club, 474 Embarcadero Road, Palo Alto. Players need to be 15 minutes early to be entered into the draw for teams. Free coaching is available for new players. Contact:

DON HUGHES (650) 323-9916



so bring a friend.

TENNIS: Our tennis group meets Mondays and Thursdays at Rinconada Park in Palo Alto. Please be there by 8:30 AM when doubles teams will be formed. Late arrivals will play as sets are completed. We play an open spin-in doubles format. Play level is about 2.5. We welcome non-SIRS,

BILL KAMIN (650) 322-4300

CYCLING:

SIRS ON BIKES:



SIR Area #16 bike rides regularly start at 11:00 AM, the 2^{nd} Thursday of the month. Wives and guests are welcome. Bring bike, helmet and a jacket if it is windy.

The SIR Branch 35 monthly bicycling is a combined activity with all SIR Branches in Area 16. The objectives of the monthly rides are to continue to promote fellowship, share experiences, get some exercise and above all, have FUN! Planned SIR rides are announced in each SIR Monthly Newsletter and by email to all interested members. The rides are on the 2nd Thursday of each month. Wives and guest are welcome. All that a bicyclist needs are a bike, bicycling helmet, and a jacket or vest, if it is windy. Rain will cancel the planned ride. We ask that all participants exhibit a positive attitude, exercise good judgment when riding such as maintaining a safe distance between riders, obeying all traffic signs and stop lights, etc. If you plan to ride or have questions please contact Jim Lunt or Gordon Tong as per below.

JAMES LUNT (408) 252-6804, Cell: (408) 921-5085 jamesdlunt@yahoo.com

GORDON TONG (408) 242-0557 gordy6850@gmail.com

2Nd Thursday—July 11, 2019, 11:00 AM

Wives and guests welcome Rain cancels Helmet required

Los Gatos Creek Trail

<u>The Ride:</u> We will ride the rolling Los Gatos Creek Trail for about 7.5 miles from Blackford School to the town of Los Gatos for lunch. Then, ride back for a total of 15 miles.

<u>Directions:</u> Go South on I-280 (past Highway 17) to Meridian (South); turn right. Go to Willow Street (the third stoplight); turn right. Take Willow Street until it dead-ends at Blackford Elementary School. Parking is available in the school parking lot and on neighborhood streets.

If you plan to ride or have questions, please reply to James Lunt as above or Gordon Tong (408) 242-0557 or at <u>gordy6850@gmail.com</u>

The next two months:

AugustSan Lorenzo - AlamedaSeptemberMt. View to Alviso

To ride or for info, contact me or Gordon Tong (see above)

NON-RESPOSIBILITY DECLARATION:

All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc., and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

BRANCHES 5, 16, 35 & 51 TRAVEL NEWS



Numerous Trips are available through SIR statewide. Check the state publication SIR HAPPENINGS at <u>www.sirinc.org</u> then click on Travel.

SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN

EXECUTIVE COMMITTEE

Al Runge

ACTIVITIES CHAIRMEN

Big Sir: Steve Tremulis Little Sir: Jim Cummings Secretary: Gerry Shebar Treasurer: Kingsley Wood	598-9790 328-2168 868-6124 799-8420	Lawn Bowling: Don Hughes	366-2449 323-9916 408-252-6804
Asst. Treasurer: Kevin Wheaton	485-2276	•	853-2493
			328-2168
		Tennis: Bill Kamin	322-4300
Director: Joe Grippo	9482130	Travel:	
Director: Jim Cummings	328-2168	Historian:	
Director: Walt McCullough	328-2442		
Director: Kingsley Wood	799-8420		
	ADN	IINISTRATIVE CHAIRMEN	
Attendance: Kingsley Wood	799-8420	Luncheon Coordinator: Erv Ericksen	369-3873
Audit: Don Hughes	323-9916	Luncheon Programs: Walt McCullou	gh 303-8194
Newsletter: Richard Jamison	868-3723	Membership: Tim Eastham	366-2449
Website: Gerry Shebar	868-6124	Membership Assistant: Gerry Sheba	r 868-6124
Art Lewis	964-3223	Nominating Committee: Rick McLain	408-629-8170
Good Samaritan: Bob Guffey	593-3496	Sam Mered	ith 325-4152
Member Orientation: Bob Guffey Greeters: Erv Erickson	593-3496 369-3873	Special Events: Jim Dreyer	776-8149

592-1345

All changes in address, telephone number, and e-mail address must be reported to the SIR Branch 51, Membership Committee Chairman: Tim Eastham, 2110 Ward Way, Woodside, CA 94062 (650) 366-2449