

NO. 511
A non-Profit Organization
For Retired Men



February 2019
Devoted to the
promotion of independence and
Dignity of retirement

LUNCHEON-12 NOON - FIRST WEDNESDAY - FREMONT HILLS CC, 12889 VISCAINO PL. LOS ALTOS

Monthly Luncheon
February 6th, 2019

Speaker: Kris Zavoli

**My Father's Escape From Occupied
France Via The Comet Line**

In WW II Kris's father's plane was shot down over France near the Belgian border.

She will tell us how he escaped by train, bus, bicycle and finally by hiking the Pyrenees from France into Spain.

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BIG SIR Thoughts
Steve Tremulis

Happy New Year to one and all and welcome to winter!

As we clean up and recover from the year-end holiday season spent with family and friends, it's all too easy to start the new year down in the doldrums when the days are shorter, colder and wetter. But even though there are fewer and fewer opportunities to spend quality time in the great outdoors, that doesn't mean there aren't some great indoor activities that can still be enjoyed.

Bowling and chess are just a couple of the activities that are available to SIR members that don't depend on the weather. Additionally, as a SIR member, you are invited to participate in any of the goings-on throughout the statewide SIR system.

There are travel outings to the Giants and A's games, bus and train trips to Reno or Las Vegas, an Alaskan cruise planned for this August, and even river cruises in Europe and other worldwide destinations.

The best place to find out about all the statewide activities available to you is online at: www.sirinc.org.

So as we start the new year, make it a point to get out and try at least one new activity. Even if your usual outdoor plans cancel, there are still plenty of interesting and fun things to enjoy through the SIR network and it's the best remedy to cure those winter blues. ----Steve Tremulis

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My Two Cents
Craig Carpenter

Old Chinese Proverbs:
"Wise husband is one who thinks twice before saying nothing".

Retirement = twice the husband, half the money.

Movies to see:
On The Basis Of Sex...my wife & I both enjoyed this movie.
A Star Is Born...Lady Gaga is wonderful.
The Upside...just in theaters now.

On Netflix:
GLOW...I enjoy it...my wife doesn't like.
Ozark...ditto the above.
Better Call Saul...ditto the above
Breaking Bad...ditto the above. You may be watching the above four by yourself.
Bodyguard...British & very good.
The Great British Baking Show

On Amazon:
Mozart in the Jungle...very good.
Bosch...LA cop.
Catastrophe...bad language but interesting.

More Yogi Quotes:
How can you hit & think at the same time? (Could have been Len Gabrielson who said this...I'm not sure)
It a'int the heat, it's the humility.

activity. . Most SIR bowlers are surprised at how fast bowling skills come back to them after a long lay-off. Many have not bowled since they were youngsters. Contact TIM EASTHAM (650-366-2449) for more information.



Thursday at 9:30. SATURDAYS are at 9:30 Experienced players need to be there 15 minutes early to be entered into the draw for teams. FREE COACHING IS AVAILABLE FOR NEW PLAYERS.

Don Hughes (323-9916)



TENNIS: Our tennis group meets Mondays and Thursdays at Rinconada Park in Palo Alto. Please be there by 8:30 AM when doubles teams will be formed. Later arrivals will play as sets are completed. We play an open spin-in doubles format. Play level is about 2.5. We welcome non-SIRS so bring a friend.

Bill Kamin (322-4300)

SIRS ON BIKES: SIR Area #16 bike



rides regularly start at 11:00 AM the 2nd Thursday of the month. **WIVES AND GUESTS ARE WELCOME.** Bring bike, helmet and a jacket if it is windy.

2nd Thursday— February 14,2019 11:00 AM

Coyote Creek Trail (South San Jose)

Ride: We will ride the Coyote Creek Trail starting from the Four Wyndham Garden Hotel at 399 Silicon Valley Rd, San Jose. The ride will be about 6 miles to the Coyote Creek Golf Course. We will go past the golf course another 3 miles to a model airplane launching site, then double back to the golf course club house for lunch. After lunch we will ride back to the hotel parking lot for a total of 18 flat miles, round trip. For those who want a shorter ride, they may omit the ride to the airplane site, thus reducing the round trip to 6 miles.

Directions: The Wyndham Garden Hotel is located south of San Jose, one block east of highway 101 and just north of the highway 101/ 85 interchange. The directions are the same whether coming on highway 101 or 85: Take the Bernal Rd. exit. Turn left on Bernal Rd., which becomes Silicon Valley Blvd after crossing under 101. Turn left on Rue Ferrari Rd., the service road next to the hotel, and park in the hotel parking lot behind the furthest hotel building on the right.

If you plan to ride or have questions, contact James Lunt---jamesdlunt@yahoo.com---, or contact Gordon Tong----gordy6850@gmail.com---

RAIN WILL CANCEL. Attendance averages 10-15 riders. More are welcome. Rides are planned to be 15-20 miles on paved bicycle trails (so that almost any type of bike is usable) with some optional ride distances. The pace is moderate and riding on streets is kept to minimum and includes a restaurant lunch break. Participants should exercise good judgment such as maintaining a safe distance between riders, obeying all signs and stoplights etc.

Let us know if you are coming so we can wait for you (the traffic may take a little time).

SECOND THURSDAY-EACH MONTH

To ride or for info, contact Jim Lunt (408) 252-6804, jamesdlunt@yahoo.com or Gordon Tong at (408) 242-0557, gordy6850@gmail.com

NON RESPOSIBILITY DECLARATION: All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc., and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

BRANCHES 5, 16, 35 & 51 TRAVEL NEWS



Numerous Trips are available through SIR statewide. Check the state publication SIR HAPPENINGS at www.sirinc.org then click on Travel.

All changes in address and/or telephone number must be reported to the Membership Committee Chairman:
Tim Eastham, 2110 Ward Way, Woodside, Ca 94062 (650-366-2449)

SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN

EXECUTIVE COMMITTEE

Big Sir: Steve Tremulis	598-9790
Little Sir: Jim Cummings	328-2168
Secretary: Gerry Shebar	868-6124
Treasurer: Kingsley Wood	799-8420
Director: Joe Grippo	9482130
Director: Jim Cummings	328-2168
Director: Walt McCullough	328-2442
Director: Kingsley Wood	799-8420

ACTIVITIES CHAIRMEN

Bowling, Indoor: Tim Eastham	366-2449
Lawn Bowling: Don Hughes	323-9916
Bicycling: Jim Lunt (Br. 35)	408-252-6804
Compusir:	
Golf: Kai Johansen	853-2493
Jim Cummings	328-2168
Tennis: Bill Kamin	322-4300
Travel:	
Investing: Bob Guffey	593-3496

ADMINISTRATIVE CHAIRMEN

Attendance: Marc Cohen	961-4882	Luncheon Coordinator: Erv Ericksen	369-3873
Audit: Don Hughes	323-9916	Luncheon Programs: Walt McCullough	303-8194
Newsletter: Marc Cohen	961-4882	Membership: Tim Eastham	366-2449
Website: Marc Cohen	961-4882	Assistant: Gerry Shebar	868-612
Gerry Shebar	868-6124		
Good Samaritan: Bob Guffey	593-3496	Nominating Committee: Rick McLain	408-629-8170
New Member Orientation: Bob Guffey	593-3496	Sam Meredith	325-4152
Greeters: Al Runge	592-1345	Special Events: Jim Dreyer	776-8149
Erv Ericksen	369-3873		
Historian:			