

revised and always have a mix of players by ability. **Tuesdays at Homestead Lanes: Homestead and Stelling in Sunnyvale from 1-3 PM.** Be there by **12.45.** N. New bowlers are always welcome at any level of experience. If you're new, it's easier if you call me in advance so we will be prepared. **Spouses and girl friends are welcome –there are now 10 co-ed teams.**

YOU CAN JOIN ANYTIME.

A ball & shoes are available at the bowling lanes. Looking for some exercise that does not rely on good weather? Indoor 10-pin bowling is a fun low impact activity. . Most SIR bowlers are surprised at how fast bowling skills come back to them after a long lay-off. Many have not bowled since they were youngsters. Contact TIM EASTHAM (650-366-2449) for more information.



Thursday at 9:30. SATURDAYS are at 9:30 Experienced players need to be there 15 minutes early to be entered into the draw for teams. **FREE COACHING IS AVAILABLE FOR NEW PLAYERS.**

Don Hughes (323-9916)



TENNIS: Our tennis group meets Mondays and Thursdays at Rinconada Park in Palo Alto. Please be there by 8 AM when doubles teams will be formed. Later arrivals will play as sets are completed. We play an open spin-in doubles format. Play level is about 2.5. We welcome non-SIRS so bring a friend.

Bill Kamin (322-4300)

SIRS ON BIKES: SIR Area #16 bike

rides regularly start at 11:00 AM the **2nd Thursday of the month.** **WIVES AND GUESTS ARE WELCOME.** **Bring bike, helmet and a jacket if it is windy.** **RAIN WILL CANCEL.** Attendance averages 10-15 riders. More are welcome. Rides are planned to be 15-20 miles on paved bicycle trails (so that almost any type of bike is usable) with some optional ride distances. The pace is moderate and riding on streets is kept to minimum and includes a restaurant lunch break. Participants should exercise good judgment



such as maintaining a safe distance between riders, obeying all signs and stoplights etc.

Let us know if you are coming so we can wait for you (the traffic may take a little time).

SECOND THURSDAY-EACH MONTH **COME RIDE WITH US**

2nd Thursday, January 10, 2019, 11:00 AM

Stevens Creek Trail & Shoreline Park (Mt. View)

Ride: We will ride a flat 14-mile round-trip to Michael's Restaurant in Shoreline Park, plus an optional 5-mile loop to the Palo Alto Duck Pond, near the Palo Alto Airport (a total ride of 19 miles). Lunch will be at Michael's.

Directions: Meet at the south end of the Stevens Creek bike path at the corner of Sleeper Ave. and Franklin Ave. From Palo Alto, go south on El Camino, to Grant Rd.; turn right. The first street past the 3rd traffic signal is Sleeper Ave.; turn left. Go 8 blocks to the end of Sleeper Ave. to a small park. Park your car along the curb.

To ride or for info, contact Jim Lunt (408) 252-6804, jamesdlunt@yahoo.com or Gordon Tong at (408) 242-0557, gordy6850@gmail.com

NON RESPONSIBILITY DECLARATION: All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc., and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

BRANCHES 5, 16, 35 & 51 TRAVEL NEWS



Numerous Trips are available through SIR statewide. Check the state publication SIR HAPPENINGS at www.sirinc.org then click on Travel.

- All changes in address and/or telephone number must be reported to the Membership Committee
Chairman: Tim Eastham, 2110 Ward Way, Woodside, Ca 94062 (650-366-2449)

SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN

EXECUTIVE COMMITTEE

Big Sir: Steve Tremulis	598-9790
Little Sir: Jim Cummings	328-2168
Secretary: Gerry Shebar	868-6124
Treasurer: Kingsley Wood	799-8420

Director: Joe Grippio	9482130
Director: Jim Cummings	328-2168
Director: Walt McCullough	328-2442
Director: Kingsley Wood	799-8420

ACTIVITIES CHAIRMEN

Bowling, Indoor: Tim Eastham	366-2449
Lawn Bowling: Don Hughes	323-9916
Bicycling: Jim Lunt (Br. 35)	408-252-6804
Compusir:	
Golf: Kai Johansen	853-2493
Jim Cummings	328-2168
Tennis: Bill Kamin	322-4300
Travel:	
Investing: Bob Guffey	593-3496

ADMINISTRATIVE CHAIRMEN

Attendance: Marc Cohen	961-4882
Audit: Don Hughes	323-9916
Newsletter: Marc Cohen	961-4882
Website: Marc Cohen	961-4882
Gerry Shebar	868-6124
Good Samaritan: Bob Guffey	593-3496
New Member Orientation: Bob Guffey	593-3496
Greeters: Al Runge	592-1345
Erv Ericksen	369-3873
Historian:	

Luncheon Coordinator: Erv Ericksen	369-3873
Luncheon Programs: Walt McCullough	303-8194
Membership: Tim Eastham	366-2449
Assistant: Gerry Shebar	868-612
Nominating Committee: Rick McLain	408-629-8170
Sam Meredith	325-4152
Special Events: Jim Dreyer	776-8149