

NO. 505
A non-Profit Organization
For Retired Men



AUGUST 2018
Devoted to the
promotion of independence and
Dignity of retirement

LUNCHEON-12 NOON - FIRST WEDNESDAY - FREMONT HILLS CC, 12889 VISCAINO PL. LOS ALTOS

SPEAKER: August 1st
MIKHAIL VENIKOV
Empowering Transition to
Lifes Next Chapter

MIKHAIL VENIKOV is a former army ranger and martial arts champion who is now a San Mateo policeman on the SWAT team. The native of Kazakhstan lives a life devoted to the Ranger Creed and following his martial arts devotion. He has established Ranger Road designed to assist veterans in the transition process to civilian life.

He was an honor graduate and the enlisted leadership award recipient of his ranger class and along with his partner won the physically demanding army best ranger competition and has served three combat tours.

He currently works with the Command Care coalition serves wounded, ill or injured service members and their families in their life transition.

You can read more at www.rangerroad.org/ and you can also google Mikhail Venikov.

**ANY SUGGESTIONS REGARDING
SPEAKERS
PLEASE CONTACT
LITTLE SIR: Walt McCullough
650-303-8194**

**From BIG SIR
CRAIG CARPENTER**

Many thanks to Dick Olson & Marc Cohen for bringing guests to our July luncheon. Our

branch goal is to have more members at the end of 2018 than we had on January 1. We

are even year to date. YOU make the difference so please tell your friends & neighbors that spending the first Wednesday of every month with good guys...like you & me...is an enjoyable experience! Plus, Walt McCullough always obtains an excellent speaker to keep the old gray matter engaged.

A couple of movies you might consider: Tom Cruise in **Mission Impossible - Fallout** is out on the 27th; **Mamma Mia! Here We Go Again** is in theaters now for those of you (like me) who have a little extra estrogen flowing in your veins. Very upbeat!

On **Netflix** consider: **The People vs. OJ Simpson**, a 10 part, one hour each series; **Breaking Bad**; **Better Call Saul**; **Alias Grace**; & **Mindhunter**; **American Odyssey** courtesy of Ross Porter

On **Amazon Prime** consider: **Mozart in the Jungle**; **The Marvelous Mrs. Maisel**; **Red Oaks**; & **Bosch**.

Good reads to consider: **The Quantum Spy** by Davis Ignatius; **Three Days in Moscow** by Bret Baier; **How Democracies Die** by Steven Levitsky & Daniel Ziblatt (courtesy of Joe Grippo); **The War on Cops** by Heather MacDonald; & **Hannibal** by Patrick Hunt (courtesy of Mike McMahon). **"The Path Between The Seas, the creation of the Panama Canal"** by David McCullough (courtesy of Ron Rosenfeld & Tony Hanley). **Sapiens, a history of mankind**.

A special welcome to our newest member, **Mike Kahn!** Mike is a golfer, lives in Los Altos & was a Silicon Valley exec for many years.

To quote Yogi Berra, "If you don't know where you are going, you'll end up someplace else". To wit, I'll see you on August 1st...someplace.

AS A REMINDER, PLEASE ADVISE YOUR FRIENDS AND NEIGHBORS THAT SIR 51 IS A GREAT WAY TO SPEND THE FIRST WEDNESDAY OF EVERY MONTH WITH GOOD FRIENDS, GOOD FOOD AND AN EXCELLENT SPEAKER (thanks to Walt McCullough). YOU MAKE THE DIFFERENCE!

NEW MEMBER

MICHAEL KAHN 650-714-7405
607 Milverton Road Los Altos 94022
m.e.kahn@gmail.com KLA Tencor
golf – apple computers – travel

ACTIVITIES



COMPUSIR is a self-help Computer discussion group. Meets monthly at the PALO ALTO ELKS LODGE 4249 EL CAMINO REAL, PALO ALTO. For entry, use the announce button on the pedestal to the left of the Front door. **COMPUSIR** is now part of SPAUG (the **Palo Alto – Stanford Users Group**). SPAUG Meetings are still held the **SECOND WEDNESDAY** of each month at 7:00 pm. at PA Elks Lodge (address above). The meeting is upstairs (elevator available past the stairway). **More information at www.spaug.net** . Some members meet for dinner at the club at 5:30

More information at
<http://www.spaug.net>

MACINTOSH USERS

Skip Ross 541-857-6224
waross@closereach.com

Contact Skip Ross to join this e-mail group whSIR members in all branches can exchange MAC-related news, get answers to questions and share experiences.

INVESTMENT GROUP

BOB GUFFEY is developing a new group to meet after lunch to discuss investment ideas. Any member interested in exchanging ideas is welcome to join the group after lunch meeting.



INDOOR BOWLING:

(BRANCHES 5, 35 & 51) We bowl on a handicap system, so all have an equal chance. Each season teams are revised and always have a mix of players by ability. **Tuesdays at Homestead Lanes: Homestead and Stelling in Sunnyvale from 1-3 PM.** Be there by **12.45**. N. New bowlers are always welcome at any level of experience. If you're new, it's easier if you call me in advance so we will be prepared. **Spouses and girl friends are welcome –there are now 10co-ed teams.**

YOU CAN JOIN ANYTIME.

A ball & shoes are available at the bowling lanes. Looking for some exercise that does not rely on good weather? Indoor 10-pin bowling is a fun low impact activity. Most SIR bowlers are surprised at how fast bowling skills come back to them after a long lay-off. Many have not bowled since they were youngsters.

Contact TIM EASTHAM (650-366-2449)
For more information



LAWN BOWLING Thursday at 9:30. **SATURDAYS** are at 9:30 Experienced players need to be there 15 minutes early to be entered into the draw for teams. **FREE COACHING IS AVAILABLE FOR NEW PLAYERS.**

Don Hughes (323-9916)



GOLF: The following months' schedule

<u>AUGUST</u>		<u>SEPTEMBER</u>	
08 Wed Sunnyvale	10:00	04 TUE	No golf this week
15 Wed Spring Valley	10:00	12 Wed Poplar Creek	10:15
22 wed Los Lagos	10:00	19 Shoreline	10:00
29 Wed Poppy Hills	10:00	26 Santa Clara	10:00

JUNE-JULY Leader Board

<u>GROSS</u>		<u>NET</u>	
1-Steve Tremulis	80	1-Art Lewis	59
2-Dick Taylor	86	2-Jim Cochran	63
3-Bob Rewak	87	3-Rick McLain	64
4-Art Lewis	90	Craig Carpenter	64
Gerry Shebar	90	5-Tony Hanley	65
6-Dave Mason	91	6-Al Runge	66
Rick McLain	91	7-Gerry Shebar	67
Craig Carpenter	91		

PLEASE BE AT THE COURSE AT LEAST ONE HOUR BEFORE THE FIRST TEE TIME.

All of the golf courses we play require a player count 7 to 14 days prior to play date. Please call or e-mail JIM CUMMINGS (650-328-2168) if your play or no-play commitment changes.

KAI JOHANSEN (853-2493)



SIRS ON BIKES: SIR Area #16 bike Regularly start at 11:00 AM the 2nd Thursday of the month. **WIVES AND GUESTS ARE WELCOME. Bring**

bike, helmet and a jacket if it is windy. RAIN WILL CANCEL. Attendance averages 10-15 riders. More are welcome. Rides are planned to be 15-20 miles on paved bicycle trails (so that almost any type of bike is usable) with some optional ride distances. The pace is moderate and riding on streets is kept to a minimum and includes a restaurant lunch break. Participants should exercise good judgment such as maintaining a safe distance between riders, obeying all signs and stoplights etc

SECOND THURSDAY-EACH MONTH
THURSDAY – August 9TH
SAN LORENZO RIDE

Wives and guests welcome Helmet required Rain cancels

SIR for many years has had nine basic rides on the master list.. In the past few years, a few riders have ridden some exploratory rides looking to find a new ride. We have found a new ride to become the tenth ride. It is a little more aggressive than the first nine rides.

NEW SAN LORENZO RIDE:

The ride is from San Lorenzo to Oakland Airport to Bay Farm Island. It is a very scenic bay front trail that's paved and level (including 1-2 miles of riding through quiet residential streets)-about 22 miles round trip. We stop about half way for lunch and a little social time.

The trail can get a bay breeze so please bring light windbreaker or vest. This ride is much like the Oracle Redwood Shores ride, but on the East Bay side. Please open the link below to see Maps #8 and #9 showing the trail we'll be riding. Map#8 shows where the paved trail starts at Grant Avenue in San Lorenzo

Driving Directions: From Silicon Valley take I-880 headingNorth, exit on Hesperian Blvd (about 20 miles from Mt View/Palo Alto) turning left on to Hesperian

Blvd, then right on Grant Avenue and turn right into the trail parking lot. You can use google maps to see the area.

If any question contact me at jamesdlunt@yahoo.com or (408-252-6804) or Gordon Tong at gordy6850@gmail.com **Let us know if you are coming ,so we can wait for you (the traffic may take a little time) You can google map it to see the area.**

San Leandro to Bay Farm Island

<http://baytrail.org/get-on-the-trail/map-by-number/san-leandro-to-bay-farm-island/>

COME RIDE WITH US
To Ride or MORE INFO

CONTACT

CHAIRMAN

Jim Lunt
408-252-6804
jamesdlunt@yahoo.com

ALTERNATE

Gordon Tong
gordy6850@gmail.com
408-242-055



TENNIS: Our tennis group meets Mondays and Thursdays at Rinconada Park in Palo Alto. Please be there by 8 AM when doubles teams will be formed. Later arrivals will play as sets are completed. We play an open spin-in doubles format. Play level is about 2.5. We welcome non-SIRS so bring a friend.

Bill Kamin (322-4300)

NON RESPOSIBILITY DECLARATION: All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc., and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

BRANCHES 5, 16, 35 & 51 TRAVEL NEWS



Numerous Trips are available through SIR statewide. Check the state publication **SIR HAPPENINGS**
www.sirinc.org
click on travel

All changes in address and/or telephone number must be reported to the Membership Committee Chairman:
Tim Eastham, 2110 Ward Way, Woodside, Ca 94062 (650-366-2449)

SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN

EXECUTIVE COMMITTEE

Big Sir: Craig Carpenter	930-0510
Little Sir: Steve Tremulis	598-9790
Secretary: Gerry Shebar	868-6124
Asst. Sec.:	
Treasurer: Kingsley Wood	799-8420
Co-Treasurer: Myron Hollister	867-4784
Director: Joe Grippo	9482130
Director: Jim Cummings	328-2168
Director: Walt McCullough	328-2442
Director: Kingsley Wood	799-8420

ACTIVITIES CHAIRMEN

Bowling, Indoor: Tim Eastham	366-2449
Lawn Bowling: Don Hughes	323-9916
Bicycling: Jim Lunt (Br. 35)	408-252-6804
Compusir:	
Golf: Kai Johansen	853-2493
Tennis: Bill Kamin	322-4300
Travel:	
Investing: Bob Guffey	593-3496

ADMINISTRATIVE CHAIRMEN

Attendance: Mark Cohen	961-4882	Luncheon Coordinator: Erv Ericksen	369-3873
Audit: Don Hughes	323-9916	Luncheon Programs: Walt McCullough	303-8194
Newsletter: Jim Cummings	328-2168	Membership: Tim Eastham	366-2449
Website: Marc Cohen	961-4882	Assistant: Gerry Shebar	868-6124
Good Samaritan: Bob Guffey	593-3496	Nominating Committee: Rick McLain	408-629-8170
Greeters: Al Runge	592-1345	Special Events: Jim Dreyer	776-8149
Historian:			

SIR #51
TIM EASTHAM
2110 WARD WAY
WOODSIDE, CA 94062