



LUNCHEON-12 NOON - FIRST WEDNESDAY - FREMONT HILLS CC, 12889 VISCAINO PL. LOS ALTOS

SPEAKER
February 4th, 2015
EDWARD KARPMAN MD



Dr. Edward Karpman is a board certified urologist specializing in the diagnosis and treatment of prostate disease, prostate cancer, BPH, kidney stones, erectile dysfunction, sexual dysfunction, testosterone replacement therapy, male infertility, vasectomy and vasectomy reversal.

Dr. Karpman is one of the few urologists in the San Francisco Bay Area and Northern California who is fellowship trained to perform vasectomy reversal. Only 1-2% of urologists nationwide hold this distinction in training. His advanced microsurgical training and experience allow him to perform either vasovasostomy or epididymovasostomy, depending on the findings at the time of surgery.

Dr. Karpman is also the Co-Medical Director of the [Men's Health Program](#)

**IF ANY MEMBER HAS ANY
SUGGESTIONS REGARDING SPEAKERS
PLEASE CONTACT
LITTLE SIR: Sam Meredith
650-325-4152**

FUTURE SPEAKERS

Mar 4: Aaron Matityahu, Greg Schaem, Walt McCullough – Olive oil, wine making, bee keeping.

In Memorium

**Bob Ward
Cecil "Oso" Thomas**

New Members

STOUDT, ROBERT C. 408-931-6622
10920 Kester Drive, Cupertino, Ca. 95014
Rstoudt99@yahoo.com Sponsor: Marc Cohen

FLEMMING, WAYNE 650-967-7146
1233 Miraflores Way, Los Altos, Ca. 94024
flemingwal@mac.com

WEBSITE
www.sir51.org
SIR Branch #51 now has a website.
Check out the site for back issues of the
newsletter and information about activities.

For information about statewide
Activities of SIR go to SIR HAPPENINGS
<http://www.sirinc.org/sirhappenings/>

ACTIVITIES



COMPUSIR is a self-help Computer discussion group. We meet for lunch and discussion on the second Wednesday of each month at the PALO ALTO ELKS LODGE 4249 EL CAMINO REAL, PALO ALTO. For entry, use the announce button on the pedestal to the left of the Front door. **COMPUSIR** is now part of SPAUG (the Palo Alto – Stanford Users Group). SPAUG Meetings are still held the SECOND WEDNESDAY of each month at 7:00 pm. at PA Elks Lodge (address above). The meeting is upstairs (elevator available past the stairway). More information at www.pa-spaug.org. Some members meet for dinner at the club at 5:30

COMPUSIRS contact is Jim Dinkey
(650-493-9307)

More information at www.pa-spaug.org.

Computer Special Interest Groups

Special Interest Groups —(SIGs) meet at [Central Computer](#), Santa Clara, Monday evenings at 7pm. (For more information: [SVUGA](#) (the Silicon Valley User Group Activities) web site features SPAUG and SVCS among other local organizations.)

Build It Yourself SIG — contact/leader: Fred Townsend

Windows SIG — contact/leader: Kevin Lynn

Digital Imaging SIG — contact/leader: George Hamma & Richard Eggers

Web SIG — contact/leader: Maury Green

MACINTOSH USERS

Skip Ross 541-857-6224

waross@closereach.com

Contact Skip Ross to join this e-mail group where SIR members in all branches can exchange MAC-related news, get answers to questions and share experiences.



GOLF: The following months' schedules

<u>JANUARY</u>		<u>FEBRUARY</u>	
06 TUE	Spring Valley 10:00	03 TUE	Sunnyvale 10:00
14 Wed	Poplar Creek 10:15	11 Wed	Poplar Creek 10:15
21 Wed	Shoreline 10:00	18 Wed	Spring Valley 10:00
28 Wed	Los Lagos 10:00	25 Wed	CrystalSprngs 10:00

November/December Leader Board

<u>GROSS</u>		<u>NET</u>	
1-Jim Cummings	77	1-Rob Harrell	59
2-Ned Miller	78	2-Marc Cohen	60
3-Dennis Gaushell	80	3-Dennis Gaushell	61
4-Bud Nelligan	83	4-Ned Miller	62
Jim Stanford	83	5-Aaron Matityahu	64
6-Rob Harrell	86	Jim Cummings	64
Ben Guess	86	7-Jim Stanford	66
8-Kingsley Wood	89	8-Bud Nelligan	69
9-John Perumattam	93	Bob Guffey	69

PLEASE BE AT THE COURSE AT LEAST ONE HOUR BEFORE THE FIRST TEE TIME.

All of the golf courses we play require a player count 7 to 14 days prior to play date. Please call or e-mail JIM CUMMINGS (650-328-2168) if your play or no-play commitment changes.

KAI JOHANSEN (853-2493)



The Winter hours are Tuesday, Thursday and Saturday at 12:30.

Please be there by 12:15 for the 12:30 start time. Experienced players need to be there 15 minutes early to be entered into the draw for teams. FREE COACHING IS AVAILABLE FOR NEW PLAYERS.

Don Hughes (322-4300)



ENNIS: Our tennis group meets Mondays and Thursdays at Rinconada Park in Palo Alto.

Please be there by 8 AM when doubles teams will be formed. Later arrivals will play as sets are completed. We play an open spin-in doubles format. Play level is about 2.5. We welcome non-SIRS so bring a friend.

Bill Kamin (322-4300)



SIRS ON BIKES: SIR Area #16 bike rides regularly start at 11:00 AM the **2nd Thursday of the month.** Wives and Guests are welcome.

Bring bike, helmet and a jacket if it is windy. Rain will cancel. Attendance averages 10-15 riders. More are welcome. Rides are planned to be 15-20 miles on paved bicycle trails (so that almost any type of bike is usable) with some optional ride distances. The pace is moderate and riding on streets is kept to a minimum and includes a restaurant lunch break.

Coyote Creek Trail
(South San Jose)

Ride: We will ride the Coyote Creek Trail starting from the Four Points Sheraton Inn at 399 Silicon Valley Rd, San Jose. The ride will be about 6 miles to the Coyote Creek Golf Course. We will go past the golf course another 3 miles to a model airplane launching site, then double back to the golf course club house for lunch. After lunch we will ride back to the hotel parking lot for a total of 18 flat miles, round trip. For those who want a shorter ride, they may omit the ride to the airplane site, thus reducing the round trip to 12 miles.

Directions: The Four Points Sheraton Inn is located south of San Jose, one block east of highway 101 and just north of the highway 101/ 85 interchange. The directions are the same whether coming on highway 101 or 85: Take the Bernal Rd. exit. Turn left on Bernal Rd., which becomes Silicon Valley Blvd after crossing under 101. Turn left on Rue Ferrari Rd., the service road next to the hotel, and park in the hotel parking lot behind the furthest hotel building on the right.

If you plan to ride or have questions, contact Jim Lunt as per above, or contact Karl Reseck at 650-941-8837.

NEXT TWO RIDES

March 12: Coyote Hills/Alameda Creek, Fremont
April 9: Foster City Bay Trail, Foster City

To Ride or More Info: CONTACT

CHAIRMAN

Jim Lunt
408-252-6804 **OR**
jamesdlunt@yahoo.com

ALTERNATE

Karl Resick
650-941-8837
karl.resick(at)
Stanfordalumni.org

INDOOR BOWLING: (BRANCHES 5, 35 & 51) We bowl on a handicap system, so all have an equal chance. Each season teams are revised and always have a mix of players by ability. **Tuesdays at Homestead Lanes: Homestead and Stelling in Sunnyvale.** Be there by **12.45.** New bowlers are always welcome at any level of experience. If you're new, it's easier if you call me in advance so we will be prepared.



SEASON HIGH SCORES

SCRATCH SERIES	SCRATCH GAME	
621 John Faucett	Al Runge	223
576 Phil Vanderwerf	Bob Taggart	214
540 Perry Brown	Joe Enos	205
HANDICAP SERIES	HANDICAP GAME	
732 Jeff Grundy	Doug Anderson	251
657 Harold Kaye	Bill Webster	247
653 Roy Robinson	Ron Nakamoto	244
Bill Finkemeier (323-2177)		

NON-RESPONSIBILITY DECLARATION: All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc., and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

BRANCHES 5, 16, 35 & 51 TRAVEL NEWS



Numerous Trips are available through SIR statewide. Check the state publication **SIR HAPPENINGS**
www.sirinc.org
click on travel

All changes in address and/or telephone number must be reported to the Membership Committee Chairman:
Tim Eastham, 2110 Ward Way, Woodside, Ca 94062 (650-366-2449).

SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN

EXECUTIVE COMMITTEE

Big Sir: Rick McLain	408-629-8170
Little Sir: Sam Meredith	325-4152
Secretary: Greg Schaem	275-7877
Asst. Sec.: John Perumattam	917-9621
Treasurer: Myron Hollister	867-4784
Asst. Treasurer: Marc Cohen	961-4882
Director: Arjun Godhwani	510-490-7503
Director: Channell Wasson	321-0808
Director: Jim Cummings	328-2168
Director: Tim Eastham	366-2449

ACTIVITIES CHAIRMEN

Bowling, Indoor: Bill Finkemeier	323-2177
Lawn Bowling: Don Hughes	323-9916
Bridge: Bob Ward	592-8545
Bicycling: Jim Lundt (Br. 35)	408-252-6804
Compusir: Jim Dinkey (Br 35)	493-9307
Golf: Kai Johansen	853-2493
Tennis: Bill Kamin	322-4300
Travel: Art Lloyd	384-6424

ADMINISTRATIVE CHAIRMEN

Attendance: Arjun Godhwani	510-490-7503	Luncheon Coordinator: Bill Finkemeier	323-2177
Audit: Don Hughes	323-9916	Luncheon Programs: Rick McLain	408-628-8170
Bulletin: Jim Cummings	328-2168	Membership: Tim Eastham	366-2449
E-Mail Contact: Art Lewis	964-3223	New Members: Roger Murray	329-8832
Good Samaritan: Charlie Lomax	948-6702	New Member orientation: Roy Deffebach	631-0585
Greeters: Norv Steele & Al Runge	408-243-2620	Nominating Committee: Bob Guffey	593-3496
Historian:		Special Events: Bob Guffey	593-3496

SIR #51
TIM EASTHAM
2110 WARD WAY
WOODSIDE, CA 94062