

NO. 454  
A non-Profit Organization  
For Retired Men



MARCH 2014  
Devoted to the  
promotion of independence and  
Dignity of retirement

LUNCHEON-12 NOON - FIRST WEDNESDAY - FREMONT HILLS CC, 12889 VISCAINO PL.LOS ALTOS HILLS

**March 7, 2014**  
**SPEAKER**

**STEPHANIE HERMAN**  
**Secrets of a Prima Ballerina**

Stephanie Herman, former principal ballerina, Prodigy of George Balanchine, shares her personal stories of dancing the world with the legendary Rudolf Nureyev and Mikhail Barishnikov among others.

Come into the secret world of a ballerina and feel like you are dancing with her. She is now the award winning TV producer of the “Stephanie Herman Show” in the bay area enlightening people about people. She also spends her days helping others through her trademark “Mindful Kinetics” fitness programs.

**FUTURE SPEAKERS**

**April 2<sup>nd</sup>:** Ray Nasr about Silicon Valley Trends  
**May 7<sup>th</sup>:** John Rick – A report on an excavation a pre-Mayan civilization in Peru

**IF ANY MEMBER HAS ANY  
SUGGESTIONS REGARDING SPEAKERS  
PLEASE CONTACT  
LITTLE SIR: Rick McLain  
408-629-8170**

**WEBSITE**  
**www.sir51.org**  
SIR Branch #51 now has a website thanks to  
MARC COHEN.  
Check out the site for back issues of the  
newsletter and information about activities.

**SIR HAPPENINGS**

The latest issue of SIR Happenings was released in early December for information about statewide Activities of SIR go to SIR HAPPENINGS <http://www.sirinc.org/sirhappenings/>

**ACTIVITIES**



**BRIDGE:** If you would like to play bridge for an hour or so after a meeting please call BOB WARD (650-592-8545) or e-mail at [bandlward\(at\)sbcglobal.net](mailto:bandlward(at)sbcglobal.net). There is almost always a game after our luncheon.

**MACINTOSH USERS**

**Skip Ross 541-857-6224**  
**[waross@closereach.com](mailto:waross@closereach.com)**

Contact Skip Ross to join this e-mail group where SIR members in all branches can exchange MAC-related news, get answers to questions and share experiences.



**COMPUSIR** is a self-help Computer discussion group. We meet for lunch and discussion on the second Wednesday of each month at the PALO ALTO ELKS LODGE 4249 EL CAMINO REAL, PALO ALTO. For entry, use the announce button on the pedestal to the left of the Front door. **COMPUSIR** is now part of SPAUG (the **P**alo **A**lto – **S**tanford **U**sers **G**roup). SPAUG Meetings are still held the **SECOND WEDNESDAY** of each month at 7:15 **pm.** at PA Elks Lodge (address above). The meeting is upstairs (elevator available past the stairway). More information at [www.pa-spaug.org](http://www.pa-spaug.org).

March 12 – next scheduled meeting – see SPAUG website at [www.pa-spaug.org](http://www.pa-spaug.org).

COMPUSIRS contact is Jim Dinkey  
(650-493-9307)

More information at [www.pa-spaug.org](http://www.pa-spaug.org).

**Computer Special Interest Groups**

Special Interest Groups —( SIGs) meet at [Central Computer](#), Santa Clara, Monday evenings at 7pm. (For more information: [SVUGA](#) (the Silicon Valley User Group Activities) web site features SPAUG and SVCS among other local organizations.)

Build It Yourself SIG — contact/leader: Fred Townsend

Windows SIG — contact/leader: Kevin Lynn

Digital Imaging SIG — contact/leader: George

Hamma & Richard Eggers

Web SIG — contact/leader: Maury Green

JIM DINKEY (493-9307)



The winter hours (until daylight savings starts) are Tuesday,

Thursday and Saturday at 1:30 Please be there by 1:00 for

the start time of 1:30. Experienced players should show up 30 minutes early to be entered into the draw for teams. FREE COACHING IS AVAILABLE FOR NEW PLAYERS.

DON HUGHES (323-9916)



**TENNIS:** Our tennis group meets Mondays and Thursdays at

Rinconada Park in Palo Alto.

Please be there by 8 AM when

doubles teams will be formed. Later arrivals will Play as sets are completed. We play an open spin-in doubles format. Play level is about 2.5. We welcome non-SIRS so bring a friend.

Bill Kamin (322-4300)



**GOLF:** The following months' schedules

MARCH

APRIL

04 TUE Spring Valley 10:00 01 TUE Shoreline 10:00  
12 Wed Sunnyvale 10:00 09 Wed Spring Valley 10:00  
19 Wed Sunol(cypress)10:00 16 Wed CrystalSprings 10:00  
26 Wed Los Lagos 10:00 23 Wed Santa Clara 10:00  
30 Wed Sunol(cypress)10:00

January Leader Board

<u>GROSS</u>		<u>NET</u>	
1-Ben Guess	82	1-Tony Hanley	65
2-Jim Cummings	82	Al Runge	65
Ned Miller	82	3-Ben Guess	66
Tony Hanley	82	4 Kevin Wheaton	67
5-Al Runge	88	5-Roy Deffebach	68
Roy Deffebach	88	6-Kingsley Wood	69
7-Kingsley Wood	88	7-Craig Carpenter	70
Kevin Wheaton	92	8-Bob Guffey	71
9-John Perumattam	94	9-Kai Johansen	72
10-Bill Dreyfus	95	John Perumattam	72

**PLEASE BE AT THE COURSE AT LEAST ONE HOUR BEFORE THE FIRST TEE TIME.**

All of the golf courses we play require a player count 7 to 14 days prior to play date. Please call or e-mail JIM CUMMINGS (650-328-2168) if your play or no-play commitment changes.

KAI JOHANSEN (853-2493)



**INDOOR BOWLING:**

(BRANCHES 5, 35 & 51) We bowl on a handicap system, so all have an equal chance. Each season teams are revised and always have a mix of players by ability.

**Tuesdays at Homestead Lanes: Homestead and Stelling in Sunnyvale.** Be there by 12.45. New bowlers are always welcome at any level of experience. If you're new, it's easier if you call me in advance so we will be prepared.

**SEASON HIGH SCORES**

<u>SCRATCH SERIES</u>		<u>SCRATCH GAME</u>	
Robert Dunn	540	Doug Anderson	191
Tim Eeastham	480	Hal Knowlton	168
Jeff Grundy	430	Al Runge	168
<u>HANDICAP SERIES</u>		<u>HANDICAP GAME</u>	
Fred Schwalbach	641	Ron Nakamoto	230
Doug Ericsson	609	Ptah Bennet	219
Bill Webster	586	Bill Finkemeier	204

Bill Finkemeier (323-2177)



**SIRS ON BIKES:** SIR Area #16 bike rides regularly start at 11:00 AM the **2<sup>nd</sup> Thursday of the month.** Wives and Guests are welcome.

**Bring bike, helmet and a jacket if it is windy. Rain will cancel.** Attendance averages 10-15 riders. More are welcome. Rides are planned to be 15-20 miles on paved bicycle trails (so that almost any type of bike is usable) with some optional ride distances. The pace is moderate and riding on streets is kept to a minimum and includes a restaurant lunch break.

**2<sup>nd</sup> Thursday – March 13<sup>th</sup> – 11:00 AM**  
**Coyote Hills/Alameda Creek-Niles/Fremont**

**The Ride:** We will begin the ride at the Coyote Hills Park and continue on the Alameda Trail to Niles where we will have lunch at a restaurant in downtown Niles. The ride is flat and approximately 9 miles each way, with an optional loop of a scenic view of the bay that adds about one mile (a total ride of 19 miles).

**Directions:** Take highway 84 across the Dumbarton Bridge past the toll booth to the first exit, which is Paseo Padre Parkway. Turn left and go one mile to Paterson Ranch Road; turn left. This is the entrance to Coyote Hills Park (there is a small sign). Go 1/2 mile to the park toll booth (\$5 per car or use your East Bay Regional Park District season pass). Continue another 1/2 mile over several speed bumps to the park office and museum; park there.

**To ride or info contact Jerry butler or Karl Resick**

**CHAIRMAN**

Jerry Butler  
650-494-8078  
gxb366(at)aol.com

**OR**

**ALTERNATE**

Karl Resick  
650-941-8837  
karl.resick(at)  
Stanfordalumni.org

**FUTURE RIDES**

- Apr 10: Foster City Bay Trail
- May 8: Brisbane Bayshore Trail
- Jun 12: Guadalupe Tr.-Alviso to San Jose
- Jul 10: Los Gatos Creek Trail
- Aug 14: Stevens Creek/Shoreline Park (Mt.View)
- Sep 11: Mt. View to Alviso
- Oct 9: Coyote Hills-Alameda Creek (Fremont/Niles)
- Nov 13: Foster City Bay Trail

**NON-RESPONSIBILITY DECLARATION:** All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc., and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

**BRANCHES 5, 16, 35 & 51 TRAVEL NEWS**



Numerous Trips are available through SIR statewide through the state publication **SIR HAPPENINGS**  
[www.sirinc.org](http://www.sirinc.org)  
click on travel

**November 3-17, 2014**  
**Spain**

During this 13 day trip, we plan to experience the historic and cultural diversity of Spain. We arrive first in Madrid for 5 nights, with a city tour and day trips to Segovia and Toledo. Then we proceed to Valencia with a stop at Cuenca. From Valencia, we have scheduled day trips to Manises and Lake Albufera. Next, it's on to Barcelona with a city tour and day trips to the Llado Museum, Montserrat, and Codornia Winery. The cost is \$4195 PPDO. The price includes all air fare, accommodations, tours, all breakfasts, and some other meals. There is also available an optional pre-trip to Basque Country (Bilbao and San Sebastian) and an optional post-trip to Malaga. Each optional trip is for 4 nights and costs \$795. This trip is offered by Branch 62 Travel.

Call Jim Hohenshelt at 408-394-7226 or Roy Jordan at 408-735-8765.

All changes in address and/or telephone number must be reported to the Membership Committee Chairman:  
Tim Eastham, 2110 Ward Way, Woodside, Ca 94062 (650-366-2449).

### **SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN**

#### **EXECUTIVE COMMITTEE**

Big Sir: Channell Wasson	321-0808
Little Sir: Rick McLain	408-629-8170
Secretary: Greg Schaem	275-7877
Asst. Sec.: John Geibel	328-2458
Treasurer: Myron Hollister	867-4784
Asst. Treasurer: Marc Cohen	961-4882
Director: Sam Meredith	325-4152
Director: Roger Murray	329-8832
Director: Jim Cummings	328-2168
Director: Tim Eastham	366-2449

#### **ACTIVITIES CHAIRMEN**

Bowling, Indoor: Bill Finkemeier	323-2177
Lawn Bowling: Don Hughes	323-9916
Bridge: Bob Ward	592-8545
Bicycling: Jerry Butler (Br. 35)	494-8078
Compusir: Jim Dinkey (Br 35)	493-9307
Golf: Kai Johansen	853-2493
Tennis: Bill Kamin	322-4300
Travel: Art Lloyd	384-6424

#### **ADMINISTRATIVE CHAIRMEN**

Attendance: Arjun Godhwani	510-490-7503	Luncheon Coordinator: Bill Finkemeier	323-2177
Audit: Don Hughes	323-9916	Luncheon Programs: Rick McLain	408-628-8170
Bulletin: Jim Cummings	328-2168	Membership: Tim Eastham	366-2449
E-Mail Contact: Art Lewis	964-3223	New Members: Roger Murray	329-8832
Good Samaritan: Charlie Lomax	948-6702	New Member orientation: Roy Deffebach	631-0585
Greeters: Norv Steele & Al Runge	408-243-2620	Nominating Committee: Bob Guffey	593-3496
Historian:		Special Events: Bob Guffey	593-3496

SIR #51  
TIM EASTHAM  
2110 WARD WAY  
WOODSIDE, CA 94062