

Sons in Retirement



Volume 29 Issue 1

Web site <http://sirinc2.org/branch5/>

January, 2017

Big SIR sez:

Hello to Branch 5! Welcome to the New Year 2017. We have many plans, but we always seek your input and suggestions, as we follow the new SIR slogan, "Friends for Life." Think back - someone invited you to check out SIR. Now then, who will YOU invite to check out SIR. We grow through your efforts to introduce us to new members. They will find we have excellent food, excellent speakers and fun activities - golf, bocce, cards, bowling, biking, interesting outings and near and far travel in conjunction with other nearby branches, and seeing old friends and meeting new ones at our 4th Wednesday lunches!

We will be inducting a new member at our January meeting, Jerry Eli. Give him a good Branch 5 welcome! He will bring our membership to 62.

Our Christmas Party on Wednesday, December 14 was a great success. We had a record 68 members and guests attending.

Duane Stauffer was our MC, in Christmas garb with his Santa Hat. Martha Kendall spoke about and impersonated Elizabeth Cady Stanton, who helped Susan B. Anthony bring women's suffrage to our country. Very interesting and educational. We had "Goody Bags" for everyone thanks to Richard and Diane McGrath. We had door prizes of See's Candy, wine donated by Greg Kemist and Grand Prizes

of two wine corks and a beautiful redwood bowl handcrafted by our own woodcarver J. W. Whittier.

We concluded with Certificates of Appreciation to our photographer Lee Hornberger and our Outgoing Big Sir for Two Years Gary Hornberger. We ended with a standing ovation for his service. Thanks to everyone who helped us make this such a special occasion!

Also at the Christmas Party we inducted our officers for 2017 led by Howard Trudeau. Get to know them and thank them for volunteering. Officers: Big SIR - Foster Kinney, Little SIR - Roy Dreisbach, Treasurer - Pete LoPresto, Assistant Treasurer - Don Andrews, Secretary - Chris Vasquez. Directors: Paul Butler, Carl Orta, Al Stratz and Phil Yurtis.

We look forward to seeing you at our monthly lunch, Wednesday, January 25. HAPPY NEW YEAR!

Foster Kinney, Big SIR

Lunch 1/25/17 Noon

Salads:

Spring Mix Greens
Antipasto
Three Bean

Entrees:

Snapper Monterey
Rosemary Chicken

Dessert:

Chocolate Mousse

2017 Dues and Lunch Increases

Due to increases in our lunch costs and operating costs, your Branch Executive Committee has approved the following increases for 2017:

Lunch Costs - \$25.00

Annual Dues - \$30.00

We appreciate your understanding of these increases. Our dues and lunch costs had remained the same for the past few years. Annual dues may be paid at any lunch meeting or sending a check to Pete LoPresto, 1384 Sage Hen Way, Sunnyvale, CA 94087. Please make checks payable to "SIR-5".

Branch 5 Calendar

No Bocce this month. See you Tuesday, February 7 at Los Altos, 2:00 PM.

Thurs. Jan. 5 - Golf at Sunnyvale - 9:30 AM

Thurs. Jan. 12 - Golf at Shoreline - 9:30 AM

Tues. Jan. 17 - Golf Banquet at Michaels - 11:30 AM

Thurs. Jan 19 - Golf at Moffett - 9:30 AM

Wed. Jan 25 - Monthly SIR Lunch at Michaels - 11:00 AM

Wed. Jan. 25 - Cards at Michaels - after Lunch

Thurs. Jan 26 - Golf at Los Lagos - 10:00 AM

Tues. Feb. 7 Bocce at Los Altos - 2:00 PM

SPEAKER

“What You Need to Know About Stroke”

Stroke is the leading cause of adult disability in the United States. Peter Nelson, MD, from the Pacific Stroke Association will present an informative overview about stroke: what it is, what the risks are, prevention tips, and how to respond if you see someone experiencing symptoms. For the past 19 years, Pacific Stroke Association, a local, non-profit organization, has been serving San Mateo and Santa Clara counties.

Speaker: Peter Nelson, MD

Dr. Peter Nelson graduated from Baylor College of Medicine and practiced obstetrics and gynecology at Palo Alto Medical Clinic from 1978 to 1996. After a life-changing stroke in 1996, he joined the Pacific Stroke Association board of directors in 1999 and served on the board until 2010. As a dedicated speaker and champion for PSA’s work in the community, he knows the importance of educating the public about stroke prevention, stroke warning signs and treatment.

Attendance Report

The attendance at the Holiday Party was

- Members - 34
- Guests - 33
- Speaker - 1
- Total - 68

Gary

~~~~~

**Membership**

No changes

~~~~~

Roster Changes

None reported

~~~~~

**January/February Birthdays**

- Jan 13 James Loos
- Jan 15 Paul Camenzind
- Jan 20 Emmett Hearn
- Jan 26 Paul Butler
- Jan 31 Chuck Cali
- Feb 15 Jerry Ely
- Feb 16 Charles Shamieh
- Feb 22 Kamel Totah
- Feb 22 Russell Currier
- Feb 24 Thomas Fenton

~~~~~

SUMMARY OF BRANCH 5 Executive Board MINUTES

No board meeting in December

~~~~~

**GOLF**

Sunnyvale golf course

12-1-16

- Jim Stevens 96 net 67
- Gary Hornberger 91 net 70
- CTTP
- Richard McGrath 79 net 71
- Jere Austin 111 net 76
- Jiries Nazzal 111 net 80
- Mark Castro 111 net 85
- Anwar Sughman 141 net 138
- Charles Shamieh 147 net 112

Los Lagos golf course

12-22-16

- Richard McGrath 72 net 64 CTPP
- Jere Austin 103 net 68
- Jim Stevens 101 net 73
- Phil Yurtis 99 net 75 CTPP
- Mark Castro 101 net 76
- Jiries Nazzal 107 net 76
- Norm Nazzal 104 net 80
- Azmi Habib 118 net 83

- Charles Shamieh 122 net 87
- Anwar Dughman 138 net 103
- Howard Trudeau 62/9

~~~~~

MAC Group

MAC users should contact W.A. Ross, <waross@closereach.com> (aka Skip) for information on this group.

~~~~~

**Bocce Ball**

January - No Bocce

February -

- 7th - First Tuesday - 2:00 PM at Los Altos
- 21st - Third Tuesday- 2:00 PM at Los Altos

Come one, come all! It is a fun and easy game and we have room for plenty of players!

~~~~~

Tennis:

Tennis group meets Mondays and Thursdays at Rinconada Park, 777 Embarcadero Road, Palo Alto, at 8:00 a.m. when doubles are formed. Late arrivals will play as sets are completed. Skill level is about 2.5. Contact is Bob Kamin, 650-322-4300.

~~~~~

**TRAVEL NEWS FOR AREA 16, BRANCHES 5, 35, & 51**

Still looking for a travel chairman. See BIG SIR. You can read the State SIR newsletter called SIR HAPPENINGS at the state website [www.sirinc.org/sirhappenings/](http://www.sirinc.org/sirhappenings/), which includes travel news from other branches .

~~~~~

(Continued on page 3)

(Continued from page 2)

Bowling
BRANCHES 5, 35,
& 51
EVERY TUESDAY,
HOMESTEAD LANES,
HOMESTEAD AND
STELLING,
CUPERTINO

(BRANCHES 5, 35 & 51) We bowl on a handicap system, so all have an equal chance. Each season teams are revised and always have a mix of players by ability. Be there by **12.45**. New bowlers are always welcome at any level of experience. If you're new, it's easier if you call me in advance so we will be prepared.
TIM EASTHAM (366-2449)

~~~~~

**Biking**

**Jim Lunt, Thursday— May 12, 2016, 11:00**

**jamesdlunt@yahoo.com**  
**(408-252-6804)**

**Cell (408-921-5058)**

If you plan to ride or have questions please contact Jim Lunt as above, or Gordon Tong at **gordy6850@gmail.com**

~~~~~

SIRS ON BIKES: SIR Area #16 bike rides regularly start at 11:00 AM the **2nd Thursday of the month.**

Wives and Guests are welcome.

Bring bike, helmet and a jacket if it is windy. Rain will cancel. Attendance averages 10-15 riders. More are welcome. Rides are planned to be 15-20 miles on paved bicycle trails (so that almost any type of bike is usable) with some optional ride distances. The pace is moderate and riding on streets is kept to a minimum and includes a restaurant lunch break. Participants should exercise good judgment such as maintaining a safe distance between riders, obeying all signs and stoplights etc.

Thursday January 12

Stevens Creek Trail & Shoreline Park (Mt. View)

Ride: We will ride a flat 14-mile round-trip to Michael's Restaurant in Shoreline Park, plus an optional 5-mile loop to the Palo Alto Duck Pond, near the Palo Alto Airport (a total ride of 19 miles). **Lunch will be at Michael's.**

Directions: Meet at the south end of the Stevens Creek bike path at the corner of Sleeper Ave. and Franklin Ave. From Palo Alto, go south on El Camino, to Grant Rd.; turn right. The first street past the 3rd traffic signal is Sleeper Ave.; turn left. Go 8 blocks to the end of Sleeper Ave. to a small park. Park your car along the curb.

Some of the SIR bicyclists have been experimenting with establishing a 4th Thursday of the month ride. This ride will be more unstructured with the objective of finding new, paved and safe biking trails to add to the standard 9 SIR ride list. Some of these new trails may be outside of the Immediate Bay Area. The riding pace is a little faster depending on the riders, bike trails are new to the riders so there may be some backtracking and are not always well marked/identified so it makes for a more adventurous ride. If interested, please talk with Jim Lunt or Gordon Tong.

Holiday Lunch Photos

Our Hosts, Duane and Mary Lou Stauffer



Outgoing Big SIR, Gary Hornberger and Incoming Big SIR, Foster Kinney



Foster and Sharon Kinney



Our photographer, Lee Hornberger



The Vasquez and the Cali Families



Richard and Diane McGrath



(Continued from page 3)

The Camenzinds and the Elys



Les Spring and the Spauldings



RESPONSIBILITY DECLARATION

All activities arranged for or by, or sponsored by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Son In Retirement, Incorporated and its Branches do not assume responsibility for the well being or safety of the participants or their property, in any matters.

-2017-

State President: Jerry L. 'Jerry' Strain , <SIRJERRY42@GMAIL.COM> ,209-551-8220
Region 5 Director: TBA
Area 16 Governor: TBA

**SONS IN RETIREMENT
INCORPORATED
SOUTHERN PENINSULA
BRANCH 5**

Foster Kinney: Big Sir
Roy C. Dreisbach Little Sir
Editor: Les Spring
4retselgni@sbcglobal.net

ATTENDANCE
Tom Donahue
408-532-7274

Foster Kinney
426 Quartz Street
Redwood City, CA 94062

**PLACE
STAMP
HERE**
