

Sons in Retirement



Volume 29 Issue 2

Web site <http://sirinc2.org/branch5/>

February, 2017

Big SIR sez:

We had an interesting and educational talk at our January Lunch by Dr. Peter Nelson, "What you Need to Know About Strokes." Just remember FAST:

- Facial drooping
- Arm weakness
- Speech difficulties
- Time to call 911 or go to the nearest hospital.

And so we come to February, an exciting month! We start with the Super Bowl on Sunday, February 5. We will join millions and millions to watch the best of American Football. Maybe you will join a group of friends, guess the winners and their scores and then cheer on your favorites. Just remember, when it is all over, somebody will win and somebody will lose and then we will celebrate the National Champs and the Most Valuable Player.

Following on the next weekend will be the celebration of Chinese New Year, with the big parade in San Francisco on Saturday, February 11. It is the Year of the Rooster. So, we will join them and crow with our own SIR Rooster! It is a good time to wear your Rooster Pin!

Moving right along will be Tuesday, February 14. I WARN YOU, don't forget Valentine's Day!

Meanwhile, you can enjoy some golf every Thursday, and bocce on first and third Tuesdays, and then it will be time for our Monthly Lunch on the fourth Wednesday, February 22. Our new member Jerry Ely won the Birthday Drawing for February. Be sure to wish him a "Happy Birthday!" We have great food and great speakers, so invite a friend to come and hear Horace Hines

inform us about our local geology. We will buy lunch for your guest!

PS. There is a new phone scam going on. If you get a call from some stranger and he says, "Can you hear me?" Just hang up! It is a scam to get access to your personal information.

I look forward to seeing you on February 22.

Foster Kinney, Big SIR

TO ALL OUR MEMBERS:

MEMBERSHIP DUES IN THE AMOUNT OF \$30 FOR 2017 ARE NOW DUE AND PAYABLE. THEY MAY BE PAID AT THE NEXT LUNCH MEETING OR BY CHECK PAYABLE TO SIR-5 AND MAILED TO PETE LOPRESTO, 1384 SAGE HEN WAY, SUNNYVALE, CA 94087. LETS HIT 100% AGAIN THIS YEAR.

Lunch 2/22 Noon

SALADS

- Spinach with Eggs and Mushroom
- Pasta Primavera
- Three Bean

ENTREES

- Crab and Shrimp Cannelloni
- Beef Stroganoff

DESSERT

- Chocolate Mousse

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Feb. Branch 5 Calendar

- Thursday, Feb. 2 - Golf at Sunnyvale - 9:30 AM
- Tuesday, Feb. 7 - Bocce at Los Altos - 2:00 PM
- Thursday, Feb. 9 - Golf at Shoreline - 9:30 AM

Thursday, Feb. 16 - Golf at Moffett - 9:30 AM

Tuesday, Feb. 21 - Bocce at Los Altos - 2:00 PM

WEDNESDAY, FEB. 22 - MONTHLY SIR LUNCH AT MICHAELS - 11:00 AM
Wednesday, Feb. 22 - Cards at Michaels - after Lunch

Thursday, Feb. 23 - Golf at Los Lagos - 10:00 AM

Tuesday, March 7 - Bocce at Los Altos - 2:00 PM

SPEAKER

Our speaker on February 22nd will be Horace Hines. He will be talking about "Geology from the Pacific to the Rockies". This will be a description of how the major geologic formations from the Pacific Ocean to the Rockies were formed. Have you ever wondered why there is a coastal range followed by the great valley and then the Sierras? Why is the descent from the Sierra summit down to Reno steeper than the rise from the Sacramento Valley to the summit? How were the rounded Sierra granite mountain tops (like Half Dome) formed? What created the Great Basin where rivers go to die? What forces created the Rockies?

Attendance

Report

1/25/17

43 members

2 guests

45 totsl

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Membership

None reported

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# Roster Changes

None reported

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March Birthdays

- Bob Carlstead 3-12
- Hank Cooper 3-24
- Foster Kinney 3- 4
- Robert Merk 3-16
- Bob Simons 3-31

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# SUMMARY OF BRANCH 5 Executive Board MINUTES

January 25, 2017- 10:00 AM

### Meeting Minutes

Call to order - The meeting was called to order at 10:10 with five members present

Confirm quorum of six Board members - A quorum was confirmed at 10:20. In attendance were: Chris Vasquez, Pete LoPresto, Roy Dreisbach, Gary Hornberger, Paul Butler, Foster Kinney, Dan Haley, Albert Stratz, Phil Yurtis, Carl Orta, Tim Donahue, Lloyd Letter.

Additions or correction to minutes of November 16, 2016 BEC meeting and approval - The minutes were approved

Introduction of Visitors and Guests - Foster introduced new members. Phil and Carl. He also introduced board members present. Foster said that Phil is set to make the new member presentation but he is available to help.

u:

a. Officer Training, 1300 S. El Camino, San Mateo, Friday, February 24, morning or afternoon sessions – Foster reported training of officers is set for February 24. All officers are required to attend.

b. Big SIR and Little SIR, Region 5 Meeting, Qube Cafe, 4000

S. Elation,

February 17, 10:00 A.M. - Foster said there would be a separate session for big and little SIRS. This is scheduled for February 17th

c. New Costs for 2017 - Lunch \$25.00, Dues \$30.00. Foster reported new costs as on the agenda.

d. Jerry Ely to be inducted at lunch today, sponsored by Paul Camenzind. (Other Branches have new members inducted at the BEC Meeting and then introduced to the membership at lunch.) - Foster said the little SIR and he would introduce the new members.

e. Rosters for 2017 are available today. First to the BEC and then distributed to members at lunch today and to members at golf tomorrow, especially to the Nazzals. Available at future lunches for members and new members. - The new rosters were passed out to the BEC.

f. Why SIR? “Make new friends.” We will have a new reason each month to assist our members to recommend SIR to their friends. - Foster said that the make new friends communication is to encourage new membership and to provide reasons for encouraging membership each month to the members .

Secretary’s Report – Chris Vasquez – Chris stated nothing to report

Treasurer’s Report and approval – Pete LoPresto - Lloyd Lettis provided an audit report. (Attached). He said that it was easy given Pete LoPresto's great work as a treasurer. The audit report showed that we passed in flying colors. Praise was given to Pete by the BEC. Pete stated the December income was \$2495. Expenses were \$2195.79. Profit was \$299.21 and the ending 2016 balance was \$1536.87 for a loss of \$712.92. To date, 16 members have paid dues for 2017, which is 26% of the membership. Report attached.

### Committee Reports:

Attendance – Tom Donahue – Tom stated nothing to report

Bulletin – Les Spring – Les was not in attendance

Membership - Paul Butler - Paul Butler reported out on membership report (attached) He stated there is one new member and Paul Krug is off the active

list. The report shows 62 active, one inactive and no roster changes. This was a discussion about roster changes and he stated that he finds out about new memberships early

Golf - Howard Trudeau – Gary reported for Howard. He stated that golf games have been rained out in the last several weeks and four foursomes have been established to rotate between Los Lagos, Sunnyvale municipal, Moffett Field and Shoreline. He reported that the golf luncheon was a success with Gary receiving the most improved golfer award this year. He said Howard did a great job! The board agreed!

Recruiting/Retention – need a recommendation for this position - Foster stated that he needs a recommendation for the recruiting retention position

New Member Orientation - Phil Yurtis – Foster said Phil will handle the new member orientation and Foster is going to help with the pitch

Speakers – Al Stratz – Al Stratz reported that Peter Nelson will speak at the meeting today and Horace Hines is scheduled for the following meeting. Nelson will speak on stroke awareness and is a Doctor who previously had a stroke when he was 49 years old

Web Master – Ed Nazzal – Ed was not in attendance. Foster said a new URL has been established and is in the roster

Activities - Carl Orta – Bocce – Carl reported that Bocce is the first Tuesday of every month at Los Altos and is scheduled to go to the first and third Tuesday. He stated we are keeping Redwood City as a back up and encourage everybody to participate including spouses and guests. Carl said that he would put something together for the newsletter.

Shum Mukherjee – Cards – Shum was not present and no cards today  
Old Business

a. Foster reported that the Holiday Party was a big success. Everybody prepaid - no cancellations, no last-minute arrivals. From now on, all July Barbecues and Holiday Parties will be “Pay in Advance.” Richard and Diane McGrath will plan the setup and decorations, Duane Stauffer will be the M-C and Greg Kemist will receive the pre-payments.

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**New Business:**

- a. All activities for this year in the Roster and the Newsletter must be approved by vote of the BEC, to satisfy SIR insurance coverage. – Foster reminded everyone of this
- b. Senior SIRS this year - Don Andrews, - April 14, Cal Cook - May 19, Flemming Neilsen - July 5, Fred Van Kirk - June 8 - Foster made mention of the Senior SIRS.
- c. Super Senior SIR - Emmett Hearn - January 20 – Foster mentioned this
- d. Items from Board members – no items reported.

Call for adjournment - The meeting was adjourned at 11:10 a.m.

Respectfully submitted,

*Chris Vasquez*  
Secretary

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GOLF

The golf luncheon was held on the 17th with 18 returning members to the Sir 5 golf club.

The winner of the most improved golfer was Gary Hornberger who repeated and therefore got to keep the impressive trophy.

Los Lagos golf course
1-26-17

Jim Stevens	94 net 66	
Richard McGrath	79 net 72	CTTP
Mark Castro	98 net 73	
Phil Yurtis	98 net 74	
Gary Hornberger	96 net 76	
Norm Nazzal	101 net 77	
Jere Austin	113 net 78	
Azmi Habib	116 net 81	
Charles Shamieh	124 net 120	
Anwar Dughman	128 net 93	
Ed Nazzal	51/9	
Jiries Nazzal	53/9	CTTP

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**MAC Group**

MAC users should contact W.A. Ross, <waross@closereach.com> (aka Skip) for information on this group.

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Bocce Ball

Bocce ball play in Los Altos: all members/guests/spouses are welcome, we play from 2:00 to 4:00 pm, and it's free. There is no residency require-

ment. The courts are at the Hillview senior center, next to Room 10, 97 Hillview Ave. For 2017 we are going to play on the **FIRST and THIRD Tues. of each month; the dates for next games are Feb. 7 and 21, Mar. 7 and 21, April 4 and 18. We plan to keep the Redwood City courts as a back-up venue as needed, on the third Wed. of each month from 3:00 to 5:00 pm. Come join us, stay active and learn a new sport.**

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**Tennis:**

Tennis group meets Mondays and Thursdays at Rinconada Park, 777 Embarcadero Road, Palo Alto, at 8:00 a.m. when doubles are formed. Late arrivals will play as sets are completed. Skill level is about 2.5. Contact is Bob Kamin, 650-322-4300.

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TRAVEL NEWS
FOR AREA 16,
BRANCHES 5, 35,
& 51

Still looking for a travel chairman. See BIG SIR. You can read the State SIR newsletter called SIR HAPPENINGS at the state website www.sirinc.org/sirhappenings/, which includes travel news from other branches.

Sample:

May 20-25, 2017 :100TH

Birth day of JFK on Cape Cod (Br 32) Escorts: John Pletsch (408) 274-2992 or (408) 504-1255 and Mike Console (408) 246-1080.6 day tour includes home pick-up and airport transfers, Round Trip Air Fare, 1 night accommodations at Holiday Inn Boston and 4 nights accommodations at Cape Codder Resort & Spa, Hyannis, MA. Deluxe motor coach, 8 meals (4 breakfast and 4 dinners). Tour highlights include JFK Presidential Library, Boston, guided tour of Hyannis, JFK Museum Hyannis, Hyannis harbor

cruise, Cape Cod Maritime Museum, whale watching cruise (weather permitting), and guided tour of Nantucket. Total cost including air fare \$2395 (\$2760 single). Deposit including travel ins \$495 (\$522 single) or \$350 without travel ins. Check or Credit Card Payable to Talbot Tours Trust Acct and mail along with application in brochure to John Pletsch, 2697 Suisun Ave, San Jose, CA 95121. Final payment due March 14, 2017.

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**Bowling**  
**BRANCHES 5, 35,**  
**& 51**

**EVERY TUESDAY,**  
**HOMESTEAD LANES,**  
**HOMESTEAD AND**  
**STELLING,**  
**CUPERTINO**

(BRANCHES 5, 35 & 51) We bowl on a handicap system, so all have an equal chance. Each season teams are revised and always have a mix of players by ability. Be there by **12.45**. New bowlers are always welcome at any level of experience. If you're new, it's easier if you call me in advance so we will be prepared.

TIM EASTHAM (366-2449)

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Biking

Jim Lunt, Thursday— May 12, 2016, 11:00

jamesdlunt@yahoo.com
(408-252-6804)

Cell (408-921-5058)

Wives and guests welcome:

Rain cancels; Helmet Required 2nd Thursday February 9 – 11:00 AM COYOTE CREEK TRAIL SOUTH SAN JOSE The ride will be about 6 miles to the Coyote Creek Golf Course. We will go past the golf course another 3 miles to a model airplane launching site, then double back to the golf course club house for lunch. After lunch we

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will ride back to the hotel parking lot for a total of 18 flat miles, round trip. For those who want a shorter ride, they may omit the ride to the airplane site, thus reducing the round trip to 12 miles.

Directions: Wyndham Garden is located south of San Jose, one block east of highway 101 and just north of the highway 101/ 85 interchange. The directions are the same whether coming on highway 101 or 85: Take the Bernal Rd. exit. Turn left on Bernal Rd., which becomes Silicon Valley Blvd after crossing under 101. Turn left on Rue Ferrari Rd., the service road next to the hotel, and park in the hotel parking lot behind the furthest hotel building on the right.

If you plan to ride or have questions, contact Jim Lunt as per above, or contact Gordon Tong (408) 242 0557
gordy6850@gmail.com

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**RESPONSIBILITY DECLARATION**

All activities arranged for or by, or sponsored by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Son In Retirement, Incorporated and its Branches do not assume responsibility for the well being or safety of the participants or their property, in any matters.

-2017-

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Region 5 Director: TBA

Area 16 Governor: TBA

**SONS IN RETIREMENT  
INCORPORATED  
SOUTHERN PENINSULA  
BRANCH 5**

Foster Kinney:Big Sir  
Roy C. Dreisbach Little Sir  
Editor: Les Spring  
4retselgni@sbcglobal.net

**ATTENDANCE**

Tom Donahue  
408-532-7274

Foster Kinney  
426 Quartz Street  
Redwood City, CA 94062

**PLACE  
STAMP  
HERE**