

Sons in Retirement



Volume 23 Issue 8

Web site <http://www.sir5.org>

August 2010

Big SIR sez:

If you were not at our annual Summer Barbeque, you missed some great food and lots of raffle prizes. The presence of the ladies definitely enhanced the appearance of the group, and improved our SIR members' behavior and table manners. Joe and Dorothy Ames were honored by our Branch 5, and, also, by Area Governor, Stan Barkey, for their outstanding and dedicated service as Travel Chair for the past 15 years. Thanks to John Geibel for acquiring the wine prizes and thanks, also, to Ted Hinshaw for transporting the wine to the event, and for donating a bottle from his private collection.

The day after the Barbeque, Paul Butler and I joined 200 other SIR members at the annual SIR Day at the Giants game. It was a fun outing, with good weather, even though the Giants lost to the Florida Marlins. Buck Kendrick, our State President, made a short speech and threw out the first ball. Not a strike, but over the plate and not in the dirt. The Giants would have gotten a lot more hits if Buck had been pitching for the Marlins, instead of Anibal

Sanchez. Hank Gomez, Big SIR of Branch 25 and his three sons sang the National Anthem, and, later during the seventh inning stretch, sang "Take Me Out to the Ballgame". When this event comes around again next year, plan to come out to the ballgame with us.

On Monday, August 2, I attended the SIR Annual Meeting in Vallejo. This meeting

Lunch **8/25/10**

Salads: Mixed Greens, Caesar, Tomatoes Vinaigrette, Antipasto

Entrees: Sirloin Tips and Breast of Chicken with Herb Butter Sauce

Dessert: Sherbet

was attended by the State Officers, State Appointees and Committee Representatives, Regional Directors, Area Governors, and Big SIRS. The main order of business was the election of the 2011 State Officers. Robert Mannell of Branch 39, San Jose, will be State President, and James

Stedman of Branch 146, Pleasant Hill, will be State Vice President. Buck Kendrick reported that while it is too early to evaluate the effectiveness of Resolution 1-2010, SIR New Member Recruitment Directive, the overall membership level is slowly declining, and stood at 19,453 as of 30 June. Most of the other Big SIRS that I spoke to at the meeting were having as much difficulty as we are recruiting new members. An exception was Branch 35, where the number of new members already exceeds their goal.

At the August 25 Luncheon Meeting, I will present the slate of Branch Officers for 2011 for your ratification. Hope to see you there. Come join your fellow SIR members for conversation, an informative speaker, and good food. Bring a friend and recruit a new member.

Howard Trudeau
Big SIR

SLATE OF OFFICERS **2011**

Big SIR –

Howard Trudeau
Little SIR - Al Stratz
Secretary - Art Schmid

**Asst. Secretary –
Wayne Richter
Treasurer -
Don Harryman
Asst. Treasurer -
Art Kraemer

SPEAKER

Natasha Moiseyev grew up in Palo Alto and has a solo business, Whole Family Solutions, that integrates law, mediation, advocacy and personal assistance for seniors and their adult children. As the mother of two children with congenital Lyme and a husband with late-stage neurological Lyme disease, she is passionate about Lyme education and advocacy.

Lyme disease is widely misunderstood as an arthritic disease that emerged in Connecticut in the 1970s and has since ceased to be much of an issue on the national health front. Natasha will give a brief background on Lyme disease, common misconceptions concerning this sophisticated germ, the political intrigue surrounding the disease, and the current state of diagnosis and treatment of Lyme -- particularly as it relates to and overlaps with many symptoms experienced by seniors. She will be available to answer questions from her own research and experience, and will offer information sheets to interested audience members."

Attendance

Report

Attendance not taken at the picnic in July..

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**Membership**

July 28, 2010

In Memory of: None

New members: None

Membership Changes:  
#59 Herbert R. Warne re-signed; moved to Carmichael

Membership Status:

Active: \_\_\_\_\_ 96  
Waiting: \_\_\_\_\_ none  
Inactive: \_\_\_\_\_ 5 (2 no Bulletin)  
Widows on mailing list: \_3

Current Mailing List:

128. (89 by email and 39 by snail mail.)

Member Record Updates:  
None

*Al Stratz*  
Membership Chairman  
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XXX Birthdays

Kenneth V. Christie 09/03
Adel I. Nazzal
09/22
Frank W. Herterich 09/20
Donald W. Drews 09/23
H. Robert Ross 09/05

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**Minutes of the**

**Meeting of the Executive Board**

23 June 2010

With a quorum present Big SIR, Howard Trudeau, called the Branch 5 Board meeting to order at 1005.

1. The minutes from the May board meeting were approved with a small spelling correction.
2. SIR day at AT&T park is scheduled for 29 July. Paul Butler is the contact point for tickets.
3. Big SIR – The branch has 97 members. In addition to form 27, the branch will also submit an activity report. The bar-b-que roster will be assembled by this Wednesday. Howard Trudeau will continue as Big SIR until his successor; John Giebel, can complete his business responsibilities.
4. Secretary – The nominees for officers was submitted and approved.
5. Treasurer – Signature cards will be authorized for Howard Trudeau, Wayne Richter, and Kamel Totah.
6. Membership – Branch 5 has 97 members. Two recently passed and we also processed two new members. Ray – Our attendance at the last luncheon was 53 members and 1 guest.  
Travel – We have not as yet received a volunteer to assume the duties of Travel Chairman. The present Chairman’s last trip will be up to Oregon in July. If we are unable to find a replacement, we can piggy back on the Branch 35 (?) Chairman.  
Parliamentarian – No comment.  
Golf – Kamel Totah reported that the last round had 12 players. We are requested to try and recruit some additional participants.  
Christmas Bonus – The Branch will organize the collection of a bonus for our servers. We have the same people at each lunch and they do an outstanding job.

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GOLF

(Continued on page 3)

(Continued from page 2)

DATE
No Data Received :-)
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**CompuSIR**  
**Chairman,**  
**Jim Dinkey, Branch 35**

**The CompuSIR group meets the second Wednesday of each month at noon for a brown bag lunch at the Los Altos Legion Hall , 347 First Street, Los Altos. The following speakers are currently scheduled:**

**AUG:Speaker:** Judy Baker, Ph.D., Dean of CTIS Division, Foothill College, speaking on Computer Instruction at Foothill College

Dr. Judy Baker is dean of the distance learning program at Foothill College and will take over as dean of the Computer, Technology, and Information Sciences (CTIS) Division in August. She also spearheads an award-winning national project that provides students with free and low-cost textbooks. The Foothill College CTIS Division provides two online Associate of Science degrees: \_ Computer Software Development and \_ Database Management. Foothill's day, evening, weekend, and online courses span all aspects of computing—from beginning to advanced. Learn employable skills in \_ Enterprise Networking, \_ Internet Technology, \_ Computer Software Development, \_ Interactive & Multime-

dia Technology, \_ BioInformatics, \_ Database Management, \_ Video and Computer Game Design and much more. Foothill also has an array of short courses designed to bring you quickly up to speed in the use of a variety of technologies. Dr. Baker will share information about the free computer textbooks, the \*open textbook\* movement, and how to get involved.

**SEP:** Dan Gallo (Microcenter)  
**FEB 2011:** Gary Sasaki on CES meeting

NOTE: SIR's are welcome at either meeting time  
 12:30 or 7:15 pm  
 To get on Compusir mailing list

<http://mailman.svpal.org/mailman/listinfo/compusir16>  
 OR Jim Dinkey at [jim-dinkey\(at\)jimdinkey.com](mailto:jim-dinkey(at)jimdinkey.com)

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TRAVEL NEWS
FOR AREA 16,
BRANCHES 5, 35,
& 51

See Big SIR if you're interested in becoming our new travel chairman...

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**Bowling**  
**BRANCHES 5, 35,**  
**& 51**  
**EVERY TUESDAY –**  
**HOMESTEAD LANES,**  
**HOMESTEAD AND**  
**STELLING,**  
**SUNNYVALE.**  
**BOWLING ART ENGLAND**

650-948-5828 [Ann\\_Eng@att.net](mailto:Ann_Eng@att.net)  
 Assistant: Bob Taggart  
 Prizes: Roy Robinson  
**EVERY TUESDAY –**  
**HOMESTEAD LANES,**  
**HOMESTEAD AND STELLING,**  
**SUNNYVALE.**  
 Play starts at 1pm - Practice lanes available at 12:50pm  
 Join us for the Spring/Summer Tournament. If you're new, it's easier if you call Art in advance so we will be prepared.

**Season High Scores through July 6:**

Highest "3 game series":  
 Tim Eastham: 598  
 Jeff Grundy: 515  
 Dick Frackes: 509

Highest game:  
 John Snyder: 233  
 Bill Finkemeier: 203  
 Arnie Satterlee: 192

Highest handicap "3 game series":  
 Chuck Huff: 682  
 Alan Gaudie: 652  
 Art England: 646

Highest handicap game:  
 Bill Nye: 251  
 Bill Webster: 246  
 Fred Schwalbach: 235

Bowler is listed only once above, and in the category where he has the highest ranking.

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Biking
 Jerry Butler – (650)494-8078 GXB366@aol.com
 2nd Thursday— August 12,
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(Continued from page 3)

**2010, 11:00 AM Wives and guests welcome
. Rain**

cancels; Helmet required

New Ride Location:

Half Moon Bay/Pillar Point: We will ride the paved flat trail along the ocean shore for about 6.5 miles from Poplar beach, located south of Half Moon Bay, to Pillar Point, just past the town of Princeton. We will return to Princeton where we will have lunch, then ride the same trail back for a total of about 13 miles. This replaces the Shoreline Park ride previously scheduled for this date.

New Ride Directions:

Take I-280 north (approximately 15 miles) to highway 92, then take the exit to Half Moon Bay. Continue on highway 92 about 10 miles to the

intersection with Highway 1, turn left. Go about one mile to Poplar St., turn right. Go to the end of Poplar St and park in the Poplar Beach parking lot, near the port-a-johns. Driving time is about 45 minutes. It may be windy and cold so be sure to bring a wind breaker and gloves to wear. Or, it may be a lovely sunny day.

If you plan to ride or have questions, please contact me, as per above, or, contact Karl Resick, 650-941-8837, karl.resick@stanfordalumni.org

RESPONSIBILITY DECLARATION

All activities arranged for or by, or sponsored by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Son In Retirement, Incorporated and its Branches do not assume responsibility for the well being or safety of the participants or their property, in any matters.

-2010-

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Area 16 Governor: Stanley Barkey <stan@stanbarkey.com> (408) 996-3133

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John J. Geibel, Little Sir
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**PLACE
STAMP
HERE**
