

# SONS IN RETIREMENT

## MODESTO BRANCH 144

*Dedicated to the promotion of independence  
and dignity of retirement*



April 2020 Newsletter

Volume 04-2020

### *Message from Big Sir Anthony Butera*



In the wake COVID -19, I hope all are well and we are all keeping in mind the social distance guidelines. In light of not being able to meet in person, Branch

144 shall continue meeting electronically via Zoom at least until we are all out of the COVID-19 Constraints.

In essence, Branch 144 shall carry on with business as usual at least electronically. So, if you have not paid your dues yet, just send a check to: SIR at 3549 Fawndale Drive, Modesto, CA 95359.

We can continue to connect with our fellow SIR members via Zoom meetings and by telephone as we are required to stay home bound. To participate in our Zoom meeting you will need one of the following: smart phone, iPad, tablet, laptop or desk top computer and you should download the Zoom app at <http://zoom.us>.

**In April**, our BEC Zoom meeting is on April 16<sup>th</sup> from 9:30am to 10:15am. There will be no General Meeting and Luncheon on April 16<sup>th</sup>.

To help our Zoom Meetings to be successful, I am asking for one volunteer from each table (approx. 20 volunteers in total) at the luncheons to attend (electronically) the Zoom Training on **May 2nd** from 9:30am to 10:00am. Do email me at [Anthony.btr@gmail.com](mailto:Anthony.btr@gmail.com) if you wish to learn about Zoom and be willing to share/train approximately 8 SIR members.

Continued in the next column

And now to help summarize and expand upon Zoom Activities for Branch 144, note the below dates and details:

April 10th: ZOOM Check in and training for BEC and General Meeting Directors from 9:30am to 10:00am

April 16th: BEC ZOOM Meeting from 9:30am to 10:15am.

May 2nd: Zoom Volunteer Trainer Check in and training from 9:30am to 10:00am.

May 3rd: to May 20<sup>th</sup> Zoom trainers are training their luncheon table members via Zoom.

May 21st: BEC Zoom Meeting and General Zoom Meeting

Until we meet again either in person or electronically stay safe and healthy.

*Big SIR Anthony Butera Branch 144*

**Edd Santwier will pick up groceries for anyone who needs them. He will not charge for pick-up and delivery. His phone # is: 605-9638. His email is: [esantwier@aol.com](mailto:esantwier@aol.com)**



**There will be NO  
Luncheon in April.**

# CORONAVIRUS INFORMATION

In critical time, please self-check every morning in an environment with clean air. Serious excellent advice by Japanese doctors treating COVID-19 cases: Everyone should ensure your mouth & throat are moist, never dry. Take a few sips of water every 15 minutes at least. Why? Even if the virus gets into your mouth, drinking water or other liquids will wash them down through your throat and into the stomach. Once there, your stomach acid will kill all the virus. If you don't drink enough water more regularly, the virus can enter your windpipe and into the lungs. That's very dangerous.

Please send and share this with family and friends. Take care everyone and may the world recover from this Coronavirus soon.

## IMPORTANT ANNOUNCEMENT - CORONAVIRUS

1. If you have a runny nose and sputum, you have a common cold
2. Coronavirus pneumonia is a dry cough with no runny nose.
3. This new virus is not heat-resistant and will be killed by a temperature of just 77 to 81 degrees. It hates the Sun.
4. If someone sneezes with it, it takes about 10 feet before it drops to the ground and is no longer airborne.
5. If it drops on a metal surface it will live for at least 12 hours - so if you come into contact with any metal surface - wash your hands as soon as you can with a bacterial soap.
6. On fabric it can survive for 6-12 hours. normal laundry detergent will kill it.
7. Drinking warm water is effective for all viruses. Try not to drink liquids with ice.
8. Wash your hands frequently as the virus can only live on your hands for 5-10 minutes, but - a lot can happen during that time - you can rub your eyes, pick your nose unwittingly and so on.
9. You should also gargle as a prevention. A simple solution of salt in warm water will suffice.
10. Can't emphasize enough - drink plenty of water!

## THE SYMPTOMS

1. It will first infect the throat, so you'll have a sore throat lasting 3/4 days
2. The virus then blends into a nasal fluid that enters the trachea and then the lungs, causing pneumonia. This takes about 5/6 days further.
3. With the pneumonia comes high fever and difficulty in breathing.
4. The nasal congestion is not like the normal kind You feel like you're drowning. It's imperative you then seek immediate attention.

SHARE WITH FAMILY and FRIENDS

# Area 18 Travel

If interested in any trips call Bill at home phone 209-544-2684,  
cell phone 209-988-5445 or email [bstires46@gmail.com](mailto:bstires46@gmail.com) to receive a reservation form.  
Friends, neighbors and relatives can go on any of the SIR trips.

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Golden Gate Fields April 18, 2020: Our annual trip to the horse races.

## **THIS TRIP IS CANCELLED**

Here we will try our luck to Win, Place or Show at the horse races. Upon arrival, we will receive a racing program and seating in the Turf Club. You will enjoy a delicious buffet lunch and a fun afternoon of horse racing. Afterwards, board the coach for our return ride home to Modesto and Turlock.

- TOUR INCLUSIONS:
- Deluxe Storer Coachways Motorcoach
  - Coffee & donuts will be provided in the morning
  - Admission to the Golden Gate Fields Turf Club
  - Delicious Hosted Buffet lunch in the Turf Club
  - Complimentary Racing Program
  - Storer Driver Tip

Price: \$143.00 per person

**Minimum 30 passengers needed by March 18, 2020 or the trip will be canceled**

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## **Laguna Arts Festival Pageant of the Masters in Southern California July 26-29, 2020**

**Price for Double \$1,895 - Single \$2,290**

Tour Includes: Reserved Main Tier Center Tier seats at the Pageant of Masters. Pageant of the Masters is when the paintings come to life with real people depicting the Masters Art. Airport Transfers, roundtrip airfare to Los Angeles. 3 night stay at the Best Western Plus in Long Beach; Tour of Ronald Reagan Library; Gondola Cruise, Dinner at Naples Rib Company; Roundtrip transportation aboard the Catalina Express- Avalon Scenic Tour of Catalina Island; Tour of Mission San Juan Capistrano; Admission in the Sawdust Festival; Dinner at Tivoli Terrace; Guided tour of Los Angeles; Admission into Space Shuttle Endeavor exhibit; 5 meals: 3 breakfasts and 2 dinners; Gratuities for bus driver and step on guides; Early reservation is urged to insure Main Tier Center Seats at Pageant.

**\$500 per person deposit to hold place for trip. Final payment Due May 18, 2020.**

***More Travel on page 6***

## DINING OUT CLUB NEWS



As of March 26

*Unfortunately, Dining Out Club Dinners were cancelled for March. Unless a miracle happens, I feel that there will not be any Dinners scheduled for April, and perhaps May as well. When it becomes SAFE to have Sit Down Dinners again, I will inform you by email or telephone. Check the schedule on your hand out from the last attended Dinner for the monthly locations. If you have misplaced that calendar, let me know and I will send you a new copy. Hang in there! - Vince*

**Humor -- Just for you! . . .**

*A New York attorney representing a wealthy art collector called his client. "Saul, I have good news & bad News." The art collector replied, "I've had an awful day. Give me the good news first." The lawyer said, "I met with your wife today. She informed me that she had just invested \$5,000 in two pictures that she thinks will bring a minimum of \$5 million to \$10 million. I think she could be right." Saul replied enthusiastically, "My wife is a brilliant businesswoman! You just made my day. Now I can handle the bad news. What is it?" The lawyer replied: "The pictures are of you and your secretary."*

*An exasperated mother, whose son was always getting into mischief, finally asked him "How do you expect to get into Heaven?" The boy thought it over and said, "Well, I'll run in and out and keep slamming the door until St. Peter says, "For Heaven's sake, Dylan, come in or stay out."*

*One summer evening during a violent thunderstorm, a mother was tucking her son into bed. She was about to turn off the light when he asked with a tremor in his voice, "Mommy, will you sleep with me tonight?" The mother smiled and gave him a reassuring hug. "I can't dear," she said. "I have to sleep in Daddy's room." A long silence was broken at last by his shaky voice: "The big sissy."*

## APRIL BIRTHDAYS

Name	Date	Age	
Fairfield	Bernie	04/09/48	72
Gasper	John	04/16/47	73
Hubbard	Gary	04/14/46	74
King	Gaylan	04/25/46	74
Manrique	Julius	04/08/32	88



## APRIL ANNIVERSARIES

Name	Spouse	Date	Years	
Lou	Altadonna	Emilia	04/11/47	73
Glenn	Davis	Jo Anne	04/09/60	60
Kent	Faulkner	Truda	04/01/78	42
Thomas	McNett	Elizabeth	04/05/81	39
Larry	Parks	Clara	04/22/66	54
Jerry	Thomason	Renate	04/20/74	46
Gary	Williams	Susan	04/10/96	24
Larry	Zabel	Muggs	04/09/72	48





## April 2020 Bowling Report

High Scratch and Handicap Series and Games

Scratch Games

Handicap Games

Week 28 March 3

Series: Dan Erreca 704

Dan Erreca 704

Game: Dan Erreca 248

Steve Hughes 268

Week 29 March 10

Series: Bob Lewis 609

Larry Zabel 751

Game: Larry Zabel 245

Larry Zabel 299

Team 1(Clark Pearson, Dave Conley & Steve Gibson) won the 1<sup>st</sup> 3<sup>rd</sup>. Team 4(Gene Cox, Bick Woolley, Wes Rash & Steve Bruce) won the 2<sup>nd</sup> 3<sup>rd</sup>.

Come out for our hometown tournament.

----- 2020 UPCOMING STATE TOURNAMENTS-----

June 11-12 Gold Country Lanes, Sutter

Creek: Emil Leese 916-275-8684

Ray DiBasilio 530-558-9727

June 23 Earl Anthony's Dublin Bowl, Dublin

Harvey McAninch 510-441-3803

Jerry Sabo 510-790-3135

July 10-12 Knotty Pine Lanes, Pollock

Pines: Ray DiBasilio 530-558-9727

July 27-28 Nu Generation, Yuba City

Ray Buttacavoli (H) 530-671-5599

(C) 530-329-2038

**Tournaments subject to cancellation**

Branch 144 Bowling Chairman:

SIR Vern Masse 209-538-4275

[vnr03@sbcglobal.net](mailto:vnr03@sbcglobal.net)

Double click to open



Two Fabulous SIR Days--2020.pdf

**Giant's vs A's June 7**

**Golden Gate Fields CANCELLED**

## APRIL 2020 GOLF



This is the new URL for Area 18 Golf:

[https://sirinc2.org/public\\_html/area18golf/](https://sirinc2.org/public_html/area18golf/)

MONDAY APR. 13	DRYDEN	CARTS: \$ 15.00
HOST: 143	\$ 32.00	9:00 AM
MONDAY APR. 20	MANTECA	CARTS: INCLUDED
HOST: 164	\$44.00	9:00 AM
MONDAY APR. 27	DRYDEN	CARTS: \$ 15.00
HOST: 1164	\$44.00	9:00 AM
MONDAY MAY 4	MICKE GROVE	8:00 AM
HOST: 164	\$38.00.	CARTS: INCLUDED
MONDAY MAY 11	DRYDEN M//P	CARTS: \$ 15.00
HOST: 144	\$32.00	8:00 AM

HOPE EVERYONE HAS MADE IT THROUGH THE CORONAVIRUS. HAVEN'T HEARD OF ANYONE CATCHING IT. MAY 4th and 11th TEE TIMES ARE 8:00 AM. OUR BEST BALL TOURNAMENT IS ON 6/1, NOW IS THE TIME TO START THINKING ABOUT TEAMS. ONE PLAYER FROM EACH HANDI-CAP BRACKET A-B-C-D.

**TOURNAMENTS SUBJECT TO CANCELLATION. CHECK WITH ME.**

JAY NORRIS BR# 144 GOLF CHAIRMAN

[Sirgolfer144@gmail.com](mailto:Sirgolfer144@gmail.com)

3328 VINE CLIFF WAY MODESTO, CA 95355 209-606-1475





## Past Big Sirs

1988 Lynn Wood  
1989 Elbow Jones  
1990 Dick Benevento  
1991 Warren Lawson  
1992 Al Evans  
1993 Joe Underwood  
1994 Homer Jorgensen  
1995 Don Singer  
1996 Max Norton  
1997 Charles Cox  
1998 Dick Bachman  
1999 George Harden  
2000 John Shores  
2001 Bob Curley  
2002 Frank Pierson  
2003 Julius Manrique  
2004 Ed Boyle  
2005 Ted Nagel  
2006 George Ditman  
2007 Herman Vigil  
2008 Michael Mensinger  
2009 Charles Shoup  
2010 Gary Williams  
2011 Jerry Strain  
2012 Sam Graham  
2013 Jerry Emery  
2014 Leonard Davis  
2015 Patton Brooks  
2016 Bill Burchell  
2017 Gary Williams  
2018 Sam Graham  
2019 Jerry Emery  
2019 Jerry Strain



## Modesto Branch No. 144 Officers

### OFFICERS FOR 2020

**Big Sir:**..... Anthony Butera 985-3473  
**Little Sir:**..... Biff Galbraith 575-2724  
**Secretary:**..... Fernando Gonzalez 415-420-2440  
**Assistant Secretary:**..... Jack O'Brien 221-3691  
**Treasurer:**..... Nilo Casiano 324-5926.  
**Assistant Treasurer:**..... Open

### DIRECTORS FOR 2020

Andre Dodd 527-0482                      Sam Graham 552-0960  
Gaylan King 380-9896                      Jerry Strain 551-8220  
Jim Toepfer (360) 477-0930                      Gary Williams 578-3471

### STATE, REGION, & AREA OFFICERS

STATE PRESIDENT OF SIR, Inc ...Ed Benson 925-943-7011  
STATE VICE PRESIDENT OF SIR, Inc .. Jim Johnson 536-1595  
DIRECTOR, REGION 2.....Rick Kindle 652-8608  
GOVERNOR AREA 18.....Richard Provost 222-1910

### COMMITTEE CHAIRMEN

#### RAMP

**Recruitment:**.....Open  
**Activities:**.....Open  
**Member Relations:**....Gary Williams 578-3471  
**Publicity/Relations:**...Sam Graham 552-0960  
**Accessories:**.....Sam Graham 552-0960  
**Travel: Area 18:** ..Bill Stires 544-2684  
**Area 18 Golf Chairman:** Joe Adams 632-8197  
**Branch 144 Golf Chairman:** Jay Norris 606-1475  
**Assistant:**....Gary Hubbard 551-5253  
**Area 18 Bowling Chairman:**.....Vern Masse 538-4275  
**Branch 144 Bowling Chairman:**Vern Masse 538-4275  
**Programs:**..... Biff Galbraith 575-2724  
**Newsletter:** ... Bob Lewis 523-7387  
**Data:**..... Gary Williams 578-3471  
**Chaplain:**...Vernon Jones 683-8033  
**Dining:** Vince Sereno 524-9630, Henry Solario 578-5607  
**Attendance:**.....Tony Salonga  
**Sunshine:**.....Edd Santwier 605-9638  
**Assistant:** Julius Manrique 576-1077  
**Nominating Committee:** Julius Manrique, Patton Brooks, Bill Burchell and Gary Williams  
**Membership:**.. Gaylan King 380-9896  
**Book Club:**.... Joe Venturini 524-6577



Area 18 Bowling Chairman  
Vern Masse

**To save 15% on tickets to the Gallo Center use code: *SIRS1920***

**Please visit our website at [www.sirinc2.org/branch144](http://www.sirinc2.org/branch144)**

The SIR website for the latest edition of SIR Happenings at: <http://sirinc.org/sirhappenings/>

If anyone knows if someone has an illness, accident, or passes, please let Edd Santwier (605-9638) or Julius Manrique (576-1077) know. Thanks!

Mac McCoy's wife Bev passed away.

**SHLM: Julius Manrique & Ted Nagel**

**HLM: Gary Williams and Sam Graham**

**STATE HLM: Jerry Strain**