



SONS IN RETIREMENT

TWIN RIVERS BRANCH #109

Marysville, California
Incorporated June 18, 1984

FUN

FOOD

FELLOWSHIP

Social hour....11:00 am
Luncheon.....12:00 pm

We meet the third Tuesday of every month

NEXT LUNCHEON - June 18, 2024

Plaza Room, Hilcrest Plaza, 210 Julie Drive, Yuba City

Meal ---- \$22

w/o meal --\$2

BIG SIR - TJ Fetters (530)301-9054 thomasfettters45@yahoo.com



Greeting Fellow Sirs;

Hope your June is going well! Looking forward to see all of you at the Luncheon on June 18th.

Our guest speaker will be Alexandria Mazerolle, Engagement Lead, for Blue Zone Project Yuba Sutter. She will tell us about their efforts to make this area Blue Zone.

Remember lets Increase our membership by Inviting a guest to lunch. Stay "Cool" If you can and we will see you on the 18th. T.J. Fetters

MEMBERSHIP Sir Gerry Dorsey (530)742-1449 sirgerry109@gmail.com



As I was putting together the newsletter I noticed on the masthead that the branch was incorporated exactly 40 years before the date of our luncheon.

In it's heyday, there were over 130 members. Today we have 44 members but we are still kicking.

Keep an eye out for perspective new members at all times. Gerry

CELEBRATING THEIR BIRTHDAYS IN JUNE

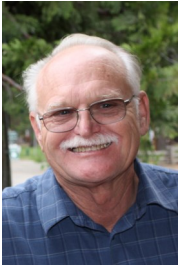


We need some new members born in June!

TREASURER'S REPORT Sir Roland D'Arcy (530)743-8742 rolanddrc@yahoo.com

Treasurer Report: All bills have been paid and the Branch has \$2,078.17 in the account.

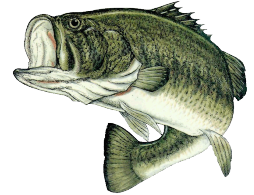




SLOWTROLLERS - Sir Don Allen (530)743-2160 dsallen74@comcast.net

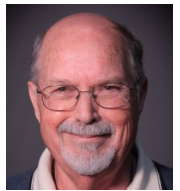
Last month we had our annual Lake Shasta Sugarloaf Trip. Those who couldn't attend had a fun day at Lake Oroville on Thursday the 16th. Bass Fishing was excellent at Lake Shasta and Lake Oroville.

This month we have an individual "Tournament" scheduled for Camp Far West on June 20th.



Fishermen have reported catching Bass at Lake Oroville, Collins and Camp Far West. Bass and Trout fishing is improving on most lakes due to the warming water.

We meet the 1st Monday of the month at the Moose Lodge in Yuba City, 8:30 - 9am Coffee and Donuts and the meeting to follow at 9am.



BOWLING Sir Ray Buttacavoli, (530)671-5599 (530)755-0746

Sir Jeff Brockman

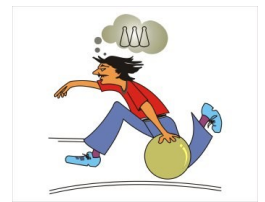


Once again Beale Bowl is open, and we are bowling every Wednesday.

We bowl at 11:00 AM. All are still welcome to bowl with us, but if you have not bowled with us since we moved to Beale AFB, it will be necessary to contact me so that we can start the paperwork for the Guest Pass.



You can contact me at the phone number above or via email at rdb0416@comcast.net .



GOLF --- Sir Dennis Dempsey 487-3830 / Sir Roland D'Arcy 743-8742



The golfing schedule is very active from March to October. There are a few tournament regulations that ensure that play is efficient and enjoyable for everyone.

1. Players must sign up ten days in advance to maximize players allowed. Others are placed on a waiting list.
2. Payment at tournaments is always in cash.

Participants scheduled to play who do not show up will pay \$10 and pay in advance for any of the following tournaments.

Contact Dennis (530) 487-3830 or Pete (530) 674-7234



DINING OUT Sir Roland D'Arcy 743-8742 or rolanddrc@yahoo.com



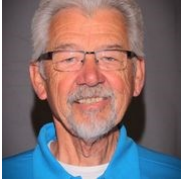
Dining Out:

Dining Out: Good turnout for last month at The Ranch House, 26 people attended. Our next event will be Thursday June 27th at a restaurant to be determined. I will let you know via email and at the meeting. Roland

Hope you can join us by letting me know.

Roland, rolanddrc@yahoo.com or 530-743-8742 Bon Appetit

BOCCE BALL Chairman - Carey Saunders (530) 632-1859 / Jack Schoen, Assistant - (719) 400-9830



Bocce Ball is an easy game to learn but it can be a very hard game to master. It is sort of a combination of bowling and billiards. Bocce is played with eight large balls and one smaller target or object ball called a jack or pallino. The objective is to throw your bocce balls closer to the pallino or jack than your opponent.

We play every Tuesday at Kingwood Park on Gray Avenue at 10:00.

Please come and join us.



TRAVEL -- No travel chairman in branch 45.

If you want to travel look in "sir happenings" on the sininc.org web page and take a trip with another of the sir branches.

ANNIVERSARIES THIS MONTH

Jose Duenas (2022)

Allan Finley (2022)

Rojelio Perez (2022)

Dave Sparks (2008)

John Thunen (2010)

Eric Vodden (2016)



CONGRATULATIONS

The older I get, the more clearly I remember things that never happened. - Mark Twain

"Wisdom doesn't necessarily come with age. Sometimes, age just shows up all by itself." - Tom Wilson

"Always be nice to your children because they are the ones who will choose your retirement home."- Phyllis Diller

"I don't plan to grow old gracefully. I plan to have face-lifts until my ears meet." - Rita Rudner

"I'm at that age where my back goes out more than I do." - Phyllis Diller

"Nice to be here? At my age it's nice to be anywhere." – George Burns

"Don't let aging get you down. It's too hard to get back up." - John Wagner

"First you forget names, then you forget faces, then you forget to pull your zipper up, then you forget to pull your zipper down." - Leo Rosenberg

"Aging seems to be the only available way to live a long life." - Kitty O'Neill Collins

"Old people shouldn't eat health foods. They need all the preservatives they can get." – Robert Orben

Sir Newsletter
2328 Foust Street
Marysville, CA 95901

PLEASE HAND CANCEL

