

#### BIG SIR MESSAGE - Sir Pascual Perez 671-4460

As we head into summer, we also head into the heart of the recreational season, with its new opportunities for fellowship through play. As it turns out, play is a pretty big deal. The definition of play is : To occupy oneself in an activity for amusement or recreation. I found several quotes about play, Ralph Waldo Emerson saying, "It is a happy talent to know how to play." Or George Santayana saying, "To the art of working well, a civilized race would add the art of playing well." Or C. K. Chesterton even going so far as to say, "The true object of all human life is play."

The next time someone says you fish, bowl, or play golf too much, quote these, back at the critic. Play, as it turns out, is both necessary and noble! It is an essential adjunct to friendship. Friendship and play are what the Sons In Retirement are all about, because it is in this very way that we savor the rewards of retired life. So my fellow SIR's let's go out and take a friend and play like tomorrow isn't guaranteed.

#### LITTLE SIR Message - Sir Harry Barajas 639-2431

Well, as I write this, so far the heat has been bearable but the fires have started. To date Yuba County has been lucky but let's try to keep it that way, please be safe. Our guest speaker this month will be Larry Green, also known as "IRON HAND". He will share the history of the mountain men of the area, and the weapons and implements they used. We will either be disappointed or feel lucky that we weren't alive in that era.

GOLF REPORT - BRANCH 45/109Sir John Boyer - Golf Chairman - 751-2691Sign up for the following:JULY 10 - RIVER OAKS - 4M2BB - 0800(SG) COST = \$43JULY 24 - CHERRY ISLAND - 4M2BB - 0830 (SG) COST = \$41

\* JULY 30 - CANYON OAKS – 4M2BB – 0900 (SG) COST = \$55 AUG 7 - PLUMAS – LOW NET(BY FLIGHTS) – 0800 (SG) – COST = \$42

\* THIS TOURNAMENT IS RUN BY PARADISE SIR.

THE STATE FALL CLASSIS WILL BE HELD SEPT. 17 & 18 AT LINCOLN HILLS GOLF CLUB. COST = \$150 PER MAN. 1<sup>ST</sup> DAY IS 4M2BB AND YOU CAN PLAY WITH A 4-SOME OF YOUR CHOICE.  $2^{ND}$  DAY IS SCRAMBLE WITH AS-SIGNED A,B,C,D.

SEE JOHN BOYER FOR ENTRY FORM AND OTHER DETAILS.

NOTE: PAYOUTS FOR TOURNAMENTS WILL ONLY BE GIVEN AT THE LUNCHEONS. For results of past tournaments go to http://branch45.sirinc2.org



#### POKER CLUB Sir Ken Scott 743-0864



There will be poker games held at my house. If you are interested, please call me for date and time.



CORRECTIONS TO DIRECTORY - Remove - Larry Herrera , Frank Aros and Don Elliott. Add - Don McDonel, 1489 Hutchinson Rd, Yuba City, CA 95993 , 218-4709, d.mcdonel@yahoo.com

<u>TRAVEL - Sir Roy Newman Br 45 / 109</u> 755-3713 C: 713-4947 roy.newman@comcast.net SIR Branches 45 & 109 Travel Info.

~ "Travel Show" - Wed., Sept. 12<sup>th</sup> 1:30 – 3:00 @ Moose Lodge Refreshments – Free

~ "Empire Mine State Park Tour" Wed., Sept. 26<sup>th</sup>. R/T Bus ride and lunch at Park - \$51.00 pp

~ A Day at the Races"

Thurs., October 25<sup>th</sup>- Golden Gate Fields. Bus ride and lunch - \$75.00 pp.

#### Contact Roy Newman

There is no smoking or drinking of alcoholic beverages on buses. Until further notice, you may select seats on the bus in the order in which you pay for the trip. On longer trips, we change seats daily. A reasonable tip for the bus driver is included in the total cost of the package. No collections for tips will be conducted on the buses

**Yellowstone National Park Experience – Aug. 6-12th, 2018** Enjoy a "Wildlife Safari", breathtaking views, with visits to Idaho, Wyoming & Utah. Price pp/do: \$2,830 - includes home pickup, R/T air Sac. / Salt Lake City & Lots of Fun!!

**Homes of the Presidents – Oct. 10-16, 2018.** Prices from \$2,850 pp/do, Follow the trail of 10 U.S. Presidents through Washington, DC, Virginia, Maryland & Pennsylvania. Prices include Home pickup and Airport Transfers, R/T Airfare, numerous meals and excursions, lodging, Deluxe Motor coach, Most Gratuities and Baggage Handling.

Alaska Princess Cruise – Sept. 3-13, 2018. Prices from \$2,265 pp/do, includes 10-nights aboard the Grand Princess, Inland Passage ports-of-call, a stop at Victoria, BC & Scenic Cruising! Home pickup and transfers to/from San Francisco Pier.

A Tucson New Years! Dec. 30, 2018 - Jan. 3, 2019 (5-days, 4-nights). Price: \$1,950 pp/do / \$2,330 Single Occ. Price includes: Home pickup, R/T airfare, 4-nights lodging at Westward Look Grand Resort, Daily excursions, Cocktail Reception, New Year's Eve Dinner, and an evening of music and dancing, several meals, gratuities, and home transfer on Jan. 3rd.

**San Antonio Spring Fiesta April 24-28, 2019** (5-days, 4-nights). Price: \$2,385 pp/do / \$3,040 Single Occ. Price includes: Home pickup, R/T airfare, 4-nights lodging at Drury Plaza Hotel (on the "Riverwalk"), Daily excursions, Reserved seats for the Annual Fiesta Flambeau Parade, several meals, gratuities, and home transfer on Apr. 28th.

Alpine Swiss Villages Tour\*\* July 25 - Aug. 3, 2019 (10-days, 8-nights). Price: \$5,375 pp/do / \$5,995 Single Occ. Price includes: Home pickup, R/T airfare, 7-nights lodging at Hotel Silverhorn, Wengen, Switzerland and 1night lodging at Dorint Hotel, Zurich, Switzerland, several excursions, (optional excursions available for extra fees), a free day to help the Swiss celebrate "Swiss Confederation Day" (the Country's 728th Birthday!!), several meals, most gratuities, and home transfer on Aug. 3rd. \*\*Note, this trip involves high altitudes - make sure your doctor is okay with your taking this great trip.

#### ----- 2019 -----

Alaska Princess Land & Sea Journey – May 21-Jun 1, 2019. Prices from \$2,835 pp/do, include 5-days (4nights) visiting Fairbanks, Denali National Park, Talkeetna & Whittier and 8-days (7- nights) aboard the Golden Princess, cruising by huge glaciers and Inland Passage ports-of-call (Skagway, Juneau & Ketchikan). Prices also include Home Pickup, roundtrip airport transfers Page 7 plus roundtrip airfare to Fairbanks and return from Vancouver, plus more – see brochure from details.

Niagara Falls & Grand Hotel, Mackinac Island – Oct. 11-18, 2019. Prices include Home pickup and Airport Transfers, R/T Airfare, numerous meals and tours (including 2-nights at the Grand Hotel), Seven Nights lodging, Deluxe Motor coach, Most Gratuities and Baggage Handling. ADDITIONAL TRAVEL NOTICES: \*Princess Cruise Lines offers on-board credit to former military service men and women, who served honorably for a minimum of two years (90-days if service was in a combat zone). Amount on credit depends on length of cruise.



## Happy Birthday to: Harry Barajas, K. Barnes, and Bill Mc Farland

#### DINING OUT - Sir Roland D'Arcy 743-8742 rolanddrc@yahoo.com

The next Dining Out will be July 26 at 6 pm at Pete's Brewery. This will be our second visit to Pete's and should be a fine time. We will ordering from the menu with individual bills. Please let me know if you plan to attend. Roland 743-8742 or rolanddrc@yahoo.com.

#### TREASURER'S REPORT - Sir Roland D'Arcy 743-

Currently Branch 109 has a balance of \$1,092.45 in the checking account. The quarterly assessment is now due which is \$1.50 per member plus an additional \$40.00 to pay for officers meetings and expenses. With the increase in our luncheon costs, by Hillcrest Catering, of \$1.00 and our increase in the cost of our lunch we will continue to break about even.

#### PHOTOGRAPHY CLUB - Sir Bob Engen, 845-8360 bobenme@att.net

We meet at the Waffle Barn, 590 Colusa Ave. at 8:30 the second Tuesday of each month. Come join us with your questions about photography or your equipment. We will do what we can to help you.

#### SLOWTROLLERS - Sir Don Allen 743-2160

One day, two guys Frank and Bob were out fishing.

A funeral service passes over the bridge they're fishing by, and Bob takes off his hat and puts it over his heart. He does this until the funeral service passes by.

Frank then said, "Gee Bob, I didn't know you had it in you!"

Bob then replies, "It's the least I could do. After all, I was married to her for 30 years."

One day a rather inebriated ice fisherman drilled a hole in the ice and peered into the hole and a loud voice from above said, "There are no fish down there."

He walked several yards away and drilled another hole and peered into the hole and again the voice said, "There's no fish down there."

He then walked about 50 yards away and drilled another hole and again the voice said, "There's no fish down there."

He looked up into the sky and asked, "God, is that you?" "No, you idiot," the voice said, "it's the rink manager."



#### SIR OFFICE HOLDERS

**STATE:** President - Derek Southern; Vice President - Ed Benson; Secretary - Ronald Flagel: Treasurer - Karl Ryden : Region 1 Director - Mark Stuart; Area 2 Governor -

**BRANCH 109 OFFICERS:** Big Sir - Pascual Perez Little Sir– Harry Barajas; Secretary –Eric Vodden; Treasurer - Roland D'Arcy; **DIRECTORS** Larry Jones; Nelson Mowry; Gerry Dorsey; Blaine Hernrikson; Don Cochran, Dave Sparks.

<u>MEMBERSHIP - Sir Gerry Dorsey</u> 742-1449 As membership, attendance, and Database Chairman I need your help. I have to know what's going on. If you have an address, phone or email change. Please let me know. If you are ill and cannot come to the meetings, or if you know of some one who is, let me know. Dennis sends out cards to members who are ill or have suffered a loss.

#### BOWLING - BRANCH 45/109 Sir Ray Buttacavoli, 671-5599.

We had 14 bowlers participate in the Paradise tournament, but the results for that tournament have yet to be posted. When they are posted, I'll include them in the next article. We are gearing up to host the Yuba City tournament on July 9 & 10. The tournament will consist of Singles, Doubles and All Events, plus there will be an opportunity for the higher average bowlers to use their scores for Scratch Singles and All Events. Last year we had almost eighty bowlers from around the state participate. We are hopeful that there will be more bowlers this year. There will be more information in the next article.



We meet every Wednesday at 1:00 at Nu Generations Lanes at 876 Onstott Rd.

### BOCCE BALL - Sir Buck Foster, 743-6210



Bocce Ball is an easy game to learn but it can be a very hard game to master. The game is like a combination of bowling and billiards.

The game is played between two teams. It starts when the white ball (also called jack or pallino) is put into play. The team who starts rolls a ball to get it as close as they can to the jack. The opposing team then rolls up to their 4 balls to try to get one closer to the jack. Once they do, the first team rolls up to their last 3 balls.

The game goes by fairly quickly but there is a lot of finesse involved.

### We play this game every Tuesday at Kingwood Park on Gray Avenue at 10:00

Come on out and try this game with us. It is a very easy game without a lot of physical effort involved so everyone can enjoy it.

## "Will I Live To 80?"

I recently picked a new primary care physician. After two visits and exhaustive lab tests, he said I was doing "fairly well" for my age.

A little concerned about that comment, I couldn't resist asking him," Do you think I'll live to be 80?"

He asked, "Do you smoke tobacco or drink beer or wine?" "Oh no," I replied. "I'm not doing drugs, either." Then he asked, "Do you eat rib-eye steaks and barbecued ribs?" I said, "No, my other Doctor said that all red meat is very unhealthy."

"Do you spend a lot of time in the sun, like playing golf, sailing, hiking, or bicycling?" "No, I don't," I said.

He asked, "Do you gamble, drive fast cars, or have a lot of sex?" "No," I said. "I don't do any of those things."

He looked at me and said, "Then why do you want to live to 80."

# **Chocolate covered Peanuts**

A tour bus driver is driving with a bus load of seniors down a highway when he is tapped on his shoulder by a little old lady. She offers him a handful of peanuts, which he gratefully munches up.

After about 15 minutes, she taps him on his shoulder again and she hands him another handful of peanuts. She repeats this gesture about five more times. When she is about to hand him another batch again he asks the little old lady, 'Why don't you eat the peanuts yourself?' 'We can't chew them because we've no teeth', she replied.

The puzzled driver asks, 'Why do you buy them then?'

The old lady replied, 'We just love the chocolate around them.'