



SONS IN RETIREMENT

FUN

TWIN RIVERS BRANCH #109

FOOD

Marysville, California
Incorporated June 18, 1984

FELLOWSHIP

Social hour....11:00 am
Luncheon.....12:00 pm

We meet the third Tuesday of every month
NEXT LUNCHEON - October 16, 2018

Meal ----- \$15
w/o meal ----- \$2

Location - Plaza Room, Hillcrest Plaza 210 Julie Drive, Yuba City

BIG SIR MESSAGE - Sir Pascual Perez 671-4460

October is here, and the hot summer days are gone and cooler days are here. I am looking forward to the October meeting and hope all of you are planning to attend. It is always a fun time to meet with members and talk about what is going on with each other's lives; which is the foundation of the Sons in Retirement.

This leads me to mention one aspect of our group that needs to be address for new members. Whenever a member has a health issue it is very important for him, or his friends that are aware of the situation to notify a BEC member or Dennis Bissell so the information can be passed on to the group. There have been occasions where a member has a health problem and we do not know about it. It is very important that the group embrace the fundamental foundation of the Sons in Retirement of "meeting old friends and making new friends" and that includes being concerned for the wellbeing of our "friends". This mutual concern for each other is very important to the common bond that makes membership in Sons in Retirement worthwhile and not just something we do to pass time.

LITTLE SIR Message- Sir Harry Barajas 639-2431

Well, my rain dance worked and brought us a bit if moisture. Now it's time to manage all the falling leaves. Congratulations to all of our members for inviting neighbors and friends to join our branch. I am sure that they will find our group very welcoming.

Our guest speakers this month will be two RN's; Sherri Bradford and Betsy Kensinger from Prestige Assisted Living. They will speak about Alzheimer's and Brain Health. *Call your friends on Monday and remind them of the meeting. Our attendance has been dropping the last few months..*

GOLF REPORT - BRANCH 45/109 Sir John Boyer - Golf Chairman - 751-2691



SIGN-UP AT OCTOBER LUNCHEON

- OCT 23 - DAVIS - TEE TIMES - 4M2BB
- OCT 29 - PEACHTREE - 0900 - 4M2BB
- NOV 6 - TABLE MTN. - 0900 - 4M(SCR.)
- *NOV 12 - CANYON OAKS - 0900 - 4M(SCR) (THIS IS A PARADISE TOURNAMENT)

NOTE: WE WILL BEGIN TO TAKE MONEY FOR 2019 NCGA DUES AT THE OCTOBER LUNCHEON. COST IS \$39. ANYONE WHO DOES NOT HAVE AN NCGA INDEX CAN SIGN-UP IN OCTOBER AND IMMEDIATELY GET A NUMBER. IT IS GOOD THROUGH 2019.

NOTE: PAYOUTS FOR TOURNAMENTS WILL ONLY BE GIVEN AT THE LUNCHEONS.

For results of past tournaments go to <http://branch45.sirinc2.org>

TRAVEL - Sir Roy Newman Br 45 / 109 755-3713 C: 713-4947

roy.newman@comcast.net



SIR Branches 45 & 109 Travel Info.

~ -- Tour Rideout Regional Medical Center (Marysville)

Private tours especially for SIRs and guests (no cost). Includes (no-host) optional lunch at the cafeteria (special price of \$5.00), at the end of the tour. Times: 10:00am to Noon. Choice of dates: October 18th, or November 1st. Maximum of 30 people per tour (divided into three groups).

Make reservation at next luncheon, or contact Roy Newman .



"A Day at the Races"

Thurs., October 25th - Golden Gate Fields. Bus ride and lunch - \$75.00 pp.

Contact Roy Newman

There is no smoking or drinking of alcoholic beverages on buses. Until further notice, you may select seats on the bus in the order in which you pay for the trip. On longer trips, we change seats daily. A reasonable tip for the bus driver is included in the total cost of the package. No collections for tips will be conducted on the buses.

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Fifth Street Bridge Tour - A tour of the construction site. 12 per group, one tour month, Jan, Feb, Mar.



----- 2019 -----

A Tucson New Years! Dec. 30, 2018 - Jan. 3, 2019 (5-days, 4-nights). Price: \$1,950 pp/do / \$2,330 Single Occ. Price includes: Home pickup, R/T airfare, 4-nights lodging at Westward Look Grand Resort, Daily excursions, Cocktail Reception, New Year's Eve Dinner, and an evening of music and dancing, several meals, gratuities, and home transfer on Jan. 3rd.

San Antonio Spring Fiesta April 24-28, 2019 (5-days, 4-nights). Price: \$2,385 pp/do / \$3,040 Single Occ. Price includes: Home pickup, R/T airfare, 4-nights lodging at Drury Plaza Hotel (on the "Riverwalk"), Daily excursions, Reserved seats for the Annual Fiesta Flambeau Parade, several meals, gratuities, and home transfer on Apr. 28th.

Alpine Swiss Villages Tour July 25 - Aug. 3, 2019** (10-days, 8-nights). Price: \$5,375 pp/do / \$5,995 Single Occ. Price includes: Home pickup, R/T airfare, 7-nights lodging at Hotel Silverhorn, Wengen, Switzerland and 1-night lodging at Dorint Hotel, Zurich, Switzerland, several excursions, (optional excursions available for extra fees), a free day to help the Swiss celebrate "Swiss Confederation Day" (the Country's 728th Birthday!!), several meals, most gratuities, and home transfer on Aug. 3rd. **Note, this trip involves high altitudes - make sure your doctor is okay with your taking this great trip.



Alaska Princess Land & Sea Journey – May 21-Jun 1, 2019. Prices from \$2,835 pp/do, include 5-days (4-nights) visiting Fairbanks, Denali National Park, Talkeetna & Whittier and 8-days (7-nights) aboard the Golden Princess, cruising by huge glaciers and Inland Passage ports-of-call (Skagway, Juneau & Ketchikan). Prices also include Home Pickup, roundtrip airport transfers Page 7 plus roundtrip airfare to Fairbanks and return from Vancouver, plus more – see brochure from details.

Niagara Falls & Grand Hotel, Mackinac Island – Oct. 11-18, 2019. Prices include Home pickup and Airport Transfers, R/T Airfare, numerous meals and tours (including 2-nights at the Grand Hotel), Seven Nights lodging, Deluxe Motor coach, Most Gratuities and Baggage Handling. **ADDITIONAL TRAVEL NOTICES:** *Princess Cruise Lines offers on-board credit to former military service men and women, who served honorably for a minimum of two years (90-days if service was in a combat zone). Amount on credit depends on length of cruise.

Happy Birthday to: Ray Bull, Charles Davis,
Gerry Dorsey, Jim Goodman, Dave Lopez, Noal Miles,
Pascual Perez, Chuck Phillips, Gary Skaggs, Dave Sparks,
and Michael Trimble



DINING OUT - Sir Roland D'Arcy 743-8742 rolanddrc@yahoo.com

Dining Out: Our next dining out will October 25 (Thursday) at 6 pm. We will be dining out at Sopa Thai Restaurant on Plumas Street in Yuba City. They feature curries, stir fry and other Thai standards along with comfort food. This will be our last dining out for 2018. Hope you can make it. For reservation call Roland 743-8742 or e-mail rolanddrc@yahoo.com

TREASURER'S REPORT - Sir Roland D'Arcy 743-8742 rolanddrc@yahoo.com

Treasurer Report: Currently we have a balance of \$947.66 with all bills paid including 4th quarter SIR inc. assessment. Umpqua will no longer charge a fee for balances less than \$1000.

PHOTOGRAPHY CLUB - Sir Bob Engen, 845-8360 bobenme@att.net

We meet at the Waffle Barn, 590 Colusa Ave. at 8:30 the second Tuesday of each month. Come join us with your questions about photography or your equipment. We will do what we can to help you.

SLOWTROLLERS - Sir Don Allen 743-2160



Last Month we had Tournament at Englebrite Lake and the fishing was tough. About 10 Bass were weighed in and only 2 Trout.

Our annual Picnic at Hammon Grove Park was a great success the Main Course was a whole Pig cooked by Gary Skaggs. We also had lots of great side dishes and desserts.

This Month we have a Fun Day at Lake Berryessa on the 18th .

We meet the 1st Monday of the month at the Moose Lodge in Yuba City, 8:30 - 9am Coffee and Donuts meeting to follow a 9am.

**CORRECTIONS TO DIRECTORY - Add: Jeff Gingery # 44 5855 Poplar Ave, Olivehurst, CA 95961
743-3019 Wife- Debbie**

SIR OFFICE HOLDERS

STATE: President - Derek Southern; **Vice President** - Ed Benson; **Secretary** - Ronald Flagel; **Treasurer** - Karl Ryden ;
Region 1 Director - Mark Stuart; **Area 2 Governor** -

BRANCH 109 OFFICERS: Big Sir - Pascual Perez Little Sir- Harry Barajas; Secretary -Eric Vodden; Treasurer - Roland D'Arcy;
DIRECTORS Larry Jones; Nelson Mowry; Gerry Dorsey; Blaine Hernrikson; Don Cochran, Dave Sparks, and Ken Francis.
Tickets - Dennis Bissell & Nelson Mowery; **Membership** - Gerry Dorsey; **Attendance** - Gerry Dorsey; **Data Base** - Gerry Dorsey

MEMBERSHIP - Sir Gerry Dorsey 742-1449

**This month we will be inducting 2 new members. Corey Parks, and Martin Schmidt.
Make them feel welcome. Introduce yourself.**

BOWLING - BRANCH 45/109 Sir Ray Buttacavoli, 671-5599.



Bowling is a sport that can be enjoyed all year 'round. Come on out and join us in this fun sport! We have room for bowlers of all ages and abilities.

We meet every Wednesday at 1:00 at Nu Generations Lanes at 876 Onstott Rd.

Please contact Ray Buttacavoli or Jeff Brockman for more information.

BOCCE BALL - Sir Buck Foster, 743-6210



Bocce Ball is an easy game to learn but it can be a very hard game to master. The game is like a combination of bowling and billiards.

The game is played between two teams. It starts when the white ball (also called jack or pallino) is put into play. The team who starts rolls a ball to get it as close as they can to the jack. The opposing team then rolls up to their 4 balls to try to get one closer to the jack. Once they do, the first team rolls up to their last 3 balls.

The game goes by fairly quickly but there is a lot of finesse involved.

We play this game every Tuesday at Kingwood Park on Gray Avenue at 10:00

Come on out and try this game with us. It is a very easy game without a lot of physical effort involved so everyone can enjoy it.

A Retired Person's Perspective:

1. I'm not saying let's go kill all the stupid people. I'm just saying let's remove all the warning labels and let the problem work itself out.
2. I changed my car horn to gunshot sounds. People move out of the way much faster now.
3. You can tell a lot about a woman's mood just by her hands. If they are holding a gun, she's probably VERY angry.
4. Gone are the days when girls cooked like their mothers. Now they drink like their fathers.
5. You know that tingly little feeling you get when you really like someone you've just met? That's common sense leaving your body.
6. I don't like making plans for the day. Because then the word "premeditated" gets thrown around in the courtroom.
7. I didn't make it to the gym today. That makes 1,500 days in a row.
8. I decided to change calling the bathroom the John and renamed it the Jim. I feel so much better saying I went to the Jim this morning.
9. Dear paranoid people who check behind shower curtains for murderers. If you find one, what's your plan?
10. Everyone has a right to be stupid. Politicians just abuse the privilege.